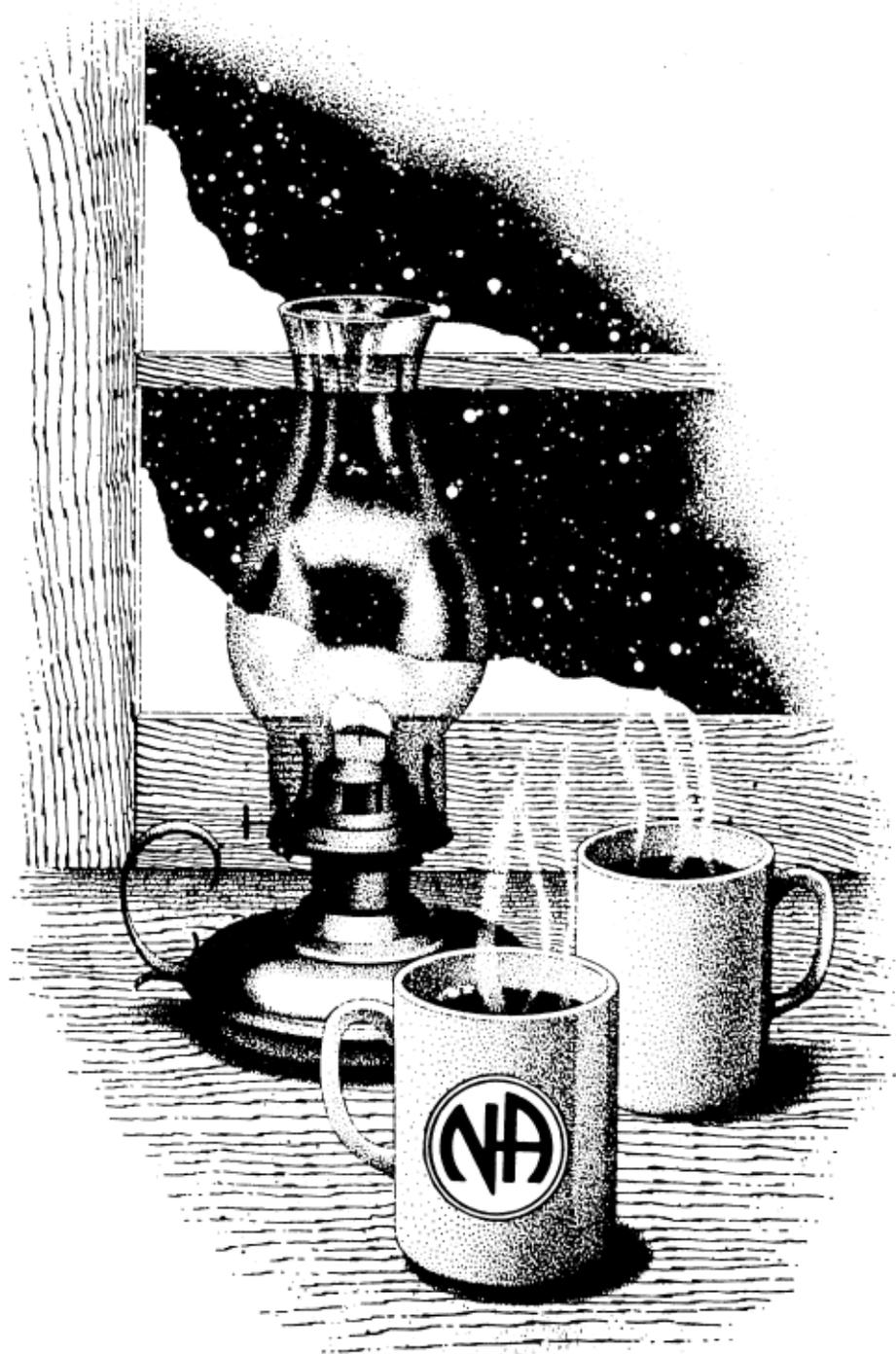


# MID-AMERICA NEWSLETTER

FEBRUARY — MARCH 1986



# Questions & Answers

The Board of Trustees answered the following questions of Traditions for various groups, areas and regions.

Q. A member of our Fellowship brought an infant to one of our meetings, and as a result, our group found itself involved in a controversy. Some members said this was a violation of the Traditions because there was no way the baby could have a desire to stop using. Our question relates to whether the presence of a baby or children in meetings constitutes a violation of the traditions.

A. The issue of babies or small children in meetings is not a Tradition question but rather a matter for the group conscience. This concerns the mother's or father's welfare and recovery. The real issue seems to be whether an addict with a baby or small child would be unable to obtain a baby sitter and attend the meeting.

Q. We enclose a list of referral sources including hospitals, state and county agencies and Nar-Anon in our referral sources for our telephone hotline. We use a disclaimer with the referrals. Is it appropriate for us to do this?

A. We believe that making specific referrals through our N.A. hotlines would in fact violate the Traditions, with or without a disclaimer. In order to remain consistent with the Twelve Traditions, the entire referral page needs to be removed.

