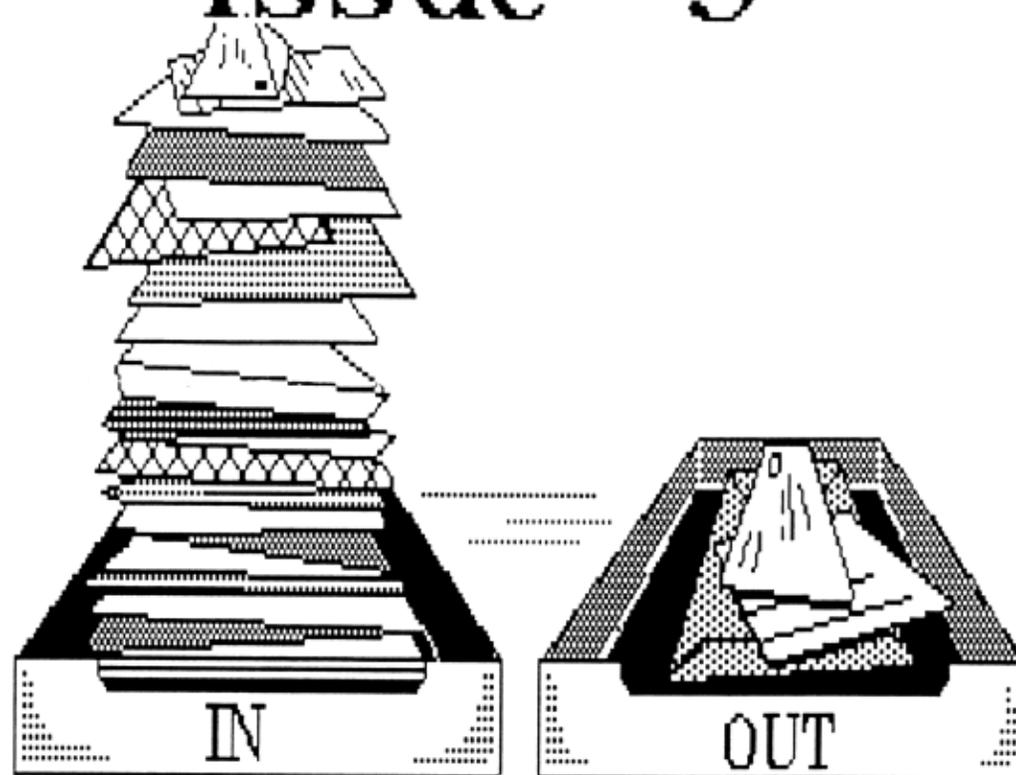


Mid-America Regional Newsletter Issue #5



Nov - Dec
1992



FROM THE EDITOR.



Hi, my name is Nate, and I'm an addict. Long time no see! I'm also the editor for the M.A.N.. I'm sure that some of you are wondering why this is December and the Newsletter is only at Issue # 5?! Well, unlike the cover art of this issue, my mailbox has been very empty lately. I just now have enough "stuff" to put together an issue. For those of you who have been sending in information, service committee meeting minutes, flyers and birthdays, I thank you. You make the Newsletter. For those of you that have not utilized the Newsletter for your group or area, I'd like to encourage you to do so. For those of you who are paid subscribers and are getting ready to complain that you did not get six issues, Don't! (actually, It would be great to get some mail, even if it was a complaint.) Everyone who is entitled to six issues will get six issues. I plan to publish the sixth issue around the 15th of January, 1993.

Back to our cover and my soapbox. It's a joke - get it? That's how I wish our incoming mail situation was, but the reality is that we don't have much coming in between issues. I ask that you bring this issue of the M.A.N to your next local service committee meeting for your home group or your Area and show them that the Newsletter can get the word out about thier event or information. And all for the cost of a phone call or 29 cent stamp.

Ok, I've got down from my soap box for now...

There are two easy ways to get your information into the next issue. You can call (913)865-5512 and leave a message on the machine or write to: M.A.N.

P.O. Box 1560
Lawrence, KS 66044

The next issue will be put together on about the 15th of January, so get your "stuff" in befor then. Any questions?

IN SERVICE,

Nate F.

Now lets celebrate Birthdays!

