

MID-AMERICA NEWSLETTER

SPIRITUAL PRINCIPLES? WHAT
ARE THOSE? I DON'T KNOW. HEY
LET'S LOOK IN THE GREEN BOOK,
THAT NEW BOOK, IT WORKS,
HOW AND WHY. I THOUGHT THOSE
PRINCIPLES WERE IN THE PURPLE
BOOK, JUST FOR TODAY? UH-HHHI
THOSE REALLY CAME FROM THE
BASIC TEXT, THE BLUE BOOK!!

ISSUE #5
1993

MID-AMERICA NEWSLETTER
P.O. BOX 1560
LAWRENCE, KS 66044



TIM STEWART
500 N. Ash Street
McPHERSON, KS 67460-3417
EXP. Issue # 5/93

NEWSLETTER

CLEAN TIME BIRTHDAYS

One Year

Mike A.
Kent
Trish S.
Debbie C.

Salina
Great Bend
Topeka
Topeka

Eighteen Months

Jim B.
Marco D.
Becky H.
Dewayne
Charles C.

Lawrence
Salina
Lawrence
Topeka
Topeka

Two Years

Jennifer J.
Mike T.
Jeff Z.
Ross M.
Bob K.

Salina
Salina
Salina
Hoisington
Topeka

Three Years

Kathy

Salina

Four Years

Cherrie
Larry R.

Great Bend
Topeka

Seven Years

Dave H.
Betty P.
Lori H.

Newton
Wichita
Wichita

Eight Years

Jim W.
Bob B.
Mike G.

Newton
Topeka
Topeka

Nine Years

Alan R.

Salina

Ten Years

Curtis B.
Laura M.
Jerry C.
Sue W.
John J.
Roy P.
Karen C.

Wichita
Wichita
Topeka
Newton
Newton
Newton
Salina

Eleven Years

Laurie

Topeka

Thirteen Years

Bill S.

Topeka

Sixteen Years

Jim M.

Topeka

NEWSLETTER

KEEP COMING BACK



FROM THE EDITOR



Hi, my name is Nate and I'm an addict. We've got enough stuff for this issue all of a sudden and I think that Laura and I have outdone ourselves! You be the judge. Big Birthday list this issue, if you know of someone celebrating a clean time birthday of a year or more, send the name, time, and home group name to the newsletter and we'll print it in the birthday column. We are recovering in larger and larger numbers!!!

Hopefully this issue gets to you after the Thanksgiving holiday and you have had a chance to verbalize the gratitude we have for living clean today! Thanksgivings have been very special in my recovery because I have a close, warm, sharing relationship with my family. This was decidedly not the case when I was drugging. Hope your holiday experience is the same. The regional was interesting and contrary to rumor, I did not resign my post as editor of the Newsletter. What I did was ask people to start looking for another editor to take my place, since three years is probably long enough for this position. Time to get some fresh blood involved. If you have a desire to take over the Newsletter editor position, give me a holler. I will stay at the helm until the job is firmly transferred to someone else. I am committed to being here as long as it takes.

The budget for the 1994 year was adopted by the Region at the last RSC and the Regional Meeting list is out! (See This Issue)

Lots of events going on, see the flyers in this issue

and get out to recovery functions and have fun dang it!

The cover for this issue was the result of the confusion the newcomer has expressed about all the choices in literature in Narcotics Anonymous. All the more reason to get a sponsor to help sort out which and what books are important. The fellowship has seen a blizzard of new literature in the last two years, with more on the way. What do you think about that? What do you think about the new It Works, How and Why? Does it simplify step work or complicate it? Have you read it? Write me and let the Newsletter know what you think?

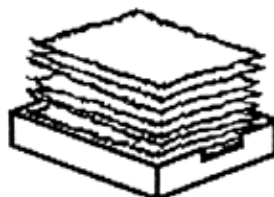
The World Service Inventory is well under way. If your group has not gotten a survey form, that means you are not registered with the World Service Office and that you need to either register or update your registration for your Group. Call (818)780-3951 for more info. Get with it! Stay clean no matter what! In Service, Nate F.

Nate F.
HELLO! Hi everybody! Wow less than two months and we'll ring in a new year but let me stop right there and let you know that right now I'm grateful and hopefully we a little help from the fellowship of Mid-America we will get two more issues out. Peace and don't eat too much turkey.

In Service, Laura H.

Laura H.

JOIN US!



To Mid-America Region:

Nov. 93

As some of you know and some of you don't know, I've served the past year as Chairperson for the Regional Literature Subcommittee.

