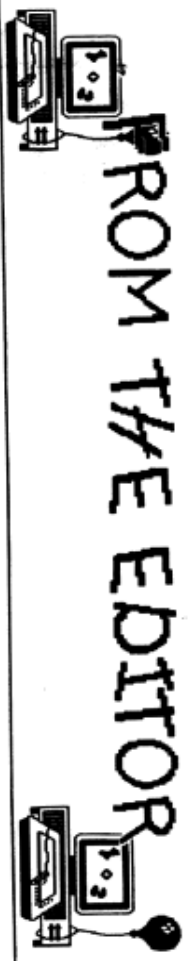


**MID-AMERICA  
NEWSLETTER  
ISSUE#2  
1993**





# CLEAN TIME BIRTHDAYS NEWSLETTER

## Volunteers Needed



My name is Nate, and I'm an addict. It's been two months since we last chatted. The long of the short of it is I need some help! The newsletter has become larger and requires more time for layout and production than it used to. Give me a call if you are interested in helping produce the next issue. 913-865-5512

Thanks to Laura H. for helping get this issue started on the road to organized. Also for getting the Miracle Area together on writing about Jason S.

Well, summer is here and the campout season is in full swing! Check the Region at a glance to find the campout to fit your schedule.

The newsletter is holding at about 60 paid subscriptions and the submissions are trickling in.

The deadline for Issue #3 is June 26, if you want your event published, get it to me before then.

Thanks to the Area's that have been sending their minutes-I get a lot of information from them.

In service,  
*Nate*  
Nate F.

- |             |              |              |
|-------------|--------------|--------------|
| JIM B.      | ONE YEAR     | LAWRENCE     |
| EDDIE H.    |              | WESTERN AREA |
| DONNIE B.   |              | WESTERN AREA |
| HEATHER     |              | GREAT BEND   |
| WAYNE M.    |              | GREAT BEND   |
| * AARON S.  |              |              |
|             | TWO YEARS    | WESTERN AREA |
| * DEBRA H.  |              |              |
|             | THREE YEARS  | HUTCHISON    |
| FRAN P.     |              | WESTERN AREA |
| TODD W.     |              | HUTCHISON    |
| GEORGE V.   |              | ELLINWOOD    |
| * HUGH H.   |              |              |
|             | FOUR YEARS   | WESTERN AREA |
| LAWRENCE T. |              | WESTERN AREA |
| LURIE T.    |              | WESTERN AREA |
| LARRY P.    |              | WESTERN AREA |
| CHRIS       |              | HAYS         |
| * DON D.    |              |              |
|             | FIVE YEARS   | GREAT BEND   |
| * NATE F.   |              |              |
|             | ELEVEN YEARS | LAWRENCE     |

# KEEP COMING BACK NEWSLETTER



# LETTERS



BEST FRIEND

## Jaybird Flying

You were a rough little egg.  
I watched you to see if you were  
going to hatch or die within the  
incubation of Narcotics Anonymous.

You began to come out of your shell.  
At first you were so ugly, mean and  
abrasive. You pecked people who came  
to close. It hurt. It was evident that you were  
hurting and afraid. When you began to  
grow your own feathers (H.P., 12 steps, NA, Love)

Your colors changed, they were dim and dull  
at first, the downy feathers. With time the  
color of your feathers became much more  
vibrant and permanent. They glowed from the  
growth you were seeking. Love, service, humor,  
tolerance, and trust... I saw you test your  
newfound wings. Shaky at first, better with  
practice. Now Bird, you're flying free, in  
a place that's not for me to see, on the wings  
of Narcotics Anonymous, clean. I will not  
ever forget turning around in the hall and  
seeing you with red panties, laughing, on  
your head. Love you honey.

Joyce

Jason:

I didn't know him long but, got to know him pretty well.  
Jason was one of the main reasons I got clean, and have been able  
to stay that way so far. He came and took me to meetings even  
when I was half drunk or high. He would even come to the other  
side of town if I wasn't at home and drag me out of my drug  
infested environment, where he seemed to know I was probably  
hanging out. He seemed to always care if I was having problems  
or hurting in some way, and always showed me a positive attitude  
towards being clean. Something I needed!