ONE YEAR

Wayne	Great Bend
Jason	Lawrence
Dee G.	Great Bend
Kent	Great Bend

TWO YEARS

Judy D.	Lawrence
Jerry W.	Lawrence

THREE YEARS

Scott	Great Bend
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FOUR YEARS

Robert R.	Lawrence
Deb M.	Lawrence
Jeff L.	Lawrence
Eddrena D.	Lawrence
Rita D.	Lawrence

FIVE YEARS

Glen S.	Topeka
Joyce H.	Lawrence
Eddy H.	Lawrence

SEVEN YEARS

Kathy J.	Hays
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TWELVE YEARS

Pat M.	Emporia
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CONGRATULATIONS !!!!!!!

KEEP COMING BACK !!!!!!!

 * REGION AT A GLANCE..... *

December 1992

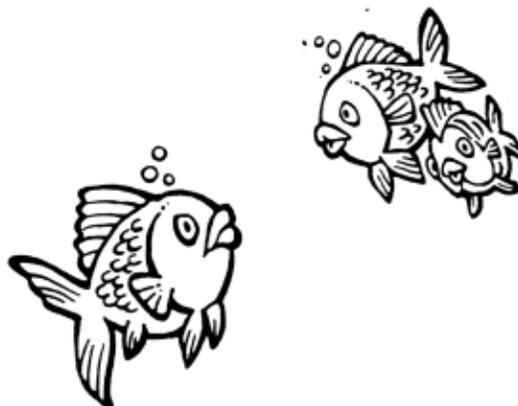
- 18 Friday
 9:00pm FRIDAY NITE BOWLING -
 LAWRENCE \$5.00 913-865-5512
- 19 Saturday
 FELLOWSHIP FOR FREEDOM AREA DANCE
 - TOPEKA
- 27 Sunday
 7:00pm LOTTA SOUL SPEAKER MTG.
 9TH & OHIO, LAWRENCE, KS

March 1993

- 13 Saturday
 CENTRAL KANSAS AREA SERVICE COMMI-
 TTE MEETING

January 1993

- 9 Saturday
 CENTRAL KANSAS AREA SERVICE COMMI-
 TTE MEETING
- 10 Sunday
 JFTA SERVICE COMMITTEE MEETING
 UNITY AREA SERVICE COMMITTEE
 MEETING
- 15 Friday
 DEADLINE FOR SUBMISSIONS ISSUE # 6
 OF THE M.A.N.
- 23 Saturday
 HUGS NOT DRUGS BY CHOICE - DANCE
- 31 Sunday
 7:00pm LOTTA SOUL SPEAKER MTG.
 9TH & OHIO, LAWRENCE, KS



February 1993

- 6 Saturday
 OUT OF THE DARK, INTO THE LIGHT -
 EMPORIA
- 13 Saturday
 CENTRAL KANSAS AREA SERVICE COMMI-
 TTE MEETING
- 14 Sunday
 JFTA SERVICE COMMITTEE MEETING
 UNITY AREA SERVICE COMMITTEE
 MEETING
- 20 Saturday
 MID-AMERICA REGIONAL SERVICE
 COMMITTEE MEETING
- 21 Sunday
 MID-AMERICA REGIONAL SERVICE
 COMMITTEE MEETING
- 28 Sunday
 7:00pm LOTTA SOUL SPEAKER MTG.
 9TH & OHIO, LAWRENCE, KS

March 1993

- 13 Saturday

GET INVOLVED!!!!!!

NARCOTICS ANONYMOUS GROUP UPDATE FORM

Please fill in the appropriate lines for any changes in group information. If the group is being registered for the first time, please use the "New Group Registration Form."

Group Code _____ You must have a group code to use this form. The group code can be found on the confirmation letter which was sent upon original registration. If unable to locate the group code, contact the WSO.

Area: _____ Region: _____
OLD NEW

Meeting Day: _____

Time: _____

Location: _____

Address: _____

City: _____

State: _____

Zip: _____

Country: _____

Does this group offer services for addicts who are:

- Hearing impaired? | yes | | no
- Sight impaired? | yes | | no
- Wheelchair-bound? | yes | | no

Group Mailing Information

A group P.O. Box is preferred, otherwise list contact information.

