Rich C. opened the meeting with a moment of silence followed by the Serenity Prayer at 9:05 am.



- 12 Traditions read by Tim S.
- M 12 Concepts read by Carrie E.
- 🕅 Roll call (Jeff R. did roll call) –

# August 16th, 2020 Minutes

Area		Subcomittee Chair	
Central Kansas	Jeff R.	Archivist	open
Fellowship for Freedom	Nada M.	Campout	Carrie E.
Just for Today	Travis C.	In-Coming Campout	
Miracle	Jeffry L.	Convention	Ben T.
Never Alone Never Again		In-Coming Convention	Angie B.
OZ	Chris Q.	Fellowship Development	Shelley W.
Primary Purpose	Hallie T.	NAWS Contact	Jeffry L.
Unity		P.O. Box	Amber C. (filling in)
Western		Public Relations	Curt S.
Wichita Metro	Claire C.	Soul to Soul	Jan K.
		In-Coming Soul to Soul	
Administrative Officers		Open Positions	
Facilitator	Rich C.	Archivist	PO Box
Co-Facilitator	Wayne S.	Co-Secretary	RDA
Secretary	McClain C.	Co-Treasurer	MAN Co-Chair
Co-Secretary	open	PR H&I Facilitator	Campout Chair in May
Treasurer	NP	PR Secretary	Campout Treasurer
Co-Treasurer	open	Fellowship Development S	Secretary
Regional Delegate	Rod D.	Fellowship Development (	Co-Chair
Alt. Regional Delegate	Ben T.	Convention Committee Cy	cles in April
Treasurery Oversight	Matt M.	NP=Not Present	

#### **(#)**

- (7 of 10 ASCs represented) quorum is met
- McClain C. read the minutes from May. It was motioned to accept the minutes, seconded, and unanimously approved.

# Mea reports:

#### Central Kansas Area:

CKA RCM Report 8/15/2020

Hello from the Central Kansas Area we are doing well in these trying times. Meetings are opening up with social distancing and some mask requirements, check with the Group. On Saturday Oct. 17 we will be having a fundraiser for our Men's Retreat at Brit Spaugh Park, Great Bend, KS. Starting at 3pm. Check Website for flyer. We have had to cancel some events due to Covid. The Larned Rib Feed, The woman's retreat, the men's retreat have all been canceled this year to return in 2021 we hope.

In Service Jeff R. RCM CKA

• **Discussion-** Are the in person meeting locations providing masks? As far as Jeff knows yes. The Phoenix Group has a bunch of donated masks, if members don't have a mask they aren't running them out the door.

## **Hellowship for Freedom Area:**

Hi everyone and hope all is well. There is very little to report for FFFA as we have met but two times since the last RSC. We are currently in need of a chair, co-chair, alt. RCM, alt. secretary, alt. treasurer, activities chair, and PR/PI Chair. However, we opened up a position for Literature Chair and currently have a literature chair. We have asked an addict from another area to sit in on our next area meeting as we are in need of an "Area Sponsor", as the area is and has been struggling for some time. We as an area can use some direction and guidance. At this time, we will not be providing a donation.

What do the groups need? Financial assistance to pay for rent, supplies, etc.? These questions were taken back to the GSR's and no feedback was received. Insurance Inventory per group to be filled out during Area Meeting: The requested insurance inventory information was passed on as requested. Last but not least...my term is up as RCM and in keeping with the spirit of rotation, I will be stepping down as RCM to allow someone else the opportunity to grow and learn.

Thank you for letting me serve-Nada

<u>No Discussion</u>

# Here Just For Today Area:

Just For Today RCM Report for August 2020

Hello NA family, Hope everyone is staying safe during this insanity of COVID 19. Despite the obvious limitations this imposes we have had a few campout/gatherings this summer and anticipate a good turnout for the Mirror of Miracles campout next month. We do practice social distancing and respect the wishes of others concerning their space and hugs VS. fist bumps, masks are optional. The first one was back in June, kind of a recovery fest light. This was a non-sanctioned Na event and turned out to be a blast as so many of us

longed for the fellowship of a campout as this particular one was cancelled last year due to flooding. It was well attended (not like normal years) but I was surprised at how many people came out. The next one was sponsored by the Pioneer group took place on July 25- 26 at the John Redmon dam site and again was well attended with fellowship and fun had by all. The last one planned for this year is our Mirror of Miracles free campout on Sept. 18-19-20 at Big hill lake. This should be a fun and exciting event so feel free to come out and fellowship with us. Many of our groups have returned back to face to face meetings there are still some Zoom meetings available please refer to our area web site <u>iftareana.net</u> for further details on meeting schedules and mask requirements. We have consolidated the literature for our area making it easier for our groups to get the items they need simply by ordering them from our literature chairperson, this has been a huge benefit to all our groups. Some of our groups have grown during these difficult times but unfortunately, we had two that closed. Sadly, in closing we lost a member of our NA community, Shirley S. Roger's wife passed on the 7<sup>th</sup> of Aug Her service was held in Arc City this past Friday, she will be deeply missed. Please keep Roger in your thoughts and prayers, they were together for over 40 years. Thank you for allowing me to be of service.

#### RCM

Travis C

• No Discussion

## Miracle Area:

Dear Mid-America Region,

The Miracle Area is moving forward. Meetings are happening via Zoom, Face-to-Face and a couple meetings that are a hybrid of both. You can see our most up-to-date meeting list at <a href="https://miracleareana.com/meeting-list">https://miracleareana.com/meeting-list</a>.

We have a significant number of events planned for the fall. The list is below: Sept 5th - PR Panel. McSwain Park, Lawrence, KS Sept 12th – Step-by-Step - Wingdango. Overlook Park, Clinton lake, Lawrence, KS Sept 19th – Multi-area Kickball. Hobbs Park, Lawrence, KS Sept 26th – Larrytown Picnic. Overlook Park, Clinton lake, Lawrence, KS Oct 9, 10, & 11th Fall Campout. Bloomington West, Clinton Lake, Lawrence, KS Jesus Jeff and Michael R. (invited speakers)

The Miracle Area continues to conduct business via Zoom. We do not have donation at this time, as we were unclear how the finances are going to handled for 20-21.

In Service,

Jeffry L.

#### Mever Alone, Never Again Area:

Not Present. No report.

<u>No Discussion</u>

#### Oz Area:

Hello from the oz area my name is Chris and I am an addict.

Not a lot new in our area all of our meetings in our area are open back up and have a steady attendance. We are still not doing any of our H and I commits because the facilities are not allowing any outside visitors but we will resume those commitments as soon as we are allowed back into the facilities.

In old news I would like to let everyone know that the Colby New Hope camp out had a good turnout and was a good time was a little windy but everybody seemed to enjoy themselves. Also an old news the annual summer jam put on by freedom of choice in Norton was a success had a good turnout and raised a good amount of money for the group.

And new news I would like to let everyone know that they're two events going on in the Oz area. The first one is the Oz area Burger flip it will be held in St Francis Kansas at 10 a.m. at Howard T Sawhill Park we will have hamburgers hot dogs and auction raffle and speaker come on out for some good Fellowship. Second function that is going on in the oz area is a NA learning day it will be about h&i ,carrying a clear NA message, and how to be of service. It will be on Saturday September 19th at 10 a.m. at the bullseye Event Center 118 South Kansas Avenue in Norton Kansas.

That is all the news that I have from the Oz area thank you for letting me be of service.

#### • No Discussion

#### Primary Purpose Area:

#### Hello family!

It's been extremely quiet in the Primary Purpose area this last quarter. I'm not sure what to contribute the lack of participation to exactly but we appear to be in a bit of a funk. Burnout? Fatigue?

For our June meeting in Newton, we did not have quorum so were unable to vote. There was discussion on changing our quorum policy so that we can set quorum at the start of each meeting based on attendance rather than quorum being set based on the number of groups in our area since 2 of the 4 groups do not regularly attend our ASC.

For our July meeting, there were only two of us that were present and we were unable to have an ASC. I certainly enjoyed spending time with our secretary at a meeting hall though and catching up with her.

For our August meeting, due to lack of participation and willingness, it was cancelled to prevent the three of us that would be participating from having to travel accordingly. We decided there was little to no business to discuss and opted to cancel for that reason.

All regular meetings are back on for all groups in our area to my knowledge.

We are still tentatively planning the Blue Ball Ball and are mulling over a location though no plans have been made as of now other than a date of 12/12/2020.

Gift of Life in Hutchinson has cancelled their virtual meetings and is encouraging members requesting virtual meetings to support other groups online.

It's been slow quarter and I don't have much to report. Sorry this is so short today.

In loving service,

Hallie T. Primary Purpose Area RCM

- No Discussion
- M Unity Area:

Not Present. No report.

- No Discussion
- Mestern Area:

Not Present. No report.

#### **Wichita Metro Area:**

Hello Region Family.

WMANA is doing our best to carry the message of Narcotics Anonymous to the still suffering addict inside and outside the rooms. Two of our Wichita meeting locations have been able to utilize hybrid meeting formats to allow addicts who do not feel safe to get to a meeting still. We have a new Zoom-only group that now has voting rights at area. We have some meetings that are still unable to meet due to their meeting location not being open during this pandemic. We also have some meetings that have had to temporarily shut down certain meeting times due to no willingness for meeting leaders. All groups are experiencing some lowered attendance and some experiencing lower 7th tradition donations as well. We have had a lot of discussion as an area on the importance of visiting various groups to support one another and many members have been trying to put action behind this.

In the spirit of unity and connection we have been trying to continue our traditional area campfire meetings on the second Saturday of the moth at Watson Park, however we did have to move the last one due to a temporary park closure as a result of the pandemic. The next one is projected to be resuming at Watson Park on September 12th beginning at 7:00 pm.

Our area has struggled to keep service positions filled, however we are hoping to attract members to service through informing them on the "NA Branches of Service" which will be the theme of our annual area campout this year. Our campout will be October 2nd, 3rd, and 4th at Lake Afton Shelter 5 and we will be doing our best to maintain social distancing and respecting members if they do not want to be given hugs. We will be focusing on the branches of service within Area as this is an Area campout. We hope to see attendance from members in other areas that feel safe or comfortable enough to attend.

Our Area has also had a committee that has been planning the R&R women's retreat. The committee for the retreat brought to Area this month that they have decided the responsible thing to do will be do reschedule the retreat for Spring of 2021 with no official date set at this time, however more will be revealed and updated on our area website at a later time.

Unity group of NA has also decided that they will not be having the street dance this year in the spirit of trying to make a responsible decision due to the pandemic. They are hoping to be able to pick up the annual street dance again in 2021.

Our area was able to mail a check to Region for donation of \$97.46.

Zoom information: Sunday morning Unity Mens meeting: 804-146-9485 Basic NA group (zoom only) Sundays at 7: 356-524-8279 Living Clean group of NA (all meetings hybrid): 546-302-6467

Thank you for allowing me to serve, Claire C.

No Discussion

○ Subcommittee Reports:------

Me Archivist: Open position, no report

#### Campout:

Hello Family,

# 2021 Campout Regional Committee Meeting "Spirit of Love"

August 16, 2020

# **Treasurer Report:**

All bills have been paid. Our checking account balance is \$2382.25.

DATE	CHECK #	DESCRIPTION OF TRANSACTION	DEBIT/CREDIT	BALANCE
8/17/2019		Starting balance from 2019 Campout	-	4,007.13
10/26/2019	120	Mid-America Region	(1,507.13)	2,500.00
2/21/2020		Deposit for merchandise sales (Correction)	95.00	2,595.00
2/21/2020		Donation from Oz Area, Colby, KS	300.00	2,895.00
2/19/2020	121	Allen Lee Printing (T-shirts order)	(429.79)	2,465.21
4/10/2020		Donation from G.O.L. Hutchinson, Ks	100.00	2,565.21
7/8/2020	122	Allen Lee Printing (Bandanas & Sweatshirts)	(295.41)	2,269.80
7/23/2020		Deposit (Cash from Merchandising Chair)	235.00	2,504.80
8/12/2020	123	Allen Lee Printing (Quarantine Print on shirts)	(122.55)	2,382.25

#### 2020 CAMPOUT ACCOUNT ACTIVITY

#### **Campout June Report:**

Hello Everyone. On June 6, the Campout Committee, and 2 other NA members, had quite a discussion about the 2020 campout. For the safety of our members and society, we decided to cancel the campout because of the COVID-19 virus and how it was spreading in Kansas. Tim S. revised the flyer and posted it to the Regions Facebook and web page.

We voted to print the word "Quarantine" on the remaining T-shirts. We have bandannas and tshirts for sale. Please spread the word.

Carrie E. was nominated and 2<sup>nd</sup> to be the 2021 Chairperson, which passed. We discussed various lakes for next year's campout. The final campsite location will be decided in August.

