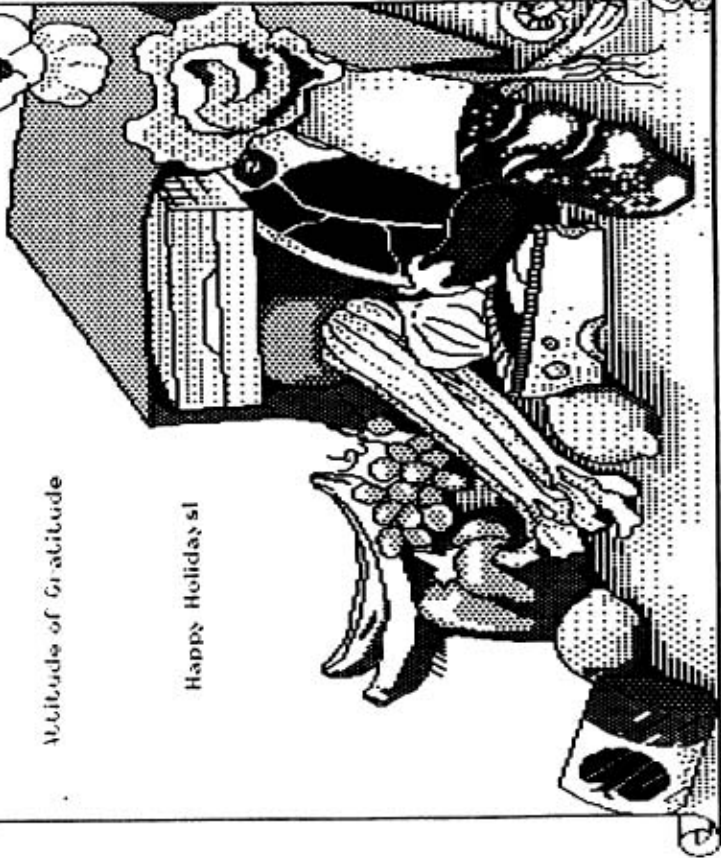


**Mid  
America  
Newsletter  
Issue #6  
1993**

Attitude of Gratitude

Happy Holidays!



I'm an Addict and my name is Nate. Here we go again...another issue of recovery stuff to pour over. We're a little behind in production of issues for 1993 and it's already 1994! Don't worry...we will give you all the issues that you've paid for, but we could use some help. The Newsletter has adopted a policy that will reward those who submit articles or art work that we use with a years subscription. I hope that will provide some incentive for us addicts to contribute original material for the Mid-America Newsletter.

A word about the expiration date that is on your mailing label. This date, example Issue 5-94, indicates that your subscription will expire on the fifth issue of 1994. Since we have promised 8 issues in 1993 and this is only issue #6, we will produce issues #7 and #8 for 1993 in the first three months of 1994. If you are confused by all this just trust me, it'll all work out.

a word to all the Area Secretaries. Those who have been sending business minutes- thank you. Those who have not-you are not taking advantage of the Newsletter.

In Service,

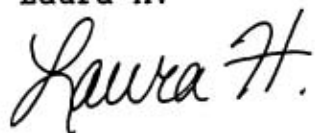
Nate F.



Hello, it's me the procrastinator of the two of the co-chairs. I've been discouraged with this newsletter. Hopefully at the next regional we'll be able to open up more lines of communication between our staff (Nate and Me) and the groups of Mid-America Region. We need your help to make this meeting on paper something to look forward to. I'm hanging in there and I would like to take this opportunity to thank those addicts who attended the last workshop in Lawrence for your original work. It will be coming out in the next issues. So until the next newsletter we'll be seeing you.

In Service,

Laura H.



