

# MID-AMERICA NEWSLETTER

Dec. 1986 - Jan. 1987

Seasons  
Greetings





## FROM BOB STONE--AN EDITORIAL

Recently I completed my third year as the Office Manager of your World Service Office. During these three years I have seen many changes here and throughout the Fellowship. I want to take this opportunity to pass on a few observations and opinions for your consideration.

The W.S.O. has changed. When I first started, and for many months thereafter, I was part-time shipping clerk, clerk typist, telephone answering person and occasionally supervisor or manager. At that time we had a fairly small monthly income so we had but a few employees. But the Fellowship grew and we grew right along with you. There were about 2,000 meetings at that time, but we now have over 7,000 meetings and new meetings are started each day.

We now have twenty-seven employees. I visit the shipping department several times daily to see if we are going to get the day's orders out, see how many new orders came in, check on the daily deposit and see each of the other employees to assure myself that they are doing what has to be done each day. Overall I am generally satisfied. We are getting done almost everything that is expected of us. What is expected of us has changed dramatically in three years.

Of course the N.A. Fellowship is not what it was years ago so it is reasonable to accept that there would be change here also. When N.A. was growing slowly in the late 70's the services we provided were not accomplished like they are now. This forced many members to learn to deal with problems on their own. But as WSO became more visible, available and responsive, we found that we were getting drawn into many of the conflicts that had previously been resolved at the local level.

The trite but true political adage, "you can't please all the people all the time, but you can please some of the people some of the time" probably best describes the letters I get and the phone calls I receive about problems that seem to be diverting us

from our real purpose.

When N.A. was small, say ten years ago, it might have been easy to keep the Fellowship concentrated on the primary purpose. But now with so many members, so many groups and so much real recovery I find that the pressures to do a wider variety of things are very strong. If our purpose is to carry the message of recovery to the still suffering addict and thereby provide for our own recovery too, then we should stick to it. I believe we are doing that.

However, we seem to be constantly in a state of conflict over one thing after another that relates to how we do it and who is involved with doing what parts of it. I find the conflicts very draining, sometimes questionable and frequently divert us from our purpose and make it hard, if not impossible at times, to either carry the message or understand it.

When these conflicts find their way to me or, as I sometimes feel, they fall on me, I quickly feel tired and look for solutions. Always I find myself searching to find where the issues fit into the Third Step. I ask myself, if all the parties have turned their will and lives over to God, how can there be this conflict? I admit it is not easy to hear what God is saying at times, but it can fairly easily be discerned when the issue has not been given to God to decide.

When God has not been involved yet, someone is usually making a charge against someone for something they did. The charge is usually couched as being a violation of a tradition. Tradition violations are serious I agree, but frequently I get the feeling that a violation of the Third Step should take precedence over violations of Traditions. My reasoning leads me to think that if we all diligently lived by Step Three and followed it up with Step Eleven, then we would never get near completing an act that that violates a Tradition. For, as I understand it, the Traditions are but principles that, if followed, provide better assurance that we will be able to carry out what His will is for us.

Maybe I'm wrong, but this is why I find conflicts so draining. Of course I'm frequently told that addicts love conflict. I'm not willing to quite buy that one, but I find we don't have a strong determination to avoid conflict; I still can't see why the conflicts are usually devoid of the elemental concept of love that the references to God in our Steps and Traditions suggest should result from our working them.

I'm not suggesting that we can all be of the same opinion all the time, but I don't feel a difference of opinion needs to escalate to a conflict. But the conflicts do arise and then someone usually writes or calls the W.S.O. We get called because there are mistaken impressions that to do so is the right course of action and that the WSO or the Board of Trustees now have all the answers. Well, we don't have all the answers.