As much as I love serving in this committee I also strongly believe in the rotation process. With that in focus I am grateful to announce that Betty P. from Wichita has been elected this position.

The past year has been exciting in the World of Literature, for instance, "Just For Today", our first meditation book, which came out at the end of '92, and "It Works-How and Why", our guide through the 12 Steps and 12 Traditions.

I would like to recognize and thank all members who sat in the workshops that reviewed and later approved these works. I also want to thank the editor Nate for keeping the Mid-America Newsletter going.

Gratefully Serving,
Tim S.

OUT OF THE DARKNESS

9/7/93

RON J.

In the heat of the summer night
With the light of the window shimmering bright
The demons of the past keep wanting in
The light must draw them, they keep coming back
I fight and I wrestle to stay out of the black
The light is what I want, shining bright

To cleanse my soul of the deep black fear
That clutches and clings and won't let anyone near
to be free of the past and the old ideas
Let the light of the window shine on me so bright
I know with all of my heart and soul, God is that light
But I can't get rid of the deep black fear

The deep black fear that grips my heart
That pulls and threatens to tear me apart
The fear that lives in my soul day and night
The fear that seems to always keep me sad
Or rips me apart and makes me mad
Oh, just to have some peace of mind and heart

The fear that comes from the pain inside
The shame and the hurt I tried always to hide
The shame from the past that eats me alive
The hurt that keeps me hidden inside a wall
A wall that's big and thick and tall
To be rid of the fear so I don't have to hide

To be rid of the fear, the hurt and shame
My feelings and anger I want to tame
To live in the light that's always been there
To feel like a person with feelings and rights
To come out of the darkness, to see the lights
For the body, mind and soul to be one in the same

To reach the light I know God holds near
To cleanse my soul from the deep black fear
Let the light from the window, shine on me so bright
To be rid of the hurt, the anger and pain
To let God cleanse my soul with the fresh fallen rain
The rain that comes like a fresh fallen tear

The tears that wash away the darkness of night
That cleanse my soul and let in the light
The tears that fall from the healing inside
Thank You God for the people, You've put near
To help me get through the deep black fear
Out of the darkness and into the light

A. Disease of Addiction

We know that we are powerless over a disease that is incurable, progressive and fatal. If not arrested, it gets worse until we die. We cannot deal with the obsession and compulsion. The only alternative is to stop using and start learning how to live. When we are willing to follow this course of action and take advantage of the help available to us, a whole new life is possible. In this way, we do recover. (p.88-89, Basic Text)

We never fully recover, no matter how long we stay clean. (p. 80)

We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death. (p.3)

We suffered from a disease from which there is no known cure. It can, however, be arrested at some point, and recovery is then possible. (p.13)

The progression of recovery is a continuous, uphill journey. Without effort we start the downhill run again. The progression of the disease is an ongoing process, even during abstinence. (p.79)

B. Relapse

RELAPSE: (Webster's Third New International Dictionary)
1: the act or fact of backsliding, becoming worse 2: a recurrence of an illness; especially recurrence of symptoms of a disease after a prolonged abatement 3: to slip or fall back into a former state (as of illness) after a change for the better

Experience shows that those who do not work a program of recovery on a daily basis may relapse. We are never forced into relapse. We are given a choice. Relapse is never an accident. Relapse is a sign that we have a reservation in our program. (p.76)

Self-will still leads us to make decisions based on manipulation, ego, lust, or false pride. We don't like to be wrong. Our egos tell us we can do it on our own, but loneliness and paranoia quickly return. (p.77)

When a resentment or any other emotional upheaval occurs, failure to practice the steps can result in relapse. (p.77)

Gcomplacency is the enemy of members with substantial clean time. If we remain complacent for long, the recovery process ceases. (p.80)

These are the kinds of things that lead us to relapse: ...we begin to slight our program ... leave loopholes in our daily lives ... stumble blindly in the belief that we can make it on our own ... we fall into the illusion that drugs make life better ...not taking care of our personal affairs (lowers self esteem and establishes a pattern that repeats itself in all areas of our lives) ... we begin to avoid our new responsibilities by missing meetings, neglecting Twelfth Step work, or not getting involved, our program stops ... our ability to remain open-minded disappears ... we become angry and resentful toward anyone or anything ... we may begin to reject those who are close to us ... we isolate ourselves ... we become sick of ourselves ... we revert back to our sickest behavior patterns without even having to use drugs. (pp.76-77) ... denial returns, along with obsession and compulsion ... guilt, remorse, fear, and pride may become unbearable ... our backs are against the wall (pp.80-81)

C. Recovery

If we relapse, we may feel guilt and embarrassment. Our relapse is embarrassing, but we cannot save our face and our ass at the same time. We find it is best to get back on the program as soon as possible. It is better to swallow our pride than to die or go permanently insane. (p.82)

Complete and continuous abstinence, however, in close association and identification with others in N.A. groups is still the best grounds for growth. (p.74)

To step out alone and run our own lives again draws us, yet we seem to know that what we have has come from dependence on a power greater than ourselves and from the giving and receiving of other in acts of empathy.