# CLEAN TIME BIRTHDAYS

# NEWSLETTER

## One Year

Ben S.	Emporia
Bruce	Emporia
Bruce	Newton
Dean McW.	Emporia
Jeff P.	Lawrence
Kurt	Newton
Mike	Salina

## Eighteen Month

Amy K.	Emporia
Anita G.	Ellsworth
Charles C.	Topeka
Jeffrey P.	Salina
Joyce M.	Lawrence
Kris P.	Salina
Shelly M.	Lawrence

## Two Year

Bob K.	Topeka
Cindy S.	Emporia
Jeno F.	Emporia

## Four Year

Mary	Emporia
Ray G.	Emporia

## Five Year

Andy B.	Lawrence
Deb M.	Lawrence

## Six Year

Al D.	Hoisington
Jeff	Salina
Laurie H.	Emporia
Sara D.	Hoisington

## Seven Year

Dale H.	Hoisington
Dale S.	Emporia

## Eight Year

Bob B.	Topeka
Greg P.	Lawrence

## Ten Year

Terry C.	Topeka
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## Eleven Year

Pat M.	Emporia
--------	---------

## Fifteen Year

Kevin C.	Hutchinson
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# KEEP COMING BACK

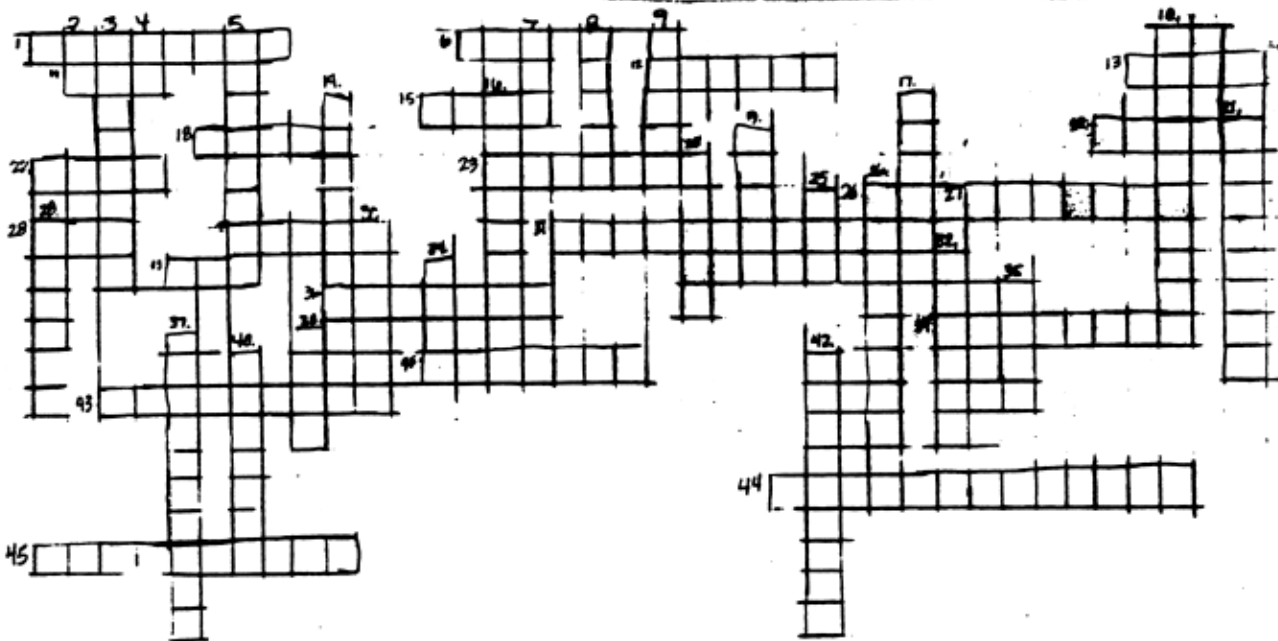
# NEWSLETTER

ACROSS

1. peace of mind and soul
6. find a H.P. in step ...
11. personal inventory in step ...
12. work on contact with H.P. in s
13. NA Basic ...
15. made amends in step ...
18. length of time in service positions
20. easy
22. greatest gift
23. where you see other addicts
26. you will love this person in *recovery*
27. give it away to keep it
28. Area Service Representative
29. number of letters in newcomer
31. principles before ...
33. Regional Service Representativ
36. to use after being clean
39. most important person at any *meeting*
41. let others know who you are by
43. thank you
44. problem area for addicts
45. na is self ... through our own