Hotlines are comprised of individual members of the Fellowship who share their experience, strength and hope with individuals who call. Sometimes members suggest that the caller receive medical attention; however, specific referrals should be avoided and common sense needs to be exercised.

Q. In our area we have an N.A. clubhouse and another club whose members include N.A. members. Our local newsletter often includes notices for fund-raising activities by these two groups. In the opinion of the WSB, is this a violation of the Traditions?

A. There should be a separation between the internal but "official" communication of the local N.A. membership and announcements of "more fellowship" activities. It is necessary for non-N.A. activities to be handled separately even though the participants also happen to be members of N.A. Your newsletter should not include fliers or notices for non-N.A. activities even if they have members in common. The program of Narcotics Anonymous is not affiliated with any clubhouse, social group or club. Social clubs and groups have their own guidelines, rules and stipulations for membership. They are not N.A., nor do they fall within the N.A. structure or comply with the Twelve Traditions.

To affiliate the two as you describe is a violation of Tradition Six.

Q. Some members in our area are making announcements and passing out fliers for prayer and meditation workshops. Some of us think this violates Tradition Six.

A. Making announcements and passing out fliers for a prayer and meditation group is a very serious violation of Tradition Six. Only N.A. related announcements can be made in N.A. meetings and only N.A. fliers may be passed out. N.A. is not affiliated with any prayer and meditation groups nor is it such a group. We are a Twelve Step Program of recovery from addiction.



# from the editor's kitchen table

Feb. 15, 1986

Hello Everyone,

Sorry this issue is late. So much has been happening in Mid-America that my head is spinning.

The new Southeast Kansas Area is having its first Round-Up in Baxter Springs Feb. 22. See the What's Happening section for details.

Western Kansas formed its own area and elected officers Jan. 18. There were people at the meeting from towns I had never heard of. We packed the meeting place. Thanks to all those who made the chili and those who brought and bought auction items to benefit PI and the new area.

Wichita is in the process of becoming its own area and will be called Wichita Metro Area. One more meeting of the area as it stands will be held March 14 at 7:30 p.m. at Hutchinson hospital in the basement of the mental health center. The hospital entrance is just west on 17th off K-61 highway. Final arrangements will be dealt with that night. It's important that all groups be represented.

Regional Service Conference is in Topeka March 21-23. Brian J. needs agenda items. Call him at 913-829-2591. The RSC flier is in this newsletter. Regionals are a real rush. Bring some newcomers and enjoy the fun.

Great Bend and Hoisington groups are planning a St. Patrick's shindig March 15. Proceeds from the dinner, auction, raffle and dance will benefit the 4th of July campout. More info is in the What's Happening section.

Lance H. from Dallas and Gretchen from Tulsa wrote that their areas are considering starting newsletters. It's nice to see evidence of interest in "meetings through the mail."

*Julie*  
Julie P.  
editor

MY GRATITUDE SPEAKS ....

WHEN I CARE

AND WHEN I SHARE

WITH OTHERS

THE N.A. WAY.



LIVE FROM  
**WCNA · 16**  
NOON 01

# REGISTRATION FORM

CHEQUES ONLY - DO NOT MAIL CASH

Send form and cheque to:

WCNA-16  
16155 Wyandotte Street  
Van Nuys, California 91406  
Cheques made payable to WCNA-16

Registration before 1st March 1986 \$30.00  
Registration after 1st March 1986 \$35.00

No. of registrations  @ \$30/35 per person. Total \$ \_\_\_\_\_  
No. of banquet tickets  @ \$25.00 per person. Total \$ \_\_\_\_\_

Vegetarian: Yes /No   
Donation to Newcomer Fund Total \$ \_\_\_\_\_

Grand Total \$ \_\_\_\_\_  
Tick here if you wish to speak at a meeting  (submit tape)  
If registering for more than one person, please list their names:

\_\_\_\_\_  
NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_

COUNTRY \_\_\_\_\_ TELEPHONE \_\_\_\_\_  
For your convenience, WCNA has made arrangements with Cardillo Travel Systems, Inc., to assist members with transportation to London and any extended vacation plans you have in mind. Toll-free: in California 1-800-421-7338, outside California, including Hawaii and Alaska 1-800-421-7337. Hotel reservations can also be made through Cardillo, if you desire to pay for hotel and travel with one check in U.S. currency. Only those hotel reservations made through Expotel or Cardillo will be guaranteed for the rooms and the rates at the hotels listed.