Quality and not quantity is the most important aspect of abstinence. Emotional sobriety in reality is our goal, not mere physical abstinence. (2nd Edition, p.72)

... we begin sharing with others, and we find hope. Attending meetings daily, living a day at a time, and reading literature seems to send our mental attitude back to the positive. Willingness to try what has worked for others is vital. Even when we feel that we don't want to attend, meetings are a source of strength and hope for us. (p.79)

Members of the fellowship are willing to help a relapser recover and have insight and useful suggestions to offer when asked. (p.80)

Recovery begins with surrender. (p.86)

Complete surrender is the key to recovery, and total abstinence is the only thing that has ever worked for us. In our experience, no addict who has completely surrendered to this program has ever failed to find recovery. (p.87)

In our recovery, we find it essential to accept reality. (p.87)

In recovery, we learn to depend on a power greater than ourselves. (p.87)

Eventually we are shown that we must get honest, or we will use again. We pray for willingness and humility and finally get honest about our mistaken judgments or bad decisions. We tell those we have harmed that we were to blame and make whatever amends are necessary. We know that the Steps prevent relapse. (p.82)

If we are plagued by an obsession to use, experience has taught us to call a fellow recovering addict and get to a meeting. (p.83)

We do not have to understand this program for it to work. All we have to do is follow direction. (p.88)



P.O. Box 9999
Van Nuys, CA 91409
(818) 780-3951



Later this month the NA Fellowship will make history--and your group, your ASC, your RSC can be part of it!

This April NA's World Service Conference put together a plan for the first-ever inventory of our world services. Three questionnaires have been developed: one for NA groups, one for area committees, and one for regional committees. The questionnaires will be mailed out later this month directly to each RSC, ASC, and NA group registered at our World Service Office. The questionnaires will ask the fellowship to take inventory of different sides of NA's world services. Your response to these questionnaires will help our trusted servants and special workers keep doing what works well, change what doesn't work so well, and provide new services to help NA better carry its message to the addict who still suffers.

There are two ways your area or regional committee can help right now in the inventory project. First, make sure your RSC or ASC plans ahead to set aside thirty minutes to an hour at its next regular meeting for completing the questionnaire. Second, make sure that word about the questionnaire gets out as soon as possible to the NA groups in your part of the world, and encourage the groups to take part in the survey once it arrives. We cannot afford to send out an advance notice about the questionnaires to every NA group on the planet. That's why we are counting on your ASC or RSC to spread the word.

With your involvement, NA's world services inventory can help lead Narcotics Anonymous into a new century of unity, sharing and caring the NA way. Please participate in your fellowship's growth by participating in the inventory.

THE **NA Way**
MAGAZINE®

_____one year US *15
 _____two year US *28
 _____three year US *39

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____ check or money order enclosed;
or credit card order.

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Address _____

City _____ State/province _____ Zip _____

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Exp. Date

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Signature _____ Phone _____

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M A G A Z I N E ®

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THE
N A Way
M A G A Z I N E ®

PO Box 9999
Van Nuys, CA 91409-9999
(818) 780-3951

8 October 1993

Dear N A Way Supporters,

The N A Way Magazine would like to express its heartfelt thanks for your
articles, letters, comments, etc, received in our office.

We would like to take this opportunity to encourage all of you to continue to
submit articles. We are in need of stories if we are to keep this wonderful magazine
alive. Many of you may have material that has not been accepted; please don't get
discouraged. Many have material that has already been released, and some may still
be in the evaluation stage. Whichever category you fall under, remember, we value
all of your support and would love to keep hearing from you.

If you are stumped about what to write, you will find a list of some suggested
topics below. We encourage you to share your experience, strength, and hope.

Thanks again. We hope to be hearing from each and every one of you.

Topic Suggestions:

1. The steps
2. Experiencing your first N A meeting
3. The joys and perils of sponsorship, as either a sponsor or a spousee
4. Conflict resolution--for instance, in a service committee meeting
5. Deliverance from distress
6. Getting a job/losing a job
7. Development of more stable relationships
8. Having, and finding relief of, the urge to use
9. Relapsing and making it back
10. Recognition of spiritual forces

The N A Way Magazine
WSO Publications Team

Enclosure: copyright release

put on Nails It on southside of school bldg.