But the calls and letters keep coming in supposing that we do. There are a number of situations where the WSO staff can be of help in one issue or another. There are many, however, where we either do not know the answer or it appears to be a situation that we should not be involved in anyway. The same is true for inquiries addressed to the Board of Trustees or the WSC Administrative Committee. They are helpful in many situations, but there are other situations where world service trusted servants utilize their prudence and suggest noninvolvement. Noninvolvement by the WSO staff or the Trustees or the WSC Administrative Committee requires a few more words.

Frequently calls or letters are addressed to us because someone wants a policeman to come to the rescue. That usually means to force someone to do something or not do something. World services is not a policeman. If world services was the policeman of the Fellowship, that would imply that world services had authority or power that we believe we do not have.

The best world services can offer is the experience, strength and hope that has been collected from the Fellowship and the recovery and

service of those trusted servants available at the WSC, WSO, and the Board of Trustees.

This usually means that our reply to many situations is less than the yes or no answer that many seek. The response is usually to share our recovery, our understanding and experience that may be related to the issue. Most often that is sufficient, but there are many situations where the local problem may require more direct help.

Those members in world services can help by sharing their understanding of the Twelve Steps and Twelve Traditions. They can help by sharing their experience at resolving conflicts. They can help by sharing experience in area, regional and world service. But those in service at the world level are not going to give specific directions, they are not going to dictate and they are not going to give orders.

The responses developed by world services are usually related to and drafted around discussions of the Steps and Traditions, discussions of practicing love and understanding, discussions of prudence and fairness, discussions of unity and how most things affect other N.A. groups or areas, and discussions of group conscience.

There has always been a conflict about how world services responds to these calls for the N.A. policeman. We've learned that N.A. members with a strong commitment to living the steps and achieving a group conscience can resolve almost every conflict they find themselves in. A key element to this concept is that everyone is really working the steps and there is a willingness to have the matter rest in the hand of our Higher Power. Unfortunately, all too often the problem is centered around ego, pride and control. Where these villains permeate an issue the conflict frequently becomes harmful to everyone and is not easily resolved.

The conflicts which involve these three villains are the hardest for world services to handle, except by encouraging that the matter be worked out among the members wherever they

## THE TWELVE TRADITIONS OF N.A.

are located. Love, understanding and lots of patience are usually the only solutions. There are some of these situations where the parties involved simply have to live through and endure the problem until the light of understanding turns on for all concerned.

These are painful growing periods while the villains of ego, pride and control have control of one person or another. There are situations we've found where we would like to simply say, "listen you're not working the steps and after you do things will be alright" Unfortunately this is a little too judgemental and would only make the conflict worse.

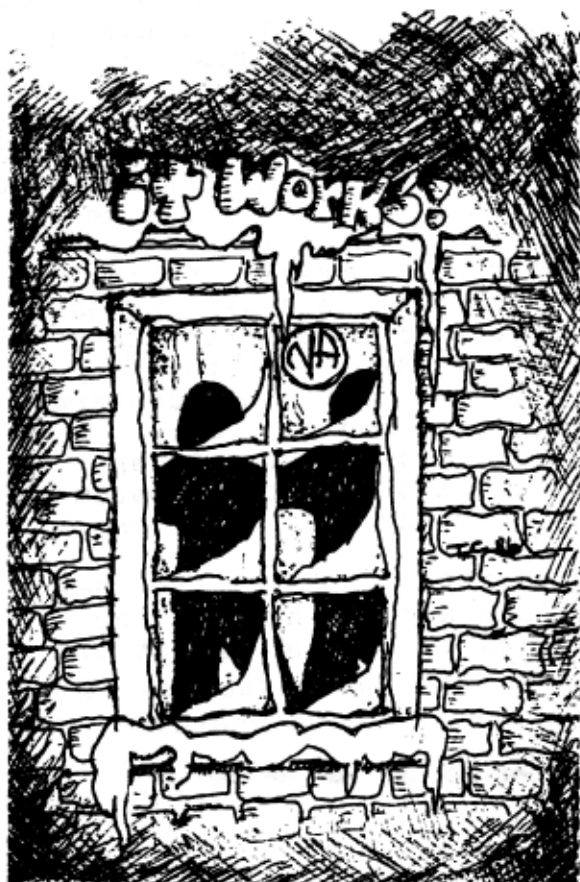
During these past three years I've seen many such problems grow into conflicts and each one takes its share of the energy of the Fellowship. They take the energy of world level trusted servants including myself and our staff. I'd like to suggest that instead of wasting our energy on ego, pride and control, that we direct it instead to working the Twelve Steps, growing in our recovery and carrying the message to still-suffering addicts. After all, isn't that what we're here for?