#### **Campout August Report:**

The Campout Chair, Darrell G., was not able to connect to Zoom for our August quarterly meeting. I spoke with him late last night and updated him.

The 2021 Campout will be July 2 – 5 at Pamona Lake – Wolf Creek group campsite. The theme is "Spirit of Love". Secretary and Merchandise/Fundraising positions were filled, and there are four open campout positions: Co-Chair, Treasurer, Catering and Programming. Please share with your groups the open campout positions and that we are in need artwork. The committee recommends Carrie E. for the Campout Chair 2021.

Our next Interim meeting will be October 10, 2020 at 9:00 am on Zoom.

In loving service,

Darrell G, 2020 Campout Chair Carrie E., 2021 Campout Chair

• <u>No Discussion.</u>

#### MARCNA XXXVII

# **Chair Report**

May 17, 2020

Hello Regional Family

Not a whole lot to be done for the Committee this quarter, We still are meeting monthly on the 3<sup>rd</sup> Sunday of each Month at 1pm via Zoom and Saturday at 1pm during RSC Weekend.

We have experienced some Committee changes in the Last quarter. I would like to Welcome: Christopher W – Co Secretary and Zachary T – Co Arts & Graphics

Our open Positions are:

Hospitality Chair & Co

Fundraising Co Chair

Merchandise Co Chair

So please let your Areas and home groups know! Reminder Convention will be in Wichita for the next 3yrs at the Hyatt.

We have contacted our Vendors, Taper and Entertainment (Colicchie) and all are still good with new dates and location. Most want to use previous contracts with Email providing the agreement of new date and location as their amendment to 2020 contracts. So we are attaching the Emails to 2020 contracts as amendments.

We have finally got the Banquet options and Pricing so we can finalize the Preregistration flyers at September subcommittee. We also discussed on some new and old ideas....more will be revealed.

We have decided that we will have another banner made with new date and location and display both. The Cost of \$ 165 is very minimal.

Please let you groups know we would love to have fundraiser for this years location ....so lets see what we can come up with.

In loving Service

Ben T.

MARCNA Co-Chair:

#### No report

#### • Discussion

June 20<sup>th</sup> at 1pm is the next meeting. Joe asked if Angie would be interested in taking Chair for MARCNA 38, Angie would be willing. Jeffry asked for a pinned post on the facebook page so that people are able to find these meetings quickly. Ron asked if the committee is looking to have more fundraisers, Ben said yes we are, more will be revealed with vendors, speakers, and if we have the need for more fundraisers.

#### **Fellowship Development:**

#### Fellowship development report for August 2020 RSC

Hello family;

**NEW GROUPS-** There were no new groups reported.

**CLOSED GROUPS-** Fredonia group (Hope not dope) and Iola group (First step) both are closed. There was discussion about the decline in meeting attendances- it was stated that in Wichita metro there is a decline in both face to face and zoom meetings but they are "surviving."

Due to the changes in the meetings the Phoneline does not have up to date information to pass on when people call. There was some discussion on how to handle this such as on the recording make sure the caller knows they need to talk to a live addict. Rod suggested an "in person" workshop to address it. Shelley said she would report this but that this needed discussed in subcommittee meeting of PR, and phoneline later today. Michelle shared that the Miracle area has an up to date list at this time.

# We discussed breakout sessions and moving to different zoom rooms—through general vote it was determined we would stay on this meeting and discuss what needed discussed.

**Events-** nothing to report at this time. IF we have face to face November region we will do our typical Thanksgiving feast as well as gratitude meeting. If we don't meet face to face we will have a Zoom gratitude meeting. Daniel said he has a program (Genesis account) where people can sign up to bring food and everyone can see what is needed or offered, we will utilize this if we meet face to face in **November 14, 2020.** 

**Man-** Tim gave his report and stated he was able to mail out the MAN's that were completed a little ahead of schedulehe is suggesting MAN keep our budget at \$300.00 per quarter right now as his cost was \$268.37 this time. (185.42 to print and \$85.00 postage- which he needs reimbursed.) He stated he needs up to date mailing addresses for all of the areas as he wasn't sure people are receiving their MAN newsletters—ASC's please contact Tim to 1.) update your mailing address 2.) let him know you received them please.

**Soul to Soul-** camp has been contacted about our cancelled event this year and they are waiting to our dates for 2021. The committee had discussed staying on in their current positions. Also it was discussed to have a virtual campfire meeting on Saturday- the same date soul to soul was to happen which will be Saturday September 26<sup>th</sup>—more will be revealed. Claire will be speaking tonight at the region at 7:00 pm. Soul to Soul treasurer gave his report as well- our spendable balance as of today is \$1873.00. He received a returned check and that person stated they did not want to re-register. He also stated he received two pre-reg and that person said to keep it for 2021.

**Budget**—we will be discussing budget on the floor for Sunday business. Fellowship development is asking for a \$2000.00 budget—this will cover events expenses and MAN expenses. Soul to soul is a free- standing committee.

**School-** apparently the new mayor has already resigned. Tim was asked if we (Region) had discussed raising our rent. He shared we discussed it and he shared every mishap we have had in our time in that building so far, (except the latest one where the air conditioner had condensation on the carpet. None of our stuff got wet- but Tim will discuss this with them as well.) It was asked if we needed a dehumidifier to protect our items. The small room needs a dehumidifier for sure. Not sure about the storage room. Tim will let them know we have not gotten to try out the Fiber Optics that is now available for us as we have not meant face to face.

In loving service

Shelley W.

Fellowship Development chair.

#### Mid America Newsletter (MAN) -

#### Mid-America Newsletter Report

May 16, 2020

Hello family,

Enough submissions came in to help complete the fall issue and it was ready for publication a week before the deadline, of course I waited just in case a last-minute piece came in. As usual the printing cost varied again, I printed 500 for \$185.42 plus another \$82.95 in postage to get to each ASC, Bringing the total cost to \$268.30 or .54 cents a copy. I will ask for reimbursement for the postage, since I am given just one check for printing only. The budget has been set for NTE \$300 for the past three quarters and I recommend that stays the same. Once we get back to face to face RSC meetings, the cost will drop due to hand delivering. I'm not sure if the Hole in the Wall group based in the Oregon State Penitentiary has been getting theirs, so we will hold off mailing anymore. I have been adding to the email list and will make more of an effort to keep that up, plus it gets posted to our website and facebook page. Next deadline is Nov 1. 2020 for the winter edition. Please submit stories, poems, words of wisdom, drawings and illustrations to newsletter@marscna.net

Gratefully serving,

Tim S., editor

- No Discussion.
- MAWS Contact:

No Report

- No Discussion:
- PO Box:

PO Box Report August 16, 2020

Hello to my Regional Family,

I hope all of you are surviving this pandemic and are staying happy and healthy!

I checked the PO Box last yesterday morning. Here is what we received this quarter:

- Several things for the Treasurer
  - o Our new debit card
  - \$97.46 donation from WMA
  - o \$500 donation from CKA
- Newsletter from Kansas Children's Service League
- Updated copy of our Insurance Policy I am not sure who this needs to go, I think it needs to go to our Regional Facilitator, but I will hold on to it until we meet in person.
- An update request from United way. I have updated the information on the website.

Beth has updated the USPS account with the regional debit card, so this is now set up as an automatic payment yearly now, so hopefully we don't have an issue with the payment going forward.

Reminder, this is still an open position if anyone else is willing to take over  $\odot$ 

ILS,

Amber C.

- Discussion:
- Public Relations:

#### PDF WILL BE ATTACHED AT THE END INCLUDING FULL PR REPORT

- No Discussion
- M Soul to Soul 2019:

Soul 2 Soul Chair report August 2020 RSC

Hello Regional Family,

S2S 2020 has been cancelled, due to COVID-19. However, S2s 2020 committee will continue forward for 2021, with this bodies approval. Camp Chippiwa is waiting for our new dates. Which will be determined @ a later date.

Any pre-reg that has been purchased to date will carry over to S2S 2021, or may be refunded. Contact myself or Ben T. More will be revealed as we move forward

Thank you Claire for sharing your ES&H and to all that showed your support.

Thanks for letting me be of service, Jan K., S2S 2020 Chair

- <u>No Discussion</u>
- Officer Reports:-----
- Hereit Facilitator: No report
- M Co-Facilitator: No report
- Secretary:

Hello Everyone,

Due to some personal things that have come up I will no longer be able to fulfill my duties as the secretary of this body. I am resigning and this will be the last month for me to send out minutes.

In loving service,

McClain C.

If you need your email address updated please send requests directly to *info@marscna.net* Questions?

#### Regional Delegate:

Howdy Folks.

The time between RSC's has not been busy for our Region, nevertheless it has been for us the Delegate Team. It started off with a Zonal meeting in May via (surprise) Zoom where we discussed I.T. zoom accounts the Zone added one to handle the influx of Zoom Meetings. Barry will up his budget to reflect third account. Sponsorship Behind the Walls was on hold while they adjusted to Covid19 but they where going to get restarted. Zonal Contribution Link up and going all via Credit Card. Talked about sending other half of money to WSO (around \$3000.00 ) Treasurer absent so tabled for now. Decided to meet Virtual in July instead of traveling to South Dakota Convention for face to face meeting

#### Zonal from May 27th

**Best Little Region** 

- 1. Canceled Oct Convention
- 2. Going to start using Barry Iowa Region as their Webmaster

#### 3. Quite a few face to face meetings

#### Iowa Region

- 1. Their Regional Convention in July was going to Virtual
- 2. Also holding Region by Zoom two days two sessions two hours apiece (wouldn't it be nice)

#### Nebraska Region

- 1. Started opening meetings back up
- 2. Thanked the Zone for providing space
- 3. Proposed to their Region that they start funding Zone

#### **Oklahoma Region**

- 1. Clean Crazy Campout was still going to happen in June
- 2. Convention was moved to Virtual and they sold merchandise online which was pretty successful
- 3. Meetings opening up, some controversy, some disunity

#### South Dakota

- 1. Some meetings opening up, some zoom still in place spotty attendance
- 2. Still planning Convention Eastern part of State, and Campout near Sturgis

#### Zonal from July 18<sup>th</sup>

Please give up a prayer for the outgoing Zonal Treasurer Carol she is not well, and it is not Covid19. Because of that Zone has not been passing funds on as well. Nevertheless, we did elect a new Treasurer from Best Little Region Natalie S. There was much conversation about moving the Zones bank account from Great Western. Since the Treasurer was going to be based out of the Panhandle of Texas it was suggested that she open an account at her local bank and would forward funds to the Zones Bank account at Great Western Bank. <u>This might be something we might want to think about it would open up more people to taking the Treasurer Position at Region</u>.

On the IT front Best Little Region should be the only Region that is not on the BMLT. He is changing codes on the meeting list I believe so it will be more in line with Mid America Region Meeting codes. Zoom meetings are happening two a day plus Service Meetings. Zone IT is doing Zoom training every other Wednesday for hosting Zoom Meetings. They have also added slack on the Zones Website for # IT\_Admin so if someone needs some help with Websites or Zoom account, they might check it out. He says zoom is or has changed to mandated waiting rooms or a password.

PR didn't have much to report

SBTW Reminding everyone they need Sponsor's, and everyone has to be trained every year

Zone Contacts minutes from the last Webinar are on Slack at

**Open Forum** 

#### 1. Groups or Area's doing electronic donations

Best Little Region is using Venmo

#### **Old Business**

- 1. Budget for 2020-2022 Plains State Zonal Forum (Approved)
  - 1. Sponsorship Behind the Walls \$2300.00
  - 2. Plains State Zonal Meetings \$1600.00
  - 3. Public Relations \$700.00
  - 4. **IT** \$1656.00
  - 5. Total Budget \$6256.00

#### Elections

- 1. Facilitator Cindi B (OK Region)
- 2. Co Facilitator
- 3. Secretary Pam T (OK Region)
- 4. Treasurer Natalie S (Best Little Region)
- 5 SBTW Sam B. (Best Little Region)
- 6. IT Barry B (Iowa Region)
- 7. PR Keith T (OK Region)

#### Best Little Region

- 1. Started doing some Hybrid Meetings
- 2. Due to Texas Governor mandating masks to worn in all public some are mandating as well
- 3. Meetings are opening back up slowly in most Area's
- 4. PR in BLR is trying to get PR for Professionals Workshop Virtually going starting with the Unity Area

5. They are working on Policy and Procedures due to Policy Violations and or Policies made but never followed up on.

6. They are reminding all Areas do a yearly audit by an outside entity

#### Iowa Region

1. Had 9 out of 13 Areas represented for their 1<sup>st</sup> ever Virtual Regional Meeting they met for 2 hours in the morning and 2 hours in the afternoon.