ATTENTION

The McPherson NewLife Ladies ~~has~~ ^{has} ~~been~~ ^{moved} to a new location effective ~~Friday~~ ^{Friday} Sept. 10, 1993. It will be at Park School, 210 N. Elm. *Entrance is the door on the Southeast corner of the building. The room is at the bottom of the steps. Meetings will be on Tuesday and Friday evenings at 8:00 p.m. (no smoking). In the future, Speaker meetings will be held once a month in the Auditorium with planned activities afterwards.

The NewLife Ladies looks forward to having everyone attend and support the group. This will be a positive change for the group and a chance for it to grow & flourish.

"Each group should be autonomous except in matters affecting other groups or N.A. as a whole"

NIA Tradition Four

Carrying The Message of Recovery



The Twelve Steps

The Twelve Traditions

NEVER ALONE N.A. of Great Bend MEETS

2322 KANSAS AVE. GREAT BEND KS.

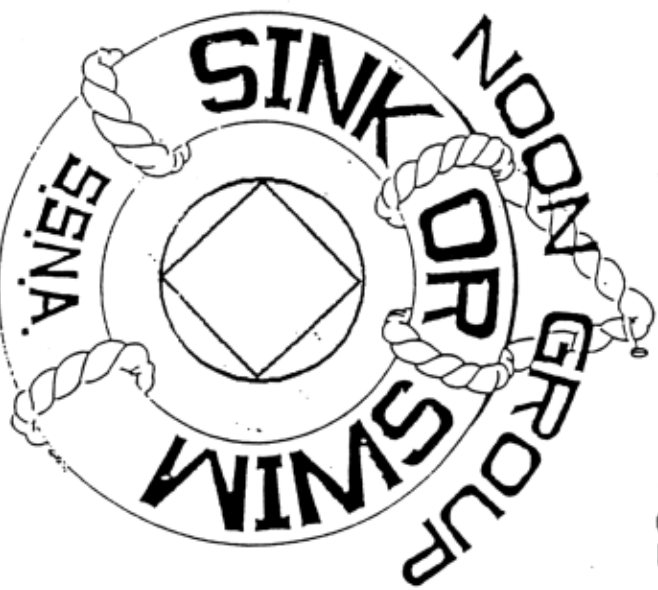
Mon's 8:30pm. (open) Thur's 8:30 pm. (open)
BASIC TEXT STUDY *Good Two Starlings*
(candlelight)

If you want help or information about meetings, call Kent (316) 793-9458
The only requirement for membership is a desire to stop using drugs.



Although our minds told us that we would never make it, the people in the Fellowship gave us hope by insisting that we could recover. Surrounded by fellow addicts, we realized that we were not alone anymore.

Third Annual



7-11 pm, Feb. 4, 1994
 Washburn University
 Petro Allied Health Center
 19th & Mulvane, Topeka, KS

Speaker
 Glenn S.
 Branson MO.

Speaker-Swimming-Golf
 \$3.00 Single-\$5.00 Family

BE ON THE DANCE FLOOR, BRINGING IN 94"
 NEW YEARS EVE 1993
 MARONA XI FUNDRAISER

HOSTED BY - MIRACLE AREA, LAWR. KS.

4-H FAIRGOUNDS - 2120 HARPER LAWR. KS.

FELLOWSHIP & FINGERFOOD AT 7:00

SPEAKER AT 8:00 - RAPHEAL A. DES MOINES, IA.

OR SARA M. ABILENE, KS.

DANCE AT 9:00-D.J.

CLEANTIME COUNTDOWN-RAFFLE & AUCTION
 BE FINE. DRESS TO THE NINES -
 -TO CELEBRATE A GIFT CALLED LIFE!

SINGLE - \$4.00 / COUPLE \$7.00

NO ADDICT TURNED AWAY

SURPRISE AT 12:30



Literature Learning Day

January 29, 1994

4-H Fairgrounds, Lawrence KS

C.A.R. Workshop at noon

Literature Workshop at 2:00

Newsletter Workshop at 3:00



Dinner Break at 5:30

Speaker at 7:00

Dance, auction and raffle !!

Info: Chris H. 913-748-0753

HEY LETS GET HIGH ON LIFE !!

