

MID-AMERICA NEWSLETTER

February/March 1985

? N.A. TRIVIA ?

1. What does the circle in the N.A. symbol stand for?
2. Where was the first meeting held?
3. Recite the Tenth Step, word for word.
4. When was NA. formed, month and year?
5. What does the highest point on the N.A. symbol stand for?
6. W.S.O. means what?
7. What are the bitter ends?
8. What is the one requirement for membership?
9. Wichita, Kansas was the site of what first conference in October 1979?
10. Where is the World Service Office?
11. What two things make up true addiction?
12. Recovery begins with _____?
13. Our public relations policy is based on what?
14. Anyone may join us regardless of ... name the six things?



Mid America Region

P.O. Box 2034 - Tulsa, OK 74101

February 9, 1985

Dear Fellow Regional Members:

I would like to express my gratitude for the opportunity this past year to serve as your regional representative. It has given me the greatest learning experience and has allowed me to grow to have the deepest of love and respect for our fellowship and its members.

I have been able to meet and work with some of the most inspirational people I have ever come into contact with. As a fellowship we have experienced many different ways of understanding that our ultimate authority is a loving God. This has broadened my understanding and perspective personally and has allowed me to achieve a growth that I have difficulty in expressing.

I have been able to participate not only in some of the work that was accomplished this year by the World Service Conference but also in other areas. We printed the third edition of Our Book and have watched the World Service Office grow from one or two volunteers in a basement to a million dollar enterprise with an efficient staff of trained professionals who are also members of the fellowship. We have our third Mid America Convention in Tulsa on March 22 - 24 with some fantastic speakers and a workshop chaired by Kim Johnson the WSC P.I. chairperson.

There is still much work to be done at all levels of service and I encourage all those who wish to grow and experience the best the program has to offer to get involved. You will never regret devoting yourself to a task that is greater than any one person and receiving the experiences that can be achieved only through this means.

If there is anything that I can give back to the fellowship for what I have received it is a sense of understanding and encouragement that we are bonded together for the greater good of our lives and the lives of those to come. I give my thanks and love to you for allowing me to serve you.

Yours in loving service,

Mark Tomer
Regional Service Representative 84-85

Hello Everybody!

I'm excited about the opportunity to serve as the new Mid-America Newsletter editor. Linda M. did a great job and I only hope I can continue to provide a fine publication for our region.

But, I could sure use your help. Yes, YOU, all of you, from newcomers to old-timers. Thanks to the Hutchinson Rainbow Group, I had plenty of input for a new column to put in this time. I named it Clean Perceptions. I need input now for the April edition. Help me spread the message of recovery.

This past weekend, I went to Lawrence for my first Regional Business Meeting. I was so impressed with the caliber of people I met - I was on a pink cloud the whole time. Barbara J. from Wichita was elected new RSR, and Bill Skye of Bartlesville, Okla., was chosen alternate RSR. The Region also decided to form an activities committee which will serve as a clearinghouse and information warehouse for all regional activities. Other regional information will appear in the News section.

I can hardly live one day at a time because I'm so excited about the upcoming Mid-America Convention in Tulsa. Much information about that event is within the newsletter also. The hotel needs your banquet and food reservations and fees at least 10 days before the 22nd. Also, don't forget to make room reservations.

But, before Tulsa is the first Kansas State Round-Up next weekend in Wichita. For \$5 you can enjoy three days of meetings, speakers and fellowship. The speakers are from three different states, there will be a professional light show Saturday night and a breakfast Sunday morning. You can't beat that!

So, let's get together and get going. Unity is where it's at.

In loving service,

Julie

Julie P.

TRIVIA ANSWERS

1. Universal Program
2. Southern California
3. We continued to take personal inventory and when we were wrong promptly admitted it.
4. July, 1953
5. Freedom
6. World Service Office
7. Jail, institutions and death.
8. An honest desire to stop using.
9. World Literature Conference
10. Van Nuys, California
11. Obsession and Compulsion
12. Surrender
13. Attraction rather than promotion.
14. Age, Race, Color, Creed, Religion or Lack of Religion.

