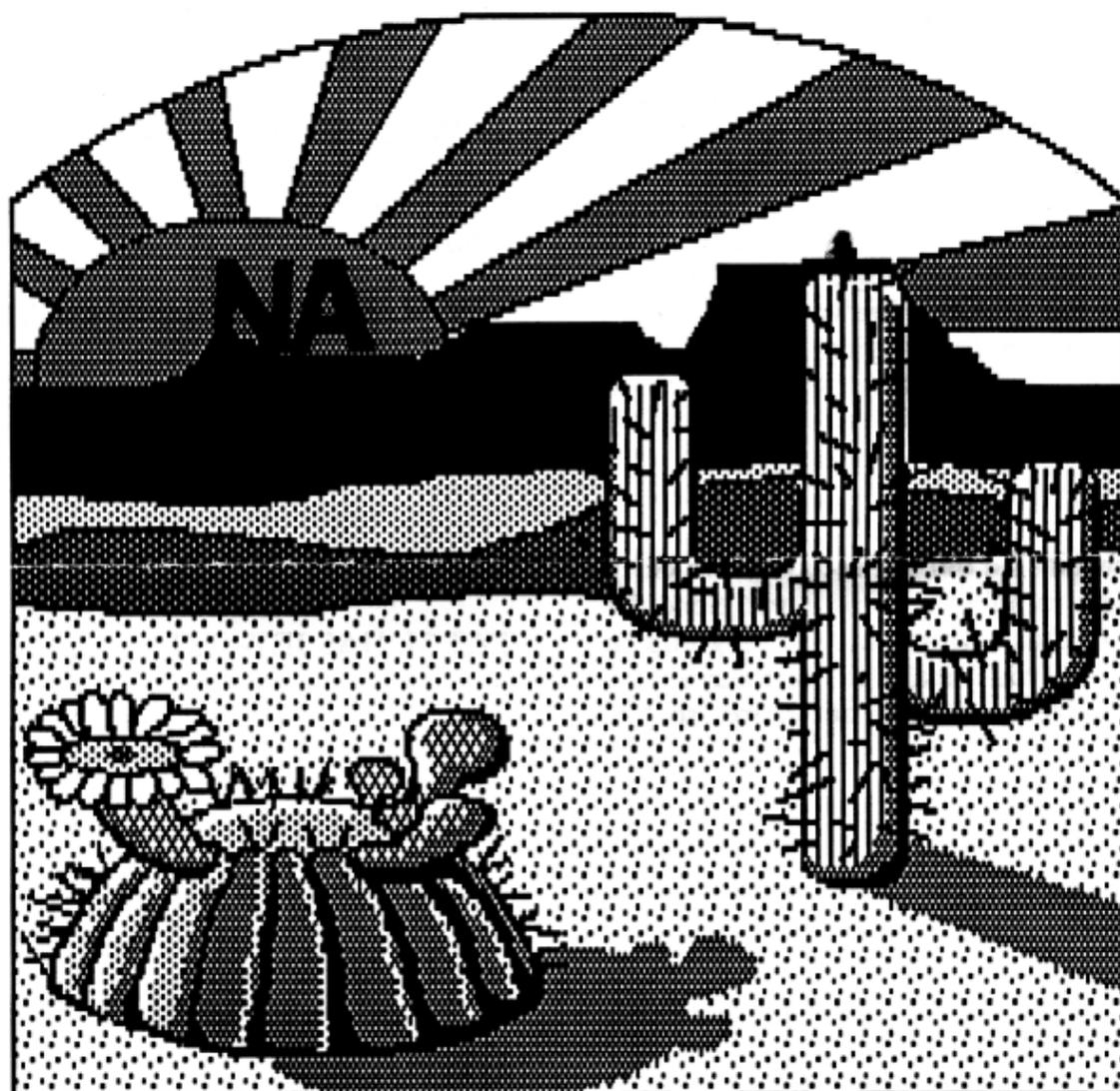


Mid-America Newsletter



Issue # 2
April-May 1992



Hi all,
My name is Nate, and I'm an Addict. I can't believe that summer is already here, but look at all the events that are coming up in the Region! Campouts and dances and all kinds of groovy stuff. Where did the winter go? We've had lots of great submissions in the last two months and I'm proud of this issue. Keep those letters and flyers and contributions coming our way. We still need to hear from some of the Area Secretaries in the Region. If you send your minutes from your area's business meetings, the events will make it into the M.A.N.. We've now got about 50 subscriptions in the Region and I've been getting positive feedback about what we've been doing so far. Tell other addicts about us and we will grow. If you sponsor another addict, give him/her the gift of the M.A.N. so that they can get involved in the events of NA. I was a little disappointed that we did not receive more clean time birthdays to publish in this issue. Send the clean time birthdays from your home group to the M.A.N. and you'll make the birthday list. I know that we're recovering out there, so lets celebrate!

BIRTHDAYS

NATE F.	10 YEARS	LOTTA SOUL LAWRENCE, KS
WAYNETTE R.	5 YEARS	GREAT BEND, KS
PENNY D.	4 YEARS	HOISINGTON, KS
CHAD A.	1 YEAR	ELLINWOOD, KS
ROSS M.	1 YEAR	HOISINGTON, KS

CONGRATULATIONS!
KEEP COMING BACK! WE'LL HAVE MORE
BIRTHDAYS!

RUMORS

THE GREAT BEND GROUP HAS
MOVED TO A NEW LOCATION.

LARNED NEEDS SUPPORT

CONVENTION ROMANCES DON'T
LAST

THE MARCNA X WILL BE CATERED
BY COLONEL SANDERS

THERE ARE MEETINGS IN BASHOR,
KANSAS

MARCNA X WILL BE IN
McPHERSON, KANSAS IN 1993

PAT M. HAS JET-LAG

CLINT B. IS BACK, (who's Clint B.?)

GLEN S. WILL KISS ANOTHER PIG
THIS YEAR

Issue # 3 will go to press on June 9th, so start sending those flyers, birthdays, letters, subscriptions, etc....

Get out and see what's happening in the Mid-America Region this summer! Get involved in Recovery out of doors and under the stars.

See ya there! Here's a Hug.

In Service,

Nate

Nate F.
Editor



LETTERS



Hi Nate,

Just thought I'd share some experience with you. Maybe you can pass it on.