DOWN

2. phone home
3. goal of 12-steps
4. *ESPN w/o SP*
5. ... we can
7. powerless in step ...
8. list of amends in step ...
9. asked removal of shortcomings
10. m.a.n.
14. group service representative
16. get phone ...
17. turn over will in step ...
19. we are ... not sober
21. recovery out of doors with fire
24. home ...
25. ready to remove defects in step
26. our region
28. i am an ...
30. carry the message with this step
32. guide
34. This too shall ...
35. Name of recovery magazine
37. this keeps us from killing each other
38. fearless inventory in this step
40. at least one human knows my story
42. ... your will



Regional Workshop Results 1-29-94 Lawrence KS  
Table 3, 4, 24

WORLD SERVICE CONFERENCE 1994 MOTIONS

MOTION 1

NO

To amend the . . . guidelines of the World Service Conference [by creating a plan for rotating sites for the WSC between Southern California and the USA/Canada zones, Latin America, Europe/Africa, and Asia/Pacific from 1995 through 2006].

Maker: WSC Administrative Committee

MOTION 2

(yes)

To approve the NA video, *Just for Today*.  
Maker: WSC Administrative Committee

MOTION 3

To proceed with the second year of the two-year world services inventory project, and to make the world services inventory effort the top priority for the duration of this process by providing only basic services during that period.

Maker: Composite Group

MOTION 4

To revise the inventory workplan approved at WSC'93 as shown in Addendum D.

Maker: Composite Group

MOTION 5

YES (HOLD)

That the World Service Conference allow the WSC Outreach Ad Hoc Committee to continue its work during CY 1994-95.

Maker: WSC Outreach Ad Hoc Committee

MOTION 6

YES-

To approve the WSC's "A" worklist for the 1994-1995 conference year:

- 1) *Narcotics Anonymous Step Working Guides*
- 2) *H&I and the NA Member*

Maker: WSC Literature Committee

MOTION 7

(YES)

To amend the TWGSS by adding the phrase, "A working knowledge of the Twelve Concepts for NA Service," to all sections that list the qualifications of trusted servants. Furthermore, that a listing of the Twelve Concepts for Service be included in the TWGSS.

Maker: WSC Policy Committee

MOTION 12

RSR

That the Detroit (DACNA-1) video for the hearing-impaired be approved as a WSO inventory item.

Maker: Chicagoland Region

MOTION 13

NO

That the WSC Literature Committee create an informational pamphlet on the group service representative, to be started at the end of the inventory process.

Maker: Central California Region

MOTION 14

abstention 3/2/6

That the WSO produce updated PSAs for our fellowship's use.

Maker: Iowa Region

MOTION 15

(RSR)

To make the WSC Outreach Ad Hoc Committee a standing committee of the World Service Conference.

Maker: Louisiana Region

MOTION 16

(yes)

To put the *Guide to Service* out for approval for one year during CY 1994-95, to be voted on at WSC'95.

Maker: Southern Nevada Region

MOTION 17

(NO)

In addition to English-language speaker tapes, the WSO also make available NA speaker tapes in languages other than English.

Maker: San Diego/Imperial Region

MOTION 18

(NO)

That the WSC create an ad hoc committee to employ a new executive director for the WSO.

Maker: Greater Illinois Region

MOTION 19

5-3-3

That a parliamentarian be provided for the WSC during the entire conference, and that the individual not have any affiliation with NA.

Maker: Greater Illinois Region

MOTION 20

(yes)

That the WSC treasurer examine all travel reimbursements and expenses claimed of the WSC over the past five years and report back to the 1995 WSC.

Maker: Greater Illinois Region

MOTION 21

(yes)

That the WSC treasurer, working with an outside auditor (CPA), examine all reimbursements for the past five years to include WSO credit cards, phone cards, and regular reimbursements to show accountability.

Maker: Chesapeake and Potomac Region

MOTION 22

RSR

To change the first sentence of the second full paragraph of the description of the Interim Committee's duties in the TWGSS to read as follows:

*Further, the Interim Committee should make only necessary decisions affecting the World Service Conference budget and basic services when the WSC is not in session.*

Maker: Chesapeake and Potomac Region.

