Mid America Regional Service Committee Narcotics Anonymous
PO Box 8732 * Wichita, KS 67202
www.marscna.net

## Business Meeting Minutes $\$$ November 15, 2009

The business meeting of the Mid America Region of Narcotics Anonymous was opened with a moment of silence by Russell P. (Chair) at 8:07 am. The 12 Traditions were read by Jake D. and the 12 Concepts were read by Jeff R.

Housekeeping: The Chair called for all requests for funds and motions. He also pointed out that he would be changing the order of the day and doing the housekeeping after all the reports were concluded.

Roll Call: We took our first roll call at 8095 am and the following chairs and trusted servants were present at the start of business on Sunday November 15, 2009. Trusted Servants Present: Chair, Reg. Delegate, Alt. Reg. Delegate, Treasurer and Secretary. There is no Co-Chair or Co-Treasurer at this time. Area R.C.M.'s: Central KS Area, Fellowship For Freedom, Just For Today, Miracle Area, Primary Purpose, Unity Area, Western Area, Wichita Metro. Subcommittee Chairs: Activities, Archivist, Campout, Convention, Hospitals \& Institutions, Literature, P.O. Box, Public Information, Steering, and Soul to Soul. There is no Outreach Chair.

## A. Approval of Minutes:

August 2009 minutes (old and new business only) were read. There was a roll call vote to accept the minutes as read. The vote passed and the minutes were accepted as read.

## B. Area Reports:

## Central Kansas Area:

Hello Regional Family from CKA,
We appreciate all those who joined us to listen to the Unity Day speaker in Hoisington. We had a great turn out. Thanks to our RD for facilitating a workshop on the Effectiveness of our Communications, following the speaker. Our Area continues to have open positions but the doors of the meetings halls still get opened to allow addicts a place to share their recovery with one another. It was great to see some of those who serve our Area also participate in the service work being done here this weekend. Next weekend (November $21^{\text {st }}$ ) the Great Bend Living By Faith group will host its $2^{\text {nd }}$ annual Turkey Fest at the Four Squares in Great Bend. On the $12^{\text {th }}$ of December we will have our annual Christmas Dream's celebration. We will have Christmas Dinner, a visit from Santa, Speakers (Scott and Barb from Sterling) and then finish off with a dance. Everyone is welcome to join us for this festive occasion. We have again scheduled our annual campout for Memorial Day weekend in 2010 at Lake Wilson, Lucas Group Park. Mark your calendars. There are possible plans in the works to plan the $20^{\text {th }}$ Annual Chili Bowl as a H\&I fundraiser for our area $\mathrm{H} \& I$ efforts. More will be revealed about this function, watch the regional webpage for flyers.
CKA hopes to be able to do an activity with Western Area sometime in the near future. We are very excited about this possibility and know the outcome will be a great experience for all of us. CKA voted "No" on the motion to utilize a service resume. For the most part they were not opposed to the idea but have concerns that the version sent back may not reflect the specific of our region at this time. It was suggested that this be sent back to steering to review and provide input on. It was also suggested that any resume stipulate that the questions be restricted to gather information only since the applicant got clean. As an RCM I am concerned that this motion restricts my ability or other RCMs abilities to ask questions of candidates, based on the intent stated in the motion.
I wish all of you a safe and happy holiday season and hope we run into each other along the way as we celebrate this time of year with functions, meetings and get togethers. We have a donation for the region of $\$ 345.44$ As usual, I feel like I have left out something important and hope I remember before we are done today. Grateful to Serve,
Sally R.

## Fellowship For Freedom Area:

Hello family,
I am sitting in for our RCM due to his being sick. The Area is doing okay right now other than the fact that we have a lot of open positions. Open positions as of last month is Area Co-Chair, Secretary, Assistant Secretary and Alternate RCM. The H \& I Chair and PI Chair positions are also becoming open next month.
Activities just had its annual Friday Fright Night dance and it went well and are planning an event for Christmas and New Year's.
We voted no on the motion that went back to groups.
We have 2 donations, but unfortunately they have to be mailed to the Treasurer. One is a $\$ 100$ donation from United Survivors and the other is $\$ 150$ from the Area.
In loving service,
Michelle

## Just For Today Area:

Dear Family,
It's a great day to be clean! Recovery is still strong in the Just For Today Area.
We have voted in a RCM (Vicky R.) and Alt RCM (Dorothee M) within the last few months. Congratulations to both!
Out H \& I committee is still strong and taking meetings into the Girard Treatment Center and now also the Neosho County Jail, we have a few details to get ironed out with the day and time but more will be revealed. We have the Montgomery County Jail who wants us really bad but we lack man power to do this but I got some good feedback yesterday from the Regional subcommittee ... thank you!
Our PI subcommittee is doing good keeping our phone line up and going and meeting lists current.
Our Outreach "Road Warriors" are doing better and getting out making contact with our groups.
We are working on having a flyer drive in everyone of the towns in our Area.
Due to lack of funds we do not have a Regional donation at this time.
Hope you all check out our website forum at jftarea.net! 'til next time...
In Loving Service,
Flo H.

## Miracle Area:

Dear Family,
Our Area has been experiencing a lot of change, we have filled many open service positions and yet have many service positions yet open, though most positions are co-chair positions. Newly elected positions are Treasurer- Nate F., Activities Dan S., P.I. chair- Andy H., Outreach chair- Jeff L., RCM- Chris J., RCM alt- Nate F. I wish to thank the out-going service members for their dedication and service, Kelly, John S., Beth N. and Scott K. Our open positions consist of Literature chair, H \& I Co-Chair, Activities co-chair and P.I. Co-Chair.
The motions that have been brought to the Area floor and voted on are as follows,

1. Regions motion 0809-001 N.A. Service Resume was defeated.
2. The Area passed policy amendments allowing for Hope on the Hill group to be seated and interact with our Area without being physically present.
3. Vote to reduce the Regional quarterly donation by $\$ 140$ was defeated.