**SPECIAL FACILITIES?**  
If you are physically limited in any way (blind, deaf, wheelchair bound) and need special facilities, please give details 30 days in advance:

LIVE FROM **CS** **1** **·** **WM** **NS** **CS** **WM** **LONDON**

# A CELEBRATION OF OUR SHARED RECOVERY

AT THE WEMBLEY CONFERENCE CENTRE · EMPIRE WAY · WEMBLEY  
**28 · 29 · 30 · 31 AUGUST 1986**

## CONVENTION HIGHLIGHTS

SPEAKER MEETING WITH SPEAKERS

WORLDWIDE

MARATHON MEETINGS · WORKSHOPS

SURPRISE ENTERTAINMENTS · BANQUET

FUN, FELLOWSHIP AND RECOVERY · DANCES

HOSPITALITY ROOMS · SPECIAL BUFFET

REGISTER EARLY - HELP US TO GET IT RIGHT!

# Clean PERCEPTIONS

## Searching ...

I shot my first dope at 16, then I almost shot my first human being at 22. The years between those ages were of searching for the ultimate high, across country on foot, hustling, stealing, bumming, always for that fix, pill or drink with a chip on my shoulder that I liked.

My addiction had me fooled, I was in my own weakness -- drugs. Now, at 27 and after being incarcerated for 4½ years for armed robbery, I am still fighting my addiction. It is not easy and it's not hard. But to fully grasp being clean, I need N.A.'s way and people.

N.A. is a family of recovering addicts. You help me to help myself do this time. I slip, but when I do, it shows me more every time why I need N.A.'s way of life. I need it to live and not die because I am too stupid



to kick drugs. When I die, I want to know it.

But, I'll live and be strong and have faith in N.A. and in the members. I know I am not alone and people care and they will share love and understanding with me.

Beacher P.  
Boley, Okla.



## Seven Steps to Stagnation

- 1) We're not ready for that!
- 2) We've never done it that way before!
- 3) We're doing all right without it!
- 4) We tried that once before!
- 5) It costs too much!
- 6) That's not our responsibility!
- 7) It just won't work!

## anyway

People are unreasonable, illogical and self-centered.  
Love them anyway.

Honesty and frankness make you vulnerable.  
Be honest and frank anyway.

The good you do today will be forgotten tomorrow.  
Do good anyway.

What you spend years building may be destroyed overnight.  
Build anyway.

Give the world the best you have and you may get kicked in the teeth.  
Give the world the best you've got anyway.

Author unknown

Submitted by Frances C., Hutchinson, Kansas

# Desiderata



Go placidly amid the noise and haste and remember what peace there may be in silence. As far as possible without surrender, be on good terms with all persons. Speak your truth quietly and clearly and listen to others, even the dull and ignorant, they, too, have their story. Avoid loud and aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain and bitter, for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble, it is a real possession in the changing fortunes of time. Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is. Many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love, for in the face of all aridity and disenchantment it is perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees and stars, you have a right to be here, and whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive him to be and whatever your labor and aspirations, in the noisy confusion of life, keep peace with your soul. With all its shame, drudgery and broken dreams, it is still a beautiful world. Be careful. Strive to be happy.

Submitted by John H.

I dreamed death came the other night.  
And Heaven's gate swung wide.  
With kindly grace an angel  
Ushered me inside.

And there to my astonishment;  
Stood folks I'd known on earth,  
Some I'd judged and labeled  
As "unfit" or of "little worth."

Indignant words rose to my lips,  
But never were set free  
For on every face showed stunned surprise;  
No one expected me!

Author unknown

Submitted by Helen F., Wichita, Kansas, who writes, "I first read this poem about 10 years ago. The last line, "No one expected me!" has been my most valuable tool through the years in preventing me from passing judgment on those around me. I hope others in the Fellowship will find this as useful as I have."

Just for  
TODAY

## Broken Dreams

As children bring their broken toys  
with tears for us to mend,  
I brought my broken dreams to God  
because he was my friend.

But then instead of leaving him  
in peace to work alone,  
I hung around and tried to help  
with ways that were my own.

At last I snatched them back and  
cried, "How can you be so slow?"  
"My child," he said. "What could I do?  
You never did let go."

Author unknown  
Submitted by Mark P., Liberal, Kansas



### An itch to travel

The one thing that scares me most is death. Death is all around. I've never understood why we die or why we do the things we do. I've got a better idea, now that I've found N.A. It's the Higher Power, which I choose to call God.

It's his will for us to live or die and to do everything we do.

N.A. is a new way of life for me. I've changed. I appreciate it. I hope to meet lots of other people like me or like the people I've met here.

I know about geographical cures

but I've got this thing for traveling everywhere. I'm going to try to get into the service although I know there are drugs and more pressure than I have here. There is only one cure for the itch to travel, do it.

I will always remember what I've learned in Kansas. Thank you God for showing me the love and caring that I got from the Wichita Area. I love you all. Easy does it.

Terry T.  
Hutchinson

Editor's note: Terry joined the Army in February. Hutchinson will miss him.

### BE A SPENDTHRIFT IN LOVE

Love is the one treasure that multiplies by division.

It is the one gift that grows bigger the more you take from it.

It is the one business in which it pays to be an absolute spendthrift: give it away, throw it away, splash it over, empty your pockets, shake the basket, turn the glass upside down, and tomorrow you will have more than ever!