MOTION 23

(yes)

To amend the World Services Travel Guidelines section on credit card use, subsection on credit card revocation, by removing the word "may" and replacing it with "will." The sentence will then read as follows:

*Upon presentation of inappropriate and/or unauthorized use, or persistent failure to submit appropriate documentation, immediate notification will be made to the Interim Committee which will verify the use and will then require surrender and cancellation of the credit card, repayment by the individual for all unauthorized credit card charges, and removal from office.*

Maker: Alaskan Region

MOTION 24

To allow WSC boards and committees to continue to work on projects which were in progress at the close of WSC'93 with the funded participation of the respective WSO support staff.

Maker: New England Region

REGIONAL MOTIONS

The following motions have not yet been considered by conference boards and committees. In the section on WSC procedure, the *Temporary Working Guide to our Service Structure* prescribes the following: "All input to the conference, including questions, ideas, motions, suggestions, etc., is directed to a specialized committee." (Page 18) "Regions are strongly encouraged to work through the conference committee system with their input. Experience has shown that the utilization of the broader base and experience of the conference committees allows for more adequate discussion and consideration of fellowship concerns. It should be stressed that two-way communication between the committees and the fellowship is essential." (Page 22) Recommendations on each of these motions will be prepared at WSC'94 by the respective world service boards and/or committees prior to the motions being presented.

MOTION 8

(yes)

That the WSO begin producing and selling an eighteen-month keytag.

Maker: Michigan Region

MOTION 9

(yes)

That the books *Just for Today* and *It Works: How and Why* be made available on audio tapes.

Maker: Michigan Region

MOTION 10

(yes)

That only RSRs vote at the WSC.

Maker: United Kingdom Region

MOTION 11

(NO)

That the WSO obtain a toll-free telephone number.

Maker: Indiana Region

Haley, I'm Chris H. from Lawrence Kansas, a member of the Mid-America Regional Literature Committee, Literature Chair and ASR for the Miracle Area. There are many things in the ASR for NA that I love, and there are many things in NA that I don't like. First, I should state that I am MAD and how I feel now may change by the next time I see some of you. What I love about NA is that it has given me my life, friends, guidelines for living and a Higher Power. One of the things that NA gave me not long after I entered it's doors was a chance to serve. In the past five years that I have been clean I have served as secretary, treasurer, alternate GSR, GSR, alternate ASR, ASR, literature chair, activities chair and most important position of all of these to me, meeting leader.

I have been part of the problem and part of the solution in NA. I have distributed unapproved literature and I have had input on new literature such as, It Works, How and Why NA literature write the IP for Those in Treatment. I truly love NA literature and have enjoyed being a part of that. Though I must say that none of the work on literature took place in this region, it took place in the Show-me region. I attended my first Mid-America RSC as alternate ASR for the Just for Today Area. Because I had worked on the Show-me Regional Literature Committee, I made a B-line for the literature committee. I wanted to know what the Mid-America literature committee was working on, the answer was nothing. I discovered that was policy, this regional literature committee had passed policy restricting them from creating new literature. I found myself at a loss for words. I was shocked the region that held the first world literature conference has a policy not to write new literature. I guess at some point in the past this committee felt that they did not have anything to offer the fellowship as a whole. This is the same committee that gave the Newsletter away, then complained that it wasn't being produced properly or in a timely manner.

I suggested that we put on a regional literature workshop to spark interest in the committee and raise money for the region. Everyone in the committee seemed enthusiastic and with the committee's permission I secured a location and a DJ. Because of some mis-communication I was late to the last regional literature committee meeting at the RSC, even so we made up flyers with a date, a time, and an agenda for the workshop which by the end of the day included a conference agenda report workshop. All of this was agreed to by the former literature chair, the new literature chair, RSR and alternate RSR and myself as contact person. I left the RSC tired but feeling that the literature committee was going to do something I felt good about.