When I went to treatment, Jason was right there to make sure  
that I got the best help, and that I was comfortable with  
everything. He also made sure that I knew this was where I  
needed to be to get clean. Without that real convincing, I  
wouldn't have gotten what I did out of treatment. It was a real  
learning experience.

After I got out of treatment, I really needed out of my drug  
infested environment. Jason wanted to move also, so we got a  
place together to help each other. The perfect drug free  
environment! Sonja, his lady moved in with us also, and it was  
just like a happy family. We all had hard times, but with each  
other and NA, we seemed to be on the road to success.

Jason also drilled into my head that our Higher Power was  
still loving and all forgiving and convinced me it was all right  
to pray to him for forgiveness and hope. Something I has turned  
my back on years ago and if not for that, I would of never made  
it this far. It is God's will that I am clean today!

I am so grateful Jason got me back in touch with my Higher  
Power.

I will continue to get strength from Jason for a long time  
and he will always remain in my heart...

Fairwell my friend!!!

I am grateful to be clean today, and grateful for all my new  
clean friends.

Thank you all!  
Jeff P.

As far as friends go, I knew Jason for a very short period  
of time, just a little over one year. As I entered my first  
NA meeting in Lawrence, I couldn't help but notice a young  
man seated at one of the round dining room tables. He had  
jet black hair, a day old beard, tatoos on his arms, a  
shredded t-shirt, jeans and "kick ass" tennis shoes. He  
couldn't sit still or keep his mouth shut and he certainly  
impressed me as someone I wanted to avoid. After the meeting  
he came up to me and gave me a rib crushing hug and told me his  
name was Jason. I was polite but not overly anxious to start  
a relationship as I felt as though Jason were too young, too  
impulsive, too aggressive, too outspoken, too foul mouthed and  
in general, not my kind of person.

Thus began what was to become a very close relationship. Jason  
was persistent and, for some reason, he seemed to take a liking  
to me, even though I was 30 years his senior. He persisted in  
greeting me at meetings, he persisted in calling me and in  
inviting me to NA activities. He started the relationship and  
even today I am not sure I know why. It had to be God for I  
could see God working in his life and soon he was going to  
church with me every Sunday and to a Wednesday night bible study.  
His presence was easily noticed in any group he entered. The  
bible study group loved his complete openness and frankness about  
his past life. He hid nothing but let all his weaknesses hang out  
for all to see. I think it was this trait that impressed me the  
most. I was completely relaxed with Jason. He made me feel  
worthwhile and I knew that my past could hang out also, as he  
would not judge me.

I do not want to make him sound like a saint, for he was far from  
that. It is just that God had gifted him with the ability to  
care deeply about others. All his friends felt as though they  
were special to him - and they were. He could drive you crazy  
with his energy and aggressiveness. He could embarrass you on  
the street. He could anger you to the point of complete frustra-  
tion. Many times I could have let him have it between the  
eyes and probably would have if he weren't stronger than me. I  
remember a time when we traveled to an Area Meeting together.  
I was going to find out exactly where it was located but he said  
not to bother for he knew the meeting place. When we got to  
the town and had driven around for a few blocks Jason said  
"I think it is down this street". I said, "What do you mean  
you think? I thought you knew?" No matter how long it took us  
to find the meeting he would never admit that he didn't know  
where it was, for they probably had just moved it. I was red  
with anger, but I could never stay angry long.

So, why do I call Jason my best friend. I do not use that term  
lightly. I have had many, many friends in my life, but I can  
only think of four that I would call best friend, in the 52 years  
that I have lived, and Jason is right at the top of that list. It  
is a wonderful thing to have a best friend and they are to be  
treasured. I mourn Jason's death more than I have mourned any  
death in my entire life. I mourn not that he died so young, for  
I know that he is now eternally happy, but I mourn for myself and  
the loss of the best friend I have ever known.