MID-AMERICA REGIONAL BUSINESS MEETING  
 IN  
 TOPEKA, KANSAS  
 AT THE  
 MOST PURE HEART OF MARY CHURCH

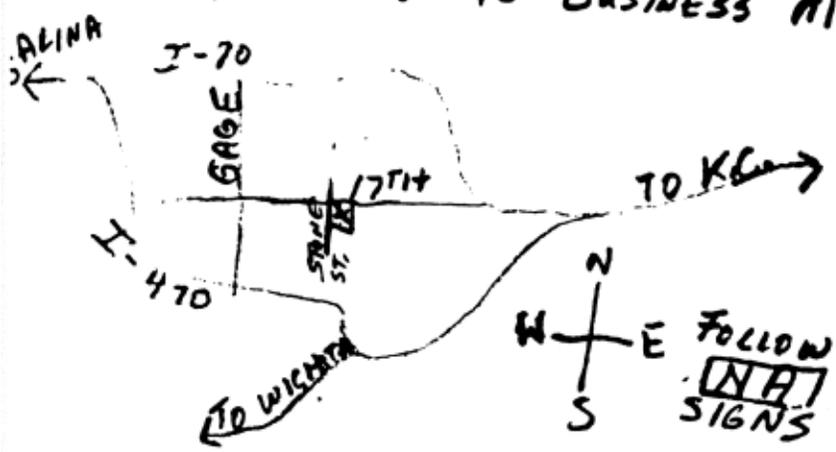


DINNER & DANCE  
 IS A FUNDRAISER FOR  
 UNITED SURVIVORS GROUP  
 TO BUY BASIC TEXTS  
 FOR BOOK STUDY

3601 S.W. 17TH  
 FEBRUARY 21, 22, & 23, 1986

|      |  |              |                    |
|------|--|--------------|--------------------|
| FRI. | REGISTRATION \$3.00  | 6-10PM       | MORE INFO. CONTACT |
|      | TWILIGHTERS GROUP<br>(CANDLELIGHT MTG.)                            |              | NANCY 267-5114     |
| SAT. | REGIONAL BUS MTG.  | 10:00PM      | RICK 273-5014      |
|      | LUNCH BREAK  | 10:00AM      | TERRY 267-5536     |
|      | H&I COMMITTEE  | 12-1:30PM    | HOTLINE 913-232    |
|      | LITERATURE COMMITTEE   | 1:30-3:30PM  | LOVE               |
|      | PI COMMITTEE   |              |                    |
|      | ACTIVITIES COMMITTEE   | 3:30-5:30PM  |                    |
|      | UNITED SURVIVORS GROUP<br>9TH ANNUAL ANNIVERSARY<br>ITALIAN DINNER | 6:00-7:00PM  |                    |
|      | SPEAKERS MTG.  | 7:00-8:30PM  |                    |
|      | MONEY RAFFLE   | 8:30-8:45PM  |                    |
|      | DANCE  | 8:45-11:00PM |                    |
| SUN. | GENERAL BUSINESS MTG.  | 10:00 AM     |                    |

DINNER & DANCE  
 \$3.00  
 JUST DANCE  
 \$1.50





# What's Happening?

## Events in Kansas:

Feb. 21-23, Mid-America Regional Service Conference, Topeka. See flier in this newsletter for details.

Feb. 22, Southeast Kansas' First Area Round-Up. Theme -- "You Are Never Alone." Place, 1321 Military Ave., Baxter Springs. Happenings begin at 1 p.m. with a hug meeting and conclude at 5 p.m. after business meeting. Contact numbers -- 316-856-3855, 316-856-3046.

Mid-America Campout Committee meeting, 4 p.m. March 1, Bushton. 400 A Street. 8 p.m. new area discussion meeting, same place. Go into Bushton on highway 4 to the water tower. Make a left, house is on block with no other houses around it. GSRs from Hays, Great Bend, Hoisington, Pratt, McPherson, Hutchinson, Newton, and Ark City are needed to be there.

March 14, Wichita Area meeting, 7:30 p.m. Hutchinson Hospital. Basement of mental health center, next to hospital, just west on 17th off K-61 highway.

March 15, Hoisington and Great Bend groups will sponsor a dance, dinner, auction, raffle and speaker meeting to benefit 4th of July campout. Eats start at 6 p.m. at 109 E. 1st, Hoisington. Bring your own veggies and desserts and cassettes and compact discs.

April 19, PI meeting and dance in Wichita. PI meeting at 7 p.m., dance at 9 p.m. Flier is forthcoming. \$1 per person.

## In other places:

Georgia, Feb. 20-23, GRCNA V, NW Area Marriott, I-75 & Windy Hill Rd., Marietta, 30062; (404)436-0311, 404-429-0239.

Washington, N. Idaho 1st Convention, Feb. 28-March 2, Sheraton Tacoma Hotel. Reservations made direct with hotel 1-800-325-3535.