As it grew closer to the day of the workshop I realized that the literature committee had not asked for any money to put on the event, but I did not realize this until after the Miracle Area meeting had passed, my fault. I knew this was my doing and if there was going to be coffee, pop and a DJ I would have to put up the money. Well less than two weeks until the workshop/dance and I had not heard from anyone, I started to get worried. So I started to call people. The literature chair had to work, the RSR was going to be busy babysitting or traveling, either way not

I did talk to the alternate RSR's roommate and he said that he was planning on coming to Lawrence. The alternate literature chair was going to be there. The newsletter editor was working but planned to attend as soon as he got off work. The co-chair is my wife and I was pretty sure she would show up. Who showed up from the region was some addicts from Topeka, Emporia and Lawrence. One ASR not including myself, the RSC chair, the literature co-chair and both editor and co-chair of the newsletter. We workshoped the CAR for three and a half hours as best as we could without the guidance from the RSR or alternate RSR. We talked about literature and were in agreement that we should be able to create new literature or at least be working on something. I would like to say that the dance was a success, well it almost was, I almost broke even.

If you have bothered to read this long winded letter to the Mid-America Newsletter you might be wondering what's your point Chris? My point is that I want to share my experience. In this case my experience is disheartening, I have sat in a regional sub-committee that has done next to nothing for a year and had an opportunity to do something at this workshop and didn't show up. The only other thing I have is a question, this region is planning on sending the RSR and alternate RSR to the World Service Conference in California paying for hotel, food and airfare to carry the region's conscience, when they could not take time out of their schedule to drive to the only regional CAR workshop going on, the question is; does this make sense?

Your friend with an ax to grind in service,  
Chris H.

**ASRS AND REGIONAL OFFICERS**

**Fellowship for Freedom:**

Larry Reyer  
1328 Garfield  
Topeka, KS 66604

Oz Area:  
Susan Kear  
Rt. 1, Box M5  
Mentlo, KS 67753.

**Just for Today:**

Clayton Carr  
925 Chestnut  
Emporia, KS 66801

Western Kansas Area:  
Hugh Hawkins  
Box 212  
Johnson, KS 67855

**Central Area:**

John Lake  
PO Box 66  
Pratt, KS 67124

Michlta Metro Area:  
Betty Parks  
835 Nims  
Michlta, KS 67203

**Miracle Area:**

Chris B. Haley  
887 E 800 Rd.  
Lawrence, KS 66047

Newsletter:  
Mid-America Newsletter  
Subscriptions Department  
PO Box 1560  
Lawrence, KS 66044-1560  
ATTN: Nate

**RSR:**

Warren Jackson  
1001 E MacArthur  
Michlta, KS 67216

ALT RSR:  
Tony Koontz  
Box 129  
Hanston, KS 67849

**FEB. 19 RSC SCHEDULE**

9:00am	Activities & PI	2:00pm	Literature & H&I
11:00am	Steering & Policy	4:00pm	Campout & Convention

Saturday's lunch is a Chili Cook-off.



# MIRACLE AREA

Bowling  
\$5.00 NIGHTS

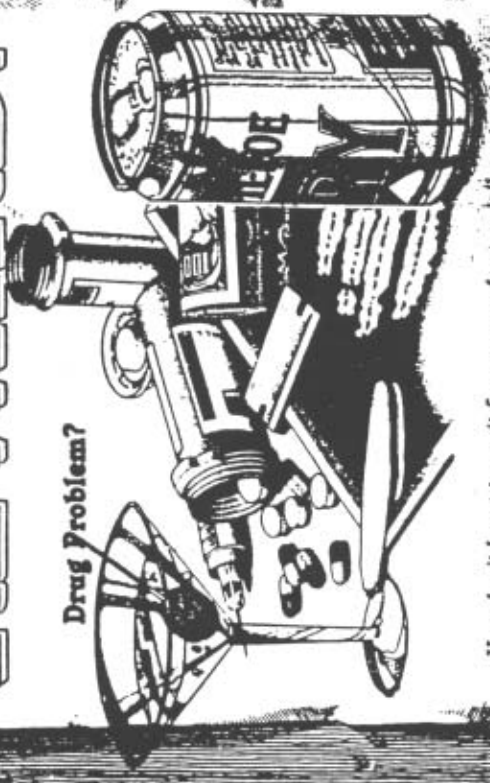
9:30 - 11:30

JAN. 21<sup>ST</sup>

FEB. 4<sup>TH</sup> & 18<sup>TH</sup>

Royal Crest Lanes  
9th Iowa  
Lawrence KS  
SHOES IN PRICE  
INCLUDED

COLLECT YOUR  
**REWARD!**



Drug Problem?