Clean PERCEPTIONS

LIVING IN FEAR

Life with drugs for me was a life of fear and insanity.
Scared that someone might see inside and see the real me I
was so desperately trying to hide.
Fear of what I might do next or of what I might have done the night
before.
Fear of total insanity, fear of the future and dread of the past,
it seemed my life was moving way too fast.
Fear of failure, fear of success, fear of my life without drugs,
fear of the results of my life with drugs.
Afraid to admit my life was a mess.
Feeling my life was in danger and out of control, but not being
able to put my finger on the why or what for.

Today my life lacks a lot of those fears.
Fear still controls my life at times.
Fear of my anger, fear of people, fear to reach out to someone in
love and kindness, the fear to bare my soul for someone else's
benefit.

Today I have hope that things will get better, today things are
better thanks to the people of N.A. and others who took the time
to care.

Today I have a choice to face my fears or to put them off.
I don't always choose to deal with my fears but I don't always
choose not to either.

I am growing; each day I experience new and different things.
Each day I meet people who have hope, love and peace.
Each day I have God to talk with and walk with.
I don't have to go it alone anymore.

A Grateful N.A.

1-24-85

My Dearest Friend,

I know it has been a while since you have heard from me.
I just want you to know that I am back on the road to
recovery.

No matter what happened, you never left my thoughts. So, I
hope you know that without you I would be lost. You help make
each day a little brighter, and the nights a little softer.

You have helped to make life seem worth living. You help
the road seem smoother for a journey afar.

The only one who can take away what you have given me is me.
Because without you, my life would be empty and meaningless.

You have made me whole again. You have given me strength to
grow and be my own person.

(continued)

(Clean Perceptions continued)

You let me know what it is like to feel again. You have saved my life.

I say this prayer to you to thank you for the new life you have chosen to give me a shoot at. My heart is filled with gratitude and joy. I pray you will let me see one more day as good as the past. Amen.

An Addict

LOVE FOR A FRIEND

Love is probably the most misunderstood word in the English language. People try to smother it, deny it, stomp it, and kill it because it baffles them or they think it unnatural to give away something with no thought of return. It is strength in time of trial, yet tenderness and compassion in time of sadness or beauty. It is the understanding of human weakness and yet the ability to see through the weakness to the true person that lies beneath. We search all of our lives for the perfect and true love, yet when someone offers it to us we deny it and put it away out of selfishness or lack of self-worth. There is God's love; the most perfect kind. There is romantic love, the most appealing to most of us who have an adventurous nature. And then there is the love between two friends, a drawing together for inexplicable reasons, a bond, a tie that goes unspoken and sometimes never fully shown to the other, but it is there and it is strong. It is easily recognizable by hurt feelings over little things, a longing to hug or comfort, and an urge to protect at all costs. This is the strongest love there is and when something damages it, we are devastated and changed. We perceive the world differently and wonder why. We hide from its presence and deny it exists. But, this love is strong and it will survive, because it is us, joyful if we give it and painful if we don't. It will win out because it is a feeling and feelings just are. It is God showing us the good in ourselves. A friend knows all about you, sees all your faults and loves you anyway - just because you are you - a gift - a special gift from God - for one another - a special friend with the gift of love.

Pam W.
Hutchinson N.A.
11-26-84

You've got to get up every morning with a smile on your face,
And show the world all the love in your heart, Then people gonna
treat you better. You're gonna find, yes, you will, That you're
as beautiful as you feel.

Carole King

I have listened to the realm of the Spirit. I have heard my own soul's voice, and I have remembered that love is the complete and unifying thread of existence.

Mary Casey

DISCUSSION

STEP FIVE: "We admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

The Fifth Step is the key to freedom. It allows us to live clean in the here and now. Sharing the exact nature of our wrongs sets us free to live. After taking a thorough Fourth Step, we have to deal with what we have found in our inventory. We are told that if we keep these defects inside us, they will lead us back to using. Holding on to our past would eventually sicken us and keep us from taking part in this new way of life. If we are not honest when we take a Fifth Step, we will have the same negative results that dishonesty brought us in the past.