I think the words in a poem by Roy Croft best express my feelings:  
"I love you, not only for what you are, but for what I am when I  
am with you.... I love you because you have done more than any  
creed could have done to make me good, and more than any fate  
could have done to make me happy. You have done it without a  
touch, without a word, without a sign. You have done it by  
being yourself. Perhaps that is what being a friend means,  
after all."

Jim B.

Hello everybody, whats happenin'. Heres what could be happenin', a newsletter workshop - dance or really whatever we want. I'm hoping this issue comes out plenty of time before the next ~~region~~ <sup>R.S.C.</sup> so something can be planed. Here's what we need: a location, maybe the editor can help us out on that, if not find a good cheap place that fits our needs; Next is the time, the location needs a time frame to have it in, since the funds are needed now lets try to make this happen soon. As most of you know the newsletter (M.A.N.) is going through changes, the cool part about it is you are making these changes. the remaining details can be planned at the next regional Literature Sub-committee meeting.

Those that attended the convention may have seen a survey (providing they looked in the registration packets or hung out at the registration desk), not very many of those were returned, If you have one in your possession please mail it in, if not I'm including one in this issue. I can smell change in the air (or is that spring weather), never the less lets make it happen.

Gratefully Serving,

Tim S.  
Regional Lit. Chair

M.A.R.L.S.C. MEETING  
May 15 & 16, 1993

Greetings from McPherson. These aren't actual minutes of the Sat. Lit. meeting but are updates from Sun. R.S.C.

Our motions made a lot of conversation and some controversy but were still in our favor.

MOTION #1 NEWSLETTER EDITOR REQUIREMENTS

1. SUGGESTED CLEAN TIME IS 3 YEARS
2. WORKING KNOWLEDGE OF THE 12 STEPS AND 12 TRADITIONS
3. THE ABILITY, MEANS, AND DEDICATION TO FULFILL THE RESPONSIBILITIES OF NEWSLETTER EDITOR
4. MUST MEET SUB-COMMITTEES CHAIR ATTENDANCE POLICY AT R.S.C.S
5. WILL SERVE A TWO (2) YEAR TERM

CO-EDITOR REQUIREMENTS

SAME AS EDITOR WITH THE EXCEPTION OF SUGGESTED CLEAN WHICH WILL BE 2 YEARS.

The purpose of the newsletter is to put together compiled input from members, groups, and areas as a form of communication within the region to help carry the message to the addict who still suffers.

This motion passed to be taken back to areas and groups because of it being a policy change, so be looking out for this.

MOTION #2 TO RE-EMBURSE OZ AREA FOR LIT. PASSED WITH NO PROBLEMS

MOTION#3 TO ESTABLISH A SEPARATE NEWSLETTER ACCOUNT SO IT CAN BECOME SELF SUPPORTING THROUGH SUB-SCRIPTIONS AND FUNDRAISERS.

This motion passed after some discussion. I presented a 4<sup>th</sup> motion that asked for \$200,00 seed money to start an account and start the planning of the Newsletter Workshop. After an hour (or so) heated discussion on sub-committees breaking from the R.S.C.s budget policy I realized that this committee needs to have more input on this issue and the money isn't needed this quarter so I withdrew the motion until next time.

Chris contacted me from Lawrence about the date of our function and it was changed to Sept. 11th. Please put this on your calenders. I'll pass along any new info. as it developes.

Gratefully Serving,  
Tim Stewart

**MID-AMERICA NEWSLETTER SURVEY**

- 1) Are you presently subscribing to the newsletter?
- 2) Have you subscribed in the past and then not renewed?  
If so, explain why.
- 3) If you have read a newsletter within the past year, what features do you like and would not like to see changed?
- 4) What changes, if any, would most benefit the newsletter?
- 5) Would you be interested in participating at workshops where new ideas and articles could be written?
- 6) Comments:

Thank you for taking time to read and complete this survey.  
Your input is very much appreciated.

