

Zen Out & Tune into Recovery

Hosted by Unity Group of NA

918 W. 2nd St, Wichita, KS

May 6th 2023 3-6pm



Enjoy a quiet and calm place to work on step work or just to fellowship & get away for a little bit!

There will be a quiet time from 3-4p.

4-6p we will take time to read & discuss selections from our NA Literature about prayer and meditation.

This is a spiritual, *not religious*, program. As such this will be a spiritual discussion with our primary purpose to carry a clear message of NA to the next suffering addict. We encourage you to bring an open-mind and a willing spirit.

Coffee, Hot Tea, and Cookies Provided