Taken from the "N.A. Newslines."

We keep what we have only with vigilance and just as freedom for the individual comes from the Twelve Steps so freedom for the groups springs from our traditions.

As long as the ties that bind us together are stronger than those that would tear us apart, all will be well.

1. Our common welfare should come first; personal recovery depends on N.A. unity.
2. For our Group purpose there is but one ultimate authority — a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each Group should be autonomous, except in matters affecting other Groups, or N.A., as a whole.
5. Each Group has but one primary purpose — to carry the message to the addict who still suffers.
6. An N.A. Group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. Group out to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever non-professional, but our Service Centers may employ special workers.
9. N.A., as such ought never be organized; but we create service boards or committees directly responsible to those they serve.
10. N.A. has no opinion on outside issues; hence the N.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.





## From the Editor



### Season's Greetings:

It's been a wonderful holiday season for me. I have enjoyed another clean Christmas, thanks to N.A. Holidays are much different for me now. I'm grateful to be alive, instead of wishing I were dead. I spent Christmas Eve at a small, but intimate N.A. meeting, and then got together with a few close friends. Thanks for being there guys.

It has been a wild couple of months. First, our 3rd Regional Round-Up was a great success. We raised quite a bit of money that was desperately needed for our region.

Our R.S.C. was held Saturday during the round-up. Dennis O. resigned as our R.S.R. My thanks go to Dennis for a great job. Through watching Dennis for the short time I have known him, I have learned a whole lot about service, and how important it is in my recovery. I have learned how to put principles before personalities, which is a must in my recovery. Thanks again Dennis.

Julie P. from Hutchinson moved up and is now our new R.S.R. and Jim M from Salina was elected R.S.R. alternate. Congradulations. I know they will serve our region well.

Not to be left out, Hoisington threw another great Chili Feed. Curtis B. makes great chili. Some people said it was a little hot; but I loved it (although, my stomach wasn't too happy later). We had dinner, an auction, listened to a couple of speakers and then danced the night away. It was a really good time. One thing that really touched my heart was a girl I'd seen at the Chili Feed last year with just a few days clean. She was back again this year. KEEP COMING BACK, IT WORKS, IF YOU LIVE IT.

Thanks to everyone that worked on this newsletter. Julie P. did the news section, Jeanette C. submitted a Christmas cover, which wasn't used since Christmas is over. Special thanks to Amy G.-Clean Perceptions, John H.-What's Happening and Pamela from Haysville-Cover, for getting their sections to me so quickly

All of you readers out there, please send your stories, poems, thoughts, ect. We like printing things from our region, after all, it is your newsletter. Also, if you know anyone out there who hasn't subscribed and would like to, please pass along your subscription form.

Have a clean and happy new year.

In Loving Service,

Marci W.

MY GRATITUDE SPEAKS ....