2. Area's reported not having Area business meetings between Regional Meeting

3. Still working on transitioning to Association Status instead of a 501C

4. They have added a cash app to the Regional Website for Groups to donate.

4a. PS Zone also has a cash app in case anyone would like to donate to the Zone Directly

5. Iowa hosted a Virtual Convention and at least one workshop had 100+ attendees.

#### Nebraska Region

1. Reported meetings starting back up Face to Face and decreasing Zoom Meeting. Also a few Hybrid meeting going on also.

2. They are shooting for Face to Face Regional Meeting in October, nevertheless they are keeping their time slot at Zonal Zoom just in case

3. Area H&I are doing Virtual Panels into Treatment Centers, Detox Centers, and are in open discussion with some Jails.

4. They are also getting some Baby Blues mailed into some of the facilities and are replacing them with current NA Literature as quick as possible.

5. Nebraska Regional Convention is being held in Grand Island on October 2<sup>nd</sup> to 4<sup>th</sup>

6. They also have sent a proposal out to the Areas to start formally adding the Zone into their fund flow.

#### **OK Region**

1. Held their Clean and Crazy campout and the RD said they now have the longest running campout in the Zone.

2. Next Regional function is 1<sup>st</sup> weekend in Nov (hopefully) at Camp Waluhili

3. Next years Convention is in Midwest City in the spring of 2021

4. Meeting are a mix of Face to Face, Virtual, and Hybrid

#### South Dakota

- 1. Most of West River Area face to face meeting are on hold but still doing nightly Zoom
- 2. Sturgis Meetings are up and running normally
- 3. Sheridan Lake Campout was held August  $7^{th}\,thru\,16^{th}$
- 4. Sioux Falls NA has started most Face to Face meeting back up.
- 5. Still planning on a Convention September 18<sup>th</sup> to 20<sup>th</sup> Aberdeen S.D.

Next Virtual Plains State Zonal Forum Meeting September 23th 7:00 PM on Zoom, Next MZSS Zoom Meeting August 27<sup>th</sup>-29

We also formed a Workgroup to review PSZF Guidelines and suggest changes like

1. Add a date that Zone Approves the budget and elections

2. Add language to guidelines that wxpress which position is add as a second or third signatory to the bank account

3. Co-Treasurer should this be added?

World Service Conference Virtual Materials are listed at <u>https://www.na.org/?ID=wsc2020virt</u>. This is for the sessions in April and the up coming WSC II August 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>

In June we did a straw poll to see when we would meet again and what we would try to accomplish when we reconvened August 7<sup>th</sup> to 9<sup>th</sup>.

- 1) The decisions that we reconvened on August 7<sup>th</sup> to 9<sup>th</sup> to consider and that we voted on are as follows.
  - a) Motion 2 To Approve the new IP "Mental Health in Recovery" Passed
  - b) Motion 5 To initiate the process to revise the Fellowship Intellectual Property Trust in 2020-2022 Passed
  - c) Motion 9 To direct WB to create project plan for new IP for Women in Recovery Passed
  - d) Motion 10/10A (**As Amended**) To direct WB to create project plan for a guide for online meetings to explore all aspects of Online Groups (Meetings) and to address the issue of formally adding Online Groups (Meetings) and their registration to the Service Structure. **Passed**
  - e) Motion 12 To direct WB to create a Spanish language audio of Basic Text, Step Working Guide and It Works: How and Why **Was voted on by E poll Sunday night and it Failed**
  - f) Motion 15 For the WB to develop a project plan for an informative video for PR explaining What is NA, 'How it Works', and How to contact NA **Passed**
  - g) Motion 26 Seat Minas Region Passed
  - h) Motion 27 Seat North-West Russia Region Passed
  - Motion 28 Pause Zonal Seating by not considering requests from Zones formed after WSC 2018 until after Zonal Seating criteria or a process for Zonal Seating is established by the WSC. Was voted on by E poll Sunday night and it Passed
  - j) Motion 29 Approve proposed changes to A Guide to World Services Passed
  - k) Motion 30 Approve proposed changes to A Guide to World Services Passed
  - I) Motion 31 Adopt 2020-2022 Reimbursement Policy Passed
  - m) Motion 34 (New Motion) extend the suspension of Article 5 of the FIPT "the right for a Region to inspect the Trust" **Passed**
  - n) Motion 35 Approve the minutes from WSC 2018 Passed
  - o) Motion 36 To adopt, for part 2 of WSC 2020 only, the approaches to discussion and decision-making described in the following pages. {as post on NA.org}
  - p) Motion 37/37a-1 (**As Amended**) Posting the results of the final e poll on na.org will adjourn WSC 2020. With the maker's permission, the remaining CAR motions from the 2020 Cycle will be included in the 2022 CAR. **Passed**
  - q) Motion 38 To reconsider the decisions made about the motions to address in Virtual WSC 2020.

- i) Final decision from WSC 2020 Part 1
- ii) **Amendment:** Do you support to come back together virtually as a WSC 2020 in this cycle with the items for decision to be determined by CPs through e ballot.
- iii) Maker: Cofacilitator in response to CP discussion
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  - (2) 2nd Straw Poll: 98 yes 27 no 1 abstentions 5 present not voting 78% Strong Support
  - (3) Vote: 97 yes 24 no 1 abstention 1 present not voting 80% Consensus Support
- iv) The remaining motions from the 2020 Cycle will be dealt with August 28-30 in the order of the percentage of support received on the June 15 e-poll. WSC 2020 will deal with as many motions as we can until the time runs out and then any remaining items with the maker's permission will be included in the 2022 CAR.
- v) Maker: Australia
  - (1) Initial Straw Poll: 43 yes 78 no 2 abstentions 6 present not voting 35% Lack of Support
  - (2) Second Straw Poll: 33 yes 91 no 0 abstentions 5 present not voting 26.6% Strong Lack of Support
  - (3) Decision: 32 yes 92 no 1 abstention 3 present not voting 25.6% Failed
- 2) Motions not voted on by Regional Delegates and Zonal Delegates. These will be carried over (if the maker so wishes) to WSC 2022
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  - g) Motion 11 To direct the World Board to create a project plan for consideration at WSC for a service pamphlet (SP) that explains "being under no surveillance at any time".
  - h) Motion 13 To direct the WB to create a project plan for consideration at the WSC 2022 to investigate changes and /or additional wording to NA Literature from gender specific language to gender neutral and inclusive language.
  - i) Motion 14 to place an 8-year moratorium on the creation of new English language recovery literature after WSC 2020 to WSC 2028, excluding any literature projects already in development.
  - j) Motion 16 If any Motion or Proposal in Content or Intent, has been submitted and failed to achieve consensus or adoption at 2 consecutive WSC the previously proposed Content and Intent may not be suggested to the Fellowship in the CAR/CAT or at the WSC for one entire conference cycle.
  - k) Motion 17 To approve the 2020-2022 NAWS Strategic Plan
  - I) Any additional seating motions submitted by regions or zones
  - Alt. Regional Delegate: (Jeffry L. filling in Pro Tem)

**MidAmerica Region** 

August 2020 RSC

#### Hello Mid America Family

I will say there are some benefits and some drawbacks to Zoom meetings. I get to sleep in my own bed, I can work until the last minute and plus the financial benefits from not traveling both on the Region and personal. Some of the drawback are the time traveling with RD, meeting Others F2F and of Course experiencing WSC as a AD to get the wideeye newbie experience over with before the next Cycle.

With all that going we did not waste any time getting to work this last Quarter.

**Plain States Zonal in May** – Regions discussed how virtual Meeting was going. How the increase of Zone zoom meeting was going to addressed and increase in that budget. Zonal Contribution to WSO and adding a Contribution link for credit cards. We also talked about how Convention are potentially going to look for the rest of the year and how the Zone is going to meet monthly. Consensus of taking month to month was the best approach. Agreed to meet virtual in July.

**Plain States Zonal in July-** Was Election Time for the Zone. All kept Current Service Position except for Co Facilitator and Treasure. Co Facilitator- **Open**. Discussion with Newly Elected Treasure Natalie S. lead to how best way to meet banking needs of the Zone and ease for the Treasure. The decision to allow Treasure to open an account easily accessible to her and electronically transfer to Zonal Account/Bank both met the Requirement of Policy and continued our Business relationship with our Current Bank.... Great idea for us to maybe consider. We also approved the Zonal Budget for 2020-2022 Cycle

Sponsorship behind the walls- \$2300.00 PSZ meetings -\$1600.00 PR -\$700.00 IT -\$1656.00

Total Budget \$6256.00

WSC part 2 virtual – Was definitely a Fun and Frustrating learning experience all in 3 day session. The RD and I Sat together both Friday and Saturday so we could exchange information and keep up each up to date on sidebar Conversations. I will say I learned a lot from Rod and grateful for the time I did to spend as team together! I will be stealing his strategy of being more prepared motion printed, CAT/CAR in had during WSC. I definitally will be keeping his reports as reference on reports writing.

With that said here is the break down of WSC part 2 ......Stolen from RD's Report

World Service Conference Virtual Materials are listed at https://www.na.org/?ID=wsc2020virt .

In June we did a straw poll to see when we would meet again and what we would try to accomplish when we reconvened August 7<sup>th</sup> to 9<sup>th</sup>.

- 1) The decisions that we reconvened on August 7<sup>th</sup> to 9<sup>th</sup> to consider and that we voted on are as follows.
  - a) Motion 2 To Approve the new IP "Mental Health in Recovery" Passed
  - b) Motion 5 To initiate the process to revise the Fellowship Intellectual Property Trust in 2020-2022 Passed
  - c) Motion 9 To direct WB to create project plan for new IP for Women in Recovery **Passed**

- d) Motion 10/10A (**As Amended**) To direct WB to create project plan for a guide for online meetings to explore all aspects of Online Groups (Meetings) and to address the issue of formally adding Online Groups (Meetings) and their registration to the Service Structure. **Passed**
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- k) Motion 17 To approve the 2020-2022 NAWS Strategic Plan
- I) Any additional seating motions submitted by regions or zones

# Me Treasurer Report:

May 2020 RSC MARSCNA Treasurer's Report

August 2020

Greetings from remote Colorado. Rich and I worked out a plan to get checks signed after I get back to the land of good cell service and internet. I updated the 2020 Annual Treasurer Report and created a breakdown of income and expenses over three years. There are a couple adjustments to the Annual Report since we met last which are listed below. I have a few general updates:

- We finally got the debit card! Thanks to Amber C. for checking the P.O. box for me while we were waiting on the card.
- Since receiving the debit card, I set up automatic payments for Phone.com. I reached out to Curt to get the login information for the web service to set up automatic payments, as well.
- If you have a donation and still need to send it, go ahead and mail it to the MARSCNA P.O Box (P.O. Box 3534 Salina, KS 67402).
- As of August 6<sup>th</sup>, I hadn't received any payments from Jeffry regarding reimbursement of RDA travel funds. He assured me on August 6<sup>th</sup> he was mailing me a check for the full amount of \$2,000.
- Included in the documents I'm sending is a working report for August 2020. I've included expenses I was aware of at the time.
- The cost of the insurance policy increased \$158/Quarter, \$632/Annual. Debby let me know this is a normal increase, and that groups/areas need to get her accurate meeting counts in order to have a policy that best fits our needs (i.e. she needs to know what to cover to get the most accurate plan price for us).
- Revisions to the 2020 Annual Treasurer Report since May:
  - Increase in Phone.com escrow to reflect annual cost as of August 2020
  - Increase insurance escrow to reflect new cost
- A decision needs to be made regarding a donation to WSC. We are to send all funds over prudent reserve that are not budgeted. I recommend the committees estimate a budget through February 2021 and continue to do so each May.

I'll miss seeing everyone this quarter. As much as I want to see you all in person again, I support having the RSC virtually.

ILS,

Beth

Attachments:

- 2020 Annual Treasurer Report
- August 2020 working report
- 5.17-5.20 Expenses
- 5.17-5.20 Income

Beth

- Attached at the end of the minutes
- There was some discussion on the treasurer report and if the numbers were correct in reference to planning our budget for the next year.

# 5 minute Break-----Re-opened with a moment of silence and the serenity prayer Rich C. did roll call

M Treasury Oversight:

August 16, 2020

Treasury Oversight Report

Mid-America Region Family,

Generally I begin a full audit of Convention bank account following May RSC. I have been doing spot checks so the full audit will not be required and I will continue on with spot checks until convention happens next year.

The Campout Committee account is usually my focus following the August RSC. This will be relatively easy this year with no Campout.

Not much else to report. I am available and willing to help any committee treasurers in any way that I can as we all navigate through these strange times. Please don't hesitate to reach out.

In Loving Service,

Matt M

# **Open Forum:**

#### ○ Website Meeting updates:

Ben T. asked if we could have any functionality, on our website that sends an automated email to the committees, RCM's, the webmaster, etc. when there is a change to the meeting lists. Does it also programmatically update those?