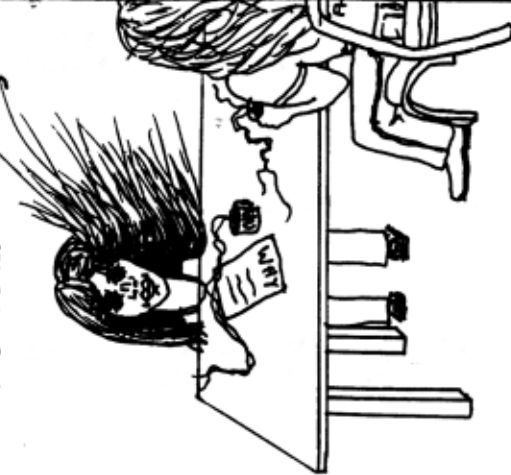
Please mail this by Wed, June 12 or hand deliver at the R.S.C.

PLEASE  MAIL TO:

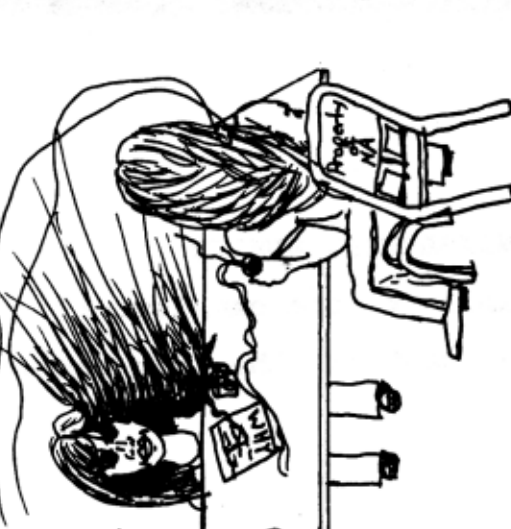
TIM STEWART  
501 N. ASH  
MCPHERSON, KS 67460

Hi! I'm Melony and I'm an addict I want to say that I had probably the best time of my life at the MAXIMA I Conviction last month.

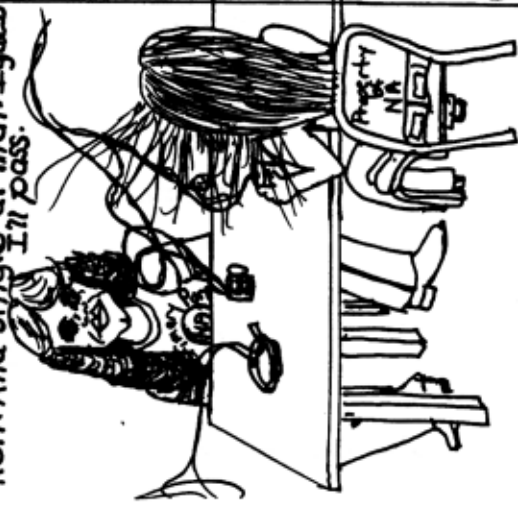
I can't wait for Next years.



I never imagined that being a recovering addict could mean having such freedom to be able to enjoy myself so much with that I'll pass.



My name is Chance and I'm addicted too. Great huh! Yeah I felt grateful to see so many cute girls at the convention. And simple at that. I guess I'll pass.



Damn Chance you should have went to the workshop on relationships and the 12 traditions. It's about time you start working a program for a change.



### The Night Of Addiction

At times the distance between night and day may seem an eternity. The Darkness consuming ones soul, blackening the consciousness and blinding oneself from all that is good. Only to exhaustively try and try to quench an insatiable appetite for despair, malice, and ultimate self destruction. The night, creeping up from behind, cunning like a thief, baffling and conniving as a politician, bidding, waging for possession of your very soul. For those who must travel at night, the journey seems endless and treacherous. The groping, And stumbling as we venture on, each in procession getting bigger harder and seemingly more impassable than the one before. Until finally we encounter the one that hurts so bad that we must seek the new day up coming.

THE NEW DAY, A NEW WAY N.A. It works if you work it...

Creatively: Serving  
D.A.W.