We had 8 Miracles attend the RSC Sub-committee meetings yesterday. We are donating $\$ 240$ to the Region this quarter. In closing I would like to report on the upcoming events in our Area, on Friday, Nov. $27^{\text {th }}$ at 6:00pm, the Miracle Area will have a Holiday dinner at 1011 Vermont (Larrytown), Get Lost Road Trip to be held in mid December, CAR workshop in January, Learning Days in March, more to be revealed...
In service,
Chris J.

## Primary Purpose Area:

Hello Regional Family,
The Primary Purpose Area is strong. We have only 4 out of 14 Trusted servants positions open.
Firstly, I would like to report that we have had a new group join our area. They have been in existence approximately a year and felt like it was time to get some unity with other groups. They call themselves the 1 thru 12 group. (Spelled " $1-12$ ") Their address is 112 N. Poplar, Hutchinson, Ks. They are growing fast and have already been a good addition to our area.

Newton HOW had a successful $27^{\text {th }}$ annual Turkey Feed and are hosting this years New Years Eve Dance which is posted on the Regional web site. The location is the 4H building and the doors open at 5:00 P.M. Other than their activities they report that they are in need of support and are struggling to fill trusted servants positions.

Lyon's Night Flyers are also not doing as well as they would like with filling trusted servants positions. The members who are trusted servants are doing very well with what they have to work with. They have adjusted the amount of meetings so they can cover them. They could also use some support.

McPherson Flying Free reports that they are doing well. They are having a decoration assembly party at 1:00 P.M., Sunday the $6^{\text {th }}$ of Dec. to get ready for their Blue Ball Ball. It is being held Dec. the $19^{\text {th }}$. Doors open at 4:00 P.M. and the location is 122 E. Marlin. (Community Building) That flier is also on the Regional web site.

The Gift of Life Group in Hutchinson continues to be strong. They voted to make their January Sock Hop dance a MARCNA fundraiser! Although redundant information, it bears repeating that the group is covering several H\&I meetings and are actively striving to get into two more facilities! Way cool.

Our area voted "No" for the Regional Motion to use the Resume.
We are donating $\$ 1200.00$ to the Region.
In grateful service,
Alan C.

## Unity Area Report:

Unity Area is glad to welcome a new group to the Area. The Lost and Found Group in Abilene meets Tuesday, Thursday (Book Study) and Sunday. A lot of excitement and willingness in this group they've got 10 to 12 regular members. They are excited to be involved reviving capture the banner. Th Unity Area Halloween Dance went off great with over 100 people in attendance. The Area PI effort is still going strong with a lot of willingness planning a learning day tentatively in January. More will be revealed. We are donating $\$ 400$ to Region. Area voted no on the motion.
In loving service,
Aaron B.

## Wichita Metro Area Report:

Hello Regional Family,
All is good in the Wichita Metro Area. We are excited to have two new groups in the Wichita Metro Area. Our new groups are Misery is Optional located at 2405 W. Central in Eldorado, and the other is Sewing the Seed located at $902 \mathrm{E} .7^{\text {th }}$ in Winfield. We were able to give both of these new groups' starter packets and are willing to support them in any way. Day by Day is announcing a new Midnight Meeting on Saturdays. Wichita Metro is having a Chili Cook-off on December $12^{\text {th }}$. We are not sure where or at what time, but we will be sure to post that information as soon as we know. We are also having our annual "Celebration of Recovery" on January $23^{\text {rd }}$. We also will be hosting a MARCNA Fundraiser and I will also be posting that information in the Web just as soon as I get it. Just for Today group is having a New Year's Eve Dance there is a flyer available for more information. Unity Group is also planning a Valentine's Day Dance for February $13^{\text {th }}$.
Wichita Metro Area has votes down the Motion of the NA Service Resume.
Wichita Metro Area PI is attempting new options on driving people to our Area Web Site - including a Clean Time Ticker. That will give you your clean time down to the seconds.
Wichita Metro Area has a donation of $\$ 285.54$ for the Region.
In loving service,
Kathryn C.

## Western Area Report:

Hello NA Family!!
We had an Area meeting in Syracuse, KS on 11-8-09. We got a lo accomplished.
We decided it would be in the best interest of western Area to combine Outreach and H \& I. We then elected three people to conduct the business of that subcommittee. Those people are Travis M. of Colby, KS, Troy A. of Colby, KS, and Scott of Guymon, KS. We would also like to provide each of these people with a small stockpile of literature to use as they see fit in their efforts.
We elected tiffany C of Burlington, CO in as PI Chair. Tiffany will be working on an updated meeting list for Western Area.. we are all in the process of contacting the groups not represented at our Area to confirm their meeting times and locations. In the meantime, Tiffany will also be updating our website and phone line.
Other positions filled last weekend for Western Area are the RCM position by me Hallie T. and Activities Chair by Tony C. of Burlington, CO.
Positions that remain open are Policy and Alt. RCM.
The next function our Area is hosting will be the "Breaking the Wind" Chili cook off in Goodland, KS. This will either be held on $\operatorname{Jan} 9^{\text {th }}$ or $\operatorname{Jan} 30^{\text {th }}$. As soon as we confirm a date, we will send out fliers.
We discussed the service resume and will be abstaining on the vote. We had our first Area meeting since prior to the region before last on 11-8-09 thus, we were unable to generate discussion within our groups due to lack of time.
Western Area has a $\$ 200.00$ donation for region this quarter.
In loving service,
Hallie T.

## C. Subcommittee Reports

## Activities:

Dear Family,
Yesterday we discussed the General Service Assembly, and how to make it better, as only 25 addicts attended the Assembly and most arrived late. It was suggested to make plans further ahead, move the location elsewhere, perhaps to Colby or Dodge City, or use different wording to make it more attractive. We lost money this year and support was minimal. We collected $\$ 79$ for World Unity Day and $\$ 0$ for the $7^{\text {th }}$ Tradition. We planned for more people to show up and bought food expecting over 50 people, had a plan in place to have 4 workshops, but most didn't arrive until the Unity broadcast was to start.