There was much discussion on the functionalities of the website and how the meeting listings are updated. If a change is submitted, the web servant or Curt S. will reach out and confirm that that person is submitting verified information before making the change to the website.

The BMLT has the functionality to provide meeting guides to each individual area if that's something we would like to setup, and if the areas sites are based on WordPress we can give them a plugin that they can put on their site so that it pulls data from the BMLT specific to their area. We are currently using the BMLT operated by the Plain States Zonal Forum, and we made this choice so that the surrounding regions, areas and groups, can pull the data from our region and provide it to their members as well. PR is willing to help each area independently to get some of this new functionality if the areas want that.

The policy was quoted that each area is supposed to have a designated member who regularly communicates with the regional web servant so that we don't have to worry about confirming when information is submitted.

## O Policy Updates

Travis C. brought up that there were concerns in the JFT area on how often we waived policy, and trying to follow policy.

There was much discussion whether these were policy rules or just guidelines. It was clarified that these are listed as "MARSCNA POLICY". Many members spoke up about how policy works and the correct process in updating these policies. All policy changes need to go back to groups to be approved and the policies we currently have and practice have already been voted on and approved by the groups of the region, as trusted servants we should all follow these guidelines instead of waiving policy when it suits us.

It was also discussed at length, that while yes we are in a difficult time with the pandemic right now we are concerned about what money we will need for the next year. Policy states that we forward money, it doesn't say "think about how much you will need for next year," it says we forward any money

leftover after the budget is decided in the May RSC. There was further discussion about what waiving policy means, if we want to crack down on policy as a whole we have to look at the clean time requirements and qualifications for service positions that are waived without hesitation.

It was also brought up that we have two different sets of the regional policy, this is due to the fact that policy has been updated in the past but has not been updated and passed out on each change of the policy. There was discussion on how policy stated one thing and we did not follow policy, and because of that one of our areas is questioning the service body as a whole and that needs to be addressed.

There was further discussion about making sure we are held accountable by the groups and take all changes back to our groups, or anytime we waive policy.

## ○ Policy Updates

It was brought up that some groups are taking steps to keep track of any cases that come up with COVID inside of a meeting. One meeting is asking for people to voluntarily write their names down on a piece of paper which is put inside a sealed envelope and shredded after 30 days if not used. The purpose of the envelope is so that members can be notified if a positive case is discovered and somebody informs the group that they had attended the meeting recently. There has been one confirmed case in the Miracle Area, they are also asking for ideas on how to proceed with the changes to our fellowship during the pandemic.

If you have any specific suggestions please contact your RCM and have them bring that back at the next RSC.

Any interim meetings that occur MUST send their minutes to ALL RCM's, make sure to send the mail copies to those that need them as well.

# **Old Business:**

#### 🝽 Elections –

- a) Archivist No willingness, take back to ASC
- b) Secretary Has to go back to ASC for next region.
- c) Co-Secretary No willingness, take back to ASC
- d) Co-Treasurer No willingness, take back to ASC
- e) **RDA** Ben T. was nominated, has willingness, qualified himself. Much discussion on what the term would be, surrounding the COVID-19 crisis, because WSC is not on the same track that

it would normally be the term limit is not normal and could be longer than a normal term. Voted in.

- f) P.O. Box Tim S. showed willingness, qualified himself and was voted in.
  - a. It was asked if we are able to forward the PO Box so that someone can receive the mail without having to make it to Salina to check the mail.
- g) Secretary for PR No willingness, take back to ASC
- h) **PR H&I Facilitator** *No willingness, take back to ASC*
- i) Fellowship Development Secretary No willingness, take back to ASC
- j) Fellowship Development Co-Chair No willingness, take back to ASC
- k) MAN Co-Chair No willingness, take back to ASC
- l) **Campout Chair** Carrie E. was recommended from the committee, qualified herself, and was voted in.
- m) Campout Treasurer No willingness, take back to ASC
- n) It was voted to give Soul to Soul committee a vote of confidence to proceed with their current committee and carry over to the next year as the event was cancelled.
- 0) PR needs volunteers for the phone line!
- Attention: All RSC elected positions are expected to attend and be available during the entire RSC business meeting on Sunday! MARSCNA Policy page 7, 6-C-2 This includes Convention, Campout, Soul to Soul, FD, PR, Ad-Hoc Chairs, Officers, and any other trusted servants elected on the RSC floor.

 $\bigcirc$  Old Business:

Donation to NAWS There.

# MOTION 08162020-04

#### Name: Miracle Area

Motion: To suspend regional policy, Section V, letter E, for one <del>year</del> quarter (amended to say quarter,) and hold 2 annual prudent reserve recommended amounts and forward the remainder as a donation per policy and return to policy as stated by August 2021.

Intent: To ensure Mid-America Region remains financially solvent beyond 2020-2021

Motion received a second.

Discussion:

It was brought up that if we are suspending policy it should go back to groups. There was an additional point that we should do this by quarter instead of implementing this for a full year so that we don't lock ourselves in. The area that made the motion said that they would be amenable to revise the motion so that it states per quarter and the motion received a second again.

The chair asked the subcommittee's to put together a budget for the next fiscal year, each committee gave their total, adding in the last years prudent reserve, the total was \$12,950. Spendable balance today was \$15,495.56. Matt M. holding the treasury oversight position, discussed the escrow's we currently have inside of the spendable balance we have today. There was much discussion on how the escrow and the yearly budget operate, going over each item from each committee and how that comes out of the account quarterly. It was asked if we needed to plan for any incremental increases inside of the yearly budget over line items, we can't control - i.e. insurance. MOTION WITHDRAWN.

Motion made by CKA (08162020-05 seen below)

Motion seconded by Miracle. Approved unanimously.

# ○ New Business:

The three motions from PR are to 1) make sure that the information on the website is always up to date for any member or area to get the most up to date information, 2) to stop paying as a region to print meeting guides that the areas may not be using or may be inaccurate by the time of the next printing, and 3) to provide a quarterly budget to the areas so that they have the money set aside for them if necessary for them to do their own printing of the meeting lists.

# MOTION 08162020-01

Motion Maker: PR Committee Intent: To use BMLT functionality to create a printable version of our Regional meeting list. Seconded by Miracle. Passed.

# MOTION 08162020-02

Motion Maker: PR Committee

Intent: To end the quarterly printing and distribution of Regional Meeting Guide's, and instead have respective areas retrieve the PDF from marscna.net and print their own.

This is a change of guidelines. Miracle Area seconded. As this is a guideline/policy change it has to go back to groups. It was approved to be sent back to groups.

# MOTION 08162020-03

Motion Maker: PR Committee

Intent: To retain a \$200/quarter line item to provide regional funding to areas that may need assistance to print regional meeting guides.

Motion is tabled until the 08162020-02 is voted on at next region, this motion (-03) is reliant upon the (-02) motion.

# MOTION 08162020-05

Motion Maker Central Kansas Area Intent: Donate \$546.06 to NAWS and the spreadsheet be included in the minutes Motion passed.

## Request for funds:

Motion by Central Kansas Area to approve the request for funds and housekeeping. Seconded by Miracle Area. Passed unanimously.

- ✓ Request for Funds: \$82.95 for Tim S. Reimbursement
- ✓ Housekeeping: \$1425.50 Insurance, Rent/Storage \$400.00; PO Box \$106.00

All requests for funds were approved unanimously.

**RCM's take back to groups:** 

**Open Positions listed above.** 

Motion 08162020-02 to be voted on at next region.

Insurance does not cover COVID-19 if we have a positive case at a meeting.

Bring back to next region.

Ad-hoc committee was created to go over the last few years of minutes to find any policy changes and bring a new form of the policy to next region.

Joshua B. - Travis C. - Tim S. - Curt S. - Chris W. – and Wayne S. (as the co-facilitator) all volunteered to be members of the committee.

November RSC (14<sup>th</sup> & 15<sup>th</sup>) will be held on zoom as well.

Motion to close, seconded, gratitude prayer, closed.

Grateful to serve NA, McClain C., Secretary

# Public Relations Report August 2020 Mid America Region Narcotics Anonymous **PR Facilitator Report, August 16, 2020**

- The following positions are open. Please take this back to groups! See RSC Guidelines for full qualifications.
  - Secretary: 1 year clean, 6 months involvement with PRC, access to a computer and internet, ability to take precise notes.
  - H&I coordinator: 3 years clean, 1 year, H&I experience, working knowledge of H&I handbook and PR handbook.
- Due to current circumstances, regional meeting guides were not printed.
- Phoneline volunteers are needed. Please contact Wayne S, or Curt S(per the contact info below). Please take this back to groups!
- Presentation to Professionals No plans yet on a possible presentation to replace the convention presentation that was canceled. Working with Convention committee to make a presentation at 2021 convention. There is a request from an Area within the Region for a presentation. P2P will reach out and work out a plan.
- Ten online meetings within the Mid-America Region are now listed on the website. If a groups wants to have their online meeting published, send the information to <u>info@marscna.net</u>.
- BMLT server implemented for a tabbed interface on website using the Plains State Zonal Forum BMLT server. A test page has been set up with a BMLT based Regional Meeting Guide. We will be bringing a motion to implement this. This can be seen at <a href="https://www.marscna.net/test-page/">https://www.marscna.net/test-page/</a>. More details in the attached Web Coordinator report.

# Curt S. RSC PR co-facilitator

curt@schimmels.net or curtisls@mac.com Mobile: 408-892-6564

# **Hospitals and Institutions**

No Coordinator or report.

# Media

No report.

# Phone Line

# Phone Line Coordinator: 08/15/20

Hello all, I want to thank you all for allowing me to serve. The phone-line is not up to date, between virtual meetings and meetings closing due to the covid-19. There is a lot incorrect information, the phoneline is being answered as best as possible, if not I call back with the most correct information I have. I'm trying to stay up on this. I've received a list of meetings that are virtual. We might just need to post a message in the front informing addict to make an effort to talk to live addict. I have continued to post phoneline flier asking for volunteers to answer phone-line. I have not added any new people to phone line this quarter. We have 18 live addict volunteers. We could use twice as many. I have made an effort to communicate with the live addict on list just to communicate the virtual meetings and changes. Please take back to groups need more live addict to add to phoneline. The addict needs to have 1 year clean and served in some service positive at either the group, ASC, or RSC in the last year. We had a total of 146 total called and 14 voice mails, answered by myself. 854 of 1000 minutes of service was used, bill was paid, thank you. We are fielding a majority of calls from the 316 and 785 area code. As always , if you have any questions or comments, feel free to contact me at 620-664-1860 or phoneline@marscna.net

Thanks for the privilege to serve your region. My hope is that we will expand " live addict" service from 24 hours and continue to reach addicts without internet service, the visually impaired or wanting to talk to another human about where to find our fellowship.

Thank you all Wayne S.

# **Presentation to professionals**

When possible in the near future, it is the plan to go ahead and hold the presentation that was scheduled for the convention when they were both canceled. More will be revealed. If you have any suggestions or needs for presentations please reach out and let us know how we can be of service to you and this fellowship.

In Loving Service, Matt M

# Website Coordinator Report

August 15, 2020

# BMLT move from the Texas/Oklahoma server to the Plains States Zonal Forum (PSZF) server:

BMLT is up and running! Completion of last items listed at last RSC:

- In depth review of meeting data in sandbox server, along with meeting format resolution.
- Review against meeting dat from meeting list coordinator
- Dump from Sandbox server applied to PSZF production server.
- TX/OK data for Mid-America Region deleted.
- Crouton (tabbed meeting information display) installed on the <u>www.marscna.net</u> site, and configured for use. There is now a sortable meeting page available at this link: <u>https://www.marscna.net/meeting-finder/</u>

# Printable Meeting Guide from BMLT DB:

In addition, we now have a BMLT based printable meeting guide in booklet format ready to launch. Because it is different than what we've published in the past, we want to make sure that we're representing the Region's needs before publishing. A test page has been set up so that it can be seen, <u>https://www.marscna.net/test-page/</u> Click on the link, Printable Mid-America Region Meeting Guide.

**Form Updates:** Configuration rules added to the Update A Meeting form. A File Upload field was added to the Submit your MAN article form to allow files up to 2MB to be uploaded.

Virtual Resources: Materials added to provide groups with readings, online meeting suggestions, etc.

# Maintenance:

- Activities are added to the events calendar within 2 days of being emailed to the region. If there are issues with the formatting or the size of the documents and PDFs that are emailed, this deadline has at times been pushed to 3 days. A follow-up email is always returned to the sender stating that the update has been posted and/or requesting additional information, if it's needed. Please make sure that requests for activities to be added to the events calendar are sent to info@marscna.net.
  - Over the summer, the most common request that's been received has regarded taking events off the calendar due to either postponement or cancellation.
- Online meetings: There are still 10 online meetings listed on the marscna.net website. The page can be found by navigating to the Meetings tab and then choosing "Online Meetings." If any group this is a part of this region would like their meeting listed, please send the information to info@marscna.net.
- Newsletter: The fall newsletter was published to the website.
- Site updates: Wordpress updated from 5.4.1 to 5.4.2.