Step Five suggests that we admit to God, to ourselves, and to another human being the exact nature of our wrongs. We have looked at our wrongs, have seen patterns on paper, and have begun to see deeper aspects of our disease. Now we sit down with another person and share our inventory out loud.

Our Higher Power will be with us when we do this, and will help to free us from the fear of facing ourselves and another human being. It seemed unnecessary to some of us to admit the exact nature of our wrongs to our Higher Power. "God already knows that stuff," we rationalized. Although He already knows, the admission must come from our own lips to be truly effective. Step Five is not simply a reading of Step Four.

For years, we avoided seeing ourselves as we really were. We were ashamed of ourselves and felt isolated from the rest of the world. Now that we have the shameful part of our past trapped, we can sweep it out of our lives if we face and admit it. It would be tragic to have it all written down and then shove it in a drawer. These defects grow in the dark and die in the light of exposure.

Before coming to Narcotics Anonymous, we felt that no one could ever relate to us or understand the things we had done. We feared that if we ever revealed ourselves as we were, we would surely be rejected. Most addicts are uncomfortable about this. We recognize that we have been unrealistic in feeling this way. Our fellow members do understand us.

We must carefully choose the person who is to hear our Fifth Step. We must make sure they know what we are doing and why we are doing it. Although there is no hard rule about whom we should choose, it is important that we trust the person. Only complete confidence in the person's integrity and discretion can make us willing to be thorough in this step. Some of us take our Fifth Step with a total stranger, although some of us feel more comfortable choosing a member of Narcotics Anonymous. We know that another addict would be less likely to judge us with malice or misunderstanding.

Once we make up our minds and are actually alone with the person we have chosen to accept our confidence, we proceed, with their encouragement. We want to be definite, honest and thorough, realizing that this is a life and death matter.

Some of us have attempted to hide part of our past, and in doing so, have tried desperately to find easier ways of dealing with our inner feelings. We may think that we have done enough by writing everything down, and this is a mistake we cannot afford. This step will expose our motives and our actions for what they really are. We cannot expect these things to reveal themselves.

(Discussion continued)

Our embarrassment is eventually overcome and we can avoid future guilt.

We do not procrastinate. We must be exact. We want to tell the simple truth, cut and dried, as quickly as possible. There is always a danger that we will exaggerate our wrongs, and an equal danger that we will minimize or rationalize away our part in past situations. If we are anything like we were when we first entered the N.A. Fellowship, we still want to "sound good."

Addicts tend to live secret lives. For many years, we covered low self-esteem by hiding behind phony images that we hoped would fool people. Unfortunately, we ended up fooling ourselves more than anyone. Although we often appeared attractive and confident on the outside, we were really hiding a shaky, insecure person on the inside. The masks have to go. We share our inventory as it is written, skipping nothing. We continue to approach this step with honesty and thoroughness until we finish. It is a great relief to get rid of all our secrets and to share the burden of our past.

Usually, as we share this step, the listener will share some of his or her story too, and we will find out that the things about ourselves that we thought were so awful or different were not all that unique. We see, by the acceptance of our confidant, that we can be accepted just the way we are.

We may never be able to remember all of our past mistakes. We do, however, give it our best and most complete effort. We begin to experience real personal feelings of a spiritual nature. Where once we had spiritual theories, we now begin to awaken to spiritual reality. This initial examination of ourselves usually reveals some things about us that we don't particularly like. However, facing these things and bringing them out in the open makes it possible for us to deal with them constructively. We cannot make these changes alone. We will need the help of God, as we understand Him, and the Fellowship of Narcotics Anonymous.

Excerpt from Narcotics Anonymous
Step Five

MY FIFTH STEP:

I came into the N.A. program reluctantly. My initial reluctance carried through several months, although I did not use between meetings and I had some clean time behind me.

Only when a fellow addict pointed out rather bluntly that I hadn't done it myself, did I come to realize that I indeed had a Higher Power and that I had better work the steps.

My progress was slow, but sure. Spiritual peace began to come my way in ounces rather than grams after I did my Fourth and Fifth Steps.