We discussed the upcoming CAR Workshop in Wichita at The Holiday Inn, 221 E. Kellogg, with DJ and Dance at Recovery Coffee Shop, 830 S. Hillside. There was no willingness for the Co-Chair position, so, this needs to go back to Groups. We discussed the next RSC in February, and got a DJ from our list. It will be a fundraiser for the Literature Subcommittee. I called to reserve the Econolodge and Dianne told me that starting 2010, the rent will go up by $\$ 100$ to $\$ 350$ for the weekend. If the RCMs want, we checked on some alternate sites; The Friendship Center in Salina for $\$ 260$ plus $\$ 50$ refundable deposit totaling $\$ 310$, or at the Community Building for $\$ 140$. There were only 6 Areas represented and upcoming events are as follows: CKA Christmas Dreams Dance, December 12, 2009, Hoisington Masonic Lodge, Living By Faith Group of Great Bend $2^{\text {nd }}$ Annual Turkey Fest, November 21, 2009 at River of Life Four Square Church in Great Bend, and Larned Just For Today is looking at hosting the $20^{\text {th }}$ Annual Chili Bowl as an H \& I Fundraiser, TBA. FFF White Elephant Gift Exchange and Holiday Dinner, December 5, 2009 at Forrest Park, doors open at 5pm, and are planning a New Years Eve Dance, December $31^{\text {st }}, 2009$ also at Forrest Park, TBA.
Western Breaking the Wind coming in January 2010, in Goodland, more will be revealed.
Miracle Turkey Feed Friday, November 27, 2009, Trinity Episcopal Church, 1011 Vermont, Lawrence 6pm dinner, regular Larrytown meeting 8pm. Get Lost Road Trip(find a diner) mid December, TBA, CAR Workshop in January 2010, TBA, and Quality of Recovery in Service Learning Day, sometime in March 2010, TBA.
Unity We had 100 people attend the Halloween Speaker/Dance last month, and the Pheonix Group will be having their annual New Year's Eve event, more will be revealed.
Wichita Metro COR(Celebration of Recovery) at the Machinists Hall on South Sheridan, workshops, fellowship, and food, more will be revealed, Chili Cook Off, December 12, 2009, TBA.

The Outreach Fundraiser was a success. We collected $\$ 98$ from the $7^{\text {th }}$ Tradition, $\$ 178$ at the door, and $\$ 34$ from the money raffle, totaling $\$ 310$. Outreach collected $\$ 151$ from the raffle, and $\$ 381$ from the auction, totaling $\$ 532$. I paid the DJ from the door money, $\$ 150$ and Craig will e-mail a receipt which I will forward to Janet. So, I turned in $\$ 138.48$ and receipts today. Thanks to everyone who helped with the meal yesterday, and those who brought side dishes. I requested $\$ 350$ for the February RSC and $\$ 100$ start up money. The next fundraiser will be for the Literature Subcommittee.
In service,
Scott K

## Archivist:

## Hello family,

I would like to say it was a productive quarter for me but that would be lying. I reformatted my computer with windows 7 and have had scanner driver problems since. Even though I have all the programs installed, I also haven't transferred any more cassettes to mp3. I have done some more organizing and hope to soon have a display available for these meetings and regional events, such as convention.
With all the documents, flyers, meeting lists, and so on being transferred to pdf, it is my hope that this region invest in a projector in the near future. Not only will it be used for archival display but will serve any sub-committee chair and officer with presentations. We have power point presentations already accessible to us with no way to present them to the RSC body. Like with all other electronics, the quality keeps getting better and the price keeps dropping.
Both Glenn S. and Nate F. have mentioned bringing items for archives, and I am starting on a interview project where I will formulate a series of questions and start hitting up members who participated in this region (or pre-region) throughout the 70's and 80's. I plan to record these and add to our archives, plus use the information to continue putting the puzzle of our region's formation together.
I received past copies of the MAN: Oct. 1997; Dec. 1997; Jan. 1998; June 1998; and Sept. 1998 from Nate F. and the Summer and Fall 2009 issues from Suzie E.
That's all for now,
Gratefully serving NA,
Tim S.

## Campout:

Campout committee has been diligently working o filling all the positions. We have met 3 times; today filled catering, stepping up to the position is Cindy K. and stepping up to programming is Sarah W. So as of today we have 5 of the 7 positions filled with 2 others to be filled, these are Co-Chair and merchandising. Please take back to your areas let's get these filled. We addressed your guidelines and they are ready to go to steering committee. We also had lots of discussion in the catering of the meal, we are going back to the hog roast this will be great, and other discussion is still up about areas donating the side dishes and even putting on a activity at the campout, take this back to areas let us know what you all think. We worked very hard on the shirts and towels ordered, they will be ready in February. We are asking any area or groups that would like to entertain a fundraiser for campout to let us know. Out new programmer is putting together a pre-flyer for the campout this will be out soon. I have to say there was lots of excitement yesterday around the campout table, we are looking to have a all new campout with activities for all, even a workshop or two, I do know this will be a recovery filled campout. I better start sharing the news now that the campout with start on Friday, July $2^{\text {nd }}$ at 2 pm and no one will be let in gate before, to give everyone the same opportunity to get a good spot, they are all good in recovery. We are having our next interim meeting on January $17^{\text {th }}$ at 118 East Ave A in Hutchinson, KS. Thank you all for putting your confidence in the campout committee we are working hard to make this great for all. Thank you for letting me serve. Clean and Crazy, Wayne S.

| Mid America Regional Campout Area Activities Sign-Up Sheet |  |  |  |  |  | Some ideas that were brought to the committee were volleyball, piñata, or water balloon toss. We are encouraging all Areas to get creative and have fun!!! |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Saturday |  | Sunday |  |  |  |
| 9: am |  | 9: am |  | 9: am |  |  |
| 10: am |  | 10: am |  | 10: am |  |  |
| 11: am |  | 11: am |  | 11: am |  |  |
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| 8: pm |  | 8: pm |  |  |  |  |
| 9: pm |  | 9: pm |  |  |  |  |
| 10: pm |  | 10: pm |  |  |  |  |

We are inviting the areas to host an event at the 32 Annual Regional Campout.
If your area would like to help put this Campout together by hosting an activity like a Workshop or games
Please coordinate this with your ASC and write in the time slot and what your area would like to do then submit this
form to the Campout committee by the next RSC. Please include an area contact person so our Programming chair can contact you to make this a great campout. Thanks so much for all your support to your fellowship.