Group Name: _____

(Contact Name:) _____

Address: _____

City: _____

State: _____

Zip: _____

Please mail this form to:

N.A. WORLD SERVICE OFFICE
P.O. Box 9999
Van Nuys, CA 91409

NARCOTICS ANONYMOUS NEW GROUP REGISTRATION FORM

This form is for new groups only. If you are updating group information, please use the "Group Update Form."

Meeting Information

Area: _____ Region: _____

Meeting Day: _____ Time: _____ | A.M. | | P.M.

Type of Meeting: _____ | Open | | Closed

Name of Group: _____

Location: _____

Address: _____

City: _____

State: _____ Country: _____

Does this group offer services for addicts who are:

- Hearing impaired? | yes | | no
- Sight impaired? | yes | | no
- Wheelchair-bound? | yes | | no

Group Mailing Information

The following information is necessary for any communications with the group. Please list the information for the contact person or Group P.O. Box. Check this box if this is a P.O. Box exclusively for your group.

Group Name: _____

(Contact Name:) _____

Address: _____

City: _____

State: _____ Zip: _____

Please mail this form to:

N.A. WORLD SERVICE OFFICE
P.O. Box 9999
Van Nuys, CA 91409

The What-I-Got Two-Step
(Spirituality in the Woods)

poetic version

1. What I got
Was more than
What I brought
2. Clouds escorted our arrival
Distanced by warmth of firelogs . . .
Today, sunshine welcomes new Survival
3. Coffee/sodapops slurped and swallowed
Biorhythms shifted in phase
Dis-ease drained and hollowed
4. Wooded garden shelter--
World distinct of world--
Apart, from social chaos and skelter
5. Compact and intimate
Inside our wooden cocoon
Each to all a spiritual mate
6. Connected kin of soul
Sixteen "child's within"
A holistic Whole
7. Dissolved become the phobias
The terminal persons unique
Bigotry, confronted with "see ya's"
8. Jump-starts and boosts
Fine-tunes of the spirit
Time . . . for brooded roosts.
9. The last meeting
Of the last day
A weekend . . . fleeting
10. Mental thoughts
And mental pictures
Memories, not time-blots
11. Same time, same place
One year later
Baby-steps in spiritual space
12. A time of peace
Stored for replay
(like)Affirmed Love on lease

prose version

One of the best kept N.A. secrets occurred 06-08NOV at Camp Chippewa in Ottawa, KS. The 2nd-Annual MARCNA Spiritual Retreat (S.R.) was enjoyed by approximately 16 Addicts (head-count unsure from some cameo Addict appearances). Six Addicts had also attended the 1st-Annual S.R., 1991.

By general consensus, ALL meeting and workshop sessions allowed some positive personal growth. If as an Addict you leave NA campouts with a spiritual "glow", do a favor and plan to attend the 3rd-Annual MARCNA S.R.

"spiritual": of, or pertaining to, a
(yours?) Higher Power

<<NOT a religious exercise>>

"retreat": a scheduled surrender of
social/spiritual defenses:

My favorite definition of the term
spiritual retreat is: NURTURE!!

I look forward to another S.R. by
MARCNA next Fall'93. --j.w.

We Addicts gave up ALL to leave
with MORE . . .

--"The Split-Log Gang"

Drug Problem?

If you think you may have a problem with drugs, give yourself a break. There is a way out with the help of other recovering addicts in NAI!

We Have Been There!



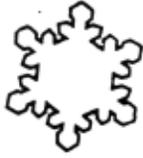
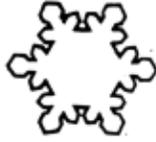
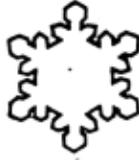
Narcotics Anonymous is a group of recovering addicts who live without the use of drugs.

It costs nothing to be a member.

The only requirement for membership is a desire to stop using drugs.

If you want help or information about meetings, call

(913) 749-6631



WSO NEWSLINE SUBSCRIPTION ORDER FORM

The *Newsline* is available by subscription, free of charge, to any NA member, group, board, or committee. To order your subscription, fill out your address:

Name _____

Address _____

Clip out this form and mail it to WSO Newsline, Box 9999, Van Nuys CA 91409 USA.