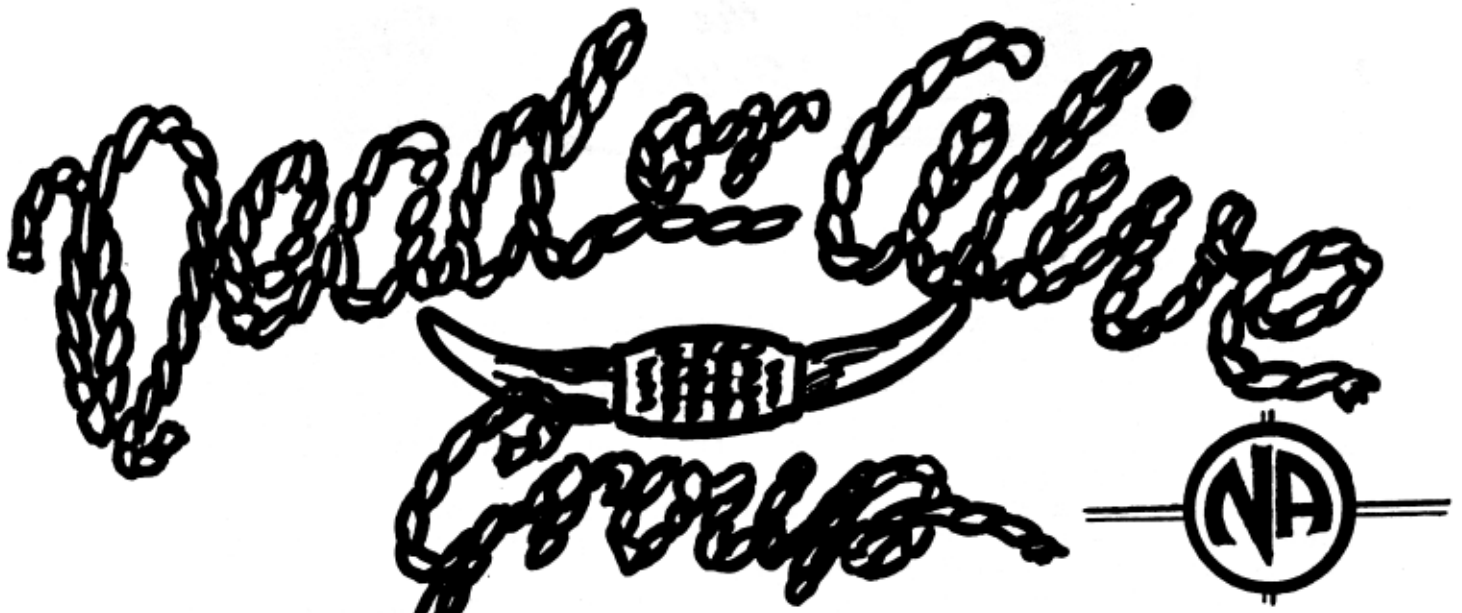
WHEN I CARE

AND WHEN I SHARE

WITH OTHERS

THE N.A. WAY.





~ 3<sup>RD</sup> ANNIVERSARY ~

WHEN: JANUARY 31<sup>ST</sup>, 1987

WHERE: AMERICAN LEGION POST 370  
7500 W. 75<sup>TH</sup> ST. OVERLAND PARK, KS.  
(2 BLOCKS WEST OF METCALF)

6:00 - 7:00 P.M. COFFEE HOUR

7:00 - 8:00 P.M. *all you can eat* SPAGHETTI SUPPER

8:00 - 9:00 P.M. SPEAKER MEETING

9:00 - 12:00 *guest speaker GEORGE S. from Las Vegas* DANCE!

WITH K.L.'S HOTTEST DJ. TODD ROCKS

RESERVED TICKETS 913-262-0026

\$5 DONATION PER PERSON

# Clean PERCEPTIONS

The following is a report by Maynard N. of Topeka about his trip to Canada and the second annual convention, "My Heart Is In N.A."

About eight months ago I saw a flyer for the second annual "My Heart is in N.A." or "Mon Coeur est Dans N.A." I thought it would be a fun trip. I hadn't been to that area of Canada before. Actually I hadn't been East of Chicago. Finding this fact out through introspection caused me to reassess my worldly demeanor. I wasn't quite the jet-setter that I thought. I wanted to experience the love and fellowship of N.A. in a new place. (Besides...London was a bit too far.)