In the Temporary Working Guide to our service structure, page 24, under Significant WSC Actions and Amendments, it says that the name "Narcotics Anonymous" cannot be used on flyers for events. Maybe next years convention committee could see that it doesn't happen. Sign me up for the newsletter.

Your Brother in Recovery,

Tom M.

P.S. The page number might be different because my T.W.G.S.S. is old.

Thanks for bringing this to our attention. We'll try to get it right next year.

Dear M.A.N.,

The article in the last issue really hit home. "The language of NA. Keeping it Clean, not Sober, was great! It prompted discussion in our group about how we identify ourselves in meetings and talk about our recovery. It comes down to each individual to carry a clear NA recovery message to the addict who still suffers. To stray from the language that is used in the Basic Text and the I.P. literature only tends to confuse and dilute the message. Lets see more articles like that one!

Keep up the good work,
Jeff F.

Thanks for the comment and the support Jeff. We'll try to get Marko to write some more.

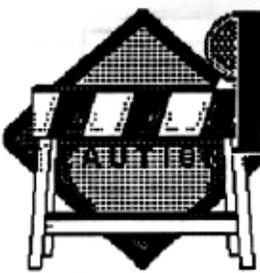
If you have comments or questions send them to: Mid-America Newsletter

Editor

P.O. Box 1560

Lawrence, KS 66044

or leave a message after the tone at (913) 865-5512.



Disappointment



Recovery is the joyous expression of life, on life's terms. The ability to manage, cope, or turn over problems today, is the direct result of the experience, strength and hope of the Narcotics Anonymous literature, members and program. This ability was lost in the active phase of my addiction. I needed chemicals to deal with the imperfect world outside of and within myself. They drowned out feelings of inadequacy, loneliness, fear and self-loathing. Little would phase me in my active using career, as long as I had the proper chemical to medicate my emotional, physical and spiritual state. Today is different.

Today I feel. I am. I do. I feel the joys of life and living and being a part of the whole. I also can experience the pain of emotional growth, disappointment, anger etc. without having to rely on chemicals.