You don't have to wait for an overdose or jail sentence to get help. It is possible to overcome the desire to use drugs with the help of the Twelve-Step Program of Narcotics Anonymous and the fellowship of recovering addicts.

**Narcotics Anonymous**

Your reward can be recovery.  
It is possible to stop using drugs.

☎(913) 749-6631

**THE PIT OF DISPAIR. THE HIEGHTS OF RECOVERY!**

**A STORY BY; NICHOLAS M.**

I GREW UP HARD AND FAST, IMMUNE TO ORGANIZED SOCIETY. BY THE TIME I WAS 16 I FIGURED I WAS 10 FT TALL AND BULLETPROOF!  
I WAS SO WRONG, BECAUSE HERE I SIT IN THIS PIT OF DISPAIR.

I THOUGHT THAT IF ONLY PEOPLE WOULD LEAVE ME ALONE, AND LET ME DO MY THING. THAT I COULD BE COOL AND EVERYTHING. I SAID TO MY FRIENDS I'M 18 NOW, SO PASS THAT BOOZE AND DONT HAVE A COW. I SAID TO MY FRIENDS I'M 21 NOW, PASS THAT COKE OR SNORT IT RIGHT KNOW.  
DON'T THINK ME A FOOL I HAD THE TIME OF MY LIFE I HAD MUCH FUN EVEN WHEN I WAS ON THE RUN.  
BUT THIS MORNING I AWOKE IN TOTAL WITHDRAWL. I CANT FIND MY STASH I CANT FIND ANYTHING.  
ALL AROUND ME ARE FOUR WALLS, EVERYTHING AROUND ME IS PITCH BLACK. I CANT SEE MY HAND IN FRONT OF MY FACE.

THIS WENT ON FOR A LONG TIME.  
ONE DAY I AWOKE TO FIND A LIGHT SHINING DOWN A FLIGHT OF STAIRS. THE VOICE SAID HEY IS THERE ANYONE DOWN THERE. I SCREAMED BACK HELL YES THERE IS, I'M DOWN HERE HELP. IT WAS NO GOOD HE HAD WALKED AWAY.

AT THE BOTTOM OF THE STAIRS I FOUND A LITTLE WHITE BOOK. IT SAID WORK THESE STEPS OR DIE IN YOUR PIT OF DISPAIR.

I RAN UP THOSE STEPS ONLY TO FIND THE MONSTER OF MYSELF HAD FOLLOWED BEHIND.  
I FOUND OTHER PEOPLE WHO HAD THESE WHITE BOOKS. I FOUND RECOVERY IN THAT LITTLE WHITE BOOK.  
I LEARNED TO WORK THE STEPS BY LISTENING TO THAT GUY I TRUSTED CALLED SPONSOR.

I GOT OUT OF THAT PIT OF DISPAIR AND FOUND MY FRIENDS. MY REAL FRIENDS. NOT MY OLD FAKE ONES.  
IT'S BEEN 7 YEARS SINCE THAT FATEFUL DAY.  
I'M HAPPIER TODAY THAN I'VE EVER BEEN.

I STILL HAVE DAYS WHEN I FEEL LIKE USING OR DOING SOMETHING REALLY CRAZY. THIS THING CALLED LIFE THAT YOU PEOPLE GAVE ME. MAN IT'S SO STRANGE I HAVE SO MANY NEW FEELINGS. NEW THOUGHTS, NEW ACTIONS, I REALLY LOVE THIS NEW WAY TO LIVE.

"PLEASE HELP ME""TEACH ME HOW TO LOVE YOU""SHOW ME HOW TO WORK THE STEPS""WHAT ABOUT JUST POT OR BEER""SIGN MY SLIP WILL' YA I GOT TO GO""MAN THIS DUDE'S BEEN MESS'IN WITH MY HEAD ALL DAY, AND HERE HE COMES TO THE MEETING."

