

**ARKANSAS CITY**

**Sun 7:00PM Second Chance Group**, Birthday Meeting 1st Sunday, 118 East Washington Avenue, Arkansas City, KS (O)

**Mon 7:00PM Second Chance Group**, 118 East Washington Avenue, Arkansas City, KS (BT,O,BK)

**Tue 7:00PM Second Chance Group**, 118 East Washington Avenue, Arkansas City, KS (O)

**Wed 7:00PM Second Chance Group**, 118 East Washington Avenue, Arkansas City, KS (O)

**Thu 7:00PM Second Chance Group**, 118 East Washington Avenue, Arkansas City, KS (O,LC,L)

**Fri 7:00PM Second Chance Group**, 118 East Washington Avenue, Arkansas City, KS (O)

**Sat 7:00PM Second Chance Group**, 118 East Washington Avenue, Arkansas City, KS (CL)

**BURLINGTON**

**Thu 6:30PM Together We Can Group**, United Methodist Church, Entrance on East Side, Meeting in Basement, 207 S. 6th St, Burlington, KS (O)

**CHANUTE**

**Mon 7:00PM Recovery In Progress**, Old Donut Shop Building, 902 S. Sante Fe Ave, Chanute, KS (O)

**Wed 7:00PM Recovery In Progress**, Old Donut Shop Building, 902 S. Sante Fe Ave, Chanute, KS (O)

**Sat 7:00PM Recovery In Progress**, Old Donut Shop Building, 902 S. Sante Fe Ave, Chanute, KS (D,O,SP1)

**COFFEYVILLE**

**Tue 7:00PM Humble Beginnings**, 1005 Siggans ST, Coffeyville, KS (O)

**EMPORIA**

**Sun 10:00AM Pioneer Group**, south door, 882 West 5th Avenue, Emporia, KS (O,WC)

**Sun 7:00PM Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (O,WC,BK)

**Mon NOON Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (O,WC)

**Mon 8:00PM Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (C,WC)

**Tue NOON Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (O,WC)

**Tue 8:00PM Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (O,WC)

**Wed 6:30PM Pioneer Group**, south door, 882 West 5th Avenue, Emporia, KS (O,WC)

**Wed 8:00PM Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (O,WC,BK)

**Thu NOON Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (O,WC)

**Thu 8:00PM Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (O,WC)

**Fri 6:30PM Pioneer Group**, south door (0), Speaker Mtg 1st Fri., Birthday Mtg. 3rd Fri., 882 West 5th Avenue, Emporia, KS (O,WC,SP1,BD3) *3rd Friday of month is birthday night*

**Sat 8:00PM Pioneer Group**, south door (0), 882 West 5th Avenue, Emporia, KS (CL,O,WC)

**EUREKA**

**Tue 7:30PM Last Chance NA Group**, 319 N Elm (entrance in back), Eureka, KS (O)

**GIRARD**

**Mon 7:00PM Coming Home Group**, 102 S. Ozark, Girard, KS (O,To,BDL)

**INDEPENDENCE**

**Sun 7:00PM Freebirds Group**, Independence, 121 South 14th Street, Independence, KS (D,O)

**Mon 7:00PM Freebirds Group**, Independence, 121 South 14th Street, Independence, KS (D,O)

**Tue 7:00PM Freebirds Group**, Independence, 121 South 14th Street, Independence, KS (D,O)

**Wed 7:00PM Freebirds Group**, Independence, 121 South 14th Street, Independence, KS (C,BK)

**Thu 7:00PM Freebirds Group**, Independence, 121 South 14th Street, Independence, KS (CL,D,O)

**Fri 8:00PM Freebirds Group**, Independence, 121 South 14th Street, Independence, KS (D,O) *Last Saturday of month is birthday night*