CHILI BOWL 4

A CONVENTION FUND RAISER

HOSTED BY: MARCNA XI

SATURDAY DEC.4th

KNIGHTS OF COLUMBUS HALL

ELLINWOOD KS

\$3 PER PERSON \$5 PER COUPLE
(but no one will be turned away)

CONTACT WAYNE 792-8648

PLEASE BRING AUCTION ITEMS

MENU

CHILI

CHICKEN NOODLE SOUP

COFFEE TEA

EVERYONE PLEASE BRING

A SIDE DISH OR DESSERT

SCHEDULE of EVENTS

5:00-6:45PM DINNER SERVED

6:45-7:15PM CHILDREN'S

PINATA

(age 12 & under)

7:30-8:30PM GUEST SPEAKER ^{Don't} _{boy}

9:00-7:777 DANCING O.J.

LOOKING FOR EVERYONE-BRING A NEWCOMER!!!

Friday, 12:00 noon • Open, L. P. N. T. W. M.
Friday, 8:00 p.m. • Open, B. L. M. W. S. N. Y. T

Unity Group
202 1/2 E. Iron, Salina, KS 67401
Tuesday, 8:00 p.m. • Open, O

Clean and Crazy
2409 Scanlan Ave., Salina, KS 67401
Thursday, 8:00 p.m. • Open, C. O. P. K. D. •

SCOTT CITY - SCOTT CO.

Second Chance
308 1/2 Main, Scott City, KS 67871
INFO LINE - (913) 462-6474
Thursday, 8:30 p.m. • Open, O

SYRACUSE - HAMILTON CO.

Syracuse Desperados Group
409 N. Main, Syracuse, KS 67878
Wednesday, 8:00 p.m. (Mountain Time) • Open, O. #, B. C

TOPEKA - SHAWNEE CO.

Over the Rainbow
701 S.W. 8th, Topeka, KS 66601
Help Line - (913) 232-6683
Monday, 7:30 p.m. • Closed, •
Starting All Over
1219 S.E. 27th, Topeka, KS 66601
Thursday, 7:00 p.m. • Open, O
N.A.N.A.
701 S.W. 8th, Topeka, KS 66601
Sunday, 8:00 p.m. • Open, S. D

Rotating Home Group - Call (913) 232-6683
Friday, 10:00 p.m. • D

Noon Group
1700 College Blvd., Topeka, KS 66601
Monday, 12:00 noon • Open, O. •
Friday, 12:00 noon • Open, O. •

United Survivors

400 Washburn, Topeka, KS 66601
Sunday, 3:00 p.m. • Open, #, K. S. D. P. B. O. L.
Thursday, 8:00 p.m. • Closed, #, K. S. D. P. B. O. L.
Spiritual Connection
17th & Collins West Entrance, Topeka, KS 66601
Wednesday, 8:00 p.m. • Open, #, M. W. G. T. L. O. C. N

Q/1 of Life

621 N.W. Paramount, Topeka, KS 66601
Friday 8:30p.m. - 10:00 p.m. Open.D. • O.M.W
Work the Steps or Die MF

1248 Buchanan, Topeka, KS 66601
Tuesday, 7:30 p.m. - 9:00 p.m. • Open, R. K. S. D. N. O

We Do Feel

Rotating Home Group - Call (913) 232-6683
Sunday, 6:00 p.m. • Open, W. O

Saturday Night Special

Rotating Home Group - Call (913) 232-6683
Saturday, 9:00p.m. - 10:00 p.m. • Closed, C

ULYSSES - GRANT CO.

Genesis Group
Ulysses, KS 67860
Saturday, 8:00 p.m. • Open, O
Monday, 8:00 p.m. Closed, B

WICHITA - SEDGWICK CO.

Unity Group
1555 S. Water, Wichita, KS 67203
Sunday, 7:00 p.m. • Open, O

Monday, 7:00 p.m. • Open, O
Tuesday, 7:00 p.m. • Open, #

Wednesday, 7:00 p.m. • Open, O
Thursday, 7:00 p.m. • Open, O
Friday, 7:00 p.m. • Open, O
Saturday, 7:00 p.m. • Open, #

High Noon

1555 S. Water, Wichita, KS 67203
Sunday, 12:00 Noon • Open, •
Tuesday, 12:00 noon • Open, •
Thursday, 12:00 noon • Open, •

Riverside Candlelight

875 Spaulding, Wichita, KS 67203
Tuesday, 8:30 p.m. • Closed, #, C. O. M. W
Wichita Womens Group
3750 E. Douglas, Wichita, KS 67203
Monday, 7:30 - 9:00 p.m. • Closed, #, W. D

Spiritual N Free

3750 E. Douglas, Wichita, KS 67203
Saturday, 8:00 p.m. • Open, #, D. P. C. O. •

DRUG PROBLEMS? We've Been There CALL ...