# Roadmap

- **ASC confirmation of meetings.** We very much need each Area to review their meeting information on the regional website and report any adds, deletions, or changes for the meeting information. Our mutual goal is to have one single database that will be used by all.
- Area meeting guides from BMLT: We can extend the ability to each Area to utilize the BMLT server with Bread plugin to create area meeting lists. Again, the idea is to have a single source of meeting information so that the Regional and Area guides are always in sync.
- **Meeting code reconciliation:** Currently, there are some codes needed to be added to the PSZF BMLT server. We are working with their web coordinator as this affects all service bodies that use the server.

# Public Relations Report August 2020

# Mid America Region Narcotics Anonymous

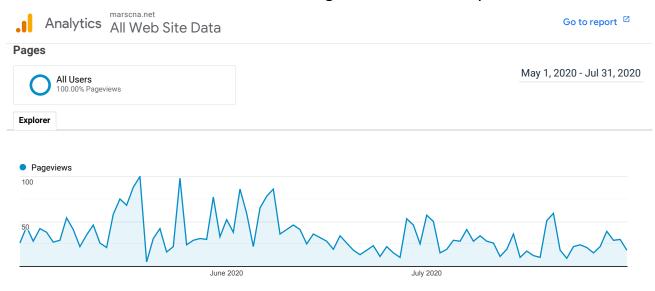
• **YAP:** Work with Phone line coordinator and start planning for possible YAP integration with phone line provider (will require changing providers to Twilio).

#### Analytics

• Please see attached.

Please feel free to email or call me with regard to any questions, website needs, or concerns. In service,

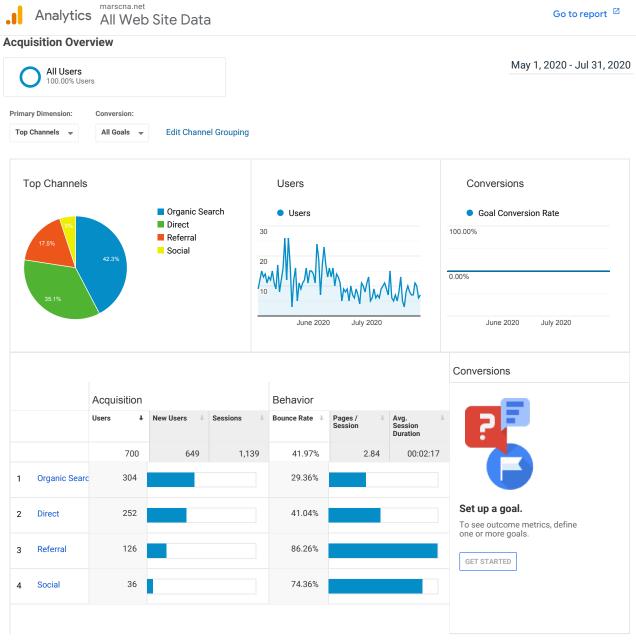
Anna L. anna\_n@marscna.net



	Page Title	Pageviews	Pageviews ▼
		<b>3,237</b> % of Total: 100.00% (3,237)	<b>3,237</b> % of Total: 100.00% (3,237)
1.	Mid-America Region of NA	1,048	32.38%
2.	Online meetings   Mid-America Region of NA	471	14.55%
3.	Printable Meeting Lists   Mid-America Region of NA	273	8.43%
4.	Meeting Finder   Mid-America Region of NA	148	4.57%
5.	Meeting Resources   Mid-America Region of NA	124	3.83%
6.	Events for June 2020	99	3.06%
7.	42nd Annual Mid-America Region Free Campout	82	2.53%
8.	Campout   Mid-America Region of NA	81	2.50%
9.	Events for July 2020	74	2.29%
10.	Events for May 2020	74	2.29%

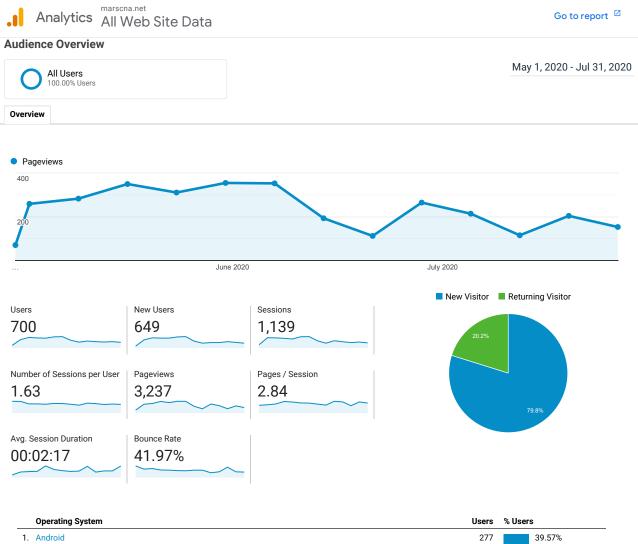
Rows 1 - 10 of 68

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To see all 4 Channels click here.

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operating System	03613	% 03er3
1. Android	277	39.57%
2. Windows	196	28.00%
3. iOS	147	21.00%
4. Macintosh	62	8.86%
5. Chrome OS	9	1.29%
6. Linux	8	1.14%
7. (not set)	1	0.14%

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# Annual Treasurer Report May 2019 - February 2020

Feb.)	for PR to Professionals (both Feb.)
00 for RDA Travel or \$350	*Totol does not include \$2, 000 for RDA Travel or \$350
\$15,057.50	*Total Expenses
\$613.46	Basic Text Project
\$875.00	RD/RDA*
\$3,000.00	PSZF
\$440.76	Mtg List
\$1,040.22	MAN
\$30.00	Secretary/Supplies
\$397.07	FD
\$425.00	PR
\$300.38	Website
\$533.11	Phoneline
\$114.00	PO Box
\$1,600.00	Rent/Storage
\$5,688.50	Insurance
Amount	Expense

5 1,483.	Returned Monies/Other
5 12,378.	Subcommittee Donations
5 11,173.	Area/Group Donations
	Income

Escrow/Prudent Reserve Recommendations:

1. Adjust PO Box escrow to \$26.50/Quarter (increase \$1.50)

2. Keep prudent reserve at \$7,000

3. Increase Phoneline to \$137.5/Quarter (increase \$12.50)

4. Increase Insurance to \$1583.50/Quarter (increase \$158)

\*\*Insurance - cost increase \$158/quarter, \$652/annual.

Escrows 2020-2021	Quarterly	Annual	Due
Rent	400.00	1,600.00 Quarterly	Quarterly
**Insurance	1,583.50	6,334.00 Quarterly	Quarterly
Phoneline	137.50	550.00	550.00 Yearly Due August
P. O. Box	26.50	100.00	100.00 Yearly Due February
Web Page	37.50	150.00	150.00 Every 2 years, due Feb 2021
RDA	250.00	1,000.00	1,000.00 Every 2 years due Feb 2020

#### # 8/19/2020 # 8/19/2020 Debit 7/27/2020 # 8/19/2020 # 8/19/2020 Expenses: Income: 5/17/20 Area/group donations Spendable Balance RDA Rent PO Box - Amber C. Reimbursement Phoneline (due Aug 20) (Debit) Sub-total **Bank Balance Beginning Balance Total Escrows** Memorial Fund P. O. Box (due Feb. 20) Web Page (due Feb. 21) (Debit) PR - Basic Text Project **Public Relations** Fellowship Development Less: Prudent Reserve Office Max - FD - MAN NTE **Rent & Storage - City of Marquette** Insurance (through Nov 19) Less: Escrows - After May 2020 Expenses Tim S. - MAN Postage Reimbursement Insurance - Alliance Agency iPower/Bank service charge refund (due Feb. 20) Working Treasurer Report – May 2020 RSC ŝ ŝ 374.28 600.00 Ş 1,583.50 \$1,583.50 500.00 500.00 288.94 400.00 356.41 863.76 142.54 \$400.00 53.00 48.98 \$543.41 ŝ ŝ ŝ ŝ ŝ ŝ ŝ ŝ ŝ 15,495.56 20,232.69 27,232.69 29,759.60 28,785.32 4,737.13 7,000.00 2,526.91 974.28

Mid America Region of Narcotics Anonymous

\$49,373.48	\$3,374.49	\$8,012.00	\$1,546.31	\$3,973.75	\$2,693.43	<b>\$2,911.25</b>	\$5,530.50	\$17,748.75	\$3,583.00		Total
\$2,227.47	\$106.00					\$295.97	\$400.00	\$1,425.50			May-20
\$17,093.55	875.00 \$1,185.08 \$17,093.55	\$2,875.00	\$430.00	\$958.11	\$316.64	\$1,600.00 \$1,040.22	\$1,600.00	\$5,688.50	\$3,000.00		20 Subtotal
											May 19-Feb
\$3,933.18	\$6.00	\$2,000.00				\$101.68	\$400.00	\$1,425.50			Feb-20
\$4,522.62	\$1,035.08	\$875.00	\$230.00		\$193.67	\$363.37	\$400.00	\$1,425.50			Nov-19
\$5,874.49	\$30.00			\$723.11	\$122.97	\$172.91	\$400.00	\$1,425.50	\$3,000.00	PSZF	Aug-19
\$2,763.26	\$114.00		\$200.00	\$235.00		\$402.26	\$400.00	\$1,412.00			May-19
\$13,133.06	\$1,608.85	\$1,137.00	\$278.20	\$1,504.67	\$758.32	\$306.77	\$1,700.00	\$5,484.25	\$355.00		19 Subtotal
											May 18-Feb
\$2,956.74	\$398.47			\$363.76	\$124.12	\$258.39	\$400.00	\$1,412.00			Feb-19
\$3,264.38	\$128.38	\$1,137.00			\$187.00		\$400.00	\$1,412.00			Nov-18
\$3,664.89	\$1,000.00		\$100.00	\$480.91	\$223.60	\$48.38	\$400.00	\$1,412.00			Aug-18
\$3,247.05	\$82.00		\$178.20	\$660.00	\$223.60		\$500.00	\$1,248.25	\$355.00	PSZF	May-18
\$474.56 \$16,919.40	\$474.56	\$4,000.00	\$838.11	\$1,510.97	\$1,618.47	\$1,268.29 \$1,618.47	\$1,830.50	\$5,150.50	\$228.00		18 Subtotal
											May 17-Feb
\$4,457.06	\$111.58	\$2,000.00	\$25.00		\$370.37	\$301.86	\$400.00	\$1,248.25			Feb-18
\$4,058.44		\$1,200.00	\$313.11	\$332.80	\$464.40	\$499.88		\$1,248.25			Nov-17
\$4,295.02	\$287.98	\$800.00	\$150.00	\$1,042.19	\$448.30	\$240.80	\$77.50	\$1,248.25			Aug-17
\$4,108.88	\$75.00		\$350.00	\$135.98	\$335.40	\$225.75	\$1,353.00	\$1,405.75	<b>\$228.00</b>	WSC	May-17
Quarter Tota	Expenses	RD/RDA	FD	PR	Meeting Li PR	MAN	Rent/Storag MAN	Insurance	Donation		
	Other										
											Expenses

Income*								
	Groups	Areas	MARCNA	Events	Soul 2 Soul	Campout	Returned/Other	Other Quarter Total
May-17	\$100.00	\$1,480.00	\$3,822.35	\$27.65			\$350.56	\$5,780.56
Aug-17	\$300.00	\$1,105.00					\$458.06	\$1,863.06
Nov-17	\$100.00	\$1,290.00		\$620.00	\$1,500.00	\$3,236.00	\$421.00	\$7,167.00
Feb-18	\$197.00	\$1,480.00					\$799.00	\$2,476.00
May 17-Feb								
18 Subtotal	\$697.00	\$5,355.00	\$3,822.35	\$647.65	\$1,500.00	\$3,236.00	\$2,028.62	\$17,286.62
May-18	\$50.00	\$1,080.00	\$4,604.00				\$550.00	\$6,284.00
Aug-18	\$100.00	\$1,480.00		\$334.00			\$20.00	\$1,934.00
Nov-18	\$100.00	\$1,580.00		\$330.00	\$1,500.00	\$2,262.77	\$689.01	\$6,461.78
Feb-19	\$230.00	\$2,180.00		\$201.00			\$400.00	\$3,011.00
May 18-Feb								
19 Subtotal	\$480.00	\$6,320.00	\$4,604.00	\$865.00	\$1,500.00	\$2,262.77	\$1,659.01	\$17,690.78
May-19	\$350.00	\$2,280.00	\$10,670.79					\$13,300.79
Aug-19	\$450.00	\$2,880.00					\$105.89	\$3,435.89
Nov-19	\$100.00	\$3,053.90				\$1,507.13	\$28.03	\$4,689.06
Feb-20	\$1,700.00	\$1,790.78			\$2,340.20		\$305.45	\$6,136.43
May 19-Feb								
20 Subtotal	\$2,600.00	\$10,004.68	\$10,670.79	\$0.00	\$2,340.20	\$1,507.13	\$439.37	\$27,562.17
May-20	\$250.00	\$350.00					\$374.28	\$974.28
Total	\$4,027.00	\$22,029.68	\$19,097.14	\$1,512.65	\$5,340.20	\$7,005.90	\$4,501.28	\$63,513.85
*Income r	*Income received is reported on the following quarter's treasurer report	rted on the fo	llowing quarte	r's treasurer re	eport			

Alliance Agency, Inc.	N	IEM	0	Page 1
121 W. Marlin, P. O. Box 405	ACCOUNT NO.	- 24	DATE	
McPherson, KS 67460	MIDA002	DS	07/20/2020	
Phone: 620-241-0213 Fax: 620-241-8592	PARTI	POLICE I	STORMATION.	
	PHPK2147704		EDUCTION	INPRATION
	CPKG		68/18/2020	08/18/2021
MID AMERICA REGION SERVICE COMM OF NARCOTICS ANONYMOUS PO BOX 3534 SALINA, KS 67402-3534				

#### Dear Region:

Rei

It has been asked several times about COVID-19 and if there is any coverage under the region's Commercial Package insurance policy if a person were to contract this virus from being at one of the meetings. The insurance policy for the region DOES NOT COVER this. There is NO COVERAGE. Here is an endorsement attached to the policy (as with most commercial insurance polices) the Fungi or Bacteria Exclusion endorsement (copy attached).