Penn. Feb. 28-March 2; 2nd annual Learning Conf., George Wash. Motor Lodge, Route 22 and 7th st. exit, Allentown; 215-867-6827; 215-433-5866.

Mid-America Convention, March 7-9. See flier in this newsletter for information.

8th annual Northern Calif. Convention, Monterey Conference Center. PO Box 223115, Carmel CA 93922.

Louisiana March 7-9, RCNA, Bossier Sheraton Inn, 2015 Old Minden Rd., Bossier City, LA 71111; 318-686-2270, 318-865-0856.

Alaska, March 14-16, 2nd annual Anchorage Conv., Anchorage Airport Inn, 3333 International Airport Rd., Roger, 907-248-9418.

Massachusetts, March 28-30, 1st Annual New England RCNA; Westin Hotel, Copley Place, 10 Huntington Ave., Boston, MA, 02116. (617)452-7875.



**Don't Forget!**

**LET'S GO!  
LET'S GO!  
LET'S GO!**



# Activities

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Texas, March 28-30; 1st Lone Star RCNA; Austin Hilton Inn, 6000 Middle Fiskville Rd., Austin, TX, 78752; (512) 443-7215, (512) 448-2144.

Mississippi, April 4-6; MRCNA IV; Hilton, Biloxi, MS; (601) 392-7267; (601) 362-0897.

North Carolina, April 25-27; Charlotte Area Convention; Marie Gibson,

5101 Park Road, #143, Charlotte, N.C. 28204; (704) 892-3286, (704) 535-3865.

WORLD SERVICE CONFERENCE, April 28-May 2; Airtel Plaza Hotel, Van Nuys; Registration, Vida (818) 780-7951; P.O. Box 9999, Van Nuys, CA 91409.

LONDON --World Convention -- 16, August 28-31; Wembley Conference Center. See flier in this newsletter for details.

## How NEWS

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Sent in from Groups:

Against All Odds, Dodge City, celebrated a group 1-year anniversary Jan. 12, 1986.

First Things First, Ark City had the following Dec. birthdays: Jon F., 9 mos., Bill, 60 days, and Claudia H., 60 days. They meet at 321 S. 1st and have started a new step study meeting the first Monday of every month. The Christmas meeting was successful with lots of fellowship. Inmates, 2 at a time, from Winfield Pre-release Center are being allowed to attend meetings. A new treatment center will soon open in Ark City. The group will provide a meeting for that purpose.

Hays NA Group's members congratulated 9 people for Dec. birthdays. They are: Kip N., 1 year; Greg H., 60 days; Kathy H., 60 days; Rex H., 60 days; Isabel D., 90 days; David M., 90 days; Bunny M., 6 mos.; Kurt R., 9 mos.; and Joyce R., 9 mos.

The group is stronger all the time. Attendance averages 18. St. John's treatment facility has clients who attend Wed. night meetings and the group provides speakers for the treatment center.

Foundation Group, 8th and Kentucky, Lawrence. Mailing address 1200 New York, Apt. B, Lawrence 66044. Pat S. celebrated 90 days in January. The group just started with a Basic Text study on Mondays at 7:30 p.m. and a women's meeting on Thursdays at 8 p.m. Nate F. is GSR, Penny G. is secretary, Andy H. is alt. GSR, Pat S. is treasurer. The women's group has 10-20 attending regularly. Book study has 6 to 10 regulars.

Group and Area reports from minutes:

### Western Kansas Area

John H., Liberal, is the new ASR; Paggy B., secretary; Tony K., treasurer; Mark P., Chairman; Bill H., Alt. Chairman. A literature order of Area needs was placed. New P.O. Box is 744, Dodge City, Kan., 67801.

Against All Odds in Dodge has a new book study meeting on Tuesdays at 7 p.m. Contact # Paggy 225-6918.

Scott City's meeting is at 8:30 p.m. Fridays at 408 N. Main, downstairs.

Liberal New Hope Group has been meeting for about 4 years. The New Year's Eve party was a great success. Contact John H., 624-8001.

# NEWS!

# news!

# NEWS!

# news!

Garden City has 2 meetings weekly. Contact Bill H., 275-1325.

Elkhart Group has been meeting for about 2 years. Started with 2-3 people and now has 8-10. They are in the process of registering the group at the world level. There are 2 meetings a week. Contact Jim R., 697-4783 or 697-2035.



## Kansas City Area

John C. is area H&I chair. Co-chair is Skip, secretary is Bill S. Women are needed to take H&I meetings to Lansing women's facility. An area H&I directory is planned. ASC gave \$140 for lit. order.

PI -- New area meeting schedules are out. H&I volunteers were asked to keep these meeting lists available to treatment center and institution meetings.

Radio spots from WSO will soon be aired. Area hotline is updated. Area phone may be moved from Chemical Abuse Group.

Drug problem cards are available fro groups. Hotline volunteers are needed. Phone bill may be turned over to the area, CAG group has its hands full and callers are referred to the meeting closest to them.

Meetings may be starting in Olathe and N. KC.