## Convention Report:

I am so proud of our committee! We have our speakers and workshops all lined up, a draft of the program and preregistration forms will be in the mail on Monday. Also, we have a member who stepped up as registration chair so the only position not filled is entertainment. Speaking of entertainment, all of our members will be checking out bands in our price range that would entertain all age groups. We realize that we have a wide age range of members and hopefully we can fill the weekend with something for almost everyone. That's our mission. I would like to put out a formal request for Basic Texts to be donated to the newcomers at the Saturday night meeting. Also, if your group is interested in filling a timeslot in the hospitality room please let me know. We would like to thank the Areas who have committed to a fundraiser and would like to let everyone know that if you sponsor a convention fundraiser you will be furnished not only with a couple of free registrations but also one free registration complete with a shirt and a mug. Gift of Life is having a sock hop January $23^{\text {rd }}$ and Wichita Metro Area is going to have a function but the date has not been determined yet. There a few other things being worked on so check out the Regional website regularly. Our next meeting will be December $20^{\text {th }}$ at 2:00 p.m. in Hutchinson located at 310 N. Stevens.
A miracle in recovery,
Janet W., Chair

## Hospitals \& Institutions:

Hello family... H\&I is alive and well in Mid America Region. We had 5 out of 8 areas represented yesterday. we had about 15 addicts in attendance. We passed the hat and collected $\$ 15$. We are still working on our facility contact listing. We are still working on the guidelines to get back into the State Juvenile Facility. Western Area is requesting $\$ 513.50$ from our H\&I escrow account for literature. Independence is in need of volunteers for the county jail. That's all I have for now. remember we can only keep what we have by giving it away.
$\mathrm{H} \& \mathrm{I}$ Co-Chair is open. Take back to your groups.
P.S. last region Primary Purpose area had requested a check from our H\&I escrow account in the amount of $\$ 40.25$ for literature for the Rice County Jail. After many questions we held onto the check but I will be sending the order in this week.
In Loving Service,
Shannon H.

## Literature:

The literature chair opened the meeting with a moment of silence and the Serenity Prayer. Nate read the 12 Traditions and Aaron read the 12 Concepts. There was a call for a secretary; no one stepped up so Suzie agreed to take notes for me to type. The August minutes were read by me and motion to accept be Aaron and $2^{\text {nd }}$ by Jon W. to pass as read.
There were 5 areas present. Unity is filling PI orders, JFT has start up kits and has replenished stock pile. Miracle has stockpile available to groups and a $\$ 2500$ stockpile. Western has a big stockpile and not sure how to distribute. They would like contact info for help.
The MAN editor gave a report and is requesting $\$ 124.60$ for printing cost and $\$ 34.33$ for shipping. For a total of \$158.93.
We asked for willingness to fill the Co-Chair and secretary and had no nominations. Please let your areas know of these open positions.
We discussed the "Living Clean" project and what knowledge members had on it. We urge members to go online and read and participate. I will make a flyer promoting the project and email to all and anyone who would like to get there areas, groups and members involved.
NAWS is pushing for people to e-subscribe to NA Way over hard copies. The NA Way is free, yes I said free, to anyone who signs up for one.
We also urge those who missed out on the fancy special edition $6^{\text {th }}$ edition Basic Text to think about the new gift edition. It sells for $\$ 25$ and a picture of it is on the back of the new NA Way.
The roving reporter gave a report from the service assembly. This report was handed over to the MAN reporter.
Literature is giving a check for $\$ 25.85$ to the region for literature sold and on that note the committee is asking for a request for funds of $\$ 101.78$. This is to restock and update the literature box.
Nate motioned to close all seconded. We accomplished a lot and have plans to do more.
In Loving Service,
Suzanne S.

## Outreach Report:

Hello Regional Family,
Outreach had a very productive day yesterday. We had 18 members in attendance and 6 of the 8 areas were represented. Miracle Area reported that their Outreach efforts are going strong and have worked with the area to adopt policies to allow and accommodate the Lansing Correctional Facility Group "Hope on the Hill" membership in the areas service structure. Primary Purpose reported they are working with struggling groups in the area and are coordinating efforts with their H\&I and PI subcommittees on taking meetings in the Reno County Jail. Unity area's Outreach as been trying to work with groups that are not involved at the area level to get involved and to attend some of the functions for attraction. Western area reported they have officially formed an Outreach committee and have 3 strong members with willingness to help serve their area. They have also combined their Outreach efforts with their H\&I subcommittee. Wichita Metro had interest in finding out how Outreach could help their area who has welcomed two new groups into the area one in Winfield and the other in El Dorado.
After reports we went straight to elections and we have hopefully filled two of the three open positions in the committee. We have an Outreach co-chair, Thank you Tony C. for stepping up and we have a recommendation out of committee for our Outreach chair. We are recommending Daniel C. for this position. If the RCM's vote him in then we will only be asking the RCM's to take back to areas that we are in need of a secretary.
Also on old business was a request to RCM's to take back to areas to come up with a design for an Outreach flyer/ design. The purpose of this flyer is to raise awareness in groups and areas what outreach does. Some of the suggestions for the members were "Help Wanted" posters and "Support your Local ASC". Designs can be brought to the next RSC in February.
We also discussed area Learning days, Miracle area has a tentative date for one in March please check with your areas for scheduling this and bring information to the regional Outreach for support. There was a lot of discussion on Ellsworth and Pratt needing Outreach efforts and the committee discussed the Outreach Resource literature available online at na.org. We also discussed the Conference Agenda Reports which can be ordered now to be ready for delivery on November 25. They are $\$ 8.00$ each and forms are available here. That's all there is to report.
In loving service,
Tim S. Regional Delegate.