The insurance company does highly encourage the groups to follow guidelines set out by the CDC and also the guidelines from your communities and/or the building owner. I have also attached a Guidance for Cleaning and Disinfecting that should be followed.

We are a long way from being out of the woods with this pandemic. The most important thing is to use caution when opening meetings, sanitize, social distance and wearing of masks are all very helpful.

Thank you so much for all the inquiries. I do hope this is helpful.

Delly Stewart

Deborah K. Stewart

620.241.0213 121 W. Marlin, McPherson, KS debby@allianceagencyks.com

AUTO + HOME + RENTERS - FARM + BUSINESS - LIFE

# GUIDANCE FOR CLEANING AND DISINFECTING



# PUBLIC SPACES, WORKPLACES, BUSINESSES, SCHOOLS, AND HOMES

SCAN HERE FOR MORE INFORMATION

This guidance is intended for all Americans, whether you own a business, run a school, or want to ensure the cleanliness and safety of your home. Reopening America requires all of us to move forward together by practicing social distancing and other <u>daily habits</u> to reduce our risk of exposure to the virus that causes COVID-19. Reopening the country also strongly relies on public health strategies, including increased testing of people for the virus, social distancing, isolation, and keeping track of how someone infected might have infected other people. This plan is part of the larger <u>United States Government plan</u> and focuses on cleaning and disinfecting public spaces, workplaces, businesses, schools, and can also be applied to your home.

## Cleaning and disinfecting public spaces including your workplace, school, home, and business will require you to:

- · Develop your play
- Implement your plan
- Maintain and revise your plan.

Reducing the risk of exposure to COVID-19 by cleaning and disinfection is an important part of reopening public spaces that will require careful planning. Every American has been called upon to slow the spread of the virus through social distancing and prevention hygiene, such as frequently washing your hands and wearing face coverings. Everyone also has a role in making sure our communities are as safe as possible to reopen and remain open.

The visus that causes COVID-29 can be killed if you use the right products. EPA has compiled a list of disinfectant products that can be used against COVID-29, including ready to use sprays, concentrates, and wipes. Each product has been shown to be effective against visuses that are harder to kill than visuses like the one that causes COVID-29.

For more information, please visit CORONAVIRUS.GOV



This document provides a general framework for cleaning and disinfection practices. The Inamework is based on doing the following:

- Normal routine cleaning with soop and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.
- Disinfection using <u>DN approved disinfectants against COVID-19</u> can also help reduce the risk. Proquent disinfection of surfaces and objects touched by multiple people is important.
- 3. When <u>DNA approved disinfectance</u> are not available, alternative disinfectants can be used (for example, 3/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions). Do not mix bleach or other cleaning and disinfection products together—this can cause fumes that may be very dangerous to breathe in. Keep ad disinfectants out of the reach of children.

Links to specific recommendations for many public spaces that use this barrework, can be found at the end of this document. It's important to continue to follow federal, state, tribal, territorial, and local guidence for respensing America.

## A Few Important Reminders about Coronaviruses and Reducing the Risk of Exposure:

- Coronaviruses on surfaces and objects naturally die within hours to days. Warmer temperatures and exposure to sunlight will
  reduce the time the virus survives on surfaces and objects.
- Normal routine cleaning with step and water removes genus and dirt from surfaces. It lowers the risk of spreading COVID-19 infection.
- Disinfectants kill germs on surfaces. By killing germs on a surface after cleaning, you can further lower the risk of spreading infection. EPR: approved disinfectants are an important part of reducing the risk of exposure to COVID-19. If disinfectants on this list are in short supply, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gelion of water, or 70% alcohol solutions).
- Store and use disinfectants in a responsible and appropriate manner according to the label. Do not mix bleach or other cleaning and disinfection products together-this can cause fumes that may be very dangerous to breathe in. Keep all disinfectants out of the reach of children.
- Do not overuse or stockpile disinfectants or other supplies. This can result in shortages of appropriate products for others to use in critical situations.
- Always water gloves appropriate for the chemicals being used when you are cleaning and disidecting. Additional personal
  protective equipment (PPE) may be needed based on setting and product. For more information, see <u>CDC's website on Cleaning</u>
  and <u>Disinfection for Community Facilities</u>.
- Practice social distancing, wear facial coverings, and follow proper prevention hygiene, such as washing your hands frequently
  and using alcohol-based (at least 60% alcohol) hand sanitizer when soap and water are not available.

If you oversee staff in a workplace, your plan should include correctionations about the safety of controlial staff and other people who are carrying out the cleaning or diumlecting. These people are at increased risk of being experied to the virus and to any toxic effects of the cleaning chemicals. These staff durald weat appropriate RPE for cleaning and dividenting. To protect your staff and to ensure that the products are used effectively, staff should be instructed on how to apply the dividentaria according to the table. For more information on concerns related to cleaning staff, visit the Occupational Safety and Health Administration's website on Control and Eleventors.

## DEVELOP YOUR PLAN

Evaluate your workplace, school, home, or business to determine what kinds of surfaces and materials make up that area. Most surfaces and objects will just need normal routine cleaning. Prequently touched surfaces and objects like light switches and doorknobs will need to be cleaned and then disinfacted to further reduce the risk of germs on surfaces and objects.

- · First, clean the surface or object with soap and water.
- Then, disinfect using an EPA approved disinfectant.
- If an DPA-approved disinfectant is unavailable, you can use 5/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions to disinfect. Do not mix bleach or other cleaning and disinfection products together. Find additional information at CDC's website on Cleaning and Disinfecting Tour Facility.

You should also consider what items can be moved or removed completely to reduce frequent handling or contact from multiple people. Soft and porous materials, such as area rugs and seating, may be removed or stored to reduce the challenges with cleaning and disinfecting them. Find additional respening guidance for cleaning and duinfecting in the <u>Bostening Decision Tool</u>.

It is critical that your plan includes how to maintain a cleaning and disinfecting strategy after reopening. Develop a flexible plan with your staff or family, edjusting the plan as federal, state, tribal, territorial, or local guidance is updated and if your specific circumstances (hange.

### Determine what needs to be cleaned

Some surfaces only need to be cleaned with soap and water. For example, surfaces and objects that are not hequandy touched should be cleaned and do not require additional disinfection. Additionally, disinfectants should typically not be applied on items used by children, especially any items that children might put in their mouths. Many disinfectants are toxic when basilowed, in a household setting, cleaning toys and other items used by children with soap and water is usually sufficient. Find more information on cleaning and disinfection toys and other surfaces in the childcare program setting at CDC's Guidance for Childcare Programs that Benain Open.

These questions will help you decide which surfaces and objects will need normal nurtine cleaning.

#### is the area outdoors?

Outdoor areas generally require normal routine cleaning and do not require disinfection. Spraying disinfectant on sidewalks and in parks is not an efficient use of disinfectant supplies and has not been proven to reduce the kisk of COMD-19 to the public. You should maintain existing cleaning and hygiene practices for outdoor areas.

The targetied use of disinfectants can be done effectively, efficiently and safely on outdoor hand surfaces and objects frequently touched by multiple people. Certain outdoor areas and facilities, such as bers and restaurants, may have additional requirements. More information can be found on CDC's website on Epod Safety and the Coronavirus Disease 2019 (COVID-19).

There is no evidence that the virus that causes COVID-19 can spread directly to humans from water in pools, hot tubs or spas, or water play areas. Proper operation, maintenance, and downlection (for example, with obtaine or bromine) of pools, hot tubs or spas, and water playgrounds should kill the virus that causes COVID-18. However, there are additional concerns with outdoor areas that may be maintained less frequently, including playgrounds, or other facilities located within local, state, or national parks. For more information, visit CDC's website on Visiting Parks & flex reational Facilities.

#### Has the area been unoccupied for the last 7 days?

If your workplace, school, or business has been unoccupied for 7 days or more, it will only need your normal routine cleaning to reopen the area. This is because the virus that causes COVID-29 has not been shown to survive on surfaces longer than this time.

There are many public health considerations, not just COVID-13 related, when reopening public buildings and spaces that have been clested for extended periods. For example, take measures to ensure the <u>safety of your building water systems</u>. It is not necessary to clean ventilation systems, other than routine maintenance, as part of reducing risk of coronaviruses. For healthcare facilities, additional guidance is previded on <u>CDC's Guidelines for Environmental Infection Control in Health-Care facilities</u>.

#### Determine what needs to be disinfected

Following your normal routine cleaning, you can disinfect frequently touched surfaces and objects using a product from UNA's list of Approved products that are effective against COVID 15.

These questions will help you choose appropriate disinfectants.

## Are you cleaning or disinfecting a hard and non-porous material or item like glass, metal, or plastic?

Consult EPPCs list of approved products for use against COVID-29. This list will help you determine the most appropriate deanlectant for the surface or object. You can use diluted household bleach solutions if appropriate for the surface. Pay special attention to the personal protective equipment (PPE) that may be needed to safely apply the disinfectant and the manufacturer's recommendations concerning any additional hazards. Keep all disinfectants out of the reach of children. Please visit CDC's website on How to Clean and Disinfect for additional details and warnings.

Examples of frequently touched surfaces and objects that will need routine disinfaction following respensing are:

<ul> <li>tables,</li> </ul>	<ul> <li>keyboards,</li> </ul>
<ul> <li>dvoriesobs,</li> </ul>	<ul> <li>tuilets,</li> </ul>
<ul> <li>light switches,</li> </ul>	<ul> <li>facorets and sinks,</li> </ul>
<ul> <li>countertops,</li> </ul>	<ul> <li>gas pump handles,</li> </ul>
+ handles,	- teach screens, and
+ deska,	<ul> <li>ATH machines.</li> </ul>
+ phones,	

Each business or facility will have different surfaces and objects that are frequently louched by multiple people. Appropriately clainfect these surfaces and objects. For example, transit stations have <u>specific guidance</u> for application of cleaning and disinfection.

## Are you cleaning or disinfecting a soft and porous material or items like carpet, rugs, or seating in areas?

Soft and portion materials are generally not as easy to disinfect as hard and non-portion surfaces. <u>EPA has listed a limited number of</u> products approved for disinfection for use on soft and portion materials. Soft and portion materials that are not frequently touched should only be cleaned or laundered, following the directions on the item's label, using the warment appropriate water setting. Find more information on CDC's website on Cleaning and Disinfecting Your Facility for developing strategies for dealing with soft and portion materials.

## Consider the resources and equipment needed

Keep in mind the availability of cleaning and disinfection products and appropriate PPE. Always wear gloves appropriate for the chemicals being used for routine cleaning and disinfecting. Follow the directions on the disinfectant label for additional PPE needs. In specific instances, personnel with specialized training and equipment may be required to apply certain disinfectants such as fumigants. or fogs. For more information on appropriate PPE for cleaning and disinfection, see <u>CDCIs setistic on Cleaning and Disinfection for</u> <u>Community Facilities</u>.

# IMPLEMENT YOUR PLAN

Once you have a plan, it's time to take action. Read all manufacturer's instructions for the cleaning and disinfection products you will use. Put on your gloves and other required personal protective equipment (PPE) to begin the process of cleaning and disinfecting.