For my Fifth Step, I chose a fellow N.A. member, my sponsor. I was scared, but I trusted her with my terminal uniqueness and found I wasn't unique, and she understood.

It took about four hours, but she gave her time willingly and let my confessions flow in one ear and out the other.

About a month afterward, I realized that my litter box didn't stink any more. Sure, I still piss in the box now and then, but Step Ten helps me deal with those human realities on a daily basis .

-An Addict-

GROWING TOGETHER



SHERATON INN
SKYLINE EAST

TULSA
OKLAHOMA

THIRD ANNUAL MID-AMERICA CONVENTION

MARCH 22-24, 1985

FOR MORE INFORMATION CALL:

BOB R. WORK 417-781-6770 OR HOME 417-623-1225

MARK T. WORK 918-835-6974 OR HOME 918-749-2045

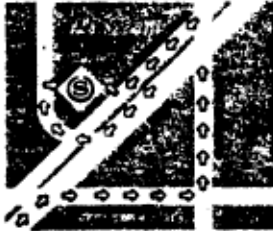
SEND REGISTRATION TO:

M.A.C.
P.O. BOX 2034
TULSA, OKLAHOMA
74101

REGISTRATION \$15.00

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____

BANQUET \$11.00 BREAKFAST \$6.00



When traveling on I-44, take the 41st Street Exit from either direction.

When approaching from the West, follow the red arrows for the quickest route to the hotel. Right on 41st; Left at next light (Sheridan); Left immediately after going under the overpass.

When approaching from the East, follow the blue arrows. You will arrive at the hotel with an immediate right turn at the top of the 41st Street Exit Ramp.



SHERATON INN - SKYLINE EAST
6333 EAST SKELLY DRIVE
TULSA, OKLAHOMA. 74135
(918) 627-1000

SPECIAL CONVENTION RATES !

\$ 36.00 PER NIGHT
2 dbl bed

MAKE RESERVATIONS TODAY !

THIRD ANNUAL MID-AMERICA CONVENTION

Tulsa, Okla.

SCHEDULE OF EVENTSFriday, March 22, 1985:

4:00 p.m.	Registration opens	Sherilyn D. (Tulsa)
4:00 p.m.	Hospitality Room opens	
4:00 p.m.	Marathon Meeting -	Mark K. (Nevada)
7:30 p.m.	Raffle	
8:00 p.m.	Speaker Meeting, Nancy R. (Joplin) - Introduction, Ann D. (Joplin)	
9:00 - 9:15 p.m.	Break	Eric A., Chairperson (Springfield)
9:15 - 10:30 p.m.	Speaker Meeting, Danny Joe J. (Joplin)	Eric A., Chairperson (Springfield)
10:30 p.m.	Bingo -	Mark M. (Tulsa)
10:30 p.m.	Marathon Meeting resumes	Mark K. (Nevada)

Saturday, March 23, 1985:

8:00 a.m. - 6:00 p.m.	Registration open	Sherilyn D. (Tulsa)
8:00 a.m.	Hospitality Room open	
9:00 - 10:30 a.m.	Naranon Workshop	Nancy W. (Carthage)
9:00 - 10:30 a.m.	Principles before Personalities Workshop	Andrea S. (Springfield)
10:30 - 11:00 a.m.	Break	
11:00 - 12:30 p.m.	Men's Stag Meeting	Jeff B. (Kansas City)
11:00 - 12:30 p.m.	Women's Stag Meeting	Sherilyn D. (Tulsa)
12:30 - 2:00 p.m.	Lunch (on your own)	
12:30 - 1:30 p.m.	Lunch (Convention Committee) Dutch	
2:00 - 5:00 p.m.	Public Information Workshop -	Kim J. (Los Angeles, CA.)
	(3:00 p.m. - 4:00 p.m.) Break Away #1	D.J.B. (Tulsa)
	(3:00 p.m. - 4:00 p.m.) Break Away #2	Pat C., (Nevada)
5:00 - 6:00 p.m.	Free Time	
6:00 - 7:30 p.m.	Banquet	
7:30 p.m.	Raffle	
8:00 p.m.	Speaker Meeting -	Ginni S. (San Diego, CA)
		John S., Chairperson (Springfield)
10:00 p.m. - 1:00 a.m.	Dance - The Ultimate Sound	Pat D. (Joplin)
10:00 p.m. -	Candelite Meeting - Marathon	Leo S. (Tulsa)