NARCOTICS ANONYMOUS

Help Line and Area's in Mid-America Region

CENTRAL KANSAS AREA

Info Line - (316) 792-1891
P.O. Box 1381, Great Bend, KS 67530
Oret Bend, Hays, Herington, Pratt
Elkhart, Elkhart, Elkhart

FELLOWSHIP FOR FREEDOM AREA

Help Line - (913) 232-6683
P.O. Box 873, Topeka, KS 66601

JUST FOR TODAY AREA

P.O. Box 171, Ottawa, KS 66067
Emporia, Paola, Ottawa, Gardner, Olathe
NARCOTICS AREA

Info Line - (913) 749-6631
P.O. Box 898, Lawrence, KS 66044

OZ AREA

Info Line - (913) 462-6474
P.O. Box 133, Colby, KS 67701
Scott City, Colby, Norton, Hild City, Lead

UNITY AREA

Salina - (913) 623-1966
Manhattan - (913) 778-9933
Bellevue, Salina, Hutchinson, Concordia,
Marionville, Salina, Abilene, McPherson, Newton

WESTERN KANSAS AREA

Info Line - (316) 223-3072
P.O. Box 3, Ulysses, KS 67860
Dodge City, Garden City, Liberal, Syracuse, Ulysses,
Gunnison, OTO

WICHITA METRO AREA

Info Line - (316) 945-8645
P.O. Box 3493
Wichita, KS 67201-3493

MID-AMERICA REGION

P.O. Box 8732
Wichita, KS 67208

Other Areas Not In The

Mid-America Region
U.S.C.A. Helpline - (816) 531-2250
South East Kansas - 1-800-955-3454

SUGGESTIONS

- Don't use drugs: go to meetings
- Attend 90 meetings in 90 days
- Come early and stay late
- Use the phone
- Avoid people, places, and things you used with

Names - Phone Numbers

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends - jails, institutions, or death, or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For this first time in history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual - not religious program, known as Narcotics Anonymous.

NARCOTICS ANONYMOUS

MID-AMERICA REGIONAL

MEETING DIRECTORY
UPDATED - November 1993



That No Addict
Seeking Recovery
Need Ever
Die.

A listing in this directory does not constitute nor imply endorsement of any group/meeting or its approach or practice of the Twelve Traditions of the Narcotics Anonymous Program.

LEGEND

- 1. Services for Hearing Impaired
- H. Child Care Available
- S. Non-Smoking
- 3. Step Study
- Q. Services for Sight Impaired
- Q. Question and Answer
- M. Men
- W. Women
- O. Open Discussion
- T. Traditions
- Wheelchair Accessible
- Open - Meeting open to all
- R. Restricted Access
- E. Speaker
- D. Discussion
- P. Participation
- B. Book Study
- N. Newcomer
- T. Young Persons
- C. Candlelight
- L. Literature
- G. Gay/Lesbian
- Closed - Meeting for addicts only or those who think they may have a drug problem

ABILENE - DICKERSON CO.

Clear and Serene in Abilene
N.W. 4th & Cedar, Abilene, KS 67410
Info Line - (913) 263-4342
Friday, 8:00 p.m. • Open D.#

AUGUSTA - BUTLER CO.

Just for Today N.A. Augusta
1235 Starkey, Augusta, KS 67010
Tuesday, 8:00 p.m. • Closed P
Saturday, 8:00 p.m. • Closed P

BLUE RAPIDS - MARSHALL CO.

An Addict Alone
Blue Rapids, KS 66411
Help Line - (913) 232-5683
Saturday, 12:00 noon • Open, O

COLBY - THOMAS CO.

New Hope NA
110 East 5th, Colby, KS 67701
Info Line - (913) 462-6474
Sunday, 8:30 p.m. • Open, O, C, L, N, R, P, #
Friday, 8:30 p.m. • Open, O, C, L, N, R, P

CONCORDIA - CLOUD CO.

Yavua Group
510 State St., Concordia, KS 66901
Sunday, 7:00 p.m. • Open O, M, W, #

DERBY - SEDGWICK CO.

Derby Group
431 S. Woodlawn, Derby, KS 67037
Tuesday, 8:00 p.m. • Open #, P, #

DODGE CITY - FORD CO.

