

BLOWING A  
HOLE IN THE WALL  
OF DENIAL

NA<sup>®</sup>

**MID-AMERICA  
NEWSLETTER  
ISSUE #3,1994**

# COME

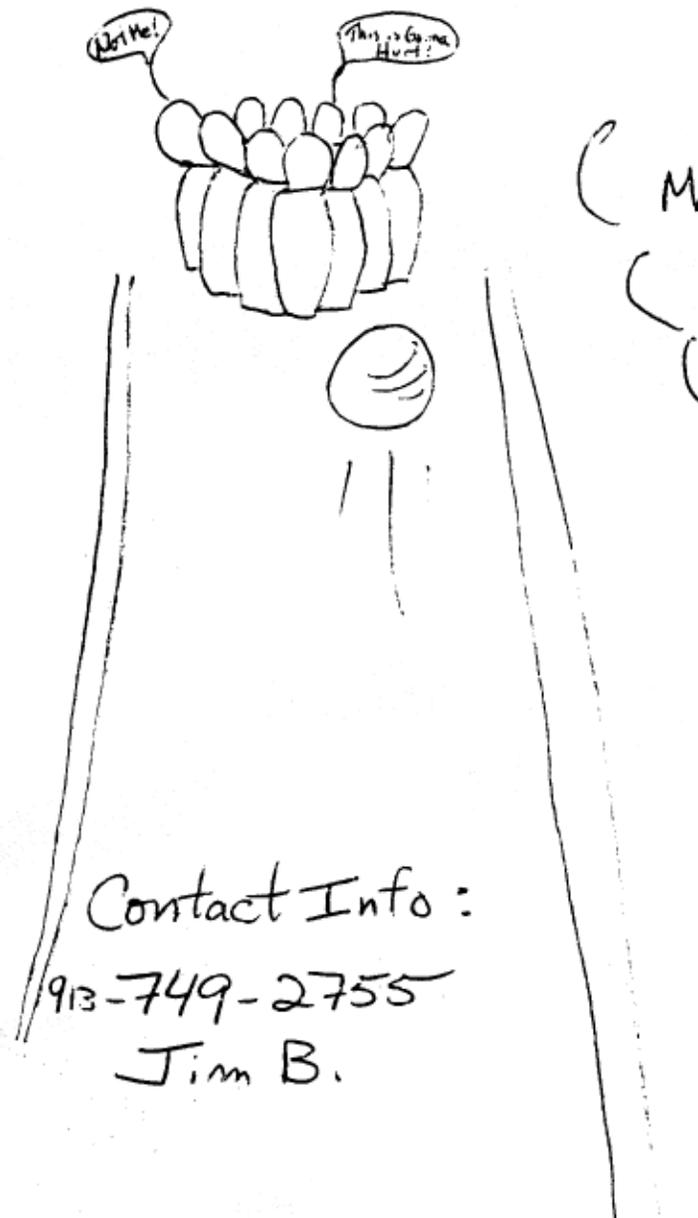
# BOWL



Miracle Area

PEOPLE WHO PLAY TOGETHER  
CAN STAY CLEAN TOGETHER!

# With US!



Maybe  
SOME  
Strike  
Action!

Contact Info:

913-749-2755

Jim B.

ROYAL CREST LANE  
9<sup>th</sup> & Iowa Streets  
HillCrest Shopping Mall  
Lawrence, KS  
9:30 - 11:30 PM  
\$ 5.00 per Person

Bowling Nights  
Friday Nov. 18<sup>th</sup>  
Friday Dec 9<sup>th</sup>  
Friday Jan 20<sup>th</sup>  
Friday Feb 24<sup>th</sup>  
Friday Mar 24<sup>th</sup>

See Ya There!



# Narcotics Anonymous

It is possible to stop using drugs.



## NEVER ALONE N.A. of Great Bend

For information about meetings, call (316) 792-1991

**Mon's 8:30 p.m. (open)**  
**BASIC TEXT STUDY**

**Thur's 8:30 p.m. (Closed)**  
**JUST FOR TODAY (candlelight)**

**Wed's 6:00 p.m. (open)**  
**INFORMATION PAMPHLET STUDY**

**Sat's 8:00 p.m. (open)**  
**IT WORKS  
HOW AND WHY STUDY**

**Sun's 8:00 p.m. (Closed)**  
**Open Topic**

# 5th Tradition Area Service Committee

P.O. Box 171

Derby, Kansas 67037

Contact Number: (316) 554-0346



## Meeting List

Contact numbers for current information or with questions

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Derby Group 431 S. Woodlawn Church Derby, KS 316-554-0346			8:00 pm				
First Things First (*) 321 S. First Arkansas City, KS (316) 442-4494		7:00 pm		8:00 pm			8:00 pm Closed
High Noon Group 1555 S. Water Wichita, KS 263-4341 554-0346	12 noon NS 11 Step Meeting		12:00 noon NS (BS)		12:00 noon NS		
H.O.W. (*) 429 E. First, Room 124 Newton, KS 2834084			8:00 pm NS		8:00 pm NS		8:00 pm NS
Reach Out Group 1015 S. Main Wichita, KS 316-265-4907		8:00 pm NS					
Just For Today (*) 507 1/2 State Augusta, KS 7757218			8:00 pm				8 PM next to last Saturday of the month birthday