I received a letter in the mail today. It was disappointing news. As I slowly, but surely lifted the lid and sat upon my gilded throne (pity-pot), I was reminded of an old friend of mine named Herb M.....

Herb and I had met ten years ago in a 1/2 way house for men in recovery. I was thirty six days new to the program, bewildered, confused and somewhat lost. Herb took me under his wing and showed me the ropes and the walk of recovery. We spent many hours in deep conversation and discussion and I became very fond of him. Looking back, I can say that Herb was my first N.A. sponsor. Soon after we had met, Herb graduated from the house and moved away to Arizona. We kept in touch by phone as best we could for a few months, but lost track of each other after a while as people separated by distance can. About a year or so later I decided to try to locate him. He had moved several times since his last known address. After numerous phone calls to friends and family, I located him in New Mexico. We were excited to share details of the past year or so with each other, so I asked him what he was up to. He replied that he had gotten married, (I congratulated him) divorced, started a new career (again, congrats) failed at it, owed back taxes and that his new girlfriend was pregnant (congrats?) but she had left him. "Oh my God!" I said, "That's terrible". (I was afraid to ask if he had stayed clean through all this) "Not at all" said Herb. "On the contrary, things are GREAT!" "What do you mean", I said (now totally confused). "What I mean is that things are great because I am still Clean and I am actually experiencing and feeling what's happening in my life - rather than being a numbed out observer to what's going on". (Silence on my end) "Sure, some of the feelings hurt", he went on to explain, "but I've been able to learn and grow from each experience". We talked for about an hour and when I hung up the receiver, I realized that Herb had taught me something about recovery again. I realized that you must know the Yin and the Yang (positive and negative) of life to really experience it on it's terms. If excitement

is the Yin, then disappointment is the Yang. The key for serenity is in living the whole experience, rather than just the positive side. If I was to expect to really feel my emotions, I would have to take the painful ones with the pleasurable ones.

As I close the lid on my pity-pot onemore time, I'm thinking of you Herb, and wondering where and how you are. I'm doing great! I just celebrated 10 years clean and I got a letter in the mail today....

Nate F.

MID-AMERICA REGION WESTERN AREA MEETING DIRECTORY SPRING 1992

DODGE CITY Hotline: 227-2211
Against All Odds Group
Contact: 316/225-1261
501½ W. Beeson Road
(church behind nursing home)
Tues. 7pm-Closed bookstudy
Thurs. 9:30pm-Closed candlelite
Sat. 7pm-Open discussion

Eleventh Step Group
Contact: 316/225-3072
2009 Thompson Ave.
Sun. 7:30 Open

Gratitude Group
Contact: 316/225-6505
Ave. P and Roosevelt St.
Mon. & Fri. 7:30pm Open

HUGOTON
Contact: 316/544-4211
Recreation Building-east door
Tues. & Fri. 8 pm

GARDEN CITY-New Way Group
Contact: 316/276-7429
2008 N. 11th
Mon. Wed. Fri. 7 pm.

GUYMON, OK.-Last Chance Group
Contact: 405/338-6628
Club 2,304 SW 2nd (Hwy 54 W)
Tues. 7 pm-Bookstudy
Fri. 8 pm-Candlelite

LIBERAL
Contact: 316/626-8200
6th & Shearman-St. Andrews Ch
Tues. & Fri. 8 pm

SYRACUSE-Desperados Group
Contact: 316/386-5717
Donahue Bldg. NE door, 3rd. f.
(3 blks. N. of Love's)
Wed. 8 pm-Closed candlelite
(1st & last Wed.-Open)

ULYSSES-Genesis Group
Contact: 316/356-3764
Blue Flame Rm.
Greeley Nat'l Gas, Main St.
Mon. & Wed. 8pm Closed
Sat. 8pm Open