So...I took my show on the road. I decided that due to my humility lesson (see above) I was no longer poised on the brink of greatness, but merely, "moderately spectacular." I grabbed a friend of mine and we boarded a train heading East. Thirty-seven hours on that train ride. Holy cow flop! There were drunks awake until 2:00am. We got to the border and customs asked me if I had ever been arrested?! Uh-oh!...Well...yes...I quickly blurted out about how young I was and that I was drunk at the time--he halted my babbling by asking me if I had any convictions. Saving Grace! God, as I understand Him, had always had the lawyers say to me "plead guilty to a lesser charge and you'll get out." I told the border man-- "No convictions" I embellished my reply with a somewhat dignified and haughty air. He did a double take at this complete reversal of my attitude, from fear to a new found self righteousness, but he went on. I later found out that the scene I had just experienced was repeated at all the border crossings by several hundred recovering addicts. Again God as I understand him showed many of us the path of life that weekend.

After checking into a flea bag hotel (I was right at home) we found our way to the Convention site.

By late afternoon I had met many drug addicts. The most heart-warming were the French-speakers who welcomed me with their limited English. This was very special to me. The fellowship's primary principles and First Tradition were exemplified by our Canadian family. Indeed their openness showed that there are no boundaries or problems when life is lived by spiritual principles.

I realized that I was not "moderately spectacular" at all.

The fellowship is young in Montreal yet time and time again I got feelings of gratitude for my presence at their part of the universe. I know that my experience with Steps Three and Eleven were fundamental in my being in Montreal. They were grateful for me and I was grateful for them. Together, with spiritual principles, we enjoyed each other and our places in creation.

I'm going back, we need each other.

Maynard N.  
Topeka, Ks





## YESTERDAY, TODAY, TOMORROW

Yesterday's dead, tomorrow's unborn  
so there's nothing to fear and  
nothing to mourn.

For all that is past and all that  
has been can never return to be  
lived once again. And what lies  
ahead or the things that will be  
are still in God's hands, so it  
is not up to me.

To live in the future that is God's  
great unknown, for the past and  
the present, God claims as his  
own. So all I need to do is live  
for today and trust God to show  
me the truth and the way.

It's only the memories or the things  
that have been and expecting  
tomorrow to bring troubles again  
which God wants to bless, with  
uncertain fears and borrowed dis-  
tress.

For all I need, is to live for this  
one little minute, for life's  
here and now and eternities in it!!!

Richard,  
Dodge, Ks.

## NO EXCHANGE

I would not trade my lot in life  
for anyone's I know,  
For in my trials, and happiness,  
I've felt my spirit grow.  
I've squelched a fear,  
and laughed some, too,  
And done some things  
that others do.  
For through the years I've had so much  
of human love and human touch.  
I would not trade one day of time  
for all the years of others,  
For even with some heartbreaks  
and the pain that sort of smothers,  
I've glimpsed through clouds  
of darkest hue.

The glorious sight of all things true;  
with a silver lining that heads neon  
Toward's life's sunset,  
with my work well done.  
So I would not trade one day of life  
for all the years there are,  
But keys my chin raised high  
and firm, and my eyes upon a star.

V.M.H.  
Taken from "The Rainbow Connection"  
newsletter, Smyrna, GA.

Deadline for next  
issue is Jan. 23



## A WOMAN'S PLIGHT

I am writing this letter to all the women in our fellowship. When I first came to Narcotics Anonymous not only did I hate myself but I hated women in general. When I was using and on the streets I never had any need for women in my life. I didn't trust them, they couldn't get me drugs, they were of no sexual benefit to me, and I was scared of them. What I'm finding out since I have been clean is that women in our fellowship have to stick together. That is a big change for me.

I came back to N.A. for a third time a couple of years ago and with me came all my street ways. I knew how to be sleazy, I knew how to get attention from men, but what I didn't know was that part of recovery for women is learning how to be a lady and learning how to respect myself in that role. I am learning that I can be happy with myself and not have a man in my life to feel good about who and what I am. God has given me so many opportunities to learn this lesson and I believe that I am beginning to finally understand.