[A(a)ddict]--

An addict: One who wayfares Life in the Wastelands
An Addict: One as a Pilgrim on a Spiritual Journey

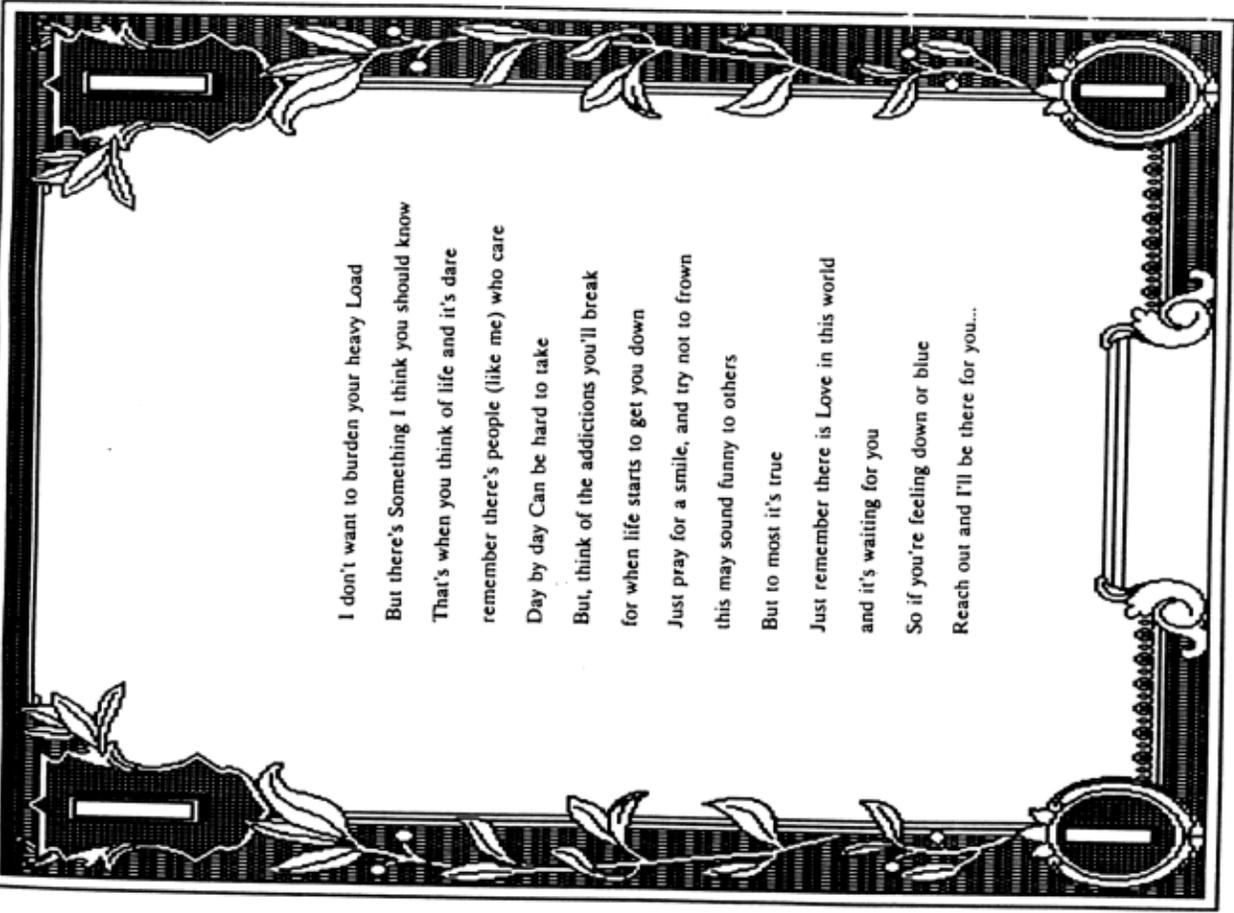
An addict: One who confronted by Reality (Life)--abuses to
Deny the Pain (and Joy)

An Addict: One who confronts daily Tests and Contests--then
Resolves them day-by-day over Time

An addict: One whose Security is defined by Numbers (playmates)--
and networked 'connections' courted for Rainy Days

An Addict: One who finds Security as a by-product of Serenity
based amongst Friends with H.O.W. Scruples

--jw/NOV'92



I don't want to burden your heavy Load
But there's Something I think you should know
That's when you think of life and it's dare
remember there's people (like me) who care
Day by day Can be hard to take
But, think of the addictions you'll break
for when life starts to get you down
Just pray for a smile, and try not to frown
this may sound funny to others
But to most it's true
Just remember there is Love in this world
and it's waiting for you
So if you're feeling down or blue
Reach out and I'll be there for you...