11th Step Group
2009 Thompson, Dodge City, KS 67801
Sunday, 7:30 p.m. • Open, P, M, W
Gretelinde Group
Ave. P & Rosewell St., Dodge City, KS 67801
Monday, 7:30 p.m. • Open #, O, •
Friday, 7:30 p.m. • Open #, O, •

Against All Odds

Mikan Street, Dodge City, KS 67801
Tuesday, 7:00 p.m. • Closed D.B. •
Thursday, 9:30 • Closed, C, O, •
Saturday, 7:00 p.m. • Open D.O. •
How It Works

North 14th, Dodge City, KS 67801
Wednesday, 8:00 p.m. • Open D, P, M, W, O, •

ELLINWOOD - BARTON CO.

We Want It
Fritz & A St. Ellinwood, KS 67826
Tuesday, 8:00 p.m. • Open O, P, R, L

ELLSWORTH - ELLSWORTH CO.

Surrender
4th & Douglas, Ellsworth, KS 67439
Info Line - (316) 792-1991
Monday, 8:00 p.m. • Open, D

EMPORIA - LYON CO.

Pioneer Group
1107 B Commercial, Emporia, KS 66801
Info Line - (316) 342-8487
Sunday, 10:00 a.m. • Open, #, •, D
Sunday, 7:00 p.m. • Open, D, •
Monday, 12 noon • Open, D, •
Monday, 8:00 p.m. • Closed, D, •
Tuesday, 8:00 p.m. • Open, #, •, D
Wednesday, 8:00 p.m. • Open, B, •
Wednesday, 12 midnight • Open, D, C, •
Thursday, 8:00 p.m. • Open, #, •, D
Friday, 12 noon • Open, #, •, D
Friday, 8:00 p.m. • Open, D, •
Saturday, 6:30 p.m. • Open, #, •, D, C
Saturday, 8:00 p.m. • Open, D, •

GARDEN CITY - FINNEY CO.

New Way
Main & Walnut, Garden City, KS 67846
Info Line - (316) 273-7772
Monday, 7:00 p.m. • Open, O
Wednesday, 7:00 p.m. • Open, O
Friday, 7:00 p.m. • Open, O
Cross Roads
805 N. Main, Garden City, KS 67846
Friday, 7:00 p.m. • Open, O

GARDNER - JOHNSON CO.

N.A.W.
1-35 & 175th Street, Gardner, KS 66030
Info Line - (913) 884-6608
Monday, 7:00 p.m. • Open, D
Wednesday, 7:00 p.m. • Closed, B
Friday, 8:00 p.m. • Open, C

GREAT BEND - BARTON CO.

Newer Alone
24th & Kansas, Great Bend, KS 67830
Info Line - (316) 782-1991
Monday, 8:30 p.m. • Open, D
Thursday, 8:30 p.m. • Open, D

High on Life GABA

9th & Hubbard, Great Bend, KS 67830
Wednesday, 8:00 p.m. • Closed, D
Friday, 8:00 p.m. • Open, D

GUYMAN, OK - TEXAS CO.

Last Chance
1004 NE Highway 54, Guyman, OK
Sunday 8:00 p.m. • Open, O

HAYS - ELLIS CO.

Fellowship For Freedom
410 Oak, Hays, KS 67601
Info Line - (316) 792-1991
Tuesday, 8:00 p.m. • Open, R, D, P, C, O, L

Friday, 11:00 p.m. • Closed, R, D, P, C, O, L
Saturday, 10:00 p.m. • Open, R, D, P, C, O, L

HILL CITY - GRAHAM CO.

Just For Today
510 S. Third, Hill City, KS 67642
Tuesday 8:00 p.m. • Open

HOISINGTON - BARTON CO.

Hoisington Group
5th & Walnut, Hoisington, KS 67544
Info Line - (316) 792-1991
Monday, 7:30 p.m. • Open, S, D
Thursday, 7:30 p.m. • Closed, O, S

HUTCHINSON - RENO CO.

Gift of Life
2000 N. Jackson, Hutchinson, KS 67501
Sunday, 8:00 p.m. • Open, B, N, C, O, L, T, P, K
Monday, 8:00 p.m. • Open B, N, Y, C, O, L, T, P
Tuesday, 8:00 p.m. • Open B, N, Y, C, O, L, T, P
Wednesday, 8:00 p.m. • Open K, S, P, B, N, Y, C, O, T
Thursday, 8:00 p.m. • Open K, S, P, B, N, Y, C, O, T
Friday, 8:00 p.m. • Open P, S, K, B, N, Y, C, O, T
Friday, 12:00 midnight • Open P, K, S, B, N, Y, C, O, T
Saturday, 8:00 p.m. • Open P, K, S, B, N, Y, C, O, T

LAWRENCE - DOUGLAS CO.