 * REGION AT A GLANCE..... *

May 1992

- 9 Saturday
 CLEAN AND SERENE PROM NIGHT '92
 CENTRAL KANSAS AREA BUSINESS
 MEETING
- 10 Sunday
 JFTA BUSINESS MEETING - OTTAWA, KS
 (CAMPUS)
- 16 Saturday
 SCHWING INTO SPRING DANCE-McPHERS-
 ON
 MID-AMERICA REGIONAL BUSINESS
 MEETING
- 17 Sunday
 MID-AMERICA REGIONAL BUSINESS
 MEETING
- 22 Friday
 FELLOWSHIP FOR FREEDOM CAMPOUT '92
- 23 Saturday
 FELLOWSHIP FOR FREEDOM CAMPOUT '92
- 24 Sunday
 FELLOWSHIP FOR FREEDOM CAMPOUT '92
- 31 Sunday
 7:00pm LOTTA SOUL SPEAKER MTG.
 9TH & OHIO, LAWRENCE, KS

June 1992

- 12 Friday
 PIONEER GROUP 5TH ANNUAL CAMPOUT
 CLEAN AND SERENE'S 6TH ANNUAL
 CAMPOUT-FREE
 PIONEER GROUP 5TH ANNIVERSARY
 CAMPOUT-EMPORIA
- 13 Saturday
 PIONEER GROUP 5TH ANNUAL CAMPOUT
 CLEAN AND SERENE'S 6TH ANNUAL
 CAMPOUT-FREE
 PIONEER GROUP 5TH ANNIVERSARY
 CAMPOUT-EMPORIA
- 14 Sunday
 JFTA BUSINESS MEETING - OTTAWA, KS
 (CAMPUS)
 PIONEER GROUP 5TH ANNUAL CAMPOUT
 CLEAN AND SERENE'S 6TH ANNUAL
 CAMPOUT-FREE
 PIONEER GROUP 5TH ANNIVERSARY
 CAMPOUT-EMPORIA
- 28 Sunday
 7:00pm LOTTA SOUL SPEAKER MTG.
 9TH & OHIO, LAWRENCE, KS

July 1992

- 2 Thursday
 MID-AMERICA REGIONAL CAMPOUT-
 MILFORD LAKE
- 3 Friday
 MID-AMERICA REGIONAL CAMPOUT-
 MILFORD LAKE
- 4 Saturday
 MID-AMERICA REGIONAL CAMPOUT-
 MILFORD LAKE
- 5 Sunday
 MID-AMERICA REGIONAL CAMPOUT-
 MILFORD LAKE
- 12 Sunday
 JFTA BUSINESS MEETING - OTTAWA, KS
 (CAMPUS)
- 17 Friday
 HOISINGTON 9TH ANNUAL CAMPOUT -
 LUCAS PARK GROUP
- 18 Saturday
 HOISINGTON 9TH ANNUAL CAMPOUT -
 LUCAS PARK GROUP
- 19 Sunday
 HOISINGTON 9TH ANNUAL CAMPOUT -
 LUCAS PARK GROUP
- 26 Sunday
 7:00pm LOTTA SOUL SPEAKER MTG.
 9TH & OHIO, LAWRENCE, KS

- 31 Friday
 NEW LIFE LOADIES 3RD ANNUAL CAMPO-
 UT-WILSON LAKE

August 1992

- 1 Saturday
 NEW LIFE LOADIES 3RD ANNUAL CAMPO-
 UT-WILSON LAKE
- 2 Sunday
 NEW LIFE LOADIES 3RD ANNUAL CAMPO-
 UT-WILSON LAKE
- 7 Friday
 JUST FOR TODAY 5TH ANNUAL FREE
 CAMPOUT-MILFORD LK

GET INVOLVED!!!!!!



CLEAN AND SERENE ANNOUNCES

PROM NIGHT '92

AT RANGHART AUDITORIUM

MAY 9TH 7:00-12:30 COFFEE AND DANCE

**FORMAL ATTIRE
OPTIONAL**

**PICTURES
AVAILABLE
\$2.00**

**KING AND QUEEN
CORONATION**

CASH RAFFLE

**\$4.00 PER PERSON
NO ADDICT TURNED AWAY**

**CONTACT: DAWN (913) 764-1564
OR TRACEY (913) 829-2023**

A rectangular area with a wood-grain border. On the left side, there is a black silhouette of a forest with various trees. The text is centered in the right portion of the area.