All my life I thought that a man could fix me and you see, if I had a relationship than I was okay. If I loved a man than I was secure, I felt safe and what I'm finding out again is that happiness and that love has to come from within. I looked for love between the sheets, I looked for that love from my father, and I looked for that void to be filled by every man that ever entered my life. That is what I believe is known as infantile expectations. I wanted someone to take care of me and make everything alright. My addiction is simply that. My addiction to the lifestyle, to the drugs, to the men, to the thrills, to the sex, to anything that takes me away from me. I have spent this last year trying not to act out on my defects, trying to become comfortable with myself and trying when I'm in a lot of emotional pain not to have to run to a person to fix me. I still have my jealousies and insecurities when a pretty woman or any woman walks through those doors. Some days it is easier than others. It is those other days that I will attack and feel threatened by the newcomer woman who has just walked

in and needs help. The past few months for me have given me a chance to grow up just a little bit more and to share just a little bit more about myself with the women in this fellowship.

I feel that it is difficult enough for women to stay clean because of the actions we took on the streets to get our drugs. I was a prostitute not for money but for drugs and I've found through this fellowship and through the steps that I don't have to be that way any more. My fears, my jealousies and my resentments don't have to rule my life. They don't have to add bricks to that wall around me. I am proud to be a woman in recovery in Narcotics Anonymous. Today I have many female relationships that have helped me to become the person I always wanted to be. The woman I always wanted to be. God and this fellowship have given me that freedom, that love for life that I had lost so long ago. The only thing I was promised when I walked in, was freedom from active addiction and I have been blessed with so many more gifts, that today I do believe in miracles.

J.S.

Taken from "Together We Can"  
newsletter, Baltimore, Md.



# NEWS!

## Central Kansas Area

Twenty-six attended the area meeting in November in Great Bend. October minutes were approved with the correction of Larned's Friday night meeting listing. The correct address for the meeting is 502 Broadway.

H & I — Pratt is taking meetings to Larned on a bi-monthly basis. KSIR work is ongoing.

Literature — Subcommittee is planning a workshop for Feb. 7 in Pratt. All subcommittees will meet from 1 to 5:30 p.m. Fund-raiser dance to be held afterward. More details later.

Policy — Area decided to begin holding subcommittee meetings at 4:30 p.m. on the second Saturday of every month. January meeting is in Hutchinson, basement of Horizons Mental Health Center, next to the hospital near intersection of K-61 and 17th Avenue.

Activities — A policy workshop is being planned for the spring in Great Bend. Shreveport, La., area service workers will be on hand to explain how they formed policy in their area. Dates and final details are still being worked out. The activities committee is also working on the subcommittee workshop in Pratt. Central Kansas Area's groups have begun an Inter-Group support system using verification cards and incentives. Each group will get a card to take to meetings its members visit. The cards will be signed by someone in that group. At the end of three months, the group with the most signatures on its card will receive a Basic Text, NA posters, or other literature from the ASC.

PI — WSO sent information and ASC has been put on WSO mailing lists for PI. Sample copies of radio and newspaper spots were received.

### Group Reports

Hutchinson Rainbow Group — Attendance varies from 2 to 12. Group donated a T-shirt and sticker to area at the chili feed.

Larned Friday Nite NA — The GSR quit and group has had trouble maintaining officers. Had first step meeting Nov. 7. Group meets at the Chamber of Commerce, 502 Broadway at 8 p.m. Fridays.

Great Bend NA — Meetings are growing weekly. Average attendance has been 12-15 people. Group had 7 newcomers during October and early November. They repaid the \$50 borrowed from the area in June.

Hoisington — Ten to 17 people attend meetings. Chili feed Dec. 6 was a huge success. Heartburn ran rampant among those who dared try Curtis' best. Hoisington hosted ASC and birthday night in December.