Phoenix group is small, needs support. The group takes an H&I meeting to Medical Center of Independence once a month.

Dead or Alive group is going well. They've had a phone installed and will answer during meeting times. The group celebrated its 2nd anniversary Jan. 25. The group bought cards with its phone # on them. The Lord's Prayer will no longer be said in meetings. Meeting format is up to the night's leader.

Chemical Abuse Group has a new H&I chairperson -- Lewis. The group held an H&I workshop in Dec. A holiday party on Dec. 20th and an open clubhouse all day the 25th were the group's holiday activities. Thurs. night meeting is now open discussion due to the amount of treatment people who attend. Kris B. was elected group treasurer. Group is planning a chili supper for St. Patrick's Day.

Straight Talk -- Becky S. reported that the group is strong. The group celebrated its year anniversary Feb. 1. People who celebrated Jan. birthdays spoke that night.

Just For Today group elected Louis as GSR. Kris was chosen to be treasurer. Saturday night meeting now starts at 9:30 p.m. and is a candlelight meeting.

Meetings are going well in Leavenworth. Attendance is between 3 and 15 each meeting. Wednesday book study meeting is at 5:30 p.m. at 6th and Osage. No smoking.

Atchison has a Sunday night meeting attended by many treatment people. The group hosted the Feb. 16 KC Area meeting at 1600 Skyway.



## Southeast Kansas Area

Neodesha voted to join the area. Parsons voted to join the area. The Miracle Group from Galena also joined the area as did Coffeyville. Area boundaries were voted on. Area will cover the following counties at this time: Wilson, Labette, Crawford, Cherokee, Bourbon, Neosho, and Montgomery.

Alita B. is chairperson. Greg P. is Alt. Chair; Marc K. is secretary; Denis is treasurer; Randy H. is ASR; Tom H. is Alt. ASR.

SE Kan. area gave its phone list to the Ozark Area so referrals can be made.

Area discussed their first Round-Up to be Feb. 22 in Baxter Springs. Info is in What's Happening section.

Area meetings rotate to different towns. Groups are concerned with anything and everything they, as an area, can do to help the still-suffering addict.

Winner's Circle group -- Pittsburg is growing. Ann T. is treasurer. Sunday meeting is now at 8 p.m. and is a step and tradition study. Contact Marc 232-9828.

Start on Serenity -- Baxter Springs has Tommy H. as the new GSR. Wed. night meeting is now open, 1321 Military Ave. at 8 p.m. New meeting on Sunday is at the southeast corner of 10th and Washinton across from the hospital.

Had 75 people attend the Christmas party. Some people brought guitars so there was snacks, singing and fellowship.

Jan. birthdays include David D., 1 year, Gregg P., 2 years. Speaker/Birthday night is last Wed. of the month. Chick H. from Seneca, Mo., spoke in January.

## Wichita Area

PI committee met Dec. 29 and Jan. 18. Dodge City and Mary M. were given PI handbooks. Much discussion on Helpline and answering services, now moot point due to the area split.

H&I -- Sam L. was resigned as chair after not being present for 3 meetings.

J.L. is temporary chair. John B. is new contact person. RSC was given a basic text and 25 white books. Parallax OK. Gold Room has low attendance. Still have some H&I T-shirts for sale.



New Connections -- Wichita got the confusion of the coffee pot straightened out, relationship with landlord is still good. Participation in group conscience is improving. Laura is treasurer, Steve G., secretary, Bob C., GSR.

New Attitudes -- Wichita has about 8-10 at meetings. They have registered at the world level and are in process of opening bank account. Kevin is treasurer; Janelle, secretary and Joe is GSR. As of January, group was expanding to 10-15 per meeting and is having some newcomers.

Newton NA had good attendance at the New Year's Eve party. Curtis B. from Hoisington spoke that night. About \$200 was raised. Glenda P. celebrated 7 years clean in December.

Derby NA now has 4 meetings a week. Basic Text study is Tuesday nights. Speakers come every third Thur. of the month. The Fri. meeting is young people night. All meetings are at 7 p.m. at 431 S. Woodlawn.

Derby hosted the Valentine Dance and decorated the church gym beautifully. Kissing booth and a dance contest were also a part of the evening.

Derby needs people with some clean time to attend their meetings, many treatment people go.

Great Bend has a new address: P.O. box 374, Great Bend, 67530. Meetings are up and down but average 10. Scott L. celebrated 6 mos. in Dec. and Mike celebrated 1 year. In January, the group had lots of newcomers. Ross F. is GSR. Mike M. is Alt. GSR.

# news!

Hoisington has group conscience the first Monday of the month at 6:30. Group is strong and steady at 10-15 members. Angie S. celebrated 1 year clean in Dec. Randy H. was elected GSR in Dec. Curtis is treasurer. Wanda J. is secretary and Mike B. is alt. GSR.