**Sat 8:00PM Freebirds Group**, Independence, 121 South 14th Street, Independence, KS (D,O,BD1)

**IOLA**

**Tue 7:00PM Do or Die Group**, First Presbyterian Church, Basement, 302 E Madison Ave, Iola, KS (O)

**Fri 7:00PM Do or Die Group**, First Presbyterian Church, Basement, 302 E Madison Ave, Iola, KS (O)

**PARSONS**

**Mon 6:30PM Parsons NA Group**, 3101 Morgan Ave, Parsons, KS (O)

**PLEASANTON**

**Wed 7:00PM HOW Group**, United Methodist Church, 751 Main Street, Pleasanton, KS (C)

**SEDAN**

**Fri 7:00PM Never Alone Group**, First Baptist Church, 220 N. Chautauqua St., Sedan, Kansas (O)

**WELLINGTON**

**Sun 6:30PM Restore Us To Sanity Group**, Greeno Industries, 2300 Commerce Road, Wellington, KS (D,O,WC)

**Mon 6:30PM Restore Us To Sanity Group**, Greeno Industries, 2300 Commerce Road, Wellington, KS (D,O,WC)

**Tue 6:30PM Restore Us To Sanity Group**, Greeno Industries, 2300 Commerce Road, Wellington, KS (D,O,WC)

**Wed 6:30PM Restore Us To Sanity Group**, Greeno Industries, 2300 Commerce Road, Wellington, KS (D,O,WC)

**Thu 6:30PM Restore Us To Sanity Group**, Greeno Industries, 2300 Commerce Road, Wellington, KS (D,O,WC)

**Fri 6:30PM Restore Us To Sanity Group**, Greeno Industries, 2300 Commerce Road, Wellington, KS (D,O,WC)

**Sat 6:30PM Restore Us To Sanity Group**, Greeno Industries, 2300 Commerce Road, Wellington, KS (D,O,WC,BD1) *Birthday night last Saturday of month*

**WINFIELD**

**Tue 7:30PM Sowing The Seed Group**, 200 E 11th Ave, Winfield, KS (IW,O,WC,BK)

**Thu 7:30PM Sowing The Seed Group**, 200 E 11th Ave, Winfield, KS (IW,O,WC,BK)

**Fri 7:30PM Sowing The Seed Group**, 200 E 11th Ave, Winfield, KS (IW,O,WC)

**Sat NOON Sowing The Seed Group**, 200 E 11th Ave, Winfield, KS (IW,O,WC)

### Just For Today.....

Tell yourself JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life without the use of drugs.

JUST FOR TODAY I will have faith in someone in NA who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program. I will try to follow it to the best of my ability.

JUST FOR TODAY through NA I will try to get a better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

### Serenity Prayer.....

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

### Gratitude Prayer.....

"My gratitude speaks, when I care and when I share with others the NA way."

### Third Step Prayer .....

"Take my will and my life. Guide me in my recovery. Show me how to live."

### The 12 Steps of Narcotics Anonymous....

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.

2. We came to believe that a Power greater than ourselves could restore us to sanity.

3. We made a decision to turn our will and our lives over to the care of God as we understood Him.

4. We made a searching and fearless moral inventory of ourselves.

5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

6. We were entirely ready to have God remove all these defects of character.

7. We humbly asked Him to remove our shortcomings.

8. We made a list of all persons we had harmed, and became willing to make amends to them all.

9. We made direct amends to such people wherever possible, except when to do so would injure them or others.

10. We continued to take personal inventory and when we were wrong promptly admitted it.

11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

This sounds like a big order, and we can't do it all at once. We didn't become addicted in one day, so remember—easy does it.

Reprinted from the Little White Booklet © 1986 by Narcotics Anonymous

## Just For Today Area Narcotics Anonymous Meeting Directory



OCTOBER 2024

Serving the following Kansas communities  
**ArkCity, Burlington, Chanute, Emporia, Eureka,  
Girard, Independence, Iola, Parsons, Pleasanton,  
Sedan, Wellington, Winfield**

<https://www.jftareana.net/>

P.O. Box 299, Emporia, KS 66801

Help line: (855) 732-HOPE (4673)

[jftawebmaster@gmail.com](mailto:jftawebmaster@gmail.com)

### Meeting Format Legend

BD1 Birthday 1st week of month	BD3 Birthdays 3rd week of month
BDL Birthdays last week of month	BK Book Study
BT Basic Text	C Closed
CL Candlelight	D Discussion
IW It Works -How and Why	L Literature Study
LC Living Clean	O Open
SP1 Speaker 1st week of month	To Topic
WC Wheelchair	