## Clean visibly dirty surfaces with soap and water

Clean surfaces and objects using soap and water prior to disinfection. Always wear glowes appropriate for the chemicals being used for routine cleaning and cluimfecting. Follow the directions on the disinfectant label for additional PPC needs. When you finish cleaning, remember to wash hands thoroughly with scop and water.

Clean in launder soft and porsus materials like seating in as office or coffee shop, area rugs, and carpets. Launder items according to the manufacturer's instructions, using the warment temperature setting possible and dry items completely.

## Use the appropriate cleaning or disinfectant product.

EfM approved disinfectants, when applied according to the manufacturer's label, are effective for use against COVID-29. Follow the instructions on the label for all cleaning and disinfection products for concentration, dilution, application method, contact time and any other special considerations when applying.

### Always follow the directions on the label

Follow the instructions on the label to ensure safe and effective use of the product. Many product labels recommend keeping the surface wet for a specific amount of time. The label will also list precautions such as wearing glows and making sure you have good ventilation during use of the product. Keep all disinfectants out of the reach of children.

## MAINTAIN AND REVISE YOUR PLAN

Take steps to reduce your risk of exposure to the virus that causes COVID-13 during daily activities. CDC provides tips to reduce your exposure and risk of acquiring COVID-18. Reducing exposure to yourself and others is a shared responsibility. Continue to update your plan based on updated guidance and your current circumstances.

## Continue routine cleaning and disinfecting

Boutine cleaning and disinfecting are an important part of reducing the risk of exposure to COVID-13. Normal routine cleaning with scop and water alone can reduce risk of exposure and is a necessary step before you disinfect dirty surfaces. Surfaces frequently touched by multiple people, such as door handles, desks, phones, light switches, and faucets, should be cleaned and disinfected at least daily. None frequent cleaning and disinfection may be required leased on level of use. For example, certain surfaces and objects in public spaces, such as shopping carts and point of sale keypads, should be cleaned and disinfected before each use.

Consider choosing a different disinfectant: if your first choice is in short supply. Make sure there is enough supply of gloves and appropriate personal protective equipment (PPE) based on the label, the amount of product you will need is apply, and the size of the surface you are treating.

## Maintain safe behavioral practices

We have all had to make significant behavioral changes to reduce the spread of COVID-18. To reopen America, we will need to continue these practices:

- social distancing (specifically, staying 6 feet away from others when you must go into a shared space)
- Inequently washing hands or use alcohol based (at least 60% alcohol) hand sanitizer alten scap and water are not available
- wearing cloth face coverings
- avoiding touching eyes, nose, and mouth
- slaying home when sick
- cleaning and disinfecting frequently touched objects and surfaces.

It's important to continue to follow federal, state, tribal, territorial, and incal guidance for respening America. Check this resource for updates on COVID-18. This will help you change your plan when situations are updated.

## Consider practices that reduce the potential for exposure

It is also essential to change the ways we use public spaces to work, live, and play. We should continue thinking about our safety and the safety of others.

To reduce your exposure to or the risk of spreading COVID-19 after respening your business or facility, consider whether you need to touch certain surfaces or materials. Consider wiping public surfaces before and after you touch them. These types of behavioral adjustments can help reduce the spread of COVID-19. There are other resources for more information on <u>COVID-19</u> and how to <u>Prevent</u>. Getting Sick.

Another way to reduce the risk of exposure is to make long-term changes to practices and procedures. These could include reducing the use of porous materials used for seating, leaving some doors open to reduce souching by multiple people, opening windows to improve ventilation, or removing objects in your commen areas, like coffee creamer costainers. There are many other steps that businesses and institutions can put into place to help reduce the spread of CDVD- DI and protect their staff and the public. More information can be found at <u>CDCN Implementation of Mitigation Strategies for Communities with Local CDVD-15 Transmission</u>. GUIDANCE FOR CLEANING AND DISINFECTING PUBLIC SPACES, WORKPLACES, BUSINESSES, SCHOOLS, AND HOMES

## CONCLUSION

Reopening America requires all of us to move forward together using recommended best practices and maintaining safe daily habits in order to reduce our risk of exposure to COVID-28. Remember: We're all in this together!

Additional resources with more specific recommendations.

		Infection Control in Healthcare Settings
		Using Personal Protective Equipment
	Long-term Care	Hand Hygimte
	Facilities, Nursing	Interior Guidance for Infection Prevention
	Homes	Frequedorus Checklin
		Things Facilities Should Do Now to Prepare for COVID-13
		When them are Cases in the Facility
		Infection Control in Healthcare Settings
		Using Personal Protective Equipment
	<b>Dialysis Facilities</b>	Hand Hugiery
		Interim guidance for Ourpetient Heroodialysis Facilities
		Patient Screening
	Blood and Plasma	
	Facilities	Infection control in Healthcare Settings
		Infection Centrol and Environmental Management
		Using Personal Protective Equipment
		Hand Hygiese
HEALTHCARE	Marcal Street	Interim Guidance for Blood and Plasma Collection Facilities
SETTINGS	Alternate Care Sites	Inflection Prevention and Control
actinus	Dental Settings	Infection Control in Healthcare Settings
		Using Personal Protective Equipment
		HardHygiene
	343	Wherite: Guidence: for Dental Settings
	Pharmacies	Infection Control in Healthcare Settings
		Wing Personal Protective Equipment
		Hand Hygiene
		Interim Guidance for Pharmacies
		Risk Reduction During Close Contact Services
	Outpatient and	Infection Control in Healthcare Settings
	ambulatory care facilities	Using Personal Protective Equipment
	tectores .	Band Itygiene
		Interim Guidance for Outpatient & Ambulatory Care Settings
	Postmortem Care	Using Paraonal Protective Equipment
		Hand Hygimme
		Collection and Submission of Postmonem Samples
		Cleaning and Waste Disposal
		Transportation of Human Remains

# GUIDANCE FOR CLEANING AND DISINFECTING PUBLIC SPACES, WORKPLACES, BUSINESSES, SCHOOLS, AND HOMES

	Critical Infrastructure Employees	Interim Guidance for Critical Infrastructure Employees
	CONTRACTOR -	Cleaning and Disinfecting your Facility
	Schools and childcare	Annual and an and an
	programs	8.12 and Childcare Interim Guidance
		Cleaning and Disinfecting your facility
		FAQ Ser Administrators
		Parent and Teacher Checklas
	Colleges and universities	Interim Guidance for Colleges & Universities
		Cleaning and Disinfecting your Facility
		Guidance for Student Foreign Travel
		TAQ for Administrators
	Gatherings and	
COMMUNITY	community events	Interim, Solidance for Mass Catherings and Events.
LOCATIONS		Dection Polling Location Guidance
		Ownta/NO
	Community- and faith- based organizations	Interim Guidance for Organizations
		Cleaning and Disinfecting your facility
	Businesses	Interim Guidance for Businesses
	Parks & Rec Facilities	Guidance for Administrators of Parks
	Law Enforcement	What Law Enforcement Personnel Need to Know about COVED 13
	Homeleos Servica Praviders	Interim Guidance for Homeless Service Providers
	Retirement Homes	Interim Guidence for Referencent Communities
		KNO for Administrators
	Correction & Detention Facilities	Interim Dalidance for Correction & Ortention Facilities
		FAQ for Administrators
	Preventing Getting Sick	How to Protect Yourself and Others
		How is Salely Sterline/Clean a Cluth Face Covering
		Cleaning and Disinfecting your Horse
		Inibial: How to Prevent the Spread of Contractives (COVID-10) in New Home
HOME SETTING		Tribel .: How to Cere for Yourself at Home During Covid-10
NAME OF LINE	Running Erranda	Shopping for Food and Other Expential Isens
		Accepting Deliveres and Takeout
		Banking
		Getting Gasoline
		Going to the Doctor and Pharmacy
	If you are sick	Steps to Help Prevent the Spread of COVID19 If You are Sick

# GUIDANCE FOR CLEANING AND DISINFECTING PUBLIC SPACES, WORKPLACES, BUSINESSES, SCHOOLS, AND HOMES

	Ships	Interim Guidance for Ships on Managing Suspected COND-19
	Artices	Cleaning Aircraft Carders
		Airline Agents Interim: Guidance
TRANSPORTATION	Bases.	Bus Transit Operator
	Rell	Ball Transit Operators
		Transit Station Workers
	<b>EMS Transport Vehicles</b>	Interim Guidence for DMS
	Taxis and Rideshares	Sensing Commercial Establishments Safe
RESTAURANTS 4 BARS		Best Practices from FDA

THIS ENDORSEMENT CHANGES THE POLICY. PLEASE READ IT CAREFULLY.

# FUNGI OR BACTERIA EXCLUSION

This endorsement modifies insurance provided under the following:

COMMERCIAL GENERAL LIABILITY COVERAGE PART

A. The following exclusion is added to Paragraph 2. Exclusions of Section I – Coverage A – Bodily Injury And Property Damage Liability:

#### 2. Exclusions

This insurance does not apply to:

## Fungi Or Bacteria

- a. "Bodily injury" or "property damage" which would not have occurred, in whole or in part, but for the actual, alleged or threatened inhalation of, ingestion of, contact with, exposure to, existence of, or presence of, any "fungi" or bacteria on or within a building or structure, including its contents, regardless of whether any other cause, event, material or product contributed concurrently or in any sequence to such injury or damage.
- Any loss, cost or expenses arising out of the abating, testing for, monitoring, cleaning up, removing, containing, treating, detoxitying, neutralizing, remediating or disposing of, or in any way responding to, or assessing the effects of, "tung" or bacteria, by any insured or by any other person or ently.

This exclusion does not apply to any "fungi" or bacteria that are, are on, or are contained in, a good or product intended for bodily consumption. B. The following exclusion is added to Paragraph 2. Exclusions of Section I – Coverage B – Personal And Advertising Injury Liability:

### 2. Exclusions

This insurance does not apply to:

#### Fungi Or Bacteria

- a. "Personal and advertising injury" which would not have taken place, in whole or in part, but for the actual, alleged or threateried inhalation of, ingestion of, contact with, exposure to, existence of, or presence of any "fungi" or bacteria on or within a building or structure, including its contents, regardless of whether any other cause, event, material or product contributed concurrently or in any sequence to such injury.
- b. Any loss, cost or expense arising out of the abating, testing for, monitoring, cleaning up, removing, containing, treating, detoxitying, neutralizing, remediating or disposing of, or in any way responding to, or assessing the effects of, "fungi" or bacteria, by any insured or by any other person or entity.
- C. The following definition is added to the Definitions Sector:

"Fungi" means any type or form of fungus, including mold or mildew and any mycotoxins, spores, scents or byproducts produced or released by fungi.

CG 21 67 12 04

© ISO Properties, Inc., 2003

# **MOTION / REQUEST FOR FUNDS**

									MOT	ION #		
Name	e or Comm	nittee:	Publ	ic Rela	ations					Date: Augu	ıst 16, 20	)20
			Miro		roo					Pro:		
Seconded	By / Payat	ole To:	IVIII a		rea					Con: Abstain:		
					_							
New	0	d		Amer	ndment			Financia	al Impact	/ Requeste	ed Amou	unt
BACK TO C	GROUPS:		YES	N	0	Pro:		Con:		Abstain	:	
MOTION	TABLED:		YES	N	0	Pro:		Con:		Abstain	:	
Motion / Re		-				•	•	• •				
To reta	in a bud	get lin								o Areas tha	t may ne	eed
			ti	inanci	ial assista	ince to pr	int Region	al Meeting	guides.			
REQUEST FO	R FUNDS:			APPR	OVED:			DEN	IED:			
Intent of Mo	otion/Rea	son req	uest	denied	d:							
										rint the Reg		
										ch quarterly hting that ca		
upcomm	ig period	<u>. i iiia</u>			act. Mone		ade this		<u>1130 prii</u>	ning inal ca	<u>.11 DE US</u>	
					-	SECRETA	<u>RY USE ON</u>	<u>ILY</u>				
Comments f	rom Discu	ission /	Ame	ndmer	nts:				Accepte	d by Motione	r? YES	NO
					<u>FC</u>	OR TREA	SURER'S	USE				
Check #												
	Sig	gnature	e of F	Recipie	ent:							

Notes:

# MOTION / REQUEST FOR FUNDS

				<u>_</u>	NOTION #	
Name or Comr	nittee: <mark>Pub</mark>	lic Relatior	าร		Date: August	
Consult d D / D	hinta Mira	icle Area			Pro:	
Seconded By / Paya		ICIE AIEd			Con: Abstain:	
		1		<b></b>		
New O	ld	Amendme	ent	Financial Imp	act / Requested	Amount
BACK TO GROUPS:	YES	NO	Pro:	Con:	Abstain:	
MOTION TABLED:	YES		Pro:	Con:	Abstain:	
Motion / Reason for r	equest: (Ple	ase state mot	ion/request clearly and ac	curately)		
To retain a budge	t line item	of \$200.00	) per quarter to provi	d Regional funding	to Areas that mav	need finand
		,			· · · · · · · · · · · · · · · · · · ·	
REQUEST FOR FUNDS:		APPROVED:		DENIED:		
Intent of Motion/Rea	ason request	denied:				
Intent: To provide	printing c	osts for Ar	eas that may need fir	nancial assistance t	o print the Region	al meeting g
·			-		· •	
			SECRETARY USE			
Comments from Discu	ussion / Ame	endments:		Acce	epted by Motioner?	YES NO
			FOR TREASURE	<u>K 5 USE</u>		

Check #

Signature of Recipient:

\_\_\_\_\_

Notes:



# Your Store Purchasing Card is here!



## Narcotics Anonymous Service Body, get access to your special pricing and more with your Store Purchasing Card:

### Unlock savings in the store

When you shop at any Office Depot or OfficeMak store, your Store Purchasing Card enables you to get the lower of the retail store price or your custom-discounted price.

