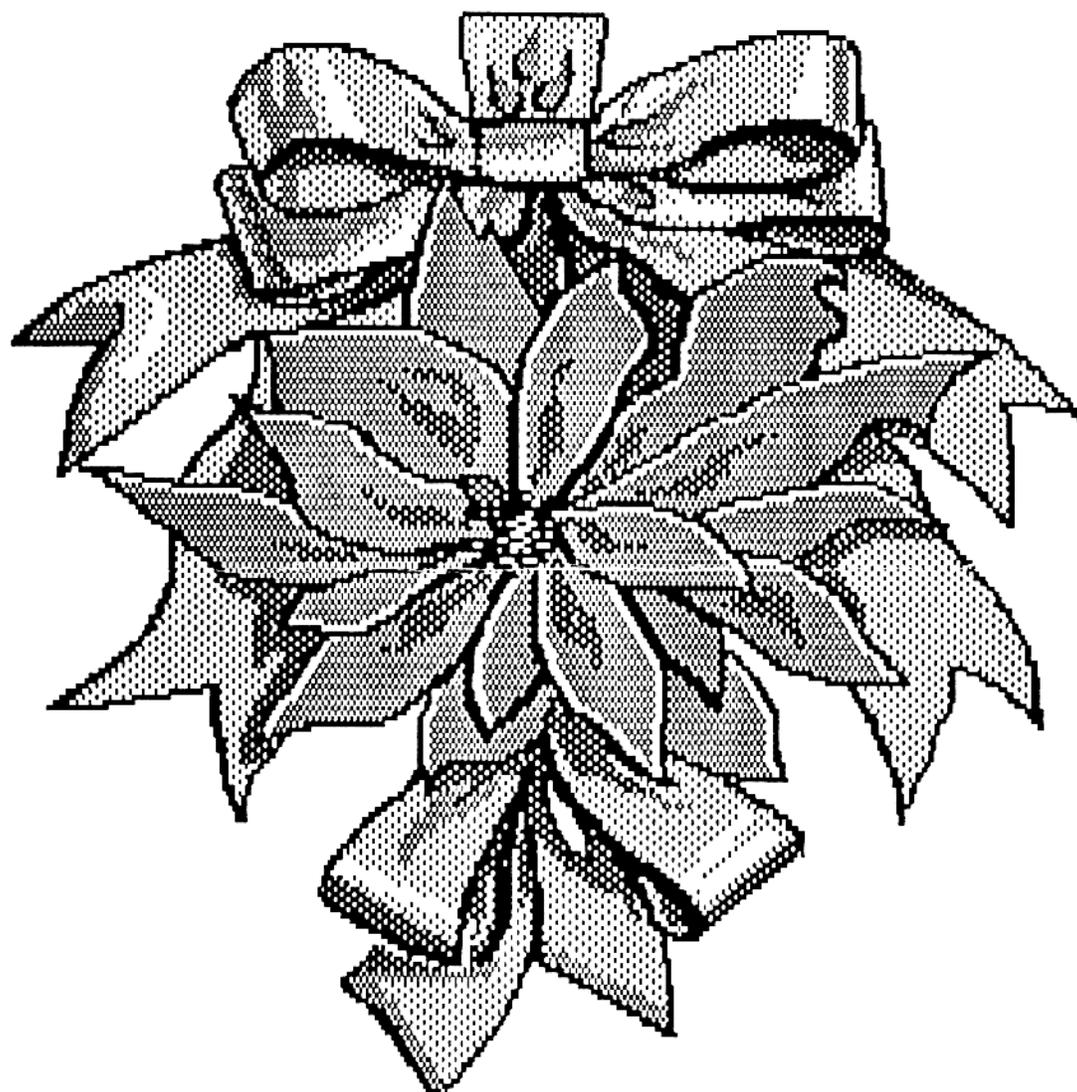


**MID-AMERICA
NEWSLETTER**



**DECEMBER 1991
ISSUE #6**

THE N.A. Way[®]

M A G A Z I N E

MID-AMERICA NEWSLETTER
SUBSCRIPTION FORM

Subscription:

_____ one year US \$15, Canadian \$15 _____ not enclosed. Bill me.
 _____ two year US \$28, Canadian \$28 _____ check or money order enclosed
 _____ three year US \$39, Canadian \$39 _____ or credit card order.