Step By Step
946 Vermont, Lawrence, KS 66044
Info Line (913) 749-9631
Monday, 8:00 p.m. • Closed, #, B, •

New Way

345 Florida, Lawrence, KS 66044
Tuesday, 8:00 p.m. • Closed, #, B, •
Wednesday, 7:00 p.m. • Closed, #, B, •
Thursday, 8:00 p.m. • Open, #, O, •
Saturday, 10:00 p.m. • Open, #, C, O

Lorita Soul

847 Ohio, Lawrence, KS 66044
Sunday, 7:00 p.m. • Open, H, #, K, D, •
1527 W. 6th, Lawrence, KS 66044
Tuesday, 12:00 Noon • Closed, B, •
Wednesday, 12:00 Noon • Closed, B, •
Friday, 12:00 Noon • Closed, D, •

Free At Last

2306 Iowa, Lawrence, KS 66044
Saturday, 6:00 p.m. • Open, O

Larrytown

1900 W. 31st, Lawrence, KS 66044
Monday, 7:00 p.m. • Closed, D
1011 Vermont, Lawrence, KS 66044
Wednesday, 8:00 p.m. • Open, H, O, •
1024 Kansas, Lawrence, KS 66044
Friday, 8:00 p.m. Closed, #, D, •

LEOTT - WICHITA CO.

Last Chance
111 1/2 N. 2nd, Leoti, KS 67861
Info Line - (913) 462-6474
Monday, 8:30 p.m. • Open, O

LIBERAL - (316) 624-2818

MANHATTAN - RILEY CO.

Little Apple Group
1823 College Avenue, Manhattan, KS 66502
Info Line - (913) 776-9933
Monday, 8:00 p.m. • Open, #, •, B

Friday, 8:00 p.m. • Open, #, •, O
901 Yuma, Manhattan, KS 66502
Wednesday, 8:00 p.m. • Open, #, •, L
121 North 6th Street, Manhattan, KS 66502
Saturday, 7:00 p.m. • Open, #, •, O

MC PHERSON - MC PHERSON CO.

New Life Ladies
210 N. Elm, McPherson, KS 67460
Tuesday, 8:00 p.m. • Open, C, O, #
Friday, 8:00 p.m. • Open, C, O, #

NEWTON - HARVEY CO.

Promises of Freedom
400 S. Ash, Newton, KS 67114
Monday, 7:30 p.m. • Open, K, D, C, O, #
Wednesday, 7:30 p.m. • Open, O, C, K, D, #
Friday, 7:30 p.m. • Open, C, K, O, D, #

Newton H.O.W.

429 E. First, Newton, KS 67114
Monday, 12:00 Noon • Tuesday, 8:00 p.m.
Thursday, 8:00 p.m. • Saturday, 8:00 p.m.

NORTON - NORTON CO.

Freedom of Choice
VFW Hall, Norton, KS 67854
Info Line - (913) 462-6474
Thursday, 8:00 p.m. • Closed, O
Saturday, 8:00 p.m. • Open, O

OSAWATOMIE - MIAMI CO.

Huge Not Drugs
5th & Parker, Osaawatomie, KS 66064
Friday, 6:30 p.m. • Open, D

OTTAWA - FRANKLIN CO.

Allie N'Kick In
4th & Hickory, Ottawa, KS 66067
Tuesday, 8:00 p.m. • Open, #, D
Thursday, 8:00 p.m. • Open, #, D
Saturday, 8:00 p.m. • Open, D, #, C

PAOLA - MIAMI CO.

By Choice
113 West Wren, Paola, KS 66071
Wednesday, 8:00 p.m. • Open, D
Sunday, 2:00 p.m. • Open, D

PRATT - PRATT CO.

Pratt New Adventure Group
School & Oak Street, Pratt, KS 67124
Info Line - (316) 792-1991
Wednesday 8:00 p.m. • Open, D

SALINA - SALINE CO.

Late Night with NA
202 1/2 E. Iron, Salina, KS 67401
Info Line - (913) 823-1986
Sunday, 12:00 midnight • Open, O, C
Tuesday, 12:00 midnight • Open, C, O
Thursday, 12:00 midnight • Open, C, O
Friday, 12:00 midnight • Open, C, O
Saturday, 12:00 midnight • Open, C, O

Phoenix Group

202 1/2 E. Iron, Salina, KS 67401
Sunday, 8:00 p.m. • Open, M, W, T, L, K, N, Y, L
Monday, 8:00 p.m. • Open, W, M, N, Y, L
Wednesday, 8:00 p.m. • Open, T, F, N, Y, L, W, M