#### Receive discounts on Print & Copy Services\*\*\*

With the Store Purchasing Card, you will receive discounts on black & white copies, color copies, binding, folding and outling at our in-store Print & Copy Services<sup>TH</sup> Center.

#### Access your card via your mobile phone

In addition to your printed version, your Store Purchasing Card can be accessed via your mobile device.

Visit stores.officedepot.com to find a store near you.

## Contact your Account Manager for more information.

Contact: Phone: Email: Elliot Joubert-Watts (855) 337-6811 ext. 12827 elliot.joubert@officedepot.com

## FREE Lamination of your Store Purchasing Card

This support within the Office Deput Restrict, Soldiero, Salterior II: New Internation of State Team Nationality Controls, New addrive Spectration of any other predict():

Weble to share. Much present this expect measure and your property and to define. Producing the specific dates not take the rate for participant much in the final software basis in the property of particle services are not a setting to the participant dates and the final setting the setting of the other of the set of the setting of the set of the setting of the setting of the setting of the setting of the set o

Coupon Code #2677141

Elliot made the attached intentionally for broadcast to and use of any NA service body. Please do use it and pass it along.

The account was set up by Don in San Diego and the San Diego and Imperial Valley Region has cut printing as a cost from 24% to 5% over 2 years. Thank you so much Don, brilliant idea.

B&W copies are 80% discount, instead of 10 cents, 2 cents. There are discounts on products which varies under this program, but the discount is greater than a program with a set discount, particularly on large bulk discounts.

The attached card can be used as is, all you really need is the number at the cash register. Or any Office Depot/Max will print and laminate it for free.

The account is paid at point of sale only, it is not a business charge account.

Elliot set up this card number specifically with no transaction limits for it to be used any given day for small or large quantities many times across the country. Any service body that would like the attached with its name instead of Narcotics Anonymous Service Body, call Elliot. But the card was intentionally set up by Elliot to be both anonymous and generic for use by all NA service bodies.

Here is our contact info for questions or Issues,

Elliot Joubert Inside Sales Business Solution Division | Office Depot, Inc. 9501 Amberglen Blvd., Suite 200 | Austin, TX 78729 Tel:855-337-6811 ext. 12827 | <u>Elliot.Joubert@officedepot.com</u>

My Fellow Service Enthusiasts,

I am glad the word about this is finally getting around to other Regions. Here in San Diego we have been using it for over 2 years now. I tried to let others know back at the WSC 2016 and notified the WSO to get the word out in NAWS News.

I want to thank Elliot for his help on taking this program to another level. Way to Go, Elliot!!!!!

In Loving Service,

Don Sturtevant (Don S.) Regional Delegate Alternate San Diego Imperial Counties Region of NA (619)792-8542

Budget	1 y	ear amount	
FD	\$	2,000.00	
PR	\$	3,450.00	
Insurance	\$	6,334.00	
RDA	\$	1,000.00	
Rent	\$	1,600.00	
PO Box	\$	106.00	
Zonal Travel	\$	2,000.00	
Sub-total	\$	16,490.00	
Escrows	\$	2,700.63	less insurance, rent and PO box
Prudent	\$	7,500.00	
	-		
Total budget	\$	26,690.63	
Bank Balance	\$	27,232.69	
Donation	\$	542.06	

																															٢
Jeffry	Michelle	Vicki	Tony	Jan	Jacob	Jon	Spencer	Whitney T.	Bart	Flo	Chris	Darrell	Bill	Rod	Amber	Daniel	Robert	McClain	Rich	Randy	Claire	Travis	Ed	Angie	Ron	Becky	Alan	Shawn	Joshua	Rich	First Name
Lewis	Leverette	Latimer	Koontz	Koehn	Keenan	Jorgensen	Jonas	Fultz	Homan	Hancock	Haley	Gingles	Henry	Davis	Crotinger	Crotinger	Crofoot	Cretcher	Cretcher	Craft	Childs	Campbell	Burris	Brown	Boden	Bansemer	Bansemer	Baltazor	B.	Atchison	Last Name
1732 E. 1100 Rd.	3100 W 22nd St E9	535 N. Boyd	1010 Kelley	5162 W. 4800 St	1600 College	1623 370 Rd.	810 Jan Ave.			908 W. Maple St.	PO Box 1101	729 Court St.	1119 Merchant	PO Box 1711	2018 Ruskin Rd.	2018 Ruskin Rd.	7444 E Lyon Crk Rd	2511 W. 4800 St	5162 W. 4800 St	1571 X Road	916 N. Porter Ave.	2250 N. Rock Rd #118-124	4100 W. 24th Place J9	152 German Ave.	3662 KS 9 Hwy	308 Normandy Rd.	308 Normandy Rd.	2018 Ruskin Rd.	1014 Woodland	1216 Yuba St	Mailing Address
Lawrence	Lawrence	Wichita	Dodge City	Cherryvale	Topeka	Beloit	Dodge City	Ark City		Independence	Lawrence	Clay Center	Emporia	Emporia	Salina	Salina	Junction City	Cherryvale	Cherryvale	Larned	Wichita	Wichita	Lawrence	Haysville	Beloit	Newton	Newton	Salina	Emporia	Burlington	City
66049	66047	67212	67801	67335	66006	67420	67801	67005		67301	66044	67432	66801	66801	67401	67401	66441	67335	67335	67550	67203	67226	66047	67060	67420	67114	67114	67401	66801	66839	Zip code
785-550-0849	785-383-2928	316-244-1602	620-253-2991	620-779-5072	785-633-4932	785-569-1284	620-255-3523	316-650-0820		620-515-1263	785-766-3935	785-6300884	620-412-3332	620-757-6205	785-577-6196	785-819-6234	785-375-8092	360-556-0381	620-332-7718	620-253-7264	620-200-4841	310-698-2955	785-213-1901	502-681-7178	785-738-7410	316-633-6258	316-680-3967	785-643-3592	620-794-8894	785-633-3956	Phone
Miracle RCM	Co-Fac Events	Member	Member	Member	NANA RCM	Member	Western RCM	Media	NANA AIt-RCM	Member	RDA	Campout Chair	Member	RD	Member	Member	Member	Member	RSC Co-Facilitator	CKA Chair	WMA Alt RCM	JFT Alt-RCM	Member	MARCNA Co-Chair	Unity RCM	PPA Chair	H&I Coor.	Member	Member	JFT RCM	Service/Area

Check in front of name if listed, add name if not.

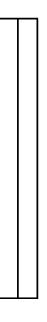
						Ron	Shelley	Carrie	Marvin	Zac	Benjamin	Hallie	Max	Tim	Wayne	Curt	Sally	Jeff	Brandon	Chris	Joe	Tim	Beth	Matt	Nada	Grant
						Zahorik	Wright	Worth	Wales	Toahty	Thomas	Thompson	Strawn	Stewart	Simpson	Schimmels	Rose	Rose	Reese	Quenzer	Piotrowski	Parkman	Nech	Miller	McCllough	Linsley
						418 John Doy Court	2012 Belmont Dr.	104 George St.	309 Lyon St.	101 Pawnee Ave.	212 E. 4th	1303 E 27th Ave		365 W. Lindsborg St.		1617 Fishermans Lane	219 W. 16th st.	219 W. 16th st.	502 John Day Ct.	210 S. Lincoln	2207 S. Belmont	2012 Belmont Dr.	900 SW Robinson Ave #1303	213 E. 5th St.	1911 Lilac Lane	535 N. Boyd
						Lawrence	Emporia	Hutchinson	Lawrence	Lawrence	Lebo	Hutchinson	Topeka	Lindsborg	Wichita	Manhattan	Larned	Larned	Lawrence	Colby	Wichita	Emporia	Topeka	Strong City	Manhattan	Wichita
						66049	66801	67501	66044	66046	66856	67502		67456		66503	67550	67550	66049	67701	67218	66801	66606	66869	66502	67212
						785-979-3661	620-757-0450	620-708-6876	785-727-0482	620-200-5523	316-347-1807	620-255-8316	785-969-6760	785-819-4806	620-664-1860	408-892-6564	620-804-0461	620-804-0397	785-304-0495	785-443-4759	316-210-1888	620-437-6772	620-910-7035	620-366-0891	785-770-5154	316-339-8933
						Member	Member	Campout Co-Chair	Miracle Alt. RCM	Member	Event	PPA RCM	FFF RCMA	MAN Editor	Phoneline	P.R. Facilitator	member	RSC Facilitator	Member	OZ RCM	WMA RCM	Member	Treasurer	Treas Oversight/S2S	FFF RCM	Member

Check in front of name if listed, add name if not.

greencat46@gmail.com <u>dingles52@yahoo.com</u> <u>chrish62412@icloud.com</u> <u>hancock.f2001@gmail.com</u> <u>free2btru2me@gmail.com</u> <u>spinner8505@gmail.com</u> ***mail hard copies*** <u>2jakefromcass@gmail.com</u> <u>gkoehn336@gmail.com</u> <u>vicki.latimer@sedgwick.gov</u> jst42day89@yahoo.com
hoseab8807@gmail.com scbaltazor@gmail.com alan_bansemer@yahoo.com peckybansemer@yahoo.com ronj.boden@gmail.com angiebkfp@gmail.com lonesomejoe@midco.net traviscampbellwtc@yahoo.com cmchilds1914@yahoo.com craft1985mart@gmail.com craft1985mart@gmail.com mcclaincretcher97@gmail.com rwcrofoot@ymail.com
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		<u>timandeb@cox.net</u> <u>Mstrawn85@gmail.com</u> <u>Jeffreysmom0209@gmail.com</u> <u>penjaminthomas60@hotmail.com</u> <u>zacharytoahty@gmail.com</u> <u>marvin.wales2@gmail.com</u> <u>carrie61995@gmail.com</u> <u>shelleydwright@att.net</u> <u>rzahorik040381@gmail.com</u>	grantlinsley@gmail.com nadaleemac@gmail.com alliant.truck@gmail.com bethnech@gmail.com ipiotrowski2016@hotmail.com chrisqgetsemail@gmail.com jayhawkshowks@gmail.com ridecln@hotmail.com ridecln@hotmail.com curt@schimmels.net clean_crazy03@yahoo.com
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Check in front of name if listed, add name if not.





## MID-AMERICA REGION SERVICE COMMITTEE OF NARCOTICS ANONYMOUS

MAY 14, 2020

#### TO ALL RCM'S:

I am conducting a survey for insurance purposes for the region. Please provide me with the following information as soon as possible:

Number of groups in your area

Number of meetings in your area \*

Number of members (approx) in your area

Number of functions held in your area

Listing of types of functions held (ie: campout, dance, etc)

Number of persons in attendance to these functions (approx. average per function)

Listing of where and an approximate dollar amount of literature and merchandise that is held at a meeting hall or someone's home or storage unit. Please list

1) group, area or regional

2) if possible, inventory of items held

Aliance Agency, Inc.

3) approximate dollar amount

4) name and location address of where items are held

It is very important that I get this information as quickly as possible. It has been awhile since we did it last. This will give the company an idea if anything has changed much. Please send to:

620-241-0213

attn. Debby Stewart. PO Box 405 McPherson, KS 67460 email: debby@alianceagencyks.com

\* to clarify number of meetings: if "xyz" group has 1 meeting a week at a location, that meeting will be counted as 1. BUT if "xyz" group has 10 meetings at same location, that counts as 1 meeting. If a location allows 5 groups to use their facility to hold meetings, then that would be considered 5. Also note, if a group holds meetings at several locations then that would be counted by the number of locations the meetings are held at.

> 121 W. Martin, McPherson, K5 620.241.0213 • allianceagencylos.com