Payment is:

Allow four to six weeks for your first issue to arrive.

Send to (type or print clearly):

Name _____
 Address _____
 City _____ State/province _____ Zip _____

VISA MASTERCARD

Exp. Date																			
-----------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Signature _____ Phone _____

We won't give you a clock radio, or a cheap phone, home stereo, video tape, or swim-suit issue.....

JUST:
 Twelve months (6 issues) of events, happenings, doings, campouts, chili-feeds, meetings in print, birthday nights, recovery stories, and other recovery "stuff" from your N.A. Region, by your Region and for your Region (which - by the way - is the MID-AMERICA REGION).
IT'S ENOUGH !!!!

For only (8) eight bucks, you too can be totally hip to what's up and on in the Region. So.....

JUST DO IT!!!!

 Yes, I would like to be hip and knowledgeable of n.a. events and "stuff". I have enclosed (8) eight dollars.

NAME _____
 ADDRESS _____
 CITY _____
 STATE/ZIP _____

NEW SUBSCRIPTION _____ RENEWAL _____

MAIL TO:
 MID-AMERICA NEWSLETTER
 SUBSCRIPTIONS DEPT.
 P.O. BOX 1560
 LAWRENCE, KS 66044-1560

COPYRIGHT RELEASE FORM

I, _____, give the Mid-America Regional Newsletter permission to print any input accompanying this form. I also agree to allow editing of input that does not change the content. Date: _____



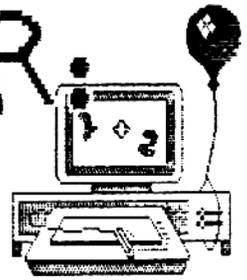
NO POSTAGE
 NECESSARY IF
 MAILED IN THE
 UNITED STATES

BUSINESS REPLY MAIL
 FIRST-CLASS MAIL PERMIT NO. 2386 VAN NUYS, CA

POSTAGE WILL BE PAID BY ADDRESSEE

World Service Office, Inc.
 P.O. Box 9999
 Van Nuys, CA 91499-4159

FROM THE EDITOR.



Howdy Folks!!!!

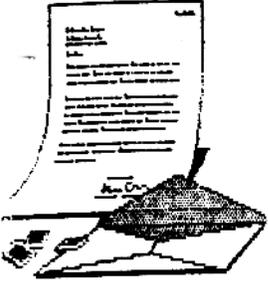
It's me again, your Newsletter Editor, here to wish you and yours a WONDERFUL, CLEAN holiday season. As promised, this is the sixth issue of 1991. Also as promised, we didn't use material from other newsletters or publications! Thanks to your submissions and contributions, we were able to put out six issues of original stuff from people in our Region. Last month we signed up 14 new subscriptions for a total of 33. If you are stuck for a gift Idea for that certain addict, how about a subscription! This month I won't bore you with a lengthy tirade about program issues or problems, lack of contributions of material to the Newsletter, or anything like that. I want to take the time to thank all of our readers for putting up with me for the last six issues. It has been an enjoyable project for me. I hope that I can do it for 1992. I'd also like to ask each one of us to help the newcomer this holiday season. My first holiday clean was a shaky time and I'm glad that there were program people there for me. I'd like to thank Nick for his contribution this month. Keep 'em coming. We plan to go to press for the first issue of 1992 on January 20th. If your group or area has an event that it would like to have announced in the M.A.N., just send us a flyer or call before Jan 20, 1992. If you would like to help put together the next issue, give me a call at 913-865-5512 and leave a voice activated message on my machine. Our address for the Newsletter is:

Mid-America Newsletter
P.O. Box 1560
Lawrence, Ks 66044
(913) 865-5512

Here's looking forward to another year Clean and another year for the M.A.N. !! Thanks again to everyone for all their help in 1991!!

In Service,

Nate F.



LETTERS



1) NEWSLETTER FROM; NICHOLAS. M

Today I consider myself an oldtimer ,but these promises are still coming true in my life. they brought a smile to my face and warmed my heart, they made me take a look at what I call my recovery today.I hope that these promises do the same for others.

The poem is about the horrors of addiction to herion.I hesitated before I sent it in to the newsletter mainly because Ive never shot herion.Like other people I to have yets.Im very grateful today for our first step because we all are addicts and all powerless over our addiction.