Sunday - March 24, 1985:

9:00 a.m.	Registration opens	Sherilyn D. (Tulsa)
9:00 - 10:00 a.m.	Fellowship Breakfast	
10:00 - 10:30 a.m.	Raffle & Money Raffle	Blackie B. & Pat D. (Joplin)
10:30 a.m.	Speaker Meeting	Lisa E., Chairperson (Tulsa)

NEWS!

news!

NEWS!

news!

Great Bend N. A. has moved to a new centralized location in the basement of the Presbyterian Church on 24th and Washington. They meet at 8 p.m. on Wednesdays. It is a closed meeting. They are very happy with their new meeting place. The group had a great time at their New Year's Eve party and they've decided to have another one soon. Attendance has been consistent with about 12 people. Birthdays - Randy H., 3 months; David M., 30 days. They elected new officers for 1985; Ross F. is Secretary, Candy H. is Treasurer, and Nate F. is GSR.

Hi from Newton! We just celebrated our 6th anniversary of N.A. in Newton. Thanks to Hutch and Wichita for helping us celebrate. Speaking of Hutch, Mike W. was our guest speaker Dec. 29 on our bi-monthly speaker night. We also had a fair turnout for our traditional New Year's Eve dance despite the foul weather. Our group has also initiated a tradition study night as well as a regular monthly group conscience every third Saturday of the month. Our regular birthday night Jan. 5 yielded a full spectrum of recovery - Ron W., 30 days; Gary H, 90 days; Maureen C., 6 months; and Glenda P., 6 years. God bless you all. Love, Mark, Newton Secretary.

ASR REPORTS

Regional Business Meeting
Lawrence, Kansas Feb. 9 & 10, 1985

The Eastern Oklahoma Area has been well and with good growth since the last RSC. We have meetings regularly with consistent attendance in Coffeyville, Kan., and Fredonia, Kan., which we are proud to announce has affiliated with our area. Also Bartlesville, Claremore, Tahlequah, Okmulgee, Vinita and Wynona. There are currently 25 meetings a week and four active groups in Tulsa as well as the start of a new special interest group. The Saturday Intergroup Big Meeting is doing well, despite a threat to its meeting place.

The H & I committee has continued to support six H & I meetings with liaison and literature. A new H & I group is being organized at Conner Correctional Center in Hominy. Both H & I meetings at the McAlster CTC and the Oaks treatment center in McAlester have asked for support.

An Exciting happening took place in December with the opening of the Central Service Office at 4611 S. Peoria, Tulsa. The N.A. phone number is 918-747-0017 and it is answered in person as well as with recordings. The Central Service Office fell into place not far from the development of a telephone committee to find a way for the N.A. phone in Tulsa to be answered live in addition to recordings. The committee was offered free abandoned office space by Quik Trip Corporation. The committee was reorganized into a service board with representation from each group to use the office space to provide the most service to the fellowship. A literature dump for Tulsa and meetings 7 days a week at noon and candlelight meetings from 9 p.m. on Friday and Saturday nights are also held there. The service board meets regularly and the Central Service Office's functions hopefully will be expanded to provide more services for the area.

(continued)

(News continued)

The Public Information Committee in Tulsa has had serious problems stemming from personality conflicts, confused goals, inconsistent guidelines, disagreements over whether the traditions are being followed and financial irresponsibility. The Committee has decided to cease functions until the members attend the PI workshop at the Mid-America Convention. They hope to develop some consistent guidelines and a new direction of purpose away from personalities. Hopefully, they will also receive a broader base of support from the fellowship. They were successful in mailing an N.A. information packet to the Tulsa area schools.