NS indicates non-smoking meeting ... SS indicates step-study ... BS indicates book-study

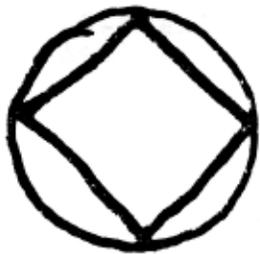
(\*) indicates groups not affiliated with 5th Tradition Area Service Committee

Unless otherwise indicated, all meetings are open.

Please Post; Photocopy Freely

WANT To Be A <sup>LOOK</sup>  
Part of....

MULTI-REGIONAL



Learning Day  
1995..

In search of, Areas To Host a  
Fundraiser....

HAVE willingness will travel To your  
area to help....

Have Raffle Items For Donation  
ITs Real Simple...

Contact: Randy S. 913-262-4906

your NLRLO 1995, Activities/Fundraising  
Subcommittee chair...

"Together We Can".....

MID-AMERICA NEWSLETTER

SUBSCRIPTION FORM

We won't give you a clock radio, or a cheap phone, home stereo, video tape, or swim-suit issue.....

JUST:

Twelve months (8 issues) of events, happenings, doings, campouts, chili-feeds, meetings in print, birthday nights, recovery stories, and other recovery "stuff" from your N.A. Region, by your Region and for your Region (which - by the way - is the MID-AMERICA REGION).

IT'S ENOUGH !!!!

For only (8) **eight bucks**, you too can be totally hip to what's up and on in the Region. So.....

JUST DO IT!!!!

=====  
yes, i would like to be hip and knowlegable of n.a. events and "stuff". i have enclosed (8) eight dollars.

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE/ZIP \_\_\_\_\_

NEW SUBSCRIPTION \_\_\_\_\_ RENEWAL \_\_\_\_\_

=====

MAIL TO: MID-AMERICA NEWSLETTER  
SUBSCRIPTIONS DEPT.  
P.O. BOX 1560  
LAWRENCE, KS 66044-1560  
913-865-5512

## HOME GROUP

Hi, my name is Mike L. and I am an Addict. I would like to share with you a little bit of what my Home Group means to me.

I'm learning that this is one of the most valid and gratifying things I have in my recovery. Just a few months ago I got into a lot of self will, and started getting in my head a lot and started pushing away a lot of people in my home group.

Through all of this, I have learned a lot about unconditional love.

Being a part of a Home Group helps me get out of self will.

I am real fortunate to be able to reach out to newcomers.

Through the Group, I'm also developing a good relationship with a sponsor and sponsorees.

Today I have developed some really close bonds, and realize that I cannot stay Clean without their help. So I would like to make amends to my Home Group, and tell them that I love you and need you.

Grateful to be a part of



MIKE L.

# CHILLI BOWL

MARCNA XII FUND RAISER

SPEAKER JOYCE H. LAWRENCE K.S.

DANCE RAFFLE AUCTION  
PIE IN EYE  
KIDS PINAT'A

CHILI

CHICKEN  
NOODLES

SAT DEC 3rd  
5PM - 1AM

ELLINWOOD K.S.

K OF C HALL 111 1st

BRING  
COVERED  
DISH AND  
AUCTION  
ITEMS

SPoons ARE FOR CHILI

CONTACT #  
MARY S. 316 792-8648  
CINDY L. 316 792-1283

# WA

SPONSORED BY HIGH ON LIFE GREAT BEND KS.

\$3.00 PER PERSON  
\$5.00 PER COUPLE

NO ADDICT TURNED AWAY!!