Thank God for N.A. Today I can learn from others it took a long time for me to be able to listen to direction in this program.I did everything that you people told me not to at first when it became to painful I listened and learned from others. This was very tuff for me.Most of the tools I have today were given to me by recovering addicts with many years recovery behind them. I dont mean to discount the value of treatment dont get me wrong. For most that is what it takes, for me its hard to empathize with someone who hasnt been there.

I still have to return to the basics on a regular basis, the theraputic value of one addict helping another is one of my most treasured tools.

These sayings still ring true. LOVE NOT LUST. HUGS NOT DRUGS.USE THE PHONE. CARRY THE MESSAGE NOT THE MESS. N.A. CAN SURVIVE WITHOUT ME BUT I CANT SURVIVE WITHOUT N.A. JUST FOR TODAY YOU NEVER HAVE TO USE AGAIN.THAT NO ADDICT SEEKING RECOVERY NEED EVER DIE FROM THE HORRORS OF ADDICTION WORK THE STEPS OR DIE.

I hope that what I have shared helps someone. I know it has helped me stay clean long enough to type all this.

IN CARING SERVICE

Nicholas M

With This Needle, I Thee Wedd

So now little man, you're tired of grass
LSD, acid, cocaine, and hash
When someone pretending to be a true friend
Said, I'll introduce you to Miss Heroin.

Well, honey, before you start fooling with me
Let me inform you of just how it'll be.
For I will seduce you and make you my slave.
I've sent stronger men than you straight to their graves. -

You'll think you could never be such a disgrace
Then you'll end up addicted to poppy seed waste.
You'll start by inhaling me, one afternoon
Then you'll take me into your arms very soon.

And once I have entered deep down in your vein
The craving will really drive you insane.
You'll need lots of money (Have you already been told?)
For darling, I am much more expensive than gold.

You'll swindle your mother for less than a buck,
You'll end up an animal, vile and corrupt,
You'll mug and you'll steal for a narcotic charm,
And only feel content when I'm deep in your arm.

One day you'll realize the monster you've grown
Then solemnly promise to leave me alone.
If you think that you'll have the mystical knack
Just come on and try getting me off your back.

The vomit, the cramps, your guts in a knot
The jangling nerves screaming for just one more shot,
The hot chills, the cold sweat, the withdrawal pains
Can only be eased by my little white grains.

There is no other way, no need to look
For deep down inside you'll know that you're hooked.
You'll desperately run to the pusher and then
You'll welcome me back to your vein once again.

And when you return, as I have foretold,
You'll ultimately give me your body and soul.
You'll give up your morals, your conscience, your heart,
And then you'll be mine, 'til death do us part.



MARCNA IX

Part Of The Solution

April 24, 25 & 26, 1992

Topeka, Kansas

Room Reservations

Ramada Inn & Tower
 420 East Sixth Street
 Topeka, KS 66601
 (913) 233-8981



Flat Rates

\$42.00
 \$52.00
 \$62.00

Rejuvenate with Mid America Hospitality after WSC "92"

INFORMATION

Write or Call

MARCNA IX
 P.O. Box 1701
 Emporia, KS 66801

- RECOVERY
- SPEAKER MEETINGS
- FELLOWSHIP

- WORKSHOPS
- DANCES
- RAFFLES

Laurie K. — (316) 342-2256 Registration
 Glenn S. — (913) 484-2894 Hotels and Hospitality
 Jeff L. — (913) 843-3817 Registration
 Shawn C. — (316) 792-2097 Programming

★ TRANSPORTATION WILL BE AVAILABLE FROM WSC TO CONVENTION AND BACK TO KCI.

HOISINGTON NA PRESENTS:

NEW YEARS EVE !!!

**WHERE: 5TH & WALNUT, HOISINGTON
(IN BASEMENT OF SCHOOL)**

TIME: 6:30 P.M.

WHAT: H&I, PI FUND RAISER

**FINGER FOOD, FUN & GAMES,
FELLOWSHIP, AND**

IT'S A DANCE!!!!



CONTACT: PENNY D. 316-792-6109

DALE H. 316-653-4326

*PRESENTARES:

Paola "BY-CHOICE" &

O sawatomie "HUGS-NOT-DRUGS"

(Just For Today Area's "SECRET" meeting...)