**CLEAN AND SERENE'S
6TH ANNUAL
SUMMER SERENITY
FREE CAMPOUT
JUNE 12, 13, 14**

**CEDAR PARK CAMPGROUND
POMONA LAKE, KANSAS**

**VOLLEYBALL
HORSESHOES
SPEAKER MEETINGS**

**CAMP FIRE MEETINGS
SATURDAY MEAL PROVIDED
LOTS OF FUN AND FELLOWSHIP**

**CONTACT: DAWN (913) 764-1564
OR TRACEY (913) 829-2023
*** MAP ON BACK *****



DANCE DANCE

SCHWING INTO SPRING

WHEN: SATURDAY MAY 16, 1992
 WHERE: MC PHERSON 4-H BUILDING
 710 W. WOODSIDE, MC PHERSON, KS
 DJ: LARRY & THE HOMETOWN BOYS
 TOPEKA, KS
 VARIETY ROCK 'N ROLL AND COUNTRY
 TIME: 8:00 P.M. TO MIDNIGHT
 PRICE: \$2.50 PER PERSON (NO ADDICT WILL BE TURNED AWAY DUE
 TO LACK OF FUNDS)

NOTE: COFFEE AND TEA PROVIDED. THERE WILL BE AN AUCTION--
 IF YOU BRING AN AUCTION ITEM YOU CAN GET INTO DANCE
 FOR \$1.00.

Sponsored by M.A.R.S.C. N.A.

FUN & FELLOWSHIP IN N.A.

SEE FRIENDS

FELLOWSHIP

FREEEDOM



MAY 22 23 24

OVER

OVER



MID-AMERICA NEWSLETTER

SUBSCRIPTION FORM

We won't give you a clock radio, or a cheap phone, home stereo, video tape, or swim-suit issue.....

JUST:

Twelve months (6 issues) of events, happenings, doings, campouts, chili-feeds, meetings in print, birthday nights, recovery stories, and other recovery "stuff" from your M.A. Region, by your Region and for your Region (which - by the way - is the MID-AMERICA REGION).

IT'S ENOUGH !!!!

For only (6) eight bucks, you too can be totally hip to what's up and on in the Region. So.....

JUST DO IT!!!!

yes, i would like to be hip and knowledgeable of n.a. events and "stuff". i have enclosed (6) eight dollars.

NAME _____

ADDRESS _____

CITY _____

STATE/ZIP _____

NEW SUBSCRIPTION _____ RENEWAL _____

MAIL TO:

MID-AMERICANNEWSLETTER
SUBSCRIPTIONS DEPT.
P.O. BOX 1560
LAWRENCE, KS 66044-1560
913-865-5512

THE N.A. Way[®]
M A G A Z I N E

Subscription:

- _____ one year US \$15, Canadian \$15 not enclosed. Bill me.
- _____ two year US \$28, Canadian \$28 check or money order enclosed
- _____ three year US \$39, Canadian \$39 or credit card order.

Payment is:

Send to (type or print clearly):

Allow four to six weeks for your first issue to arrive.