Pratt NA's meetings are small but steady. Debbie S. celebrated 2 years in Dec. Made \$28 serving pop at the fall round-up. Dennis H. is new GSR. Dennis H. celebrated 6 mos. in Dec. Debbie S. is new Alt. GSR.

Wichita Women's group has had good attendance and fellowship. Group had a grab-bag gift exchange and covered-dish dinner Dec. 16. Group celebrated 3 birthdays in Dec. Helen, 1 year; Roxanne, 2 years; Jill, 5 years.

New Beginnings -- Hutchinson lost Dan J. as GSR when he moved to Colorado. Rob W. is new GSR. Pam W. is treasurer; Scott, H&I, Kelly, secretary. Tuesday meeting was canceled due to low attendance.

Rainbow Group -- Hutchinson lost Terry as GSR when he joined the Army. Frances C. is new GSR. Julie is treasurer. We've had no less than 5 and up to 11 members at Feb. meetings. The checking account is straightened out, we now have a ledger and are paying rent, although the mental health center doesn't want to accept it.

St. Mary's -- Wichita elected new officers in Dec. Brent K. is GSR; Kevin M. is Alt. GSR; Kent W. is Alt. treasurer. Birthday night is the third Thur. of each month. Had large turnouts and newcomers in Jan.

McPherson New Life Ladies still needs support from other groups. Attendance varies from 8-15. Most members still seem uninterested in being involved in functions.

Terrace Club -- Wichita has had lots of growth in the past month. Had to change rooms to accommodate everyone. Mary R. is GSR.

1st Things First -- Ark City has birthday night the last Saturday of each month. Attendance fluctuates 5-15 every week. Thanks to the Regional Lit. Comm. for the white books for the treatment people.

Newton Women's Group is small but caring. They supported the Turkey Feed in November and are planning a fund-raiser for literature. Vickie T. is alt. GSR. We'd like to thank the Reg. Lit. comm. for the literature received from their Dec. fund-raiser.



Mid-America's RSR Jeff B. writes that the Mid-America Convention March 7-9 in Afton, Okla., looks promising. Shangri-La is an excellent, magnificent facility. Proceeds will benefit our region greatly, so please urge local members to attend. If anyone has an act to enter in the talent show, contact Sam U., 1810 Bird, Joplin, Mo., 64801. Phone 417-781-4571.

## Attention!

The World Convention Corp. of N.A. has some concerns that a flier with incorrect info about the London World Convention has reached the fellowship. If an 8½x11 flier with the heading "Live From London '86" was distributed in your area, please ignore it. It does not contain accurate information. The flier in this newsletter this issue is the flier sent out from WSO. If anyone has already mailed anything to EXPOTEL, please advise the WCCNA in care of WSO, P.O. Box 9999 Van Nuys, Calif. 91406.

## CONTRIBUTION GUIDELINES



All contributions should pertain to recovery.

### What we print:

- 1) N.A. related material -- group, area, regional and world activities.
- 2) Poems or essays by N.A. members.
- 3) Perceptions on the Steps and Traditions.
- 4) Topic discussions.
- 5) Cartoons, drawings and jokes.
- 6) Group reports.

### What we don't print:

- 1) Extreme vulgarity.
- 2) Non-N.A. program material.
- 3) Reference to outside enterprises.
- 4) Material that violates 12 Traditions of N.A.

## COPYRIGHT RELEASE FORM

I, \_\_\_\_\_, give the Mid-America Regional Newsletter permission to print any input accompanying this form. I also agree to allow editing of input that does not change the content.