The first Saturday in January at the site of the Intergroup Big Meeting we had a talent shop fund-raiser which netted \$320. The money was set aside for the Central Service Office and PI committee. The show was enjoyed by all. However, we failed to clean up the auditorium as we had agreed to do. This resulted in inconvenience, embarrassment and added expenses for St. John's Hospital who responded by terminating our use of the auditorium for future meetings. Fortunately, we were able to make sufficient amends to work out a 2 month probationary period instead.

The Western Oklahoma Area has had problems with support and organization. A club house has come from positive attitudes in OKC at 1601 N. Broadway called the Broadway Club. Norman has had problems keeping their fellowship together after losing their only meeting place. It seems only a few are willing to work to find another location and they have resentments about not being supported. Growth will come as they meet this challenge with guidance from their Higher Power.

There were many birthdays. Those for January and December are as follows: Terry S., 8 years; Jo H., 2 years; Joy M., 2 years; Sherri A., 4 years; Mike C., 2 years; Minnie N., 1 year; Felix M., 1 year; Don, 1 year; Rick R., 8 years; Jimbo, 5 years; David, 2 years; Chris, 1 year; Mike C., 1 year; Dana B., 1 year; Jerry A., 2 years; Mary M., 3 years; Susan S., 2 years; Charles F., 2 years; Terry R., 1 year; John M., 4 years; Eddie S., 1 year; and Dave B., 2 years.

Submitted by Bill Ford, ASR

The Wichita Area is stabilizing and growing. We have been joined by N.A. in Hoisington, Arkansas City, Ellsworth and McPherson and Great Bend. Ark City and Ellsworth are new meetings. McPherson has had N.A. off and on for several years. Great Bend and Hoisington have had N.A. for about a year and a half.

There are four new meetings in Wichita and a new H & I meeting at Wichita's Walk-in Detox. Newton has a Women's Group which is now 6 months old and registered. The H & I meeting at Kansas State Industrial Reformatory in Hutchinson has expanded from one to two nights. The Hutchinson group has taken initial meetings in to two new treatment centers there and are hopeful for further contact.

We had two successful fund-raisers this winter. One was a dance and the other a chili feed and dance. The funds went to establish an area literature fund. We now have a good supply of Basic Texts, White Books and I.P.s available.

We had two workshops. They were for service structure and H & I work; and for generating entries for the N.A. meditation book,

(Continued)

(News Continued)

"Just for Today," which is being compiled within the fellowship.

H & I is really going strong. We have written and approved local H & I guidelines to be used in conjunction with those from the WSC. If anyone is interested, contact Barbara J. in Wichita. These Guidelines have been of great help in improving the quality of our H & I meetings and have made the differences between an H & I meeting and a regular NA meeting more clear to the general membership. We have made an increased effort to "shake the can" for H & I at all regular meetings. As a result, we now have White Books and key tags available for distribution within the facilities we serve.

Our PI effort has been almost nonexistent for some time. We felt that our first priority was to get H & I back on its feet. We feel that this is now well under way and at our last Area Service Meeting we discussed the need to get going on PI and are beginning to contact local TV and radio stations to get some PSAs back on the air.

We will be hosting the State Round Up next weekend. We hope to begin talking about getting organized on a state level. We have workshops scheduled and speakers coming in. We are looking forward to some great fellowship and improved unity. The funds raised, over and above seed money for next year's Round Up, will be divided between the Regional and the Area which hosts the Round Up. We generated some funds for the State Round Up with a dance. Groups and individuals have also made donations.

We have had an increase in the number of members making commitments to service work and are benefitting from this throughout the fellowship. Barbara J., ASR

Fellowship for Freedom has been doing very well since our last regional. We now have 21 meetings a week (still 7 groups) with 10 of these meetings being H & I. Two of our newer H & I meetings are being held in St Francis Hospital and Stormont-Vail Regional Medical Center; both of which have Chemical Dependency Treatment Units. Our groups are all strong and steady, with good attendance at all meetings. Some members in Topeka have started a Noon luncheon meeting late last month. It's still in a tryout stage to see how many members would like it. If it gets off the ground it will eventually be a rotating home group. So far the attendance has been good.