## P.O. Box:

08/27/09 NAWS - NAWS News/Product News Flash/What's happening in NA World Services<br>Picnic with the PACC - Beloit KS -- Sept 12<br>09/12/09 VCR - Volunteer Regional Convention Memphis - Nov 25-29 209<br>MNNAC - Mankato MN Convention - April 16-18, 2010<br>NCCNA Program - Northern California Convention Speaker Tape Request<br>10/16/09 3 NA Way - Pratt Group \& Regional copies<br>DACNA - Detroit MI Area Convention - Aptil 1-4, 2010<br>Kathryn C.

## ILS,

## Public Information:

Howdy Folks;
We opened with 3 area's, regional meeting list producer, and road show in attendance we where soon joined by a fourth area. Web servant called in sick and is in the hospital our prayers go out to him and his family. We have a new Vice Chair (old language Co-Chair) Whitney C from Salina and Unity Area please give her your congratulations on her new postion. At this time we have $\$ 598.00$ in our Escrow account and but have asked for money from that account to buy raffle tickets for fund raising purpose later described below. Primary Purpose area is trying to take a Public information meeting into the Reno County Jail in order get back Hospital and Institution back into that Jail. Miracle Area is working on reconnecting with the Social Services in their Area getting the word about Narcotic Anonymous back into their ears. Western Area has a new chair in their area hopefully we will be seeing her next region. They are also working on up- dating their meeting lists. Unity Area has created a budget for their area, worked with the Road Show on a conferences, did a workshop in Salina with the road show in attendance and now have a bunch of new people who are interested in learning more about what Public Relations is, they continue to maintain Public Information Literature racks in different venues, have started using some of their regular meeting to talk about the DO and Don't of Public Relations and have a learning day planned January $30^{\text {th }}, 2010$ in Salina Ks. You rock Unity PI.
We talked about putting a booth back at the State Fair in KS but have decided against that. We believe that money and time would be better spent if we went after the smaller County Fairs so we are asking the Area's. "RCM's take note" to please get with your local fair boards and see how to get a booth set up at your County Fairs. Please get back with me as soon as possible so we can work together to bring a road show to your local area. Information that should be asked is 1. Is there a cost to set a booth up and how large of an area is it. 2. Dates and times the doors will be open for the event. We the Region may not be able to make every County Fair but can and will help all we can to help you produce this effort.
We are still working on the KAMU project putting literature racks in clinc's for the Medically Underserved. This has hit a large stall (I have failed to progress with this effort) and I am going to ask for some help with this project from some of our Public Relations members. We hope to be further along with this come next Feb.
Last but not the least the Public Relations Committee is asking the RCM's to take a roll of raffle tickets back to their Area's and either sell them themselves or get there area PI Chair to sell them for the Region. You will be selling raffle tickets (one dollar a ticket) for a NA Blanket from now until the Thursday before the Mid-America Convention in Great Bend Ks. You never know there might be other items you could win with that ticket but for now we are just talking about a NA Blanket. On the back of each ticket have the purchaser print their information (how to get a hold of them) and get the money and tickets to PI and/or me. The money from this will be used to purchase pamphlets we use during our Public Relations (AKA road show) presentations. Think about it one dollar will almost buy 5 Informational Pamphlets which could get into the hands of the addict themselves or someone involved in helping addicts get clean this could save some one's life.
I will also be checking with NAWS about reproducing Pamphlets for use of the Road Show during their presentations. It would cut the cost for IP's from .21 cents to .035 cents. We don't know if we can but we will check on this item.
In Service
Rod D. Public Information Chair

## Webmaster:

My deepest apologies for not being here today. My father took a fall down the steps on Monday early AM and has been in the hospital since. He suffered a compression stress fracture of T12 as well as numerous bruises over the rest of the back and head. Work has been done of the fracture of T12 which has been met with some limited success. The rest of the bruising seems to be as bad as it was the day he fell.
There have been some complications from some of the medication as well as complications from his inability to move. The medication (bunches of narcotics) coupled with a partially bruised and banged colon has caused constipation. Suppositories and laxatives have been fed into him and I am told that this morning he did manage to poop. He is still full of gas and is uncomfortable and we have been told that this will continue until he can start moving more freely. There is some fluid on his lungs, not enough to be full blown pneumonia, but is the precursor to it. Again, this is related to his inability to move about freely. He did enter the hospital with the remains of a cold that he had been fighting for the last three weeks. All in all, he is a mess.
I had planned on coming down for the public information subcommittee meeting at the very least, however I have ended up in the hospital yesterday with an acute flair up of my emphysema. I spent last night here and will spend at least tonight there, thus I won't be at region as well as missing the subcommittee meetings.
I was 5 days late getting some posting done for one group and for that I apologize. I have no excuses for the delay. It just happened. I was late in posting another couple of fliers for group or area and again no excuses. It may be time to find and have a new webmaster. We knew this day was coming, just not how soon. Dad's health is declining steadily and my time commitment to him is getting greater and greater.
I don't know how John has been coming with his training. We haven't communicated at all to speak of. I hope that he has taken some time to do some training on his own. I gave him the information he needed to start the training on his own. If he hasn't pursued it by now, perhaps someone else will be willing to show some interest. It's been a year now since John first expressed interest in the position; if he hasn't moved in that direction then, well, I don't know what to say.
John has a lap top that I loaned him for 6 months to get him started in this process. Accompanying the laptop is a suitcase, I think some books and I'm not sure what else. All of this stuff needs to go home with John Stanley. I will pick it up from him later.
I can't think of anything else to say. I hope to get this to you from the hospital, but may have to go off campus to get it done. The server here doesn't like to send stuff out. Better get on it to get it there in time.
Peace and Love to You and Yours,
KB

## Soul to Soul:

Hello family, WOW! What a year it has been. Soul to Soul was an awesome success! The food, the fellowshipping, the meetings, and even a sweat lodge. It was awesome! Following the event we elected our new chairs and we have a recommendation for the new chair. They are as follows: Rod D. is the caterer, Shelley W. is the secretary/treasurer, Tome B. is the Co-Chair and our recommendation for the new chair is Suzanne S.
Chances are high that next year's soul to Soul will be moving. A site has been looked at by Lake Perry near Topeka. It is called the Chihowa Retreat Center.