MARCNA X

"Primary Purpose"



April 2,3,4 1993

Red Coach Inn

I-135 & US 56

McPherson, Kansas



For Information Contact:

Chair--Tony K. (316) 343- 7861 Co-Chair-- Jim M. (913) 825- 6892

Registration-- Pat M. (316) 343- 7740 : Joe W. (913) 825- 0603

Hotel & Hospitalities-- Tim S. (316) 241- 6230

Program Chair-- Betty P. (316) 264- 0801

If you are an N. A. member with the willingness to speak, chair workshops or marathon meetings, or wish to submit bids for entertainment, taping, or merchandise, submit tapes, bids, and suggestions (Before Oct. 1) to:

MARCNA X

P.O. Box 208

Emporia, KS. 66801-0208

or

attend our convention committee meetings in McPherson, KS.
held at 1:00 pm on the third Sunday of July, Sept., Oct., Dec., and Jan.
at 216 South Main and during the Aug., Nov., and Feb. RSC's.
at 710 W. Woodside.

NEWSVILLE ANNUAL MEETING IN LAWRENCE, KS
 Information line (913)749-6631

Monday 7:00PM Larrytown 1900 W. 31 Clubhouse Winter, 1992
 Open**

8:00PM Step by Step 946 Vermont First United Methodist Church Closed+
 Step Study

Tuesday 8:00PM New May 1st Step House 345 Florida Closed*

Wednesday 8:00PM Larrytown Trinity Episcopal Church 1011 Vermont Open**

Noon Lotta Soui Vista Restaurant(Back Room) 1537 W. 6th Closed+
 Text Study

Thursday 8:00PM New May 1st Step House 345 Florida Open**

Friday 8:00PM Larrytown West Side Presbyterian Church 1024 Kasold Closed*

Saturday 10:00PM New May 1st Step House 345 Florida Open**
 Candlelight

Sunday 6:00PM S.E.F. 345 Florida Closed+
 Women's Group

7:00PM Lotta Soui 9th Street Baptist Church 847 Ohio Open**/Topic
 Discussion
 Open**/speaker
 (last Sunday of the month)

CHAIR:

Jeff McNickle
 P.O. Box 17472
 Michla, KS 67217
 316-686-2820

RSR:

Warren Jackson
 1001 E McArthur
 Lot 207 Box #13
 Michla, KS 67216
 316-554-0346

NEWS ED:

Nate Feldt
 2533 Ridge Court
 Lawrence, KS 66044
 913- 865-5512

PL:

Hugh Hawkins
 P.O. Box 212
 Johnson, KS 67855

LIT:

Tim Stewart
 P.O. Box 544
 McPherson, KS 67460
 316-241-6230

ACT:

SECI:

REGIONAL OFFICERS

CO-CHAIR:

Pat Mays
 Box 576
 Emporia, KS 66801

ALT RSR:

Tony Koonz
 1401 Merchant
 Emporia, KS 66801
 316-343-7861

TREAS:

Laurie Thompson
 1308 10th
 Dodge City, KS 67801
 316-225-6505

HLI:

Robert Kelly
 Box 25
 Ford, KS 67842

POLICY:

Larry Reyer
 1328 Garfield
 Topeka, KS 66604
 913-357-7024

OTHER AREA OFFICERS

UNITY:

Tim Stewart
 P.O. Box 544
 McPherson, KS 67460
 316-241-6230

WESTERN:

Steve Jensen
 1103 W. Trail
 Dodge City, KS 67801
 316-225-2470

FELLOWSHIP FOR FREEDOM:

Larry Reyer
 1328 Garfield
 Topeka, KS 66604
 913-357-7024

MICHITA METRO AREA:

Betty Parks
 835 Nime
 Michla, KS 67203
 316-264-0801

JUST:

Clayton Carr
 925 Chestnut
 Emporia, KS 66801
 316-343-6876

OZ AREA:

Box 133
 Colby, KS 67701