# WHAT'S A CONCEPT

# CONVENTION

March 10, 11, + 12  
1995

**FRI**

5:00PM REGISTRATION  
COFFEE & CONVERSATION  
7:00PM AREA RALLY  
8:20PM SPEAKER  
9:30PM DANCE DJ

-----MARATHON MEETINGS

**SAT.**

7:00AM DAILY MEDITATION MEETING  
8:00AM READING OF CONCEPTS  
9:15AM CONCEPTS GROUP & AREA LEVEL  
10:40AM CONCEPTS REGIONAL & WORLD LEVEL

**LUNCH**

1:15PM CONCEPTS & SUBCOMMITTEES  
2:45PM WHY WE NEED THEM PRO  
3:30PM WHAT'S THE POINT CON  
4:15PM CONTROLLED DEBATE FOLLOWED BY QUESTIONS AUDIENCE

**DINNER**

7:30PM 12 SPEAKERS 12 STEPS  
9:15PM DANCE BAND  
-----MARATHON MEETINGS

**SUN.**

7:00AM DAILY MEDITATION MEETING

**BREAKFAST**

9:00AM MEETING SPIRITUALITY MEETING (PRINCIPLES BEFORE PERSONALITIES)  
10:30AM SPEAKER  
CLOSING HUGS

HOTEL RESERVATIONS:

HOLIDAY INN CITY CENTRE  
914 SE MADISON  
1-800-465-4329  
ROOM RATES \$55.00  
MAX 4 PER ROOM  
- PLEASE REGISTER UNDER  
"WHAT'S A CONCEPT."

"WE NEED SPEAKERS". WHAT WE DESIRE ARE SPEAKERS THAT HAVE WORKED WITH THE 12 CONCEPTS AT GROUP AREA SUB-COMMITTEE REGIONAL OR WORLD LEVELS. AS CONTROVERSIAL AND SENSITIVE AS THIS SUBJECT IS IN OUR AREA, WE HAVE AT THIS POINT NOT ADOPTED THE CONCEPTS. BEFORE WE VOTE AGAIN WE WISH TO HEAR FROM PEOPLE WHO HAVE EXPERIENCED THEM IN ACTION AND WISH TO EXPRESS THEIR OPINION FOR AND AGAINST. THIS IS YOUR CHANCE TO SPEAK OUT AND OUR CHANCE TO HEAR. PLEASE CALL TOBEY 1-913 2333911 OR SHELLY 1 913 235 8548

PRE-REGISTRATION BEFORE FEB 14 1995 IS \$10.00  
REGISTRATION AFTER FEB 14, WILL BE \$15.00  
NO ADDICT TURNED AWAY DUE TO A LACK OF FUNDS

NAME \_\_\_\_\_ REGISTRATION \_\_\_\_\_ \$10.00 EA \_\_\_\_\_  
ADDRESS \_\_\_\_\_ BANQUET \_\_\_\_\_ \$15.00 EA \_\_\_\_\_  
CITY \_\_\_\_\_ TOTAL \_\_\_\_\_ \$25.00 EA \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_ I WISH TO PARTICIPATE \_\_\_\_\_ PRO/CON \_\_\_\_\_  
TELEPHONE \_\_\_\_\_ LEVEL (MEMBER-GRP-AREA-SUB COMM-REGIONAL-WORLD)

CONVENTION REGISTRATION FORM PLUS CHECK OR MONEY ORDER PAYABLE TO

FELLOWSHIP FOR FREEDOM AREA: MAIL TO SHELLY ACORD

3637 SE HWY 40 LOT E9 TOPEKA KS. 66607 1-913-235-8548

REGION AT A GLANCE . . . . .

October 1994

- 7 Friday  
5TH ANNUAL DODGE CITY NA ROUNDUP  
-DODGE CITY
- 8 Saturday  
CENTRAL KANSAS AREA SERVICE COMMITTEE MEETING  
5TH ANNUAL DODGE CITY NA ROUNDUP  
-DODGE CITY
- 9 Sunday  
JFTA SERVICE COMMITTEE MEETING  
5TH ANNUAL DODGE CITY NA ROUNDUP  
-DODGE CITY  
1:00pm UNITY AREA A.S.C-202 1/2  
E. IRON, SALINA, KS  
4:00pm MIRACLE AREA ASC, 1900 E.  
19TH, LAWRENCE, KS
- 14 Friday  
9:30pm MIRACLE AREA BOWLING NIGHT  
- LAWRENCE, KS
- 15 Saturday  
DANCE/FUNDRAISER - WICHITA METRO  
AREA
- 22 Saturday  
6:00pm SERVICE WORK WORKSHOP-  
WITH TONY K. R.S.R. LAWRENCE
- 29 Saturday  
1:00pm H&I, AND PI WORKSHOPS,  
PIONEER GROUP EMPORIA, KS  
8:00pm DANCE. PIONEER GROUP, 325  
COMMERCIAL, EMPORIA.
- 30 Sunday  
7:00pm LOTTA SOUL SPEAKER MTG.  
925 VERMONT LAWRENCE, KS

November 1994

- 6 Sunday  
7:00pm MIRACLE AREA BIRTHDAY  
NIGHT, 925 VERMONT, LAWRENCE
- 12 Saturday  
ANNUAL TURKEY FEED, H.O.W. OF  
NEWTON, KS  
CENTRAL KANSAS AREA SERVICE COMMITTEE MEETING  
4:00pm MIRACLE AREA FELLOWSHIP  
GAME DAY, LAWRENCE, KS
- 13 Sunday  
JFTA SERVICE COMMITTEE MEETING  
1:00pm UNITY AREA A.S.C-202 1/2  
E. IRON, SALINA, KS  
4:00pm MIRACLE AREA ASC, 1900 E.  
19TH, LAWRENCE, KS

18 Friday

GET INVOLVED !!!!!