Now for the part you all look forward to hearing. The financial report for the past year. It is as follows: 25 campers on Friday, 26 campers on Saturday, 1 day camper, 12 riders for the hayrack ride. Beginning balance $\$ 1078.16$ plus 2 deposits $\$ 1825.61$ and $\$ 1071.93$ and expenses: camp deposit $\$ 125$, fundraiser t's $\$ 155.67$, pre-registration t's $\$ 127.00$, coffee cups $\$ 236.35$, Styrofoam cups $\$ 23.00$, food $\$ 540.77$, Camp Chippewa $\$ 841.00$, box of checks $\$ 9.75$ and our ending balance comes to $\$ 1917.16$. I have brought all our receipts if anyone would care to double check. We do have a check for $\$ 917.16$ for the region at this time.

Well I think that is all for me. Thank you for letting me serve as the chair for Soul to Soul this past year. In loving service, Rich A.

## Steering Committee Report:

Hello Mid America Region.
The interim meeting was held on October 24th. I was not in attendance. I had the pleasure of going to my Grand Daughters 1st birthday. There was plenty of work done without me. I am so proud of the members of this committee. They stepped up and hit a home run. Yesterday we held our meeting. I must apologize to the R.S.C. I had put it out to decide on the 2013 convention site today. This is not in alignment with our current guidelines. This was my mistake. We will be deciding the 2013 location in November of 2010. This clears the way for more bids to be sought. Please take this time to do so. We are making head way with the current Guidelines. It would be nice if we could get threw a couple of R.S.C.'s without more policy motions being sent back to groups. We really need for some people to step up and get involved with Steering. There are two open positions in this committee. Having a full committee would get things done far faster. I would ask once again for the R.C.M.'s to go back to your Areas and see if you can get some folks to come get re involved. Our next meeting will be held at Debby S.'s house. 365 W. Lindsborg St., Lindsborg Ks. 67456 on January 9th 2010 at 1:00pm.
In grateful service: Dewayne Kitchen
The Chair called for a break at 9:32 am. The meeting was re-opened with a moment of silence and the Serenity Prayer at 9:44 am. There was roll call then taken, all members present.

## D. Administrative Officers Reports:

Co-Treasurer Report: no report.
Chair Report: no report.
Co- Chair Report: no report.

## Treasurer Report:

Today's income was $\$ 4305.64$ with approximate expenses of $\$ 2063.27$ giving us an approximate spendable balance today of $\$ 5735.53$. An Alt RCM asked how much of the donations were from areas and that number was $\$ 2670.98$. Last quarter's report is as follows:

|  | Beginning Balance |  |  | $\$ \mathbf{1 6 , 7 1 4 . 4 1}$ |
| :--- | :--- | :--- | :--- | :--- |
| Income: | Donations \& reimbursements | $\$ 3,004.64$ |  |  |
|  | Unity Day donations | -71.00 |  |  |
|  | Total income |  |  | $\mathbf{3 , 0 7 5 . 6 4}$ |
|  | Sub-total |  |  | $\mathbf{\$ 1 9 , 7 9 0 . 0 5}$ |
| Expenses: |  |  | $\$ 150.00$ |  |
| $8 / 15 / 09$ | $\# 1103$ | Ed Starlin - d.j. |  | 50.00 |
| $8 / 16 / 09$ | $\# 1104$ | Michelle Cebulski - Secretarial |  | 40.25 |
| $8 / 16 / 09$ | $\# 1105$ | NAWS-lit. Rice County jail |  |  |
| $8 / 16 / 09$ | $\# 1106$ | VOID |  | 100.00 |
| $8 / 16 / 09$ | $\# 1107$ | Scott Kessler-food Service Assembly |  | 150.00 |
| $8 / 16 / 09$ | $\# 1108$ | Suzie Estrada - MAN |  |  |
| $8 / 16 / 09$ | $\# 1109$ | Hutch Corrections - mtg. lists |  |  |


| 8/17/09 \#1110 | Perkins - rental | 250.00 |  |
| :---: | :---: | :---: | :---: |
| 8/17/09 \#1111 | Scott Kessler- Nov. Regional startup | 100.00 |  |
| 8/17/09 \#1112 | Alliance Agency, Inc. | 1,314.00 |  |
| 8/17/09 \#1113 | Debby Stewart - Comm. Bldg. | 140.00 |  |
| 9/11/09 \#1114 | NAWS-Unity Day donation | 71.00 |  |
| 9/08/09 Card | Continental Airlines-Alt. RD trip | 237.40 |  |
| 9/17/09 Card | EIG.Ipower-website | 166.80 |  |
|  | Total Expenses |  | -2,856.23 |
|  | Bank Balance |  | \$16,933.82 |
|  | Less: Prudent Reserve |  | - 7,688.00 |
|  | Sub-total |  | \$ 9,245.82 |
|  | Less: Escrows |  |  |
|  | H \& I | \$ 1,557.66 |  |
|  | Outreach | 117.40 |  |
|  | P I | 598.00 |  |
|  | Rent | 250.00 |  |
|  | Insurance (due Nov. 09) | 1,314.00 |  |
|  | Storage (due Feb. 10) | 405.00 |  |
|  | P. O. Box (due Feb. 10) | 31.50 |  |
|  | Web Page (due Sept. 09) | 166.80 |  |
|  | RDA (due Feb. 10) | 1,312.50 |  |
|  | Total Escrows |  | - 5,752.86 |
|  | Spendable Balance |  | \$ 3,492.96 |

## Secretary Report:

Hello Family... all is well. I sent out 10 copies of minutes by mail and the rest by email. I have turned in my receipts to the Treasurer in the amount of $\$ 43.84$ and gave the treasurer $\$ 6.16$ in returned monies. Thank you again for all who email reports and typing. I would not be able to get the minutes out as quickly without you. I have also turned in a request for funds for $\$ 50$ for the quarter.
In loving service,
Michelle

## Regional Delegate Report:

Hello family,
As you know this is the beginning of a very busy Conference Agenda report workshop time. I hope to see you all at the upcoming CAR workshop Dec. $5^{\text {th }}$ where world participation will be presenting the motions and agenda from it. We will not be voting on these motions at this workshop, it will up to each area to host or participate in a local workshop where these votes will be taken. Remember, every member has a voice on these motions!