### FROM THE DARKNESS

THE DARKNESS.  
I find myself traveling down a dark corridor, a penetrating darkness seeking to possess my soul with drugs. Promising to caress me with a love that's chemically induced, with a need for love, any love promised, I explore. Not knowing what's offered will demand a price. I travel through darkness feeling a profound relief, a relief of the emotions and feelings that seem to overwhelm my soul. It became dependent of this darkness; It offered an escape never felt before. But the feeling of escape isn't permanent, the darkness will always demand more out of me, demand a price! Then up ahead a spark of light appears, so faint, but there! I reach out to embrace the light, knowing that the darkness will and is trying to consume my soul... The light grasps my hand with a love so profound, I draw away! But I remember the loneliness felt while in the darkness, I reach out once more for the light. This time it gently caresses my hand! Promising love and understanding, and a willingness to help me find myself.

### THE LIGHT.

I therefore embrace the light in hope for better things to come! What I find is brotherhood! A brotherhood of others that were once in the darkness of chemical dependency. What's offered is a promise for a better tomorrow and the love and understanding of others that offer their help unconditionally. But I have a choice? Darkness a bitter life filled with anger and resentments, or the life of light, filled with a four letter word confusingly simple; HOPE. What will I do, I choose the light! With the understanding that the darkness is always right behind me willing to take control. I now have hope for a better tomorrow, a better today!!!!

UNKNOWN AUTHOR



**Western Kansas Area  
of  
Narcotics Anonymous**  
P. O. Box 588  
Johnson, KS. 67855

**\*\*\*Dodge City\*\*\*  
Against All Odds Group  
501-1/2 W. Beeson Road  
(Church Behind Nursing Home)  
Contact: (316) 225-6686  
Tues. - 7 p.m. - Closed Book Study  
Thurs. - 9:30 p.m. - Closed Candlelight  
Sat. - 7 p.m. - Open Discussion**

**Eleventh Step Group**  
2009 Thompson Avenue  
Contact: (316) 225-3072  
Sun. - 7:30 p.m. - Open

**Gratitude Group**  
Avenue P & Roosevelt Street  
Contact: (316) 225-6505  
Mon. - 7:30 p.m. - Open  
Fri. - 7:30 p.m. - Open

**\*\*\*Garden City\*\*\*  
New Way Group  
2008 N. 11th  
Contact: (316) 275-6517  
Mon. - 7 p.m. - Open  
Wed. - 7 p.m. - Open**

**\*\*\*Guymon, Oklahoma\*\*\*  
Last Chance Group  
1004 NE Hiway 54, Panhandle Treatment Center  
Contact: (405) 338-6628  
Sun. - 8 p.m. - Open**

**\*\*\*Hugoton\*\*\*  
Halt The Insanity  
211 S. Madison, Hugoton Rec Center  
Contact: (316) 544-4211  
Tues. - 8 p.m. - Open  
Fri. - 8 p.m. - Open**

**\*\*\*Syracuse\*\*\*  
Desperadoes Group  
409 N. Main, Methodist Church Annex Basement  
Contact: (316) 384-5717  
Wed. - 8 p.m. - Closed Candlelight  
1st Wed. - 8 p.m. - Open Bookstudy  
Last Wed. - 8 p.m. - Open Birthday Meeting**

**\*\*\*Ulysses\*\*\*  
Genesis Group  
Hiway 25, Radio Station - So. 2 Miles  
Contact: (316) 356-3764 N.A. Hotline  
Mon. - 8 p.m. - Closed Bookstudy  
Sat. - 8 p.m. - Open Discussion**

...That no addict seeking  
recovery need ever die...