Name _____ Phone _____

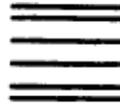
Address _____

City _____ State/province _____ Zip _____

VISA MASTERCARD

Exp. Date _____

Signature _____



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Swimming

Fishing

Boats

Area Booths & Volleyball Games

THE LONGEST RUNNING CONTINUOUSLY FREE CAMPOUT IN THE WORLD



Milford Lake
Thunderbird Marina

July 2, 3, 4 & 5th, 1992

Lantern Meetings Fellowship

NOT RECOVERING YOUR RECOVERY

THURSDAY

4:00 p.m. Gate Opens
NO FIREWORKS

SATURDAY

8:00 a.m. Mountain Bike Race
(helmets Required)
9:00 a.m. Softball Tournament

SUNDAY

10:00 a.m. Spiritual Refreshment Meeting
Noon Campout Ends
4:00 p.m. Gate Closes

No Fireworks
Boat Ramps

8:00 p.m. Speaker Meeting
Midnite Lantern Meeting

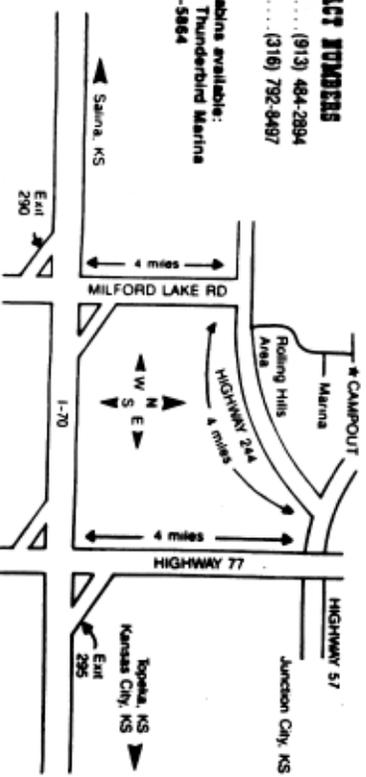
FRIDAY

1:00 p.m. Volleyball
5:00 p.m. Barbecue
6:30 p.m. Speaker Meeting
8:00 p.m. Money Raffle & Auction
9:00 p.m. Dance & Raffle
Midnite Lantern Meeting

CONTACT NUMBERS

Gen S. (913) 484-2894
Celia G. (316) 792-8497

Some cabins available:
Contact Thunderbird Marina
913/238-5884



7:30 Saturday Night

Speaker Meeting

& Cleantime Countdown

AT 9:30 A.M.

FREE BREAKFAST SUNDAY
FELLOWSHIP TO FOLLOW

Children's Activities

FUN RUN, TIRE ROLL, WATER BALLOON TOSS & SACK RACE

FREE CAMPOUT

CAMP ALEXANDER

10:00 p.m.

ANNIVERSARY CAMPOUT

HOTDOG & MARSHMALLOW FEED

June 1992

12
13
14

FRIDAY CAMP MEETING



Adult Activities
FRISBEE GOLF & VOLLEYBALL
SAT AT 11:00 A.M. & 1:00 P.M.

MARION

BACK

SHIPWRECKS
SATURDAY Morning
10:00 A.M. O
LEARN

FROM HIGHLAND JOE J.

NARCOTICS ANONYMOUS GROUP UPDATE FORM

Please fill in the appropriate lines for any changes in group information. If the group is being registered for the first time, please use the "New Group Registration Form."

Group Code _____ *You must have a group code to use this form. The group code can be found on the configuration letter which was sent upon original registration. If unable to locate the group code, contact the WSO.*

Area: _____ Region: _____

OLD NEW

Meeting Day: _____

Time: _____

Location: _____

Address: _____

City: _____

State: _____

Zip: _____

Country: _____

Does this group offer services for addicts who are:

Hearing impaired? yes no

Sight impaired? yes no

Wheelchair-bound? yes no

Group Mailing Information

A group P.O. Box is preferred, otherwise list contact information.

Group Name: _____

(Contact Name:) _____

Address: _____

City: _____

State: _____

Zip: _____

Please mail this form to:

N.A. WORLD SERVICE OFFICE
P.O. Box 9999
Van Nuys, CA 91409

NARCOTICS ANONYMOUS NEW GROUP REGISTRATION FORM

This form is for new groups only. If you are updating group information, please use the "Group Update Form."

Meeting Information

Area: _____ Region: _____

Meeting Day: _____ Time: _____ | | A.M. | | P.M.

Type of Meeting: _____ | | Open | | Closed

Name of Group: _____

Location: _____

Address: _____

City: _____

State: _____ Country: _____

Does this group offer services for addicts who are:

Hearing impaired? yes no

Sight impaired? yes no

Wheelchair-bound? yes no

Group Mailing Information

The following information is necessary for any communications with the group. Please list the information for the contact person or Group P.O. Box. Check this box if this is a P.O. Box exclusively for your group.

Group Name: _____

(Contact Name:) _____

Address: _____

City: _____

State: _____ Zip: _____

Please mail this form to:

N.A. WORLD SERVICE OFFICE
P.O. Box 9999
Van Nuys, CA 91409



JAMES SAMMS
P.O. Box 226
Colby, KS 67701-0226

NOT

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MID-AMERICA NEWSLETTER
P.O. BOX 1560
LAWRENCE, KS 66044