Pratt NA — Group is planning a Valentine's dance for Feb. 7 following subcommittee workshops. Group's trip to Larned treatment facility Nov. 1 went well and plans were made for a return to the unit again in January. Halloween dance went great and group is giving Area literature committee \$50. October birthdays: Cami, 30 days; Troy, 30 days; James, 90 days; Bruce S., 60 days; Ruth S., 6 months; Pat M., 4 years. Group donated \$50 to the area.

Hays NA — There are preliminary plans to either move one group to St. John's treatment center or start a new group.

Ark City, First Things First Group — Monday book study meeting dropped for lack of attendance. Wednesday meeting changed to open meeting to accommodate treatment people. Marlin O. is treasurer. Michelle C. is secretary. Ponce City, Okla., group would like to carry the message to Winfield Pre-release Center if area has no objections.

Newton NA — Pat P. celebrated 6 years clean. Maureen W. celebrated 18 months. Turkey feed in November was lots of fun. Group is sponsoring a New Year's Eve dance at the 4-H building. Farm House meetings are set up.

### Fellowship For Freedom Area

H & I — Most meetings going well. Osawatomie State Hospital has a new NA meeting. H & I guidelines were purchased for each meeting.

Activities — Held a highly successful Halloween dance. The place was packed and the costumes were outrageous.

PI — Meeting list accepted. Discussed wording about open and closed meetings. Phone-line guidelines requested for members who man phones.

Literature — Wrote about "Feelings" for the "Just For Today" book. Discussed forming stockpile.

### Group Reports

WFS — Suzanne S. elected new Alt. GSR. Group likes chain chips and wants to use them exclusively. One Basic Text given away. Others available if needed. Meeting is solid.

US — Group going well, mainly treatment center people attend.

ORB — Group breaking traditions. Bills paid up to Stormont Vail. Group conscience supports YCATH & I meeting.

Bitter Ends — Meeting going well with good attendance. Format of meeting changed by group conscience. Meeting starts with NA prayer, reading paragraphs from NA Way, close with Serenity Prayer.

Twilighters — Laura D. is new secretary. Discussed adopting H & I meeting.

Give Us This Day — No outside participation or officers; support needed. Meeting may need to be changed to H & I meeting.

Foundation — Checks written, bills paid. Attendance fairly good.

Ottawa — Ordered PI packet. Anyone wanting to do service work should contact GSR. Group wants to buy bulk literature.

### Western Kansas Area

Three voting members and 13 total participants were at the November ASC.

H & I — Area has given up on taking meetings to Larned because it is not in Western's area. Received a letter from Danny D., a new member of New Directions NA at Winfield Pre-release Center. He asked for literature to help start their group. They also need speakers to come to their group.

Literature — Liberal's new group got literature.

### Group Reports

Dodge City, Against All Odds — Group doing well. Attendance growing, have had as many as 20. Group had an Octoberfest supper to promote fellowship. Everyone brought a German dish. Group took PI meeting to high school class of Jetmore Methodist church.

Liberal, New Hope Group — Three meetings are going OK. PI is awaiting reply from Spearville schools. Third annual New Year's Eve dance is planned. Group donated two Basic Texts, one to S. Jr. High, the other to West Jr. High. Awaiting response from Ulysses High School. Set up in process for Liberal Junior High PI meeting.

Scott City — Friday night meeting has folded. Group wants to get a new one started. Norman W. reported that he took PI literature to the jail and library.

Elkhart — Five to nine members have been attending. Group is having financial difficulties.

### Unity Area

Unity did an excellent job of being host to the State Roundup.

Literature — The literature bought for Awareness Day has helped as a stockpile start-up.

H & I — Area sent two Basic Texts to Junction City Jail. In December, two were to be sent to Salina Jail.

### Group Reports

Tuesday Night Unity, Salina — Thirty to 35 attend regularly. Dance was a success.

Butterfly Group, Salina — New group is a women's meeting. December meetings are at 415 Montrose at 8 p.m. on Mondays.