WORLD-WIDE FELLOWSHIP



MID-AMERICA REGIONAL CAMPOUT

WILSON LAKE-LUCAS PARK  
JULY 1,2,3,4 1993

THURS:  
5:00pm CAMPOUT BEGINS  
(GET TO KNOW YOUR NEIGHBORS)  
10:00pm CAMPFIRE MEETING

FRIDAY:  
REGISTRATIONS CONTINUE  
8:00pm SPEAKER: YVONNE E.  
10:00pm CAMPFIRE MEETING

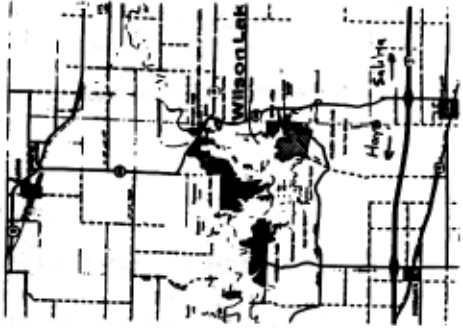
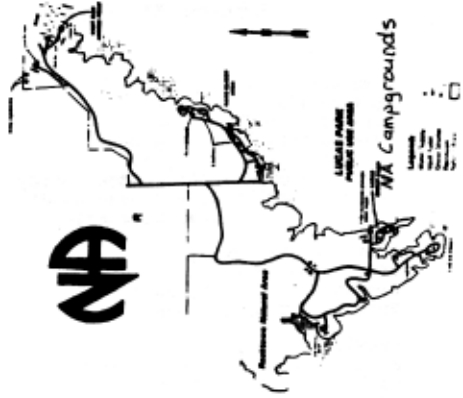
SATURDAY:  
TIMES & PLACES OF ACTIVITIES  
WILL BE POSTED AT THE REGISTRATION  
AREA.  
5-6pm DINNER PROVIDED  
PLEASE BRING COVERED DISH  
REHEUS: PORK, BAKED BEANS, POTATOE SALAD.  
7:00pm SPEAKER: GREGG P. (TENN)  
9:00pm DANCE STARTS  
11:00pm AUCTION/RAFFLE  
12:00am MIDNIGHT CAMPFIRE MEETING

SUNDAY:  
7:30am POT LUCK BREAKFAST  
10:00am SPEAKER: SUE W.  
12:00pm CLOSING GROUP HUGS

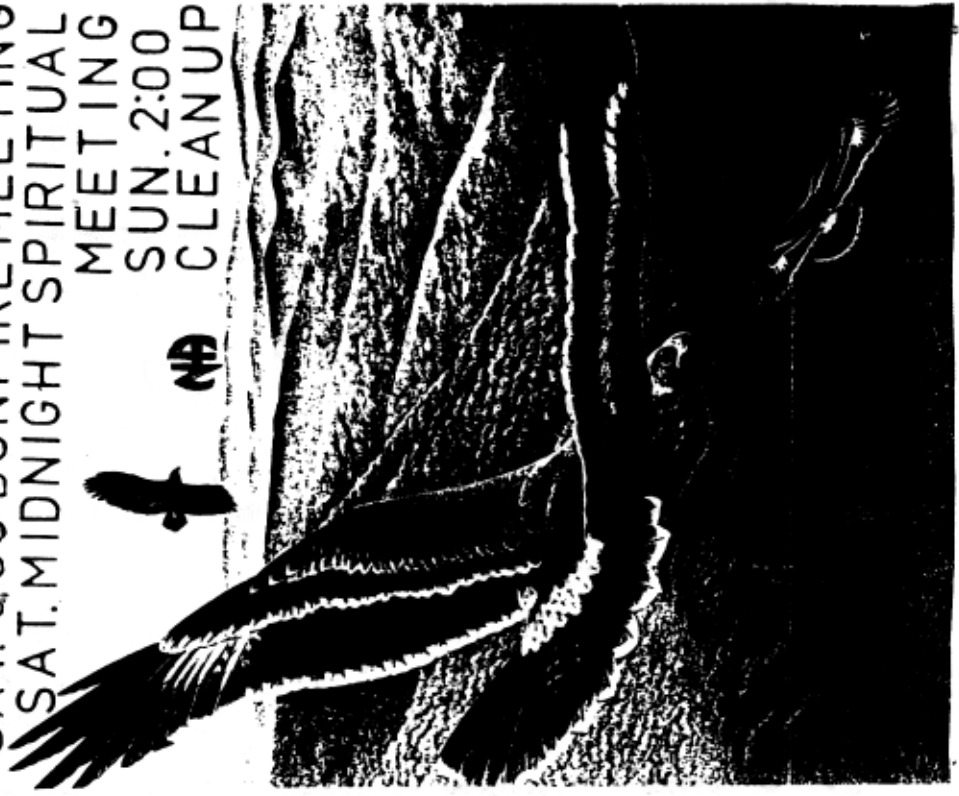
NOTE: TO RESERVE AN ELECTRICAL HOOKUP CONTACT JEFF NOT LATER THAN JUNE 1, 1993. COST \$10.00 FOR THE WEEKEND.