## SUBSCRIPTION FORM

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

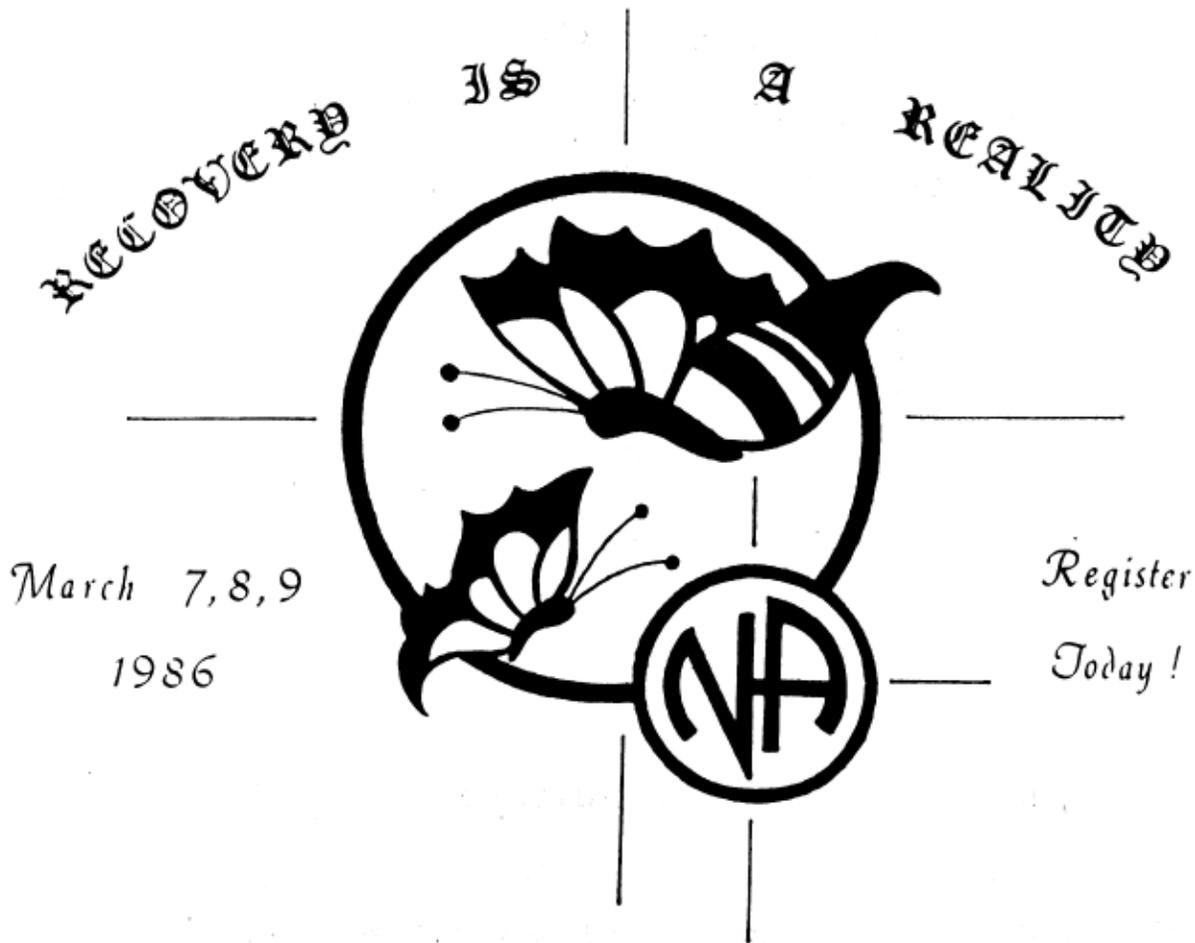
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**subscribe!**



## Fourth Annual Mid-America Convention

Shangri-La , Grand Lake  
Afton , Oklahoma

### Guest Speakers

Jack B., Panorama City, Ca.  
Wilma W., Omaha, Neb.  
Bob R., Los Angeles, Ca.  
Nar-Anon: Rene J., Saginaw, Mo.

### Featuring

Run For Recovery

Dance  
Fellowship  
Talent Show  
Raffle

Workshops  
Meetings  
Nar-Anon Workshops  
Bingo

For more information, call:

Sherilyn D., 918-742-1471

Mary M<sup>c</sup>., 918-583-3463 -

Or Office., 918-587-9131

To Participate In:

Run For Recovery

Call Leo S., 918-747-4556

Talent Show

Call Sam U., 417-781-4571

For Motel Reservations Call;

(Okla.) 800-722-4903 / 800-331-4060

Rooms 42.00 per night-Deadline Feb. 7

Send Registration To: MAC - 64 E. Woodward - Tulsa, Ok.

74114

Registration \$15 Name \_\_\_\_\_

Banquet 11 Address \_\_\_\_\_

Brunch 7 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Total Amount Enclosed \_\_\_\_\_



Please Return To:

Reservations Office  
Shangri-La  
Route 3  
Afton, Oklahoma 74331

MID-AMERICA CONVENTION  
March 7-9, 1986

Guestrooms at \$42.00

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

ARRIVAL DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

DEPARTURE DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

TOTAL ROOMS: \_\_\_\_\_ NUMBER OF PERSONS: ADULTS \_\_\_\_\_ CHILDREN UNDER 12 \_\_\_\_\_  
CHECK IN TIME AFTER 4:00 P.M. CHECK OUT TIME 1:00 P.M.

Credit Card # \_\_\_\_\_  
Expiration Date \_\_\_\_\_  
Inquire about our Suites & Condominiums  
Space will be confirmed upon receipt of a  
\$42 deposit per room reserved, or com-  
pleted credit card information.  
Reservation deadline: FEB. 7, 1986.  
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ONLY. FOR CHANGES CALL OUR TOLL FREE  
NUMBERS:

In Oklahoma 1-800-722-4903  
All Other 1-800-331-4060

AFTER CUT-OFF DATE PLEASE CALL FOR AVAILABILITY OF ROOMS.

# INFORMATION SHEET

NAME AND ADDRESS OF GROUP \_\_\_\_\_

BIRTHDAYS \_\_\_\_\_

STATUS OF GROUP (any particular problem, need, success, new meeting, etc.) \_\_\_\_\_

ANY SPECIAL EVENTS (include time, place, cost, other information and phone numbers) \_\_\_\_\_

PLEASE SEND TO REGIONAL NEWSLETTER, c/o JULIE PENNER, 421-B  
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