DANCE

(SATURDAY)

18 JAN 92

\$FINANCIAL \$
*AID REQUESTS

SOLOS: \$3
DUOS: \$5

BT * JAMMIN JIM

*TWO (2) *GUEST *SPEAKERS*

FELLOWSHIP

\$RAFFLE

FOR *YOU*
to be there!!

this space

RESERVED

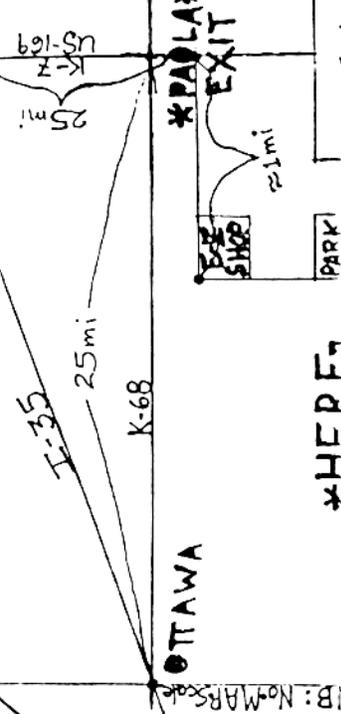
just *for* fun!!

*DANCE @ 8:30PM

DOORS *OPEN* 6PM

SPEAKERS *MTG* 7PM

PAOLA'S PARTY



THE TWELVE PROMISES FOR BEGINNERS

- 1 YOU WILL KNOW YOUR FULL NAME AND ADDRESS.
- 2 YOU WILL BE ABLE TO SHAVE YOURSELF.
- 3 YOU WILL BE ABLE TO DRESS & UNDRESS YOURSELF.
- 4 YOU WILL KNOW THE TOWN, STATE, & COUNTRY UR IN.
- 5 YOU WILL BE ABLE TO FIND SOCKS THAT MATCH.
- 6 YOU WILL BE ABLE TO SMOKE WITHOUT BURNING YOURSELF, YOUR CLOTHES OR THE FURNITURE.
- 7 YOU WILL LOSE THE FEAR OF FOOD.
- 8 YOU WILL SPEND LESS TIME IN THE BATHROOM.
- 9 YOU WILL BE ABLE TO WALK A STRAIGHT LINE AND PASS THE BALOON TEST.
- 10 YOU WILL LOSE THE FEAR OF POLICE CARS.
- 11 YOU WILL BE ABLE TO ANSWER THE DOOR WITHOUT LOOKING THROUGH THE LITTLE HOLE.
- 12 YOU WILL REALIZE WHAT A HELL OF A MESS YOU HAVE BEEN, AND WILL THANK GOD FOR NA .



NARCOTICS ANONYMOUS MEETINGS IN LAWRENCE, KS

November, 1991

Monday	8:00PM	Step by Step 916 E. 13th	Closed Step Study
Tuesday	8:00PM	New Way 1st Step House 345 Florida	Closed
Wednesday	8:00PM	Larrytown Trinity Episcopal Church 1011 Vermont	Open
Thursday	8:00PM	New Way 1st Step House 345 Florida	Open
Friday	8:00PM	Larrytown West Side Presbyterian Church 1024 Kasold	Closed
Saturday	10:00PM	New Way 1st Step House 345 Florida	Open Candlelight
Sunday	7:00PM	Lotta Soul 9th Street Baptist Church 847 Ohio	Open/Topic Discussion Open/speaker (Last Sunday of the month)

Closed meetings are for addicts or those who think they might have a drug problem.

Open meetings welcome anyone wishing to experience our fellowship.



RING IN THE NEW YEAR

Region-at-A-Glance

- Dec 31, 1991 — Hoisington New Years Dance!
" " " — (see flyer)
" " " — McPherson Dance
" " " — Newton's 13th Anniversary Celebration
(1st + Muse streets)

(Area Sect's, send me your minutes!)



- Jan 18, 1992 — Paola & Osawatomie Dance!
(See flyer)
Jan 19, 1992 — MARCNA IX Committee meeting
1:00 PM 1107B Commercial
Emporia, Ks 66801

* Take a peak at the Regional 1992 Calendar!
It's for sale for \$4.00 at your Nearest MARCNA
IX fundraiser!