PLEASE NO PETS UNLESS THEY ARE FOR PEOPLE WITH SPECIAL NEEDS  
CONTACT #1  
JEFF (913) 357-7024

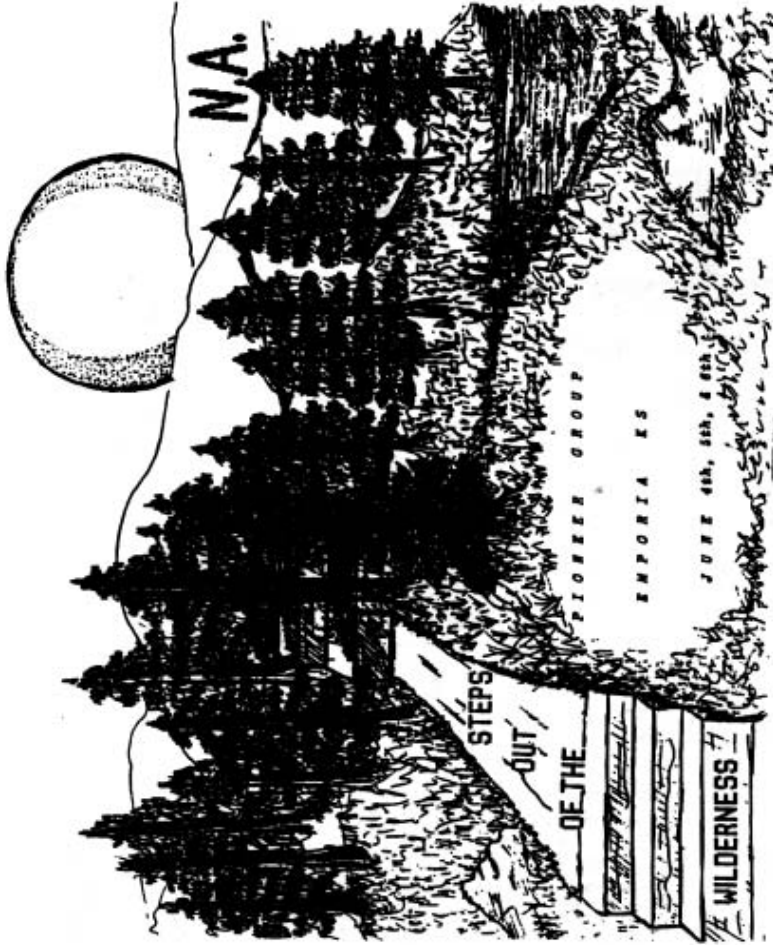
ANITA & WARREN (316) 554-0346



**FLYING FREE IN '93'**  
GIFT OF LIFE  
4th ANNUAL CAMPOUT  
JUNE 11,12,13 SANDY SHORE  
NORTH KATNOPOLIS LAKE  
G.O.L. SHIRT TYDIE PARTY(SA)  
SAT. 8:00 BONFIRE MEETING  
SAT. MIDNIGHT SPIRITUAL  
MEETING  
SUN. 2:00  
CLEANUP







6TH ANNIVERSARY FREE CAMPOUT OF PIONEER GROUP OF N.A.