I HEAR ALL THESE THINGS AND MORE IN OUR MEETINGS AND IT MAKES ME WONDER, IS THIS REALLY WHY I'M HERE. THE BASIC TEXT TELLS ME" THAT I HAVE A FATAL DISEASE AND IF I USE THE ENDS ARE PREDICTABLE. IT ALSO TELLS ME THAT N.A. IS A BUNCH OF PEOPLE THAT CARE FOR DESPERATE, DYING, ADDICTS, AND WILL WITH TIME HELP THEM LEARN TO LIVE WITHOUT HAVING TO USE DRUGS."

"THANK YOU N.A."



**1st Annual 'Miracle Area of NA'**  
**St. Patrick's Hoedown**



**Saturday, March 19th**

**Speaker at 8pm**

**Square Dance – 9 'til Midnight**

**Lawrence, Kansas**

**4-H Fairgrounds • Building 21**

**\$5.00 per Person • Kids Under 12 Free**

**Fo Mo Info: Andy B. 913 • 843-9461**

# M. A. R. C. N A X I

## GREAT BEND, KANSAS APRIL 8, 9, 10

conscious  
**contact**

### Speakers

Friday Evening: Cindy D., Florida

Saturday Evening: Chip V., New York

Sunday Morning: Ledl M., California



**Marathon Meetings**  
**Workshops**  
**Auction**  
**Raffle**

**All you can eat Saturday Banquet**  
**All you can eat Sunday Brunch**

*Pre-registration, banquet and brunch must be postmarked by March 29th.*

Make Checks Payable to: MARC NA XI  
BOX 242, SALINA, KS 67402

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Hotel Information	
Flat Rate \$48.00	
Holiday Inn	
3017 W. 10th	
Great Bend, Kansas 67530	
(316) 792-2431	
Rate Guaranteed until March 29th.	

Pre-registration	_____ X \$13	_____
After March 29th	_____ X \$16	_____
Banquet	_____ X \$15	_____
Brunch	_____ X \$10	_____
T-Shirt & Mug	_____ X \$13	_____
(Size ___ M ___ L ___ XL)		
Newcomer Donation		_____
<b>Total Enclosed</b>		_____

**Carrying The Message of Recovery**



The Twelve Steps

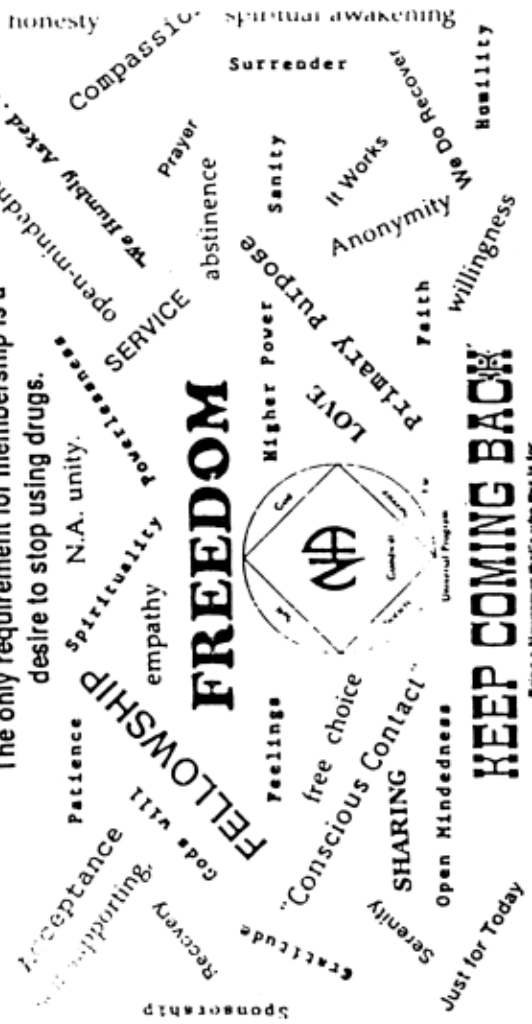
The Twelve Traditions

**NEVER ALONE N.A. of Great Bend  
MEETS**

2322 KANSAS Ave. GREAT BEND KS.

Mon's 8:30pm. (open)  
Thur's 8:30 pm. (open)  
*Just For Today*  
(candlelight)

If you want help or information about meetings, call Kent (316) 793-9458  
The only requirement for membership is a desire to stop using drugs.