I am requesting partial expenses for the Plains States' Zonal Workshop in Wichita; by partial I mean I will not be requesting fuel expense. The total for this trip is $\mathbf{\$ 3 1 9 . 0 6}$, breaking down to two rooms for one night (\$169.06), and 1 $1 / 2$ days meal per diem times two (\$150.00).

The Conference Agenda Reports are available Nov. $25^{\text {th }}$ at a cost of $\$ 8.00$ each. I encourage every area to order these as soon as possible so when they are released (both hard copy and online PDF) they can be sent out. I will be placing a new motion in today requesting funds be allocated to purchase 20 copies, these will be sold, at cost, at the upcoming CAR workshop in Wichita. Funds from this will turned back in to Regional Treasurer so there will no lost funds.

Not only will the CAR be out soon, but Jan. $25^{\text {th }}$ the Conference Approval Tract (CAT) will be released, this does not include motions for members to vote on but will contain a large portion of WSC 2010's agenda. If you wish to also purchase this I will make the information available as soon it is released.

Dates to remember are Misty and I have until March $1^{\text {st }}$ to give a regional report and the World Service Conference (WSC) 2010 will be April $25^{\text {th }}$ - May $1^{\text {st }}$. Keep this in mind when planning your CAR workshops or any other workshop where Misty and/or I will be participating.
Gratefully Serving NA,
Tim S.

## Alt. Delegate Report:

Hello all! I have spent a good part of the last quarter getting ready for the conference season. There is a great deal of information available on the IDT (Issue Discussion Topics) at www.na.org. In addition the CAR will be out on Nov $25^{\text {th }}$. I encourage everyone to get involved and plan and attend CAR workshops in your areas.

I remind everyone to fill out a membership survey if they haven't already. This will be available until Dec $31^{\text {st }}$.
I am requesting access to the regional debit card to begin preparations for WSC 2010 for the purpose of securing plane tickets and hotel reservations. I have been speaking with an RDA from another region to share a room in hopes of relieving some of the costs. Even though there is another regional meeting before the conference in April, making reservations in advance will assist in securing lower rates for plane tickets.

I am very excited about the upcoming WWW in Boston. I have made most preparations and have been in contact with the RD from the Nebraska region and will be sharing a room with her. The only glitch bas been transportation from the airport to the hotel where the conference is being held ( 15 miles and taxi is $\$ 70$ one way + tip). After much research I have decided to rent a car. This seems to be the most cost effective solution at this point.
The workshop session schedule is out and there are many topics to be discussed that will be very beneficial to the ever changing needs of out expanding fellowship. As I am only one person, I have made arrangements to share information with another RD so I will be able to present a complete report in February.

I hope to see you all in Wichita for the CAR workshop on Dec $5^{\text {th }}$ and $6^{\text {th }}$.
In Service,
Misty K.

## Housekeeping:

Requests for funds and motions. The chair called went over the housekeeping request for funds. Opening balance for start of business day $\$ 3,492.96$. The following were the housekeeping expenses:
Start up funds for activities, rent for February Region, DJ expenses for February, RD and RDA expenses for CAR, meeting lists, secretary expenses, MAN printing, and RDA expenses for WWW in Boston. The ones discussed were: PI raffle tickets, H\&I escrow monies for Western Area, and literature order for Regional literature box. They were all approved for payment.

## E. Old Business:

## Elections...

Co-Chair - Chair asked for willingness or nominations. Janet nominated Sally, she declined. Janet nominated Jeff R., he declined. Tim nominated Nate F., he declined. No other nominations or willingness. Someone asked what the clean time requirement was and it was noted that 3 years is the requirement. The Chair reminded the body that this is a 4 year commitment and it is important to fill this position. Take back to groups.
Co-Treasurer - Chair asked for willingness or nominations. There were none. The Chair mentioned the responsibilities and importance of this position as well. Take back to groups.
Steering Members (2) - Chair asked for willingness or nominations. There were none. The Steering Chair mentioned that in February a new Chair would be voted in. Take back to groups.
Outreach - The committee had a recommendation of Daniel C., no second needed. Daniel accepted and stated that he was willing, mentioned that he qualified himself last RSC and in committee yesterday. He qualified himself again briefly. The Chair asked for questions, there were none and Daniel stepped out. The Chair asked for cons, seeing none he called for a vote. Congratulations Daniel and thank you for your service!
Soul to Soul Chair - Suzanne S. was recommended out of committee. Suzanne stated her willingness and qualified herself. The Chair asked for questions. A questioned was asked and answered. She stepped out and the Chair asked for questions or cons. There was a call for a vote, congratulations Suzanne and thank you for your service!

## Motion Back to groups -

0809-001 Motion: To incorporate the use of an "NA Service Resume" for all members stepping up for Officers, subcommittee chairs and Regional trusted servants. (document at end of minutes)
Intent: To put consistency and fairness in our voting and questioning process.
Financial Impact: Minimal (copies)
The Chair called for a roll call vote. Motion failed.