November 1994

- 18 Friday  
9:30pm MIRACLE AREA BOWLING NIGHT  
- LAWRENCE, KS
- 27 Sunday  
7:00pm LOTTA SOUL SPEAKER MTG.  
925 VERMONT LAWRENCE, KS

December 1994

- ~~3 Ch. Bowl~~ Ellinwood, KS
- 4 Sunday  
7:00pm MIRACLE AREA BIRTHDAY  
NIGHT, 925 VERMONT, LAWRENCE
- 9 Friday  
9:30pm MIRACLE AREA BOWLING NIGHT  
- LAWRENCE, KS
- 10 Saturday  
CENTRAL KANSAS AREA SERVICE COMMITTEE MEETING
- 11 Sunday  
JFTA SERVICE COMMITTEE MEETING  
1:00pm UNITY AREA A.S.C-202 1/2  
E. IRON, SALINA, KS  
4:00pm MIRACLE AREA ASC, 1900 E.  
19TH, LAWRENCE, KS
- 25 Sunday  
7:00pm LOTTA SOUL SPEAKER MTG.  
925 VERMONT LAWRENCE, KS

January 1995

- Sunday  
7:00pm MIRACLE AREA BIRTHDAY  
NIGHT, 925 VERMONT, LAWRENCE
- 8 Sunday  
JFTA SERVICE COMMITTEE MEETING  
1:00pm UNITY AREA A.S.C-202 1/2  
E. IRON, SALINA, KS  
4:00pm MIRACLE AREA ASC, 1900 E.  
19TH, LAWRENCE, KS
- 14 Saturday  
CENTRAL KANSAS AREA SERVICE COMMITTEE MEETING
- 20 Friday  
9:30pm MIRACLE AREA BOWLING NIGHT  
- LAWRENCE, KS
- 29 Sunday  
7:00pm LOTTA SOUL SPEAKER MTG.  
925 VERMONT LAWRENCE, KS

21) RSC McPherson, KS  
22)

*Please send us your event so  
that it can be added . . .*

## JUST ANOTHER GRATEFUL ADDICT

JUST READ THE MOST RECENT ISSUE OF THE Mid-America Newsletter and for some reason (HP) felt inspired to write.

I have been Clean for 11 years and it still amazes me how the program works. (HP) I clearly remember being a newcomer. The fear and anxiety about the uncertainty of the future. Being uncomfortable with the unknown. (Hey, a using Addict knows what each day holds- "the getting and using and finding ways and means to get more".) Still, facing those doubts on a day to day basis, somehow (HP) finding the courage to carry on. You(HP) told me to go to meetings- I listened. You (HP) told me to get involved in service - I listened. You (HP) told me to not use, no matter what - I listened. You (HP) told me to work the Steps - I listened. You (HP) told me JUST FOR TODAY - I listened. You (HP) told me to read the literature of Narcotics Anonymous - I read and I related. You (HP) told me to KEEP COMING BACK - I listened.

Because of the many Addicts who have gone before, these messages or suggestions have been passed along. I feel truly grateful for the Addicts who have gone before me, for they are the ones who searched the very depths of their souls to somehow pass on to me -us, how to stay Clean. They battled this disease and they lost and they fought some more and they won. At last inspired to put these things that kept them Clean on paper so that I - we-too might be free from active addiction. I guess the best way to give thanks to those who have gone before is to stay Clean and carry the message.

Today, I know in my heart that I am where I'm supposed to be- living and learning about life on lifes terms. Somedays I struggle, some days I coast. Each day I reach out to someone whose having a harder time than I am, I lose a little more self-centeredness and I become grateful for this gift of recovery. The more I give away - the more I receive. What a wonderful concept!

I was just another F%¢\$&\*# Addict, (Thanks for sharing Cindy L.)

Today, I know I'm nothing special, but through the principals of NA, I try to do the right thing. I have goals today and they have little to do wiht the material world. They are all about the spiritual principals fo NA.

I pray that I may become humble enough to understand just a hint of the power involved in this program of recovery. I'm sure it's too awesome for words.

Each time a newcomer comes through the door, I catch a glimpse of myself and recall the absolute desperation that brought me to my knees and this program. And no matter how rocky things get in recovery, I've never felt that desparate again. Thanks to my HIGHER POWER for showing me the path to Narcotics Anonymous. And thanks to all of you for caring and sharing the NA WAY.

PEACE  
CANDY C.