Although our minds told us that we would never make it, the people in the Fellowship gave us hope by insisting that we could recover. Surrounded by fellow addicts, we realized that we were not alone anymore.

**U.A.S.C.**



**DO  
SERVICE**

**UNITY AREA PUBLIC INFORMATION  
AND HOSPITALS AND INSTITUTIONS  
SUBCOMMITTEES**

**PRESENT :**

**PUBLIC INFORMATION ORIENTATION:** A workshop in which NA members can prepare for speaking to non-addicts and professionals about Narcotics Anonymous.  
**HOSPITALS AND INSTITUTIONS ORIENTATION:** A "mock" H & I panel will help us carry the NA message into institutions, followed by a Question and Answer period.

**WHEN:** SATURDAY FEBRUARY 26, 1994, 1:00 pm.  
**WHERE:** STERYL HALL EISENHOWER CITY PARK ABILENE, KANSAS  
**THIS AREA ORIENTATION PROJECT WILL END AT APPROXIMATELY 4:00 AND WILL BE FOLLOWED BY CLEAN & SERENE IN ABILENE'S SCHEDULED FUNCTIONS AT THEIR 4TH ANNUAL DANCE.**

**UNITY AREA IS SEEKING ADDICTS WHO HAVE WILLINGNESS TO ENTER OUR HOSPITALS AND INSTITUTIONS TO CARRY THE MESSAGE OF NARCOTICS ANONYMOUS TO ADDICTS WHO STILL SUFFER, AND TO EXPLAIN TO NON ADDICTS AND PROFESSIONALS THAT NA WORKS.**

"Something just short of a miracle occurs when we begin to have a positive impact on other's lives through our service efforts."

-pp 127 Just For Today

SERENITY TWO E S N I E L E V E N T H B A S I C  
T E N O N I E L E V E N T H B A S I C  
C G N I N E G U C H B A S I C  
O T E R M S U H E C H B A S I C  
L O V E T H R H E E T I N G L R H S E R V I C E M  
A S R E I G H T E P E R S O N A L I T I E S  
D V R S R R E L A P S E P A O A E U  
I T F L S S H A R I N G S E S A  
C R F O V S H A R I N G S E S A  
T G R A T I T U D E U R O Y  
D V R I E R I R  
I E T R C  
S U P P O R T I N G R E L A T I O N S H I P S  
I N N D  
S S E R

*Answers  
How did you fair? Tell your Sponsor*



# N A R C O T I C S A N O N Y M O U S

CENTRAL KANSAS AREA  
P.O. BOX 1361  
GREAT BEND, KS. 67530  
316-792-1991

SERVING: GREAT BEND, GREAT BEND NEVER ALONE, ELLINWOOD,  
HOISINGTON, ELLSWORTH AND HAYS.

Ellinwood NA  
"We Want It"  
Fritz & A St.  
Meets: Tuesday -- 8:00pm (O)  
Contact: Jeff E. 316-587-3517

Great Bend NA  
"High On Life"  
9th and Hubbard  
Simpson Hall  
Meets: Wednesday -- 8:00pm (C)  
Friday -- 8:00pm (O)  
Contact: Wayne S. 316-792-8648

Ellsworth NA  
"Surrender"  
4th & Douglas  
Meets: Monday -- 8:00pm (O)  
Contact: Randy D. 913-472-3590

Great Bend NA  
"Never Alone"  
2322 Kansas Ave.  
Meets: Monday -- 8:30 (O)  
Thursday -- 8:30 (Candlelight)  
Contact: David L. 316-792-4871

Hays NA  
"Fellowship For Freedom"  
410 Oak St.  
Meets: Tuesday -- 8:00pm (O)  
Friday -- 11:00 (Candlelight)  
Saturday -- 10:00 (C)  
Contact: Mike S. 913-625-9116  
Kurtis R. 913-625-6304

Hoisington NA  
5th and Walnut  
Basement of Convent  
Meets: Monday -- 7:30 (O)  
Thursday -- 7:30 (C)  
Contact: Penny D. 316-792-6109  
Greg B. 316-653-2902