We've had some fun activities since last time: a Halloween Dance in October, the annual New Year's Eve dance in Dec., and Feb. 8 United Survivors had their 8th Anniversary dinner and bingo.

The activities were well attended except the New Year's Eve dance which was due to the weather. But, we all had a good time anyway. There has also been good attendance by treatment people at these activities, which we encourage and are glad to see.

In the Area, we have two new officers, Rosemary from Lawrence is Area treasurer and Clint B., from Topeka is our new Alternate ASR.

Birthdays are as follows: Becky W., 1 year; Nancy B., 1 year; Burnalee R., 8 years; Mary P., 2 years; Brett D., 1 year; Arthur, 1 year; Maynard N., 2 years; Chris M., 2 years; Glenn S., 90 days; Dan P., 30 days; Cindy P.-O. 8 years; and Bob F., 8 years.

Mary P., ASR.

What's Happening?

IN THE MIDWEST:

First Kansas State Round-Up Wichita Feb. 15-17, 1985
Registration begins Friday at 8 p.m. at 901 West Douglas, a meeting will follow there at 10 p.m.
People may also register (\$5) Saturday morning at Barclay Square, 550 West Central. An "Everyone Needs to be There" meeting begins at 10:30 a.m. Workshops and speakers follow. Ron W. from Dallas will speak at 1 p.m. Danny J. from Saganaw, Mo., will speak at 8 p.m. Meetings and lots of fellowship will be interspersed throughout the day. Saturday at 9:30 p.m., Dr. J. & Co. will conduct a dance with a light show, also at Barclay Square.
Sunday morning there will be a breakfast at 901 West Douglas and Sherilyn D. from Tulsa, Okla., will speak at 11 a.m.
For lodging information, contact Barbara J. at (316) 945-7202 or (316) 943-8548, or Ann L. at (316) 263-5716.

Salina has a new temporary hotline number - (913) 825-9510. Jim can provide information about their upcoming St. Patrick's Day fundraiser.

The Third Annual Mid-America Convention is in Tulsa, Okla., March 22-24. Much information including the flyer and schedule of events is included in this newsletter.

The next Mid-America Regional Meeting will be in Wichita May 18-19. Further details will be set up at the convention in Tulsa.

ACROSS THE NATION:

The Mid-Atlantic Regional Learning Conference is March 1-3 at the George Washington Motor Lodge in Allentown, Pa. They will have many various service workshops and lots of meetings. Contact the 24-hour hotline at (215) 439-8440 or for additional information, Barry A. at (215) 432-1037 or Dave N. at (215) 791-0773. Also, I have a flyer if anyone is going out that way.

The Louisiana Regional Convention of N.A. will be March 8-10 at the Oak Manor Hotel in Baton Rouge, La. For more information, call Tommy R. at (504) 675-8118 or Billy E. at (504) 275-2310. I also have a flyer for this event.

*****NOTICE*****

The Addendum Order Form on the last page of this newsletter is enclosed for a very important purpose. Our Region will vote on those items in Tulsa and that vote will be conveyed to the WSO in April at the World Conference. If your group wants to have input into these publications, they should obtain them, read them, have a group conscience for votes and input, and forward that information to their respective ASRs. Four items are up for approval only and are listed that way. Three items are up for ~~review~~ review and input. Now is the time to express yourselves.

World Service Office, Inc.
16155 Wyandotte Street
Van Nuys, CA 91406

Addendum Order Form
January, 1985

GROUP NAME _____ CONTACT _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ PHONE () _____

Ship the following order to the address above. Enclosed is full purchase price. Any item out of stock will be placed on back order and purchaser notified.

QUANTITY	ITEM	PRICE
_____	<u>Approval-Form Literature</u>	
_____	#5 Another Look (WSC '85 agenda) (\$.10 each).....	_____
_____	#15 R-Physician's Viewpoint on the N.A. Program (\$.10 ea.)	_____
_____	#19 Self-Acceptance (WSC '86 agenda) (\$.10 each).....	_____
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