Nameless Group, Manhattan — Mike T. reported a slow rise in members from three to 10. Donated \$50 to area.

Phoenix Group, Salina — Brian M. reported the group is holding steady at 25 to 30. Donated \$10 to area. Elected Lori H. as alternate GSR.

Omega Group — Keith B. reported that the group is steady. Twenty to 30 attend. Speakers' meeting is the first Sunday of the month.

Crossroads — Nine to 12 people attend.



## What's Happening?

December 31, Wednesday, Newton New Years Eve dance, sponsored by the Newton group. It's at the 4-H building by 1st street. Just before the dance will be a meeting at 8:00 P.M. Coffee and tea will be furnished, bring your own munchies. Admission 3.00 for singles and \$5.00 per couple. Treatment people half price. Happy New Year.

January 31, Saturday, Third Anniversary, sponsored by the Dead or alive group. To be held at the American Legion Post # 370, at 7500 west 75th Street. Overland Park Ks. Two blocks west of Metcalf. 6:00-7:00 P.M. Coffee hour, & 7:00-8:00 P.M. Spaghetti supper. 8:00-9:00 P.M. Speaker meeting, with guest speaker George S. from Las Vegas. 9:00-12:00 P.M. Dance with K. C.'s hottest D.J. Todd Rocks. Reserved tickets call (913)262-0026



Nebraska: Dec. 31; 3rd Annual New Years Eve Party; DACA Bingo Hall, 1/2 block south of 40th & Dodge, Omaha, NE; AL (402)345-2012

Connecticut: Jan 2-4 1987; 2nd Ct.RCMA; Box 124, Clinton, CT 06413; Trumbull Marriott, Trumbull, Ct; Brian S. (203)669-3083

North Carolina: Jan 1-4 1987; Asheville's 2nd Area Conv; Mike R., 32 Starmount, Asheville, NC 28806; (704)252-8812

Hawaii: Jan 9-11, 1987; 3rd Annual Gathering of the Fellowship; P.O. Box 23426, Honolulu, HI, 96813; Claudia (808)235-0819; Mark 373-9774

June 5,6,7 1987 2nd Annual Show-Me Regional Convention. The convention will be at the Ramada Hotel, Springfield, Missouri 2431 N. Glenstone. Events include talent show, auction, raffle, workshops, meetings, and of course a dance! For more information, call 1-800-781-0500.

CONTRIBUTION GUIDELINES

All contributions should pertain to recovery.



What we print:

- 1) N.A. related material -- group, area, regional and world activities.
- 2) Poems or essays by N.A. members.
- 3) Perceptions on the Steps and Traditions.
- 4) Topic discussions.
- 5) Cartoons, drawings and jokes.
- 6) Group reports.

What we don't print:

- 1) Extreme vulgarity.
- 2) Non-N.A. program material.
- 3) Reference to outside enterprises.
- 4) Material that violates 12 Traditions of N.A.

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I, \_\_\_\_\_, give the Mid-America Regional Newsletter permission to print any input accompanying this form. I also agree to allow editing of input that does not change the content.

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NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

RENEWAL \_\_\_\_\_ NEW SUBSCRIBER \_\_\_\_\_

Send \$6 check or money order made out to Mid-America Region to: Mid-America Newsletter, P.O. Box 1574, Salina, Kansas.

Please make copies of this form and take to meetings, special events, etc. and give everyone a chance to attend Mid-America's meeting through the mail.

# INFORMATION SHEET

NAME AND ADDRESS OF GROUP \_\_\_\_\_

BIRTHDAYS \_\_\_\_\_

STATUS OF GROUP (any particular problem, need, success, new meeting, etc.) \_\_\_\_\_

ANY SPECIAL EVENTS (include time, place, cost, other information and phone numbers) \_\_\_\_\_

PLEASE SEND TO MID-AMERICA NEWSLETTER, P.O. BOX 1574  
SALINA, KANSAS