JUNE 4TH, 5TH, AND 6TH

LOCATED AT DOUBLE EE CAMPGROUND (DIRECTIONS ON BACK)

FRIDAY, JUNE 4TH 4:00 P.M. CAMP OPENS  
10:00 P.M. CAMPFIRE SPEAKER MEETING  
TONNEE S. TOPEKA ALSO

HOTDOG & MARSHMALLOW ROAST

SATURDAY, JUNE 5TH 11:00 A.M. VOLLEYBALL 3 ON 3 COED TEAMS,  
HORSESHOE TOURNAMENT AND  
CHILDREN GAMES

8:00 P.M. SPEAKER MEETING DEBBI S. TOPEKA  
10:00 P.M. CAMPFIRE MEETING

SUNDAY, JUNE 6TH 9:30 A.M. BREAKFAST SERVED  
11:00 A.M. SPEAKER MEETING JIM W. NEWTON  
SPIRITUALITY WORKSHOP FOLLOWING  
SPEAKER MEETING LEAD BY TOBY

NO PETS ALLOWED EXCEPT FOR PERSON'S WITH SPECIAL NEEDS  
FISHING AVAILABLE

# 6TH ANNUAL

*Just For Today*

FREE  
FREE  
FREE  
FREE  
FREE  
FREE  
FREE  
FREE

FIBER  
CAMPOUT



ABOUT 0.75  
10008  
MINNEHARD AVENUE,  
MIDFORD, IN.

FRIDAY

8:00 p.m. Speaker Meeting: Annita Wichita KS.  
Midnight Campfire Hut Meeting

SATURDAY

8:00 a.m. Walk, Run or Crew Race. Men's and Women's Division  
First place in each division wins a subscription to NA WY

8:30 a.m. Croquet Tournament (Kansas Rules)

9:30 a.m. First place wins a NA WY subscription

10:00 a.m. Horseshoe Tournament: first place wins a NA WY subscription. Men's and  
Women's Division

10:30 a.m. Volleyball Tournament: first place wins a NA WY subscription for Home Group

2:30 p.m. Supervised Children's Games

3:00 p.m. Sponsorship Workshop

5:00 p.m. Put Out on Porch!!!!

6:30 p.m. Money Raffle and Auction

7:30 p.m. Clean Time Countdown: NA WY subscription to longest and shortest

8:00 p.m. Seedlers' Meeting: Bob P. Reading PA.

9:00 p.m. Dance

Midnight Campfire Meeting

SUNDAY

10:00 a.m. Speaker Meeting: Ronnie B. Concordia-Belet

11:30 a.m. Group Hut

For meeting times and locations

call our information line:

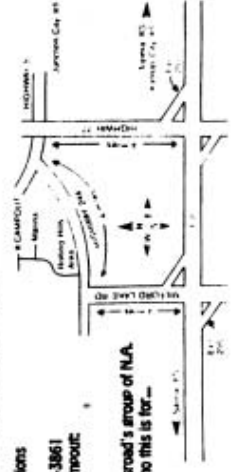
Junction City, KS - 913/762-3861

For more information on camput:

Richard S. 913/238-1531

or Rand C. 913/238-3589

Bring a Newcomer that's who this is for...







**MID-AMERICA NEWSLETTER**

**SUBSCRIPTION FORM**

We won't give you a clock radio, or a cheap phone, home stereo, video tape, or swim-suit issue.....

JUST:

Twelve months (8 issues) of events, happenings, doings, campouts, chili-feeds, meetings in print, birthday nights, recovery stories, and other recovery "stuff" from your N.A. Region, by your Region and for your Region (which - by the way - is the MID-AMERICA REGION).

IT'S ENOUGH !!!!

For only (8) **eight bucks**, you too can be totally hip to what's up and on in the Region. So.....

JUST DO IT!!!!

=====  
yes, i would like to be hip and knowlegable of n.a. events and "stuff". i have enclosed (8) eight dollars.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE/ZIP \_\_\_\_\_

NEW SUBSCRIPTION \_\_\_\_\_ RENEWAL \_\_\_\_\_

=====

MAIL TO: MID-AMERICA NEWSLETTER  
SUBSCRIPTIONS DEPT.  
P.O. BOX 1560  
LAWRENCE, KS 66044-1560  
913-865-5512