## Regional Inventory ...

The ad hoc chair passed out the summary results of the regional inventory with a copy of the inventories spreadsheets. She explained that once she got all the numbers put together she looked at the 3 questions that had the highest marks and put those on the summary as well as the 4 questions that had the lowest marks. There was also the summary of the overall score on the inventory questions. The summary is as follows: From the Area / Group members...
The questions with the highest score were:

- 9. How positively is a sense of unity shown within local groups? 88 pts, 3.5 avg
- 20. How easily can those in the larger community reach an NA member who is in a position to respond to their questions or requests? $67 \mathrm{pts}, 2.6 \mathrm{avg}$
- 25. How fully has the region formed a cooperative relationship with NAWS? 67 pts, 2.6 avg

The questions with the lowest scores were:

- 6. How well does the RSC foster an atmosphere of courtesy and mutual respect? 60 pts, 2.4 avg
- 7. How completely does the region provide opportunities for communication about committee concerns to the local members and groups? 61 pts, 2.4 avg
- 22. How well does the region respond to requests from the member areas/groups and from NAWS? How fully do the areas/groups share its needs and concerns with the region and NAWS? 56 pts, 2.2 avg
- 26. How well is the region creating a sense of unity with the member areas/groups and NAWS? 58 pts, 2.3 avg The overall averages of the 3 sections are as follows:

Section 1 had an average of 2.660
Section 2 had an average of 2.307
Section 3 had an average of 2.500
In loving service,
Michelle

There was some additional discussion about how we proceed from this point. The Chair pointed out that the ad hoc Chairs term was over for this part of the regional inventory. We discussed that the next part of the inventory would need a new ad hoc chair and committee. We discussed which day it should be done on during the regional weekend and how we could get the best feedback by doing this. At this point then someone suggested that the ad hoc chair that started the inventory would be a good choice to continue this project. The Chair then appointed Michelle to head up the ad hoc committee to move forward on this inventory and she accepted. Michelle then asked for persons to help with the inventory and several people stepped up from different areas to help in the process. Two RCM's stepped up to help as well at the RD and the PI chair. We also discussed who would facilitate the inventory. The best suggestion out of this discussion was to retain zonal members that know who we are and know our region. The ad hoc chair suggested that it would take at least 2 quarters to come back to the region with a recommendation on how to proceed and that more will be revealed.

## F. New Business:

## Location for future regional meetings / Motion 1109-001...

The Activities chair asked that we look into where to hold regional meeting next quarter. The EconoLodge is raising the price to $\$ 350$ per regional weekend, a $\$ 100$ increase. The Steering chair then stated that in policy "the location of the meetings shall be in McPherson, KS unless otherwise decided by the RSC". The Activities Chair said that this was the reason he brought this to the floor of the RSC. Suggestions then started being made about where to hold it. A suggestion was made to hold it in Great Bend where the convention would be and this would familiarize us for the convention site, and it would be less than the EconoLodge. Camp Aldridge was also suggested, the Friendship Center was brought up because of its size and amenities and reasonable cost. It was then recommended that we get some bids and look into other options. The RD then made a motion and the Steering chair seconded it - "to make the community building our first choice and the EconoLodge our second choice for the February 2010 RSC", with a financial impact of $\$ 140$ to $\$ 350$. The Chair then asked for a roll call vote and it passed. Point of information was made that we would be in the same boat for the May RSC and we need to do something about it. The Activities chair said they would follow up.

## Motion 1109-002 ...

Submitted by: Regional Delegate
Financial Impact: $\$ 160.00$
Motion: Allocate $\$ 160.00$ to purchase 20 copies of the Conference Agenda Report.
Intent: Provide CAR at workshop Dec 5, 2009. This money will be returned when reports are sold.
There was a short discussion on the cost and why we are buying them rather than printing them out. The RD mentioned that we would purchase them to make them available for those that attend the CAR workshop in December and then when they sold them, the money would be returned to the region. The Chair then called for a roll call vote and it passed.

## Request for funds approval out of subcommittee's escrow ...

Public Information - purchase 8 rolls of raffle tickets to raise fund in the PI efforts. Financial Impact of $\$ 40.00$, this amount will change, but will start with this for now. This would be to auction off an NA blanket at the convention on March $27^{\text {th }}, 2010$. The Chair asked for a show of hands vote and it passed.
H\&I - H\&I is requesting $\$ 513.50$ for literature to go to the Western Area. This is to increase the H\&I and Outreach efforts with the 3 people in their area getting out to facilities and putting literature in those facilities. There is a list of what they want. They are requesting these funds because they are hurting financially. Someone asked why they were asking for these funds when they had a large literature stockpile. It was stated that the literature they have is not what they need or is not allowed in facilities, they need staple less and soft cover items. This will help the efforts in the area and getting the message out there. The Chair asked if there was a single point of accountability and it was answered that the RCM would be that person. The treasurer then made a point of information during a member's point of how we are belittling H\&I after they approved this. The Steering chair then made a point of how we have never questioned how subcommittees are spending their monies and requested a call for a vote. The Chair then asked for a show of hands vote and it was passed.
Regional Delegate - The RD is requesting funds in the amount of $\$ 319.00$ for expenses for the CAR workshop in Wichita. There was no discussion. The Chair asked for hands vote and it passed.

Literature- Requesting funds to fill the literature box $\$ 101.70$. The Chair asked for a hands vote and it passed.
Regional Keys - The secretary asked for all those who have keys to see her so that she can get the PO Box list and Regional storage list for keys up to date. Also wanted to let the region know that there are not enough keys and the chair said to get some made.

## Adjournment:

Miracle Area Alt RCM motioned to adjourn at 11:17 am Campout Chair seconded it. We closed in the usual manner. The next RSC will be held in McPherson, Ks. on February 20 and 21, 2010. Please watch for fliers on the next Regional meeting location as it is yet to be determined.

# MID AMERICA REGIONAL SERVICE COMMITTEE 2010 FEBRUARY QUARTERLY MEETING 

Being held at the Community Building 122 E. Marlin * McPherson, Kansas

REGIONAL SUBCOMMITTEE MEETINGs
Saturday, February 20
9:00 am - 11:00am
Public Information
Activities \& Soul to Soul
11:00am-1:00 pm
Outreach
Steering
1:00 pm - 2:00 pm
2:00 pm - 4:00 pm

4:00 pm - 6:00 pm

7:00 pm - 8:30 pm
8:30 pm - 11:00 pm

## LUNCH

Literature
Hospital \& Institutions
Campout
Convention
Speaker Meeting
Regional Literature Fundraiser
DJ Dance - Auction \& Raffle
$\$ 3.00$ per person ... $\$ 5.00$ per couple
NO ADDICT TURNED AWAY
NA AUCTION / RAFFLE ITEMS NEEDED

REGIONAL SERVICE COMMITTEE MEETING
Sunday, February 21
General business, motions, request for funds.
MEETING STARTS AT 8:00 a.m